

The Bulletin No 4

LIONS DISTRICT 105CE

DG David Pope MJF

2021 – 2022



Dear fellow caring Lions of our great District 105CE

Our membership continues to grow, this is really great news as the more members we have, the more service we can offer to our local communities. You may have seen on Facebook the great work of 1VDG Lion Dr Chris and a team of willing volunteers gleaning onions near to Ely / Littleport, where over 160kg of onions were saved from being ploughed back into the field, instead they were distributed to local food banks, how fantastic, saving food waste and feeding the needy, another example of great service and District 105CE leading the way.

Following our hectic weekend over 6th to 8th August, the District Cabinet papers and minutes are now on our District website, have a look there are some great reports from our District Officers.

Within the next few weeks there will be Zone meetings taking place in your area, try and visit your local one, hear what's going on with your local Lions Clubs and it's your opportunity to share your great ideas with others, don't reinvent the wheel and after all plagiarism is the best form of flattery.

Don't forget to report your activities on MyLion, we have currently served a fantastic 31,000 people in this Lionistic year, but over 2/3rds of our clubs have not reported any activities, just think the difference we could make if we all reported our activities. It's not too late to submit your July activities, you can do it along with your August activities. Serving our local communities is absolutely what we are about, when I am the guest speaker at events, it gives me immense pride to be able to talk on the great activities that we as Lions undertake, what makes it ever more plausible is to know that the activities have been reported onto MyLion. If you need any help, contact your Zone or Region Chairman.

Our glasses recycling is gaining pace, I sorted 89 pairs over the weekend, and they are now ready for shipping to Chichester Lions Club, it's an easy project to get into and offers the gift of sight to so many needy people.

PDG Lion Alan Hall has created a super document called the Lions Development Prospectus which very clearly articulates a roadmap of personal development that is available to all Lions. Have a look at, there may be some development that you would find interesting and could help you in your professional or home life, it's a great piece of work – Thanks Alan.

Lion Andrew Hadley of the Taverham Lions Club is running a Charity Golf Day on Thursday 16th September at the Wensum Valley Golf Course – come and join me for a great day out and help to raise money for charity. Please see the article from Lion Andrew in this bulletin.

A VERY PROUD District Governor
David

Yours in Lionism
Lion David Pope **MJF**



DISTRICT FUN DAY 5th September.

Fellow Lions

You may have seen both in the CE weekly and monthly newsletters the District Fun Day has been arranged for Sunday 5th September 2021, but please be aware that the event has had to change this year due to the Covid pandemic and the changing regulations.

A small team of Lions from Gt Yarmouth and Wymondham headed by Past District Governor Lion Jim Cawte have got together to take forward this brilliant event founded by Past District Lion David Woodruff many years ago.

Lions and their guests are to meet at the 'Great Yarmouth Race Course' at 11am where entertainment will be supplied by Rollo.

Those attending need to please bring a packed lunch for themselves, and their guests as there will be no food available at the Racecourse this year.

After the entertainment and Lunch, we are going to leave the Racecourse by 1.30pm to go to Thrigby Wildlife Gardens for the afternoon. There will be a free ice cream during the afternoon.

The Wildlife Gardens will close at approximately 5pm so there is plenty of time to enjoy them.

The cost for the day is £12.00 per person.

Please come and have a FUN day; we all need to be together and to bring a little bit of sunshine wherever we can.

If you wish to attend or would like further information please contact:

Lion Richard Barr - Phone: 01493 667031 Mobile: 07798878082 Email richard-barr@live.com

Looking forward to hearing from you.

Yours in Lionism.

Lion Richard Barr

GOLFERS WANTED

District Governor David Pope is playing in a charity golf day at Wensum Valley G.C. in Norwich on Thursday 16th September organised by Lion Andrew Hadley.

If three other Lions will join him to make up a team the charity will donate £1,000 to his ladies charity in aid of young carers.

The day will consist of bacon butties and coffee at 11.45, followed by 18 holes of golf on the Wensum course as used in the 'Europro Tournament', three course dinner, table magic and cabaret by New Faces winner Chris North, all for only £62.50 a head.

Great prizes, top quality raffle, good company, and hopefully good golf, what more could you ask for?

Please contact Lion Andrew Hadley on 01603 320033 or 07920 197461 for further details.

Young ambassador of the year from district 105ce.



Multi District Young Ambassador Winner for 2021 is Ellie-Mae Banks (sponsored by East Anglia New Century Lions Club). Ellie-Mae is a volunteer with St John Ambulance and is working towards her Duke of Edinburgh Gold Award whilst studying Health and Social Care at college. She engages with a range of youth forums to promote a youth voice across Suffolk. Ellie-Mae presented her project – “to help find new opportunities for young people so that they can be involved in and engage in society in a positive way, whilst improving young people’s aspirations”.

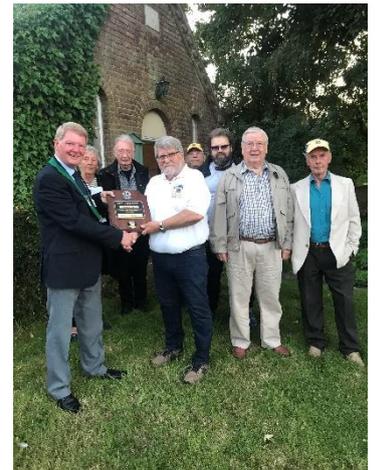
We are very proud; what a wonderful candidate and young lady. The development Ellie Mae will receive as the National Youth Ambassador winner will be a great start to her future, and brilliant addition to her CV.

Swaffham Lions

Eight former lionesses from Swaffham have been now badged up as Lions and are in the branch club of Swaffham, congratulations to them all, they will again be proudly serving their communities.

Dereham Lions

Dereham Lions congratulate Lion Bernie Trett for receiving his MJF award from 2nd Vice District Governor Lion Paul Southerton.



SUMMER FUN with FRIENDS

Hi Lions and Leos!

Join us for 90 minutes of fun! Be part of conversations with lions from 105-CE and 111-NH, friendship, music, drinks and laughs... maybe we will all learn something, too ... cheers und Prost!



Friends Virtual Zoom Bar
Reserve your barstool now... 99 spaces available... register here:
Send an email to:
cenh111105@gmail.com

Zoom link will be sent during the week before the Party



August 27th

18.30 London
19.30 Hannover

by Zoom





Hosted by Chelmsford Lions Club

Saturday
18th September
2021 at 7pm

Gin, Spirits & Prosecco Night

Experience a talk and tasting of
a range of gin and spirits with a
Spirit Ambassador from
English Spirit.

Young
Gen HQ
Meteor Way
Chelmsford
CMI 2RL

Additional drinks
including Prosecco available
to purchase afterwards.

Tickets
£15 each.
Over 18's
only

For tickets contact Andrea on 07736 438 249
or via link on www.chelmsfordlionsclub.org.uk

All proceeds to the Chelmsford charity:

InterAct

Chelmsford Lions Club CIO, Charitable Incorporated Organisation Number 1185328

Advanced Lions Leadership Institute (ALLI)

There will be an Advanced Lions Leadership Institute taking place in Brussels from 18th – 20th March 2022. Applications for attendance on this course must be submitted by 18th December 2021. To find out more about this course and to obtain an application form please contact Lion Derek Rutter, glt@lions105ce.org.uk

LIONS AND BRAIN TUMOUR RESEARCH WORKING TOGETHER TO FIND A CURE FOR BRAIN TUMOURS

LCI (MD105) British Isles is working in partnership with BTR to raise £1million over 4 years to help fund game changing research & raise awareness of brain tumour. At the end of the partnership, a laboratory in one of BTRs dedicated research centres will be named after LCI-British Isles to create a legacy in recognition of the contribution of its members.

Did you know:-

- Sixteen thousand people around UK are diagnosed with a brain tumour every year – some of them are Lions!
- Estimated 60,000 people at one time living with a brain tumour – not including their families and friends!
- Its indiscriminate – affects all ages
- Kills more children and adults under 40 years of age than any other cancers
- Kills more children than leukaemia
- Kills more men under 45 than prostate cancer
- Kills more women under 35 than breast cancer
- Just 1% of national spend is allocated to brain tumour research
- And finally

Less than 20% with a diagnosis survive beyond 5 years compared to 50% of other cancers
Brain tumours can be linked to our global cause Vision, as disturbance in vision is often an early symptom

The cost of one day of research into brain tumours cost £2740. If you as a club can raise/contribute that amount, there is an opportunity to have a brick placed on the Wall of Hope with your club's name on it for prosperity!

Some existing fundraising has been-

Wear a hat, do a lunch, do a challenge, wear a flower for a week.

Sales of Christmas and birthday cards, mugs and Lions/BTR pins

Southwell Lions club did a Walk of Hope. They walked around Britain. Well virtually! They raised £3,000! Well done to them!

There are more exciting Ideas on the way.

We need to inject more impudence into fundraising as we open up our lives after the pandemic.

District officer for BTR

Lion Lynne Roberts - The Deepings Lions Club

Lfr57@icloud.com

WORKING TOGETHER TO FIND A CURE FOR BRAIN TUMOURS



WAYS TO GET INVOLVED:

DO...
WEAR A HAT DAY

Last Friday in March –
Brain Tumour Awareness
Month



DO
LUNCH!
DURING
SUMMER

DO...
**WEAR A
FLOWER
WEEK**

Every year in June

Join our
Fighting Force
**DO A
CHALLENGE
EVENT**



LET'S CONQUER IT
TOGETHER

DO...
**A
WALK
OF HOPE**

ON THE LAST SATURDAY IN SEPTEMBER



SELL CHRISTMAS CARDS



Connect with Lions #WeServe #KindnessMatters

WEBSITE MAINTENANCE

Please be aware that the District 105CE website is undergoing maintenance and over the next few weeks there may be disruption to the usual service. We will advise you as best we can and ask that you bear with us during this time.

WE WOULD LOVE TO HEAR FROM YOU - IF YOU HAVE ARTICLES FOR THE ' BULLETIN' OR 'MONTHLY NEWS' – PLEASE SEND TO: pr@lions105ce.org.uk

Membership Matters Drop-in



On behalf of the Membership team, Alan Hall, District Membership Officer will host a monthly Membership drop-in session for all membership matter. This will be held on the 2nd Tuesday of every month, at 7 pm.

To book, contact [Alan Hall](#) for the zoom invite for the forthcoming session.



The Lions Clubs International Foundation (LCIF)



Lions Clubs International
FOUNDATION

Want to know more about how you can support and benefit from The Lions Clubs International Foundation? Check out the webinar presentation on LCIF in the Member's area of the District Website under [International/LCIF](#)
Please follow the link below and ask to be added to District 105CE Facebook Group.
<https://www.facebook.com/groups/262327261535199>

PR & Social Media Drop-in



On behalf of the PR and Communications team, Fiona Reid, District Social Media Officer & Webmaster will host a monthly PR and Comms drop-in session to help to improve positive impact from use of Social Media, websites and PR Tools. This will be held on the 1st Tuesday of every month, at 8 pm. To book, contact [Fiona Reid](#), for the zoom invite for the forthcoming session.

Follow us on Instagram, Twitter, Facebook, and our District Website, see links below:

