

The Bulletin No 12



LIONS DISTRICT 105CE

DG David Pope MJF

2021 – 2022

Dear caring Lions & LEOs of District 105CE

What a wonderful time of the year, I have just dashed back from a stint on our Christmas Float, grabbed something to eat, let the dog out, before we move the Christmas Float to another destination and then we are taking the float around the area where I live and then count the tins! December is always a really busy month and I like many of you will breathe a sigh of relief when our Christmas activities are over for the year, just a tip, it is just over 11 months before start again!!

Just think of all the people that you have interacted with this month, all of the smiles that you have put on their faces, this is a difficult time for many people, and we are stepping up as Lions and making a difference to all those people – Thank you all.

The majority of our clubs are continuing to report all of the great work of your Lions Club through the MyLion system, we have served just over 281,000 people since the start of the year, which is truly magnificent, what a difference we are making to our local communities, you should all be very PROUD, I am very PROUD of you all.

On a sad note, we will see the closure of Basildon & Wickford Lions Club after 52 years and Thetford Breckland Lions Club after 48 years, some Lions will be transferring to other clubs, but it is shame to see them close after 100 years of service to their local communities, good luck in what you do in the future.

Thank you for a wonderful 6 months, time flies when you are having fun and are busy, your Passion, Resilience, Optimism Understanding & Dedication never ceases to amaze me, keep up the great work and I will sign off by wishing, you, your families and all of the people that you have made a difference to a very special Christmas and hopefully a well-earned rest, see you all in the New Year.

A VERY PROUD & HUMBLE DG
Yours in Lionism
Lion David Pope **MJF**

District Governor for District 105CE covering the counties of Cambridgeshire, Essex, Lincolnshire, Norfolk, Nottinghamshire, Suffolk and some adjacent areas.



Alone we can do so little, together we can do so much. - Helen Keller.

Never has this quote been more apt than this Christmas 2021 in the Bungay Area where local businesses and groups have pooled together to deliver and spread Christmas cheer.



Bungay Area Lions Club Father Christmas was out on his sleigh ten times, and he needed helpers/elves to support him and guide the reindeers. We were so pleased with the response by local groups to our pleas for help and now send our very grateful thanks to local Parent Teacher Associations, The Rotary, The Tennis Club, The Mens' Shed etc who so ably supported Father Christmas. Collectively we brought a little bit of Christmas Magic to all and raised £1800 which will enable us in the new year to replenish much depleted Club funds and support many local people in need.

We always have a big Christmas Party, with entertainment, for our local senior citizens and vulnerable adults but of course for the second year running, because of the Pandemic, we could not safely hold this. Again, we resorted to Plan B, *or was it C*, and delivered 106 afternoon teas to individuals' homes. A real Christmas treat which brought such pleasure to so many.

This was only made possible by the generous financial sponsorship of local businesses who made it possible. Our thanks go out to the local garage, pet shop, garden centre, haberdashers, tea rooms etc. etc. who supported this endeavour and helped Bungay Area Lions to make this happen.



The past few weeks have really shown us how great a local community can be and together we certainly did do so much. Well done all and I know Father Christmas wishes you all a very happy and healthy Christmas and 2022.

A very happy Christmas and successful New Year

It has been another extraordinary year with the Global pandemic continuing to change our daily routines and our social interactions. As we exit 2021 there are green shoots of hope as vaccine programmes grow around the World. The work of **Switch on the Sound/Lions Used Hearing Equipment Programmes** has been impacted with very few International Missions possible, but at the same time locally led programmes, working in strict compliance with local COVID-19 rules, have been able to support hearing aid users with supplies of batteries and service/repair/replacement of instruments. Our work here in the UK in collecting in the hearing aids and equipment needed for future support of Mission work has continued and we are very grateful for all the support of donors given the difficult situation many find themselves in. We will continue to support existing programmes and hope to see new programmes opening once it is safe to do so. As such we really do need to keep up our stocks of hearing aids, spare parts and equipment and ask for your support. Please send us any hearing aids regardless of condition and unwanted spare parts - especially new hearing aid hooks, thin tubes, and buds. Redundant equipment is also very welcome. We wish you a safe festive season and trust that the New Year brings forth a gradual return to a more 'normal' way of life.

Dr Michael Nolan (Project Lead)

Switch on the Sound/ Lions Used Hearing Equipment Programmes
Lumb Gaps Barn, Haslingden Old Road, Rossendale BB4 8TT





Spalding Lions Burns Night

At Springfields Events Centre Marquee Suite

Three course dinner followed by dancing (disco)

29th January 2022 - 7pm to midnight

Cost £45.00 per person payable on booking

Black Tie

Tickets available from

Eileen: 01775 760501 or 07711 095686

Elaine: 01775 760383 or 07921 235628

An opportunity for any lion

Ever wondered what to do if you want to take on another role within Lions?

Many Lions feel they have the time and commitment to do something more than they are currently doing but wonder whether they have the necessary skills and where to access the training.

Now is your chance to get involved and prepare yourself for a role connected with your club and, if you feel like it, a district position. The just announced new Regional Lions Leadership Institute course is just what you need. Do not be shy, we need leaders to ensure our progression in serving our community with fresh ideas. Age is no restriction, whether you are a new lion or have many years of service behind you it may be for you.

Would you like to apply?
Application forms available from MDHQ - return instructions shown on the application forms - closing date 11th March 2022

MD105 Regional Lions Leadership Institute (RLLI) 1st - 3rd April 2022



Venue-
Chesford Grange Hotel,
Kenilworth,
Warwick,
CV8 2LD



Lions Clubs International
MD105 British Isles

Application for MD105 RLLI



Chesford Grange Hotel - 1st -3rd April 2022

Name:	
Lions Club:	
Lions District:	
Address:	
Email Address:	
Tel. No:	
Present Role and previous Lion experience	

Signed	Date
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Please pay the non refundable payment of £75 to the Lions MD105 Business Account as follows: **Sort Code: 30-65-22 Account Number: 77024368**

A detailed programme and accommodation/meals requests will be forwarded in due course. Closing date **11th March 2022**

District Governor Confirmation

I believe this Lion will benefit from attending the MD105 RLLI in April 2022

Signed	Date
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Return completed form to stewartsherman-kahn@lionsclubs.co.uk





LEOS CHRISTMAS QUIZ FOR BRAIN TUMOUR RESEARCH!



**On the 21st of December join
us at 7.00 with a 7.30 start.**

**Donations go to Brain
Tumour Research.**



DONATION LINK HERE



<https://cafdonate.cafonline.org/19058#!/DonationDetails>



"CONVENTION 2022" Holiday Inn, Peterborough March 10th – 13th 2022



THE SERIAL!
Episode 6.

SUNDAY 13th MARCH

Maybe, for some, a little like the morning after the night before! However, a good breakfast will soon set all things right.

After breakfast an opportunity, before we leave, for an Open Forum discussion with our International Guest and the DG Team.

Even while we enjoy our Convention, we will also be raising funds and the profile of one of our flagship projects – "LIONS BRAIN TUMOUR RESEARCH

APPEAL". Wheels will be Spinning on Bikes with plenty of opportunities to donate or sponsor and on Sunday the Virtual Balloon Race will start (finishing a fortnight later on the 27th of March) and please remember these balloons are virtual so no environmental issues. More details on the district website.

As usual we will be raising funds on our Host Night to support the Helen Keller Internet Club and our DG's wife Claire's charity Young Carers.

Again, we will be asking you to donate non-perishable food for the local Food Banks and bring used specs so we can take them to National HQ.

We are determined to make the 2022 Convention truly fantastic. Already we have loads of activities and entertainment lined up for you to enjoy including some fabulous fund-raising. Hopefully, our little serial has given you a taste of what's in store.

The next step is yours (currently we are around 50% of the numbers we need)

PLEASE, get your Booking in. The Convention Committee, who work tremendously hard on your behalf, really need to know that their work is not in vain!

SO, WHAT ARE YOU WAITING FOR?



Swaffham & District Lions



A very clever Swaffham Lady skilled at sewing donated 24 Christmas Bags filled with Christmas goodies to Swaffham Lions. The Lions were only too happy to distribute them through Home-Start, Family Wellbeing Norfolk and the Community Fridge to under five-year-olds, who received them with beaming Christmas smiles.

In the Picture Lion President Tony Lakey and Natalie Gotts Home-Start

When asked by Waitrose if the Lions would organise their Christmas Food Collection for people in need over the Christmas period, they were only too pleased to help. With a very positive response from the generous customers, six crates of food were donated in the first 90 minutes. Swaffham Lions will transport the collection to Dereham to be made up into food parcels for distribution to the needy of Swaffham and surrounding villages. In the picture is Katie from Waitrose and Dennis Tallon Swaffham Lions.



Carols for Everyone returns to Southwell



Southwell and District Lions' annual 'Carols for Everyone' Christmas celebration was held in Southwell Minster on 11th December, after missing in 2020 due to Covid restrictions. Despite being limited to just 350 tickets - we usually sell between 500 and 600 tickets - mandatory wearing of masks while singing and the growing panic over Omicron, we had a capacity audience, who had a wonderful evening of music and song, while remembering the true message of Christmas.

As usual, we enjoyed some great performances this year. Bleasby Junior School sang enthusiastically, the children clearly enjoying themselves, especially when they joined in the jingling of bells and drumming at the end of the Twelve Days of Christmas. The Major Oak Chorus, a local A Capella chorus making its first public appearance since the first lockdown in March 2020, brought their own sense of occasion and fun style which suits the event, as well as some fantastic voices. We were grateful to the Minster's Director of Music, Paul Provost, for stepping in to play the organ and for choosing such a beautiful piece. And, as always, the Choral and Orchestral Societies, even with depleted numbers, provided a visual spectacle, great accompaniment and wonderful music that filled the Minster with joy. Special thanks go to our long-standing master of ceremonies, Nick Harding, who carries the evening along with great humour as well as thoughtful reflection on the reasons behind the festivities.



Obviously, the numbers attending were down on previous years but, nevertheless, the nave felt to be comfortably filled. With tickets sales and retiring collection (plus gift aid), Southwell Lions estimate that we shall be able to donate around £3,000 to our supported charity, which, given the difficulties of the last 20 months, will provided a vital injection of funds.

This community event was held in aid of Support Refugees in Southwell, a local charity that supports Syrian and Afghan refugees who have escaped war and persecution in their own countries and settled in Southwell. As a result of the funds raised by Carols for Everyone, SRiS will be able to do so much more to help these lovely people as they establish their new lives in our community.



SANTA GETS A LITTLE HELP FROM REEPHAM LIONS

When Santa's truck came to the Reepham Coop in November, members of Reepham Lions dropped by to donate toys from the Club and individual members. This formed part of the Central England Coop Toy Appeal which helps less fortunate families in our local community who may be struggling this Christmas. The Coop were also working in conjunction with the Reepham Christmas Stocking Appeal which, following the success of last year's appeal, were again collecting donations.



Without the support of the local community the Club would not be able to make these donations, so this comes with a Big Thank You from the members of Reepham Lions.

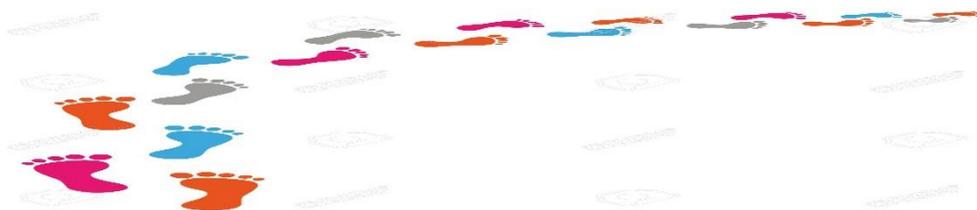
Grantham Lions Club

Little Explorers Nursery wanted to develop a garden for children who do not have a garden to experience and play in the future. The nursery was aiming to raise the funds for gardening and equipment, and set out a growing garden so the children can experience various activities like setting seeds growing plants, seeing flowers bloom and vegetables grow, and be able to play in a gardening environment. See photo of Lion John Dickinson presenting a Cheque for £200 from Grantham Lions Club to Rachel Allen Nursery Manager.



Winterton and District Lions Club

On Friday 26th November Santa and his Lions Club friends were at the town light switch on. Unfortunately, Santa was a bit naughty and got himself arrested by the local police officer (only joking).



CLAIRE'S WALK TO DATE.

As you know the DG's wife is walking to support Young Carers this year, and to date has covered over 577 miles.

This means that she has virtually visited the following club meeting places. Peterborough, Huntingdon, Hornchurch, Romford, South Benfleet, Leigh on Sea, Southend on Sea, Westcliffe, Rayleigh, Basildon, Billericay, Brentwood, Chelmsford, Witham, Mersea Island, Clacton, Felixstowe, Woodbridge, Stowmarket, Haverhill, Saffron Walden, Newmarket, Burry St Edmunds, Thetford, Attleborough, Wymondham, Hethersett, Long Stratton, Bungay, Beccles, Halesworth, Lowestoft, Gt Yarmouth, Caister, Acle, Norwich, Norwich West and Norwich North. **PHEW!!!** I trust the shoes as well as the body is holding up.

WHY NOT SUPPORT HER INITIATIVE BY DONATING TO SUCH A WORTHY CAUSE.

RET FORD LIONS CLUB PRESENTS

★ AN EVENING TO REMEMBER ★

with Original 60s Artists ★

Dave Berry & The Cruisers



An original 60s pop band with top ten hits including 'The Crying Game', 'Little Things' and 'Baby It's You'

VANITY FARE



60s pop group best remembered for their million selling song 'Hitchin a Ride'

CHRIS FARLOWE

60s pop star with great hits 'Out of Time' and 'Handbags and Gladrags'



MAJESTIC THEATRE, RETFORD
BOX OFFICE: 01777 706866
WWW.MAJESTICRETFORD.ORG

SAT
26 FEB
2022

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MERRY CHRISTMAS

**WHEREVER YOU ARE AND WHATEVER YOU
DO, ENJOY YOURSELF AS YOU BRING JOY
TO OTHERS.**



From all in District 105CE Lions.