

# The Bulletin No 9



## LIONS DISTRICT 105CE

### DG David Pope MJF

### 2021 – 2022

Dear caring Lions & LEOs of District 105CE

At the time of writing this bulletin article, we have passed the 150,000 people served mark, in fact it is over 155,000, that's 155,000 people that you have given a smile to, a helping hand to, a reason to go out and enjoy the rest of their day. You are amazing, without everything you do your communities would be a far worse place to live in, there is a but! Our 155,000 people served is what is input into the MyLion system, the number of clubs who are not / not able to report has reduced to 46%, if you are struggling with system access or are unsure to what to do, speak to your Zone or Region chairs, speak to the District Secretary Keith or myself, we all have a good understanding of the systems and what to do, I am certain that by the New Year we could have served over 300,000 people, wouldn't that be fantastic, 300,000 smiles, 300,000 helping hands.

It's a real privilege to report that we have the most members in any District in the UK, there are 1,631 of us all working to help our local communities. I have always seen that membership & service run hand in hand, without good quality able members you are unable to undertake many service activities, without interesting service activities you won't attract good quality members and without offering our members the right development opportunities we won't retain some of our valuable members, it's a circle of Membership, Service & Development, all of these aspects work hand in hand, more on this in later editions.

One more it's been a really busy few days - but that is what I signed up for. We had the final day of the National Council of Governors meeting, I attended the Thetford Brekland Lions meeting, the following day I attended the Lincoln Lions meeting at the weekend I attended the 42 Charter Anniversary of Clacton on Sea Lions, the following day was our quarterly Cabinet meeting, which turned out to be a mammoth day and tonight I visited Loughborough Lions at a great social meeting and tomorrow I am off to visit Wroxham & Hoveton Lions.

Thanks to all the clubs who are supporting Claire on her walk around the district and have made donations to her for Young Carers, at our Cabinet meeting she raised £250 through the kindness & generosity of the attendees, ironically, she wants to give Young Carers a voice, when she is struggling herself to speak! At the Cabinet meeting our Brain Tumour Research Officer Lion Lynne Roberts sold £277 of merchandise, a productive weekend – well done.

I look forward to working with many of you at the Feed the 5,000 event in Culver Square Colchester on Saturday 13th, this is a huge area that is crying out for a few Lions Clubs, we will be there feeding the local people and talking to them about the work of the Lions, a huge amount of effort has been spent in getting us to this point, well done to Zone Chairman Lion Paul Skilton and to all involved.

I am hugely impressed by the tenacity and ingenuity of our clubs, you are doing an amazing job at serving your local communities, thanks for all you do in putting smiles back to deserving people.

A REALLY PROUD DG  
David





# **"CONVENTION 2022"** **Holiday Inn, Peterborough** **March 10<sup>th</sup> – 13<sup>th</sup> 2022**



**THE SERIAL!**  
Episode 4.

**Saturday 12th March 2022**

**Our Business Meeting [serious, yes – but still time for fun and humour!]**

**Once we have our Delegates registered and our Guests assembled – we are away! Always attempting to keep the DG on programme and to time! (but rarely succeeding)**

**This year to reduce our impact on the environment we will only be providing a 'minimum requirement' booklet for attendees [agenda, resolutions, accounts, candidates etc.] If you require a full Convention Booklet please indicate on the Delegate return form.**

**Around the hall and in the corridor will be a large selection of stalls and displays for you to peruse.**

**Lunch will be available, if booked and paid for, as will TEA (DG necessity) and coffee, courtesy of the District.**

**and so to our BANQUET & BALL (more later.....)**

**We are going to build on our great August Handover Event and make the 2022 Convention truly fantastic. Already we have loads of activities and entertainment lined up for you to enjoy. You will find out exactly what in the following episodes of our little serial!**

**However, the next step is yours – PLEASE get your Booking in. The Convention Committee, who work tremendously hard on your behalf, really need to know that their work is not in vain! You should have no concern about your payments as the Hotel has committed to again being totally flexible should circumstances cause concern.**

**SO, WHAT ARE YOU WAITING FOR?**

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## **WORKING TOGETHER TO SAVE LIVES**

Lions 105 has joined together with Brain Tumour Research to form the Lions Brain Tumour Research Appeal (Lions BTR), with the aim to raise £1,000,000 to help fund game changing research and raise awareness of brain tumours. Brain Tumour Research want to fund a network of Research Centres around UK.

16,000 people are diagnosed in UK each year with a brain tumour. At any one time there are about 60,000 people living with a brain tumour. Then you can add the families and friends who live it affects. Some of those are Lions.

Did you know; -

- Brain tumours are indiscriminate; they can affect anyone at any age
- Kills more children than Leukaemia
- Kills more men under 45 than prostate cancer
- Kills more women under 35 than breast cancer
- Just 1% of the national spend is allocated to brain tumour research
- AND less than 20% with a diagnosis survives beyond 5 years compared to 50% of other cancers
- Brain tumours can be linked to one Lions Global Causes – Vision. Disturbed vision is often an early symptom. Vision cameras can aid early detection in school children

Cost of one days of research = £2,750

What research do they do?

- Discover more about the origins of tumours
- Identify mutations in low-grade tumours that dangerously accelerate tumour growth
- Repurpose existing drugs to increase options for targeting brain tumours in children
- Find ways of delivering drugs across the blood-brain barrier to improve treatment
- Help determine strategies to implement more personal treatments for patients

WHAT CAN WE DO?

Fundraise and donate to the Lions Brain Tumour Research Appeal through our District Treasurer.

The Lions BTR Appeal has launched a fundraising campaign called Spinning Wheels, to encourage Lions Clubs and the general population to hold a fundraising event linked to wheels. It could be the obvious – bikes or cars! But to be more imaginative it could involve wheelbarrows, Ferris wheels or even Golf buggies! One for the DG 😊!

**GOT YOUR  
BALLON YET?**

EVEN more fun to involve friends and family how about purchasing a balloon in the DISTRICT 105CE Online balloon race. Dedicate a balloon to family member or a friend for birthday or Christmas and chance to win £100 and more prizes. Sales are open now. Race starts on Saturday 12<sup>th</sup> March 2022. More details available on EVENTS page.  
[www.balloonrace.com/Lions105ce](http://www.balloonrace.com/Lions105ce)

**UP UP AND AWAY!**

LIONS CLUBS INTERNATIONAL  
DISTRICT 105CE INVITE YOU TO  
TAKE PART IN THEIR

# ONLINE BALLOON RACE

TO RAISE FUNDS FOR THE LIONS  
BRAIN TUMOUR RESEARCH APPEAL

**£5 PER BALLOON**

**[WWW.BALLOONRACE.COM/LIONS105CE](http://WWW.BALLOONRACE.COM/LIONS105CE)**

**1ST PRIZE £100 + 10 RUNNERS UP PRIZES**

Race launches on District 105CE Convention day  
on Sunday 13<sup>th</sup> March 2022 and ends on  
Mother's Day on Sunday 27<sup>th</sup> March 2022



Charity number 1181428

JOIN IN THE FUN!!  
GET INVOLVED IN THE



# SPINNING WHEELS CHALLENGE

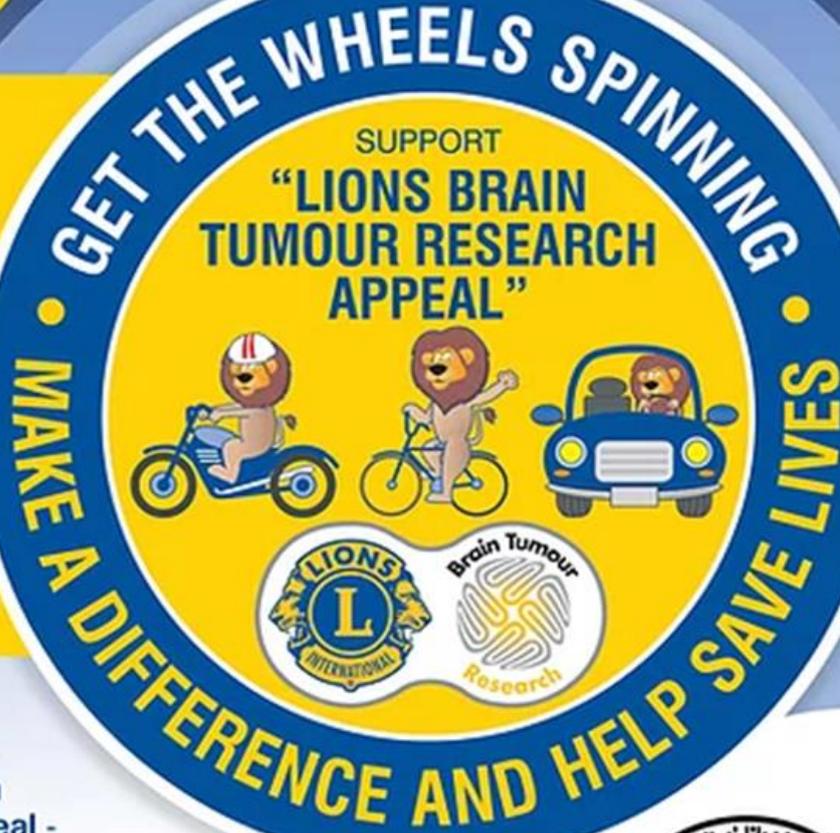
Organise a:

- Go kart race
- Spin the Wheel party game
- Bike ride
- A trip on a Ferris wheel
- Car rally
- Trolley dash or
- A wheely big idea of your own!

How to donate monies raised from your wheels event to the **Lions Brain Tumour Research Appeal** - scan the code opposite or via [www.lionsbraintumourappeal.co.uk/donate](http://www.lionsbraintumourappeal.co.uk/donate)

Thank you for your donation, all monies raised will support the appeal.

Contact Trustee: Derek Reynolds [reynoldsderek48@gmail.com](mailto:reynoldsderek48@gmail.com)



## **BIRMINGHAM 2022 COMMONWEALTH GAMES INVITE.**

I am writing with regards to an exciting opportunity for your members to be a part of the Birmingham 2022 Commonwealth Games, the largest multi-sport event to take place in the UK for over a decade.

Peter, Head of Licensing at Birmingham 2022 and Lion's member thought that this opportunity could be of interest to your members, and I would be grateful if you can share this letter with them.

We are recruiting for Honorary Stewards to be part of the Event Team during games time from 28<sup>th</sup> July – 8<sup>th</sup> August. This is a volunteer role and successful applicants will gain both hands-on experience of being a steward at a major global multi-sports event and a professional qualification, the Level 2 in Spectator Safety. This qualification will be entirely funded by the organising committee and will give Lion's members the opportunity to play a meaningful part in the success of the Games and the knowledge and skills to add value to future community events as a qualified steward. We believe that Lion's club members would be perfect Honorary Stewards due to the shared synergies between your organisational values and those of the games, bringing communities together, serving the community and create an inclusive feel. We feel your members commitment and skills would be a welcomed addition to the Honorary Steward team.

In addition to the qualification, our Honorary Stewards will receive enhanced Birmingham 2022 training, uniform, food and drink, and free public transport for all shifts as well as the satisfaction of being part of the Games.

The programme is managed by our experienced Event Services team who are responsible for spectator experience and safety at the competition venues and are often seen as the 'face of the games'.

The application process is currently open and accepting new applicants, however it is closing on **October 22<sup>nd</sup>**, and you can find the application here: <https://workforce.birmingham2022.com/invite/extendedapplication>. To be eligible to become one of our volunteers, you must meet the following requirements:

- You must be at least 18 years old by 1 January 2022;
- You must be available to volunteer for the full duration of the Games (28 July – 8 August 2022) period and commit to complete a minimum of eight volunteer shifts.
- You must be able to speak and read English or communicate using British Sign Language (BSL).
- You must be eligible to volunteer in the UK.
- You must agree to and pass relevant security risk assessment checks.
- You will be required to accept the volunteer role and venue you are offered.
- You must complete and attend all required training.
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Please be sure to enter the code '**EVS-HST**' when prompted to during the application process so the application can be forwarded to the Honorary Steward section. The interviews for the roles will take place in November and we will be in touch later to schedule this in with the applicants should they be successful in the application process.

If you have any further questions, please feel free to get back in touch and I'd be happy to answer them.

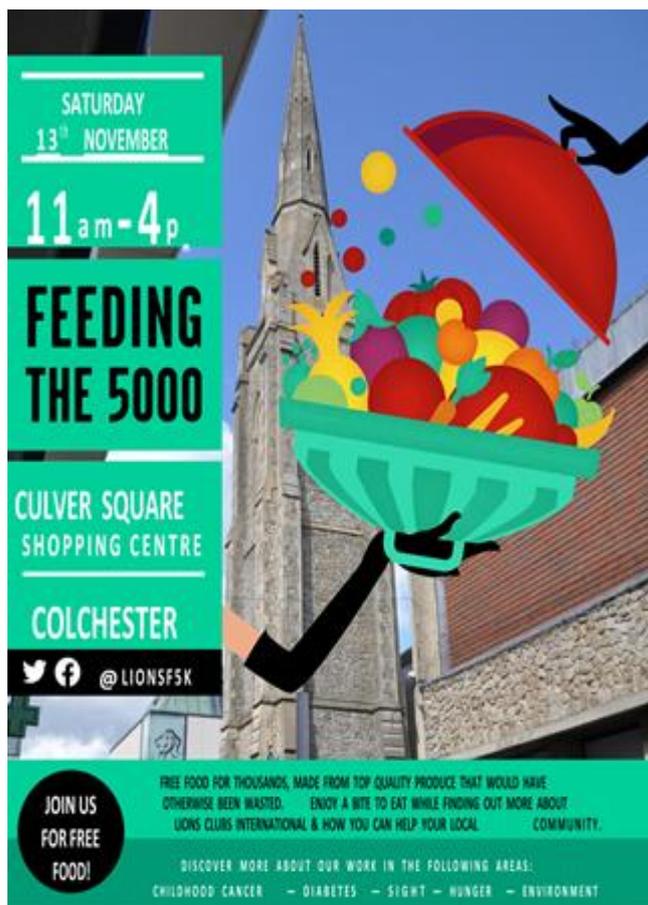
I look forward to hearing back,  
Kind regards,  
Lewis Cooper.

**Event Services Coordinator**

[Lewis.Cooper@birmingham2022.com](mailto:Lewis.Cooper@birmingham2022.com)  
Birmingham 2022 Commonwealth Games  
One Brindley Place, Birmingham, B1 2JB



## Feeding The 5000 Colchester - Update



Following on from the success of the 2018 Feeding The 5000 event in Leicester, we are organising a similar day but on a smaller scale to educate the public on the problem of food waste and elevate the conversation around food and sustainability policy. A third of the world's food is wasted every year, enough to feed 3 billion people (the equivalent of around 45 times the population of the UK) so the event will give the public an opportunity to celebrate the easy, fun and tasty solutions that exist to tackle this global problem.

The event will take place in the Culver Square Shopping Centre, Colchester on Saturday 13th November between 11am and 4pm. The aim is to feed thousands of members of the public during this time using food that would otherwise be wasted. This will be done with the assistance of the charity Food For All and the Colchester Institute who will be preparing and cooking the taster food dishes that will be served to the public using locally gleaned food produce like pumpkins, leeks and apples.

We will also use the opportunity allow others to learn more about the valuable voluntary work that Lions Clubs International do in their local communities. District Officers & GMT will be on hand throughout the day promoting their Global Cause portfolios with market stall pitches that will allow

the focus on:

1. Hunger & Gleaning,
2. The Environment
3. Vision (with demos on the camera to be used in the Child Vision Screening initiative),
4. A GMT stand for Recruitment & Publicity
5. A fundraiser stall for Brain Tumour Research
6. The opportunity to have a Diabetes Awareness risk assessment.

The day itself, from setup to breakdown, will run from 8am to 6pm and volunteers would be very much appreciated. An example of the roles includes stall helpers, food servers and general hands on with setup etc. If you would like to help on the day, even if it's only for a couple of hours then please contact [sue.hibbert4@ntlworld.com](mailto:sue.hibbert4@ntlworld.com) using the attached Volunteer Form. Let's hope we can make this day a success, thank-you.

Name:		Tel:	
Club:		Email:	

Role:	AM *	PM*
Food Server 1		
Food Server 2		
Food Server 3		
Diabetes stand		
Hunger stand		
Environment stand		
Cancer stand		
Vision stand		
Membership stand		
Set up from 8am		
Tear down from 4pm		
General		

**\*Please indicate your preference and we will do our best to accommodate as many**

**volunteers' choices as possible. Each role can be for 1 hour, 2 hours etc.\***



**Lions your hungry community needs you!**

We have the opportunity to feed the hungry and redistribute several tonnes of waste food over the coming weeks.

We have permission to turn waste pumpkins into nutritious food. All we need is a little help for just a couple of hours.

If you are able to help, please email [chris.hibert4@ntlworld.com](mailto:chris.hibert4@ntlworld.com).

6<sup>th</sup> November near March

TBA near Wellingborough

Thanks: VDG Chris Hibbert

THE SUFFOLK GOLF CLUB

Relay For Life

CANCER RESEARCH UK

# CHARITY GOLF DAY

Generously sponsored by

*Ridley Godfrey* FOUNDATION

Coffee and bacon roll, 18 holes, lunch, raffle and spot competitions  
£50 per person

Suffolk Golf Club, All Saints Hotel, Bury St Edmunds

**First tee: 9.30am Tuesday 10th May 2022**

Contact: David Cianciola  
Email: davidcianciolarelay@gmail.com Tel:01440 763134

## Eastwood Lions Club

It is my duty & privilege to announce Eastwood Lions Club forthcoming 6th Anniversary Charter (it would have been our 7th if it hadn't been for COVID19)

The day & date: Sunday 21st November 2021. The commencement time: 1.45pm for 2.00pm.  
The Venue: the Sands Restaurant, Western Esplanade, Southend on Sea, Essex. (If you can find land end of Southend Pier you'll find the Restaurant, it's very nearby)

The meal is an afternoon Tea with sandwiches, cakes, and Ice Cream (not to be missed).  
Speeches will be short (I'm the Toast Master and switcher off of microphones), if you have any dietary allergies or requirements, e.g.: Gluten free or diabetic, please let me know when booking and they will be forwarded onto the venue. Tea & Coffee is included, but if you wish to have alcohol it can be purchased. There will be a 'Table Service Only' available.

The Cost: £22.50, **but** if you pay before the **12th of November** we will let you in for £20.00 (cheques made payable to Eastwood Lions Club {endorse the back of the cheque Eastwood Charter please}).

To book please E-mail me; PDG Lion Brian Stanbridge at: [brianstanbridge@gmail.com](mailto:brianstanbridge@gmail.com)

To pay: Please send your cheques to our Treasurer; Lion President Eric Hoile, 10, the Maze, Eastwood, Leigh on Sea, Essex. SS9 5RW. Alternatively pay by Bank Transfer if possible, to our Nat West Admin Account Number: 67666027; Sort Code: 55-50-28.  
AND include in payment reference "Charter-Your Surname" or "TEA-Your Surname" if you cannot fit it in!

We are limiting the numbers to 64 so please book and pay early to avoid disappointment.

**The Lions Club of Castlepoint**  
**Grand fellowship evening**  
**Saturday 13th. November 2021**  
**7.30 pm until 10.30 pm**  
**All Lions clubs welcome**

Free nibbles  
Free coffee  
Music  
B.Y.O.wine & glasses  
Games  
Free tea  
Darts  
Play you cards  
Cheese & wine  
Raffle

**St. Mary's church hall. 376 High road**  
**South Benfleet SS7 5HN**  
**£3 entrance to cover hall cost**  
**Contact President Martin 01268 684951**

## Membership Matters Drop-in



On behalf of the Membership team, Alan Hall, District Membership Officer will host a monthly Membership drop-in session for all membership matter. This will be held on the 2nd Tuesday of every

month, at 7 pm.

To book, contact [Alan Hall](#) for the zoom invite for the forthcoming session.



Lions Clubs International  
**FOUNDATION**

### The Lions Clubs International Foundation (LCIF)

Want to know more about how you can support and benefit from The Lions Clubs International Foundation? Check out the webinar presentation on LCIF in the Member's area of the District Website under [International/LCIF](#)

Please follow the link below and ask to be added to District 105CE Facebook Group.

<https://www.facebook.com/groups/262327261535199>

**Follow us on Instagram, Twitter, Facebook, and our District Website, see links below:**



**WE WOULD LOVE TO HEAR FROM YOU - IF YOU HAVE ARTICLES FOR THE ' BULLETIN' OR 'MONTHLY NEWS' – PLEASE SEND TO: [pr@lions105ce.org.uk](mailto:pr@lions105ce.org.uk)**