



Lions Clubs International

British Isles District 105CE

At the heart of your community



District 105CE APRIL 2024 Newsletter.



I recently attended Southwold Sole Lions charter and presented the club with a 50-year certificate for service in the community and my bannerette. Also, a 35-year chevron and certificate to Lion Malcolm Southam and a 20-year certificate and chevron to Lion John Beckett.



On Saturday 20th April I was at Glanford and Lindsey Charter anniversary, and I was proud to present to Lion Stan Stamford a well-deserved MJF and to Lion Michaela Goldring a 10-year certificate and chevron. The Bearded Fishermen was the guest speaker and what a truly inspirational person and what he has achieved. I would strongly recommend to everyone to google search the Bearded fishermen and see for yourselves what a remarkable organisation he has created.



On Sunday 21st April I was with Attleborough Lions for their Charter anniversary, and I presented Lion Lesley Clarke with a 15-year chevron and certificate.

Saturday the 27th of April I was at the celebrations of The Deepings 44th Charter.

Yesterday I attended the 21st Charter anniversary of Humberstone Lions and a photo was taken of the Lions who were the Charter members.

My thanks to all these clubs for making Sue and myself very welcome.



It has not been all about Charters, I have also been busy with some of the preparations for the MD Convention which starts this week.

DG Paul.



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Welcome to the second Newsletter for the 2024 MD105 Convention

To my Fellow Lions & LEOs.

I really hope that you are looking forward to attending our Multiple District Convention taking place over the weekend of 3rd to 5th of May in Weston-super-Mare. This is our AGM, our opportunity to vote on our resolutions and to hear of the fantastic work and the future plans we have, by the great Lions of the British Isles.

It's also an opportunity to experience the great hospitality that the South West can offer and to meet up with friends old and new.

Your Council of Governors sincerely look forward to seeing you all in Weston-super-Mare.

David Pope
Council Chair 2023/24



Special Guest - DAVID EVANGELISTA

Special Olympics - Regional President & Managing Director, Europe Eurasia

David Evangelista is responsible for the growth and development of the Special Olympics movement throughout 58 nations across Western Europe, Central and Eastern Europe and Central Asia. David has extensive global experience in the areas of government relations, policy development, global and inclusive development programming in support of marginalized populations. David has served as a guest speaker for the United Nations, the European Union, national governments, and a number of civil society organisations on issues related to inclusive development, disability, and global affairs.

David has a Bachelor's degree (B.A.) degree in International Relations from American University's School of International Service in Washington, DC and a Masters degree in International Business from IESE in Vigo, Spain. David is a former member of the High Level Group on Sport Diplomacy of the European Commission, a founding member of the Sports Integrity Global Alliance (SIGA), a member of the Advisory Board of Access Challenge, and a current member of the Center for Sport and Human Rights. He is also a long-standing member of Lions Clubs International and a Lions Clubs International Progressive Melvin Jones Fellow.



Special Guest - TERESA DINEEN

Past International Director

Teresa Dineen, from Ballinrha, County Cork is a member of Cork Lions Club and was elected to serve a two-year term as International Director of Lions Clubs International at the association's 103rd International Convention, June 25 through June 29, 2021. This term finished in July 2023 but on the invitation of our current International, President, Dr. Patti Hill, Teresa continues to serve on the Board of Trustees of LCI as an International Presidential Board Appointee, for the current year of 2023/2024 sitting on committees in both LCI and LCIIF. Teresa is very proud and humbled to be a

Representative on the Board and continues to bring and gain invaluable experience from this role.

She has been a member of the Cork Lions Club since 2007 and was her club's first female President. Teresa has held a number of offices within the Association including Team Leader for District projects, District Governor, District GST Co-ordinator and District New Voices Co-ordinator.

Teresa's motto during her term as first District Governor of District 133 "TEAM" defines her leadership and passion for service, "Together we must Empower, Assist and Mentor one another."

Teresa's priority is her family which includes, her partner Declan, three children and eight grandchildren. She enjoys nothing more than spending time with them. She is an avid reader, gardener, yoga enthusiast and keen hillwalker.



To book for Convention please use the link to the Convention website <https://www.md105convention.uk/index.html>

CLUB OFFICER SUPPORT SESSIONS

It is that time of year when clubs are electing their officers for the forthcoming Lionistic year and District is looking at opportunities to provide support and development opportunities for those filling these important positions. There will be several chances for club officers to participate in Zoom gatherings where they can exchange thoughts and receive advice from specialists from District including the incoming District Governor, District Secretary and District Treasurer.

These gatherings are not just for those new to a role as experienced officers can always contribute their experiences and perhaps also pick up new ideas.

The first session will take place on Thursday 30 May at 7.15 pm. A link will be circulated nearer the date. It would help to have an indication of the numbers hoping to attend so I would be grateful if those intending to join could let me know on gms@lions105ce.org.uk.

The intention is to organise a Saturday morning session in June with a further opportunity in early July. These dates will be circulated when they have been confirmed.

Graham Venables

District GLT Co-ordinator

Vision Camera Screening

The Vision Camera Screening Project was officially launched at the United Nations Day in March 2024. Our District has been selected to pilot the project which then be rolled out across the Multiple District.

The Education Department approved the use of this device within their schools and look forward in forming a partnership with us, in this important project. They are to be trailed in the Essex Educational Area first, in September 2024 and intended to be used in junior schools for all pupils in the reception classes. This will be repeated each year and introduced into other Education areas within our District from January 2025.

Only a 12% of children eligible for free eyesight tests actual receive it, hence the eagerness of the department to accept our offer. The schools have been informed of this program and are anticipating a contact from us to arrange a visit. Once arranged the schools will seek the permission of the parent/guardian of the child for the test and will be responsible for issuing a green or red letter to the child. Green is a pass, suggesting that a routine appointment is made with an option for a free eyesight check-up and red suggesting an appointment is made.

A short training session for the use of the equipment for those clubs in Essex will be on Tuesday 11th June 2024 12 mid-day to 4.00pm at The Parish Room, Saint Mary the Virgin, Church Road, Bulphan, RM14 3TU, kindly arranged by the Lions Club of Romford. Car parking is at the front and the hall is at the rear of the church. Each participant will be authorised in the use of the Vision Camera for 3 years and then required to attend an update session.

Each school visit will require a team of three, who at the time of their visit must hold a DBS Certificate which is no older than 4years or have signed up to the automatic update service. For those who may have an issue with this, application forms and guidance on completion will be made available on the day.

Tea and coffee will be made available.

This is a fantastic opportunity for the district, with the potential of good press and the opening of new doors for us. We can lead the way so let's set the example.

If members from your Club are willing to take part, please provide the following information.

Club name, members name, DBS current as described or will require a DBS form to be completed and if so, they must have in their possession, photographic identification, proof of residents for example a utility bill and their National Insurance number.

I will be collating this information so replies please to Lion Colin DGE, vdg@lions105ce.org.uk

I am trying to organise a trip to the Normandie Beaches, the dates we have decided on are Thursday the 19th, 20th, 21st, and 22nd. Returning home on the 23rd of September. If anyone is interested in going, could they please contact me to let me know if you are interested in going.

twinning@lions105ce.org.uk



*Lion Theresa Walker
Twinning Officer*

Who else wants to come to the German Multi-District Convention?

Hanover 9th to 12th of May.

OPEN TO ALL

There are already a few of us from District CE going to the German MD Convention, and there is a special offer from our Twin District (which includes Hanover) that 2 or 3 couples can stay with fellow Lions during the Convention.

Flights are still relatively cheap, direct from Heathrow to Hanover multiple times per day, and with this hosting offer, a weekend meeting and getting to know Lions from not only our Twin District 111NH, but all over Germany and beyond, is very affordable.

The official program for the weekend is as follows: -

Friday 10th May: Welcome to Hanover, Workshops, and seminars (approximately a dozen), Panel Discussion, Music Competition, Young Ambassador Competition, with a "Get Together" in the evening. NB
some of these are on at the same time, but you can choose which, if any, you want to attend.

Saturday 11th May: Ceremony, Multiple District Convention plenary session, Gala Evening and then Leo's disco from 11pm (if you can stand the pace)

Sunday 12th May: Religious Service, Farewell

In addition, there are all sorts of other events for visitors, including various walks through the city, sightseeing in a vintage bus, visit to the Herrenhäuser baroque gardens that won the European Garden Prize in 2015, various Art Museums (Sprengel Museum "Pablo Picasso/Max Beckmann" and "Wilhelm Busch Museum"), open air Jazz, a visit to the Zoo and a tour of a wine (Sekt – like champagne, but German) cellar, with tasting. And there are lots of bars for you to relax in and mix with Lions from all over Germany and the rest of the world.

There may also be opportunities to provide service during your visit or stay for a few days before or after the weekend, probably in a hotel, but it's up to you and your hosts to decide.

There is even a 2-day travel pass on all public transport for only €8.

And if all the hosting places are gone, hotel rooms start at €70 per night. That's where I have booked, so will see you there?

Don't forget your Duty Free on the way home!

LAST DAY TO FILL IN THE 0-5 SURVEY. MAKE YOUR VOICE HEARD.

Clacton on Sea Lions News April 2024

I would say a quieter month for members of Clacton Lions, but although there haven't been many events there has been a lot going on in the background. The incoming officers for the next Lionistic year have been chosen, and our forward planning schedule has been compiled. Our Club Administrator Lion Adrian, does an amazing job and produces a Club Programme / address book, which is handed to all members on our Changeover evening (Wednesday 26th June). Thank you Adrian.

With the car boots re-opening we placed an appeal in the local free newspaper for donations of items suitable to take to our car boot sales. We were inundated with phone calls and offers of items. There were 12 calls received in one day!. A bit of a scheduling needed from our Fundraising Committee but as always, they rose to the challenge – all they need to do now is a sort out and get everything ready for our first car boot of the year on Saturday 27th April. Thank you to all who collected and sorted the items.



After the success of the last Beetle drive, the social committee decided to do another one, and were pleased to see 19 people attending. It was another fun evening and was enjoyed by all, with Easter Egg prizes being awarded by President Paula to Lion John for the highest score and to Jenny for the lowest score. Well Done both.



Last month, the club received an appeal from 1st Clacton Scouts requesting support for their litter-picking venture involving 1000 hours of commitment. This was something that the club was pleased to support and they sent us this picture after their first session, showing some of the items that they purchased.



Why do they call it a Late Riser Car boot when you have to be there for 6.30am? Undeterred by the early start, our members loaded up 4 cars full of donated items including small bric a brac, sets of golf clubs and vintage tools and by 7am they were ready for the rush. Despite early rain, the weather was kind to them and by 11.30am the tables were almost empty and 12 very tired Lions went home, ready to put their feet up after a job well done. And we do it all again next month!

This time we were at Ambition Café at Market Field College in Clacton. Market Field college provides education for students 16 – 19 with moderate learning difficulties. We were looked after and served by these friendly, helpful students, who earlier that day, had made a range of freshly baked cakes to tempt us. Prospective member Bradley attends this college and went the extra mile to make sure that we were all well looked after. Each year, our fellow



Lions from Mersea Island Lions join us for a friendly competition of Crazy Golf on Clacton Pier. Unfortunately this year, it clashed with an event they had planned, but we decided to go ahead with it as our members do enjoy it. 19 people attended, and the winners were Lion Ben and Sarah (daughter of Lion Mags). We are holding an adventure golf and fish and chips evening in July and



we are inviting Mersea Island Lions to that instead. Well Done Ben and Sarah.

Lion in the Limelight award

This months Lion in the Limelight award was given by President Paula to Lion Liz who produces (with a little help from her fellow Lion Lorraine) the stunning hampers that we raffle throughout the year. Well Done Liz.



WHAT HAS YOUR CLUB BEEN UP TO? WHAT WILL YOU BE DOING?

SHARE YOUR PASSION. SEND US SOME PHOTOGRAPHS.

SEND IN YOUR INSPIRATIONAL QUOTE, JUST ONE COULD MAKE A DIFFERENCE TO SOMEONE.

WE WOULD LOVE TO HEAR FROM YOU.



Dates for your diary.

- 10th to 16th June 2024. World Diabetes Week.
- 7th to 13th October 2024. Hypo Awareness Week.

For further information please email on gstdiabetes@lions105ce.org

Or go to [Diabetes UK - Know diabetes. Fight diabetes. | Diabetes UK](#)

Learn more [Learning Zone - Discover more about your diabetes. | Learning Zone](#)

Inspirational quotes.

We would like to invite you to share your favourite inspirational quotes with us. It could be a quote that has helped you through tough times or one that has inspired you to achieve your goals. We welcome quotes from all walks of life, and from people of all ages.

Send your favourite quote to editor@lions105ce.org.uk

We look forward to hearing from you and sharing your words of wisdom with our Lions family.

- 1 Every journey begins with a single step.**
- 2. Everything is impossible until someone does it.**
- 3. Failing to try is trying to fail**
- 4. Believe in yourself or no-one else will.**



LIONS BRAIN TUMOUR RESEARCH APPEAL AROUND GB IN 10 DAYS ONLINE VIRTUAL BALLOON RACE

Guide to purchasing a balloon or balloons.

CLICK link or **SCAN** QR code on poster, Facebook Page, or Website.

ENTER Your name, Contact email, Nickname for your balloon.

CHOOSE BALLOON COLOUR from dropdown box.

Continue to scroll down this list to **CHOOSE** a shape of your balloon.

ADD a message or dedication.

CLICK CREATE BALLOON

You can register more than one balloon before paying.

Pay with Card

Enter Card number MM/YY CVC number from
back of card.

DO NOT FORGET TO PUT IN **POST CODE** AFTER
CVC, or payment will not be taken from your bank.



THANK YOU AND GOOD LUCK.



LIONS CLUBS INTERNATIONAL
MD105 INVITE YOU TO TAKE PART
IN THEIR ONLINE

**AROUND GREAT
BRITAIN IN 10 DAYS
BALLOON
RACE**

**VIRTUAL RACE =
ENVIRONMENTALLY
FRIENDLY!**

TO RAISE FUNDS FOR THE LIONS
BRAIN TUMOUR RESEARCH APPEAL

£5 PER BALLOON

WWW.BALLOONRACE.NET/LIONS

**1ST PRIZE £100 2ND PRIZE £50
3RD PRIZE £30 + 7 RUNNERS UP PRIZES**

Race launches at MD Convention on Sunday 5th
May and ends on Wednesday 15th May



SCAN ME

Find us on 



Charity number 1181428

Lions Clubs International

MD105 British Isles

Registered Office Lions Clubs British Isles 257 Alcester Road South Kings Heath Birmingham B14 6NU



'A Gift for Living' Proposal

A sponsorship programme to support children in an Orphanage in Jinja, Uganda, providing each child with food, shelter, medication, clothes, and education.

To protect the safety and wellbeing of children in the care of the orphanage. Through your charity, Lions Clubs International – 'A Gift for Living' we would receive donations and administer the sponsorship programme. Whilst it would be a new route for A Gift for Living, the Trustees have the necessary skills, experience, and knowledge to successfully deliver.

Background

Many may remember, the Malawi children's education sponsorship programme from some years ago. It was well organised but unfortunately supported only by a few local administrators and sadly there was insufficient succession planning. Having recently concluded a visit to witness at first hand, PID Phil Nathan has seen and been emotionally touched by the needs of the children in an Orphanage in Jinja, Uganda. There is currently a Trust operating, (Shield of Faith Community Empowerment Organisation), in the area that was set up by a totally dedicated young Lion who was himself an orphan and adopted. There are currently 40 children aged 4-16 years who are cared for by the Trust and volunteers. These young adults are educated and taught a trade, until age 16.

The critical need

The current Trust is struggling financially and has a number of requirements to continue to operate. There are also complexities of Ugandan rules and regulations. If it closes, the children are likely to end up on the street. The consequences of this would likely lead to trafficking and probable prostitution. It is our hope that through A Gift for Living we can step in to support these children and to encourage the global Lions community to sponsor these children.

Costs

The cost per child per year is \$480 (approx. £390) and over the ten-year sponsorship programme the cost is \$4,800 (approx £3,900).

No allowance for inflation or exchange rate fluctuations during the proposed ten-year period are included in the above figures.

This will provide each child with food, shelter, medication, clothes, and education.

This project has received full support of MD105 Council of Governors who would ask that you consider :-

Men United Charity Concert

Friday 10th May at 7.30pm

Southwell Minster NG25 0HD



- ❖ The Men United Choir
- ❖ Cantamus Girls Choir
- ❖ Radcliffe on Trent Male Voice Choir

Tickets £15 (£10 restricted view) Free U16



TicketSource or scan this

Cathedral Shop 01636 812933

Paper Kisses, 6 King St 01636 814829

menunitednotts@gmail.com

Malcolm 07950 098 936



Book your team into the Lions Spring Quiz!

Spring is here...so it must be time for our Spring Quiz!

Our 25th Spring Quiz takes place on Friday, 10th May, at 7.30pm (though it's best to get there around 7.00pm) at The Minster School. Tickets are still only £7.50 each, payable in advance, from Steve Scall - stevescall@gmail.com / 07779 338 887 or Ian Gillings - gillings7@hotmail.co.uk / 07795 176105. Teams of six, though you can bring as many as you like! Bring your own food, but there is a licensed bar.



Southwell & District Lions Club (CIO)

Registered Charity No. 1186703

25th Spring Charity



Raising funds to support our local community and overseas Lions appeals

Friday 10th May 7.00 for 7.45 start
MINSTER SCHOOL, SOUTHWELL

£7.50 per person. Bring your own food
Licensed bar. Teams of up to 6

Please book in advance as numbers are limited.
Contacts are:

Steve Scall 07779 338 887 stevescall@gmail.com

Ian Gillings 07795 176105 gillings7@hotmail.co.uk

The Lions Club Of Felixstowe
Family Fun Dog Show



Sunday 19th May 2024



1pm - 5pm

Trimley Sports & Social Club

IP11 0RJ

Fun & Games for all the family
Refreshments / BBQ / Stalls



CELEBRATE YOUR BEST FRIEND

For more info / register your dog
Call : 07484317753 / 07570110660



CHARITY WINE TASTING EVENING

BULPHAN PARISH ROOM

Thursday 30th May

Commencing at 7.30pm

£15 per person

**Selection of wines, plus food,
mini quiz**

**Limited to 30 persons
to reserve a place telephone**

Colin:

07720 974 520

**(reservations on a 1st come
1st served basis)**

Romford Lions Club





BOURNE LIONS CLUB
Bourne Lions Club Charitable Trust Fund. Registered Charity No. 1077290



Fun Day

SUNDAY 7TH JULY 2024

10 AM to 4 PM, RECREATION GROUND, BOURNE

Fun for all the Family

**Funfair – Music - Displays - Stalls - Food –
Bar - Dog Show - Car Boot
Plus much more**

Further Information on both our website

www.bournelions.org

and our **Facebook** page (Bourne & District Lions Club)

ADMISSION IS FREE TO ALL

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