



## District 105CE October 2023 Newsletter.

### The latest report from the District Governor.



On Friday the 22nd I attended an evening of song hosted by Lincoln Lions featuring the South Wales male choir and the Waddington Military Wives choir. Pictures attached of both choirs together and both conductors receiving my bannerettes. What an excellent evening attended by Lions from different clubs and approximately 300 members of the public. Well done Lincoln Lions for having this dream some four years ago and finally seeing it come to fruition. The evening was slightly spoilt due to a

23-mile diversion as the A17 was closed on the way home for survey work.



On Saturday 23<sup>rd</sup> September Sue and I attended the 43<sup>rd</sup> Charter anniversary of Stowmarket Lions where Lions Andrew Ward and Keith Cooper were both presented with well-deserved MJF's. A great evening of fun and friendship and thank you to Stowmarket Lions for



making us so welcome.

The District Governors team are aware that there is a problem getting the collected spectacles to Birmingham. The plan we have come up with to try and solve this issue is to hire a van and take these spectacles to headquarters from the clubs in Essex, Suffolk and Norfolk collecting on 31<sup>st</sup> October from drop off points and on the 30<sup>th</sup> of November, the same will apply to the clubs in Cambridgeshire, Nottinghamshire, and Lincolnshire. This plan was originally scheduled for the start of October but put back in order for discussions to take place at club meetings. There will be a cost of £30.00 per club payable from your charity account to Lions International 105CE SORT CODE 40-52-40 account number 00032551 for this. These boxes must be sealed, no carrier bags and please notify me of number of boxes and your club. We will notify you of collection points nearer the time.

Diabetes

Environment

Hunger Relief

Childhood Cancer

Vision



# Are you interested in a QUIZ SHEET FUNDRAISER with no outlay, no risk, and hardly any effort?

Once again Peterborough Lions Club are offering our quiz sheets on a 50:50 basis. **At £2/ea that means you keep £1 from each one sold**, sending the other £1 to us. **We cover the printing costs, the prize costs, even the distribution costs** – and that's after we've put all the time into compiling and designing the quiz in the first place!

Why would we do this? Because **"We Serve"**. Assisting your fundraising efforts means that additional funds are brought back into the community for the good works that Lions do all across the country. Once the hard work has been done to create the quiz, printing some extra copies costs peanuts. And even after taking out costs from our 50% there's still a decent contribution to our fundraising efforts, including for this year's President's Project supporting the homeless around Peterborough. It's the perfect "win-win"!



So, why wouldn't you take part? **We'll have "starter packs" of 25 sheets at Lions Share on 7th October – take a look at them, judge them for yourself.** If you think you can sell more than 25 let's talk – some clubs already sell hundreds. We take the risk, you only owe us £1 for each one you sell, and you have until the end of the year (the quiz closes on 13<sup>th</sup> January, and many people buy them as stocking fillers).

The Peterborough Lions Quiz has been running for decades (started by Lion John Cheetham) and selling on a 50:50 basis has been a huge part of their success over that time. **Come and say "hi" at Lions Share, or contact Mark Rogers directly at [mark@peterboroughlions.org.uk](mailto:mark@peterboroughlions.org.uk), 07740195046**

Finally, if you're already doing something similar that we could sell on a 50:50 basis, tell us more!

Peterborough Lions



## Wisbech Lions



We are a Battens family, and this has brought many tears, but it also has brought many adventures, friends, opportunities, and a new perspective on life. We don't let the label define us; we are proud of it because it makes us who we are, but the bottom line is that we are Team Dodkin, a family living for the moment and loving it.

We are so glad we could help this family with £1000 to create a memory 🍷 Well done Wisbech Lions

## Clacton on Sea Lions

The 2-day Clacton airshow brings in over 10,000 extra visitors each day, and on the first day members of Clacton Lions Club were in the town square at the CVST Community Fair with their very popular prize every time soft toy game. It's the perfect place to see the airshow itself, especially The Red Arrows who never disappoint, and we were not disappointed with the amount raised that day either - £437.80.



As long as the good weather continues, then we will be at the Late Riser Car Boot sale in Little Clacton. Late Riser it is NOT, gates open at 6.30am for the sellers AND the public. Still an unearthly hour to get up but it's all worth it when we can make £694.83 from items donated by the very generous members of the public in Tending.



Great Bentley has the largest village green in the UK, and twice a year it is used for the Village Carnival and the Village Show. This time it was the Village Show, where a huge marquee showed off the handiworks of the local flower arrangers, vegetable and fruit growers and avid bakers. There is also a dog show at



this event, so we save our doggie themed soft toys to use here. We also took our recycled sunglasses and raised a fabulous 272.62 from this event.

For over 15 years, we have tried to produce a yearly Quiz Sheet and this year our Quiz Sheets have the theme Magical Musicals – 100 questions where you need to work out the Musical Shows or Films hidden in the cryptic clues. Hours of fun for just a donation of just £1. Written by our own Quizmaster – Lion Adrian Robinson you have until 30th April 2024 to complete and return it. We were in Morrisons, Little Clacton selling these this month, and next month will be in Asda Clacton. The Quiz sheet is also on our website – you can download it from [www.clactonlions.co.uk/quiz-sheets](http://www.clactonlions.co.uk/quiz-sheets) Good Luck.



Clacton on Sea Lions Club (CIO)  
Reg No. 1181486



# MAGICAL MUSICALS

Entry Fee is a min. Donation of £1

Entry Fee is a min. Donation of £1

In this Quiz you need to work out the Musical Shows or Films hidden in the Cryptic Clues  
(punctuation counts as a character including question marks or dashes where appropriate)  
Write your answers on the Quiz Sheet inside ensuring that your answers correspond to the correct question number (only one answer allowed per question)

1st Prize - £100	2nd Prize - £50
3rd Prize - £ 30	4th Prize - £20

PRIZES AND PRINTING SPONSORED BY  
**The D S Group,**  
7 Faraday Close, Oakwood Ind. Est., Clacton on Sea, CO15 4TR

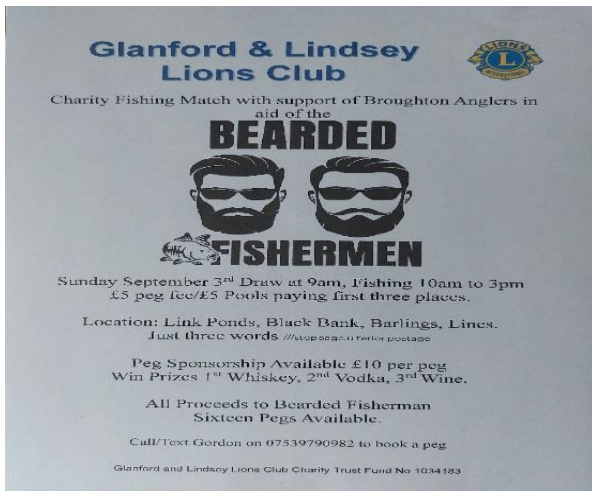


On Friday 22<sup>nd</sup> September, members of Clacton Lions Club donned their warm clothes and collected in the (sometimes very windy) foyer of Asda Clacton, for this very worthwhile charity. Armed with the Macmillan trademark green collecting buckets and lovely green sashes they raised a fantastic £325.07 on the day.

### **Glanford & Lindsey 2<sup>nd</sup> Annual Fishing Match**

Sunday September 3<sup>rd</sup> saw Glanford & Lindsey Lions in conjunction with Broughton Anglers Club, hold our second fishing match with proceeds going towards The Bearded Fishermen.

<https://www.beardedfishermen.org.uk>



Every peg was taken, and we also raised extra by getting each peg sponsored, along with individual sponsorships, donations peg sponsor prizes and cash we hope to raise about £500 this year, plans are already in place for next year.



Micheal McNeve, had to take a swim to retrieve his fishing tackle and Shane Sunderland came out victorious on the day with a weight of 16lbs 13oz.



## Let's celebrate youth!

2024 will be the 50<sup>th</sup> anniversary for Young Leaders in Service so we have BIG plans! The MD would love to have 50 candidates entered. That means in CE we would like to find 6 candidates. Just 6 young people aged 15 – 18 who are doing amazing things in your area.

### **How to find them?**

- Check out social media such as Facebook, local news, word of mouth.
- Actively seek them out in St John Ambulance, Scouts etc.
- Word of mouth
- Local fairs where they may be seen fundraising

This year's District final will be held in the **Holiday Inn West, Peterborough during the morning of the 2<sup>nd</sup> Cabinet meeting on Sunday 5<sup>th</sup> November.**

**You can find all of the details on the MD and District website <https://lionsclubs.co/MemberArea/home/lions-young-ambassadors-and-shipshape-award>/Or contact me [sue.hibbert4@ntlworld.com](mailto:sue.hibbert4@ntlworld.com) 07914 353033**

### **Ever wondered how many Lions it takes to make a difference?**

Just 7 members of the Trinity Club Branch Lions certainly have packed it in since forming see just what they have been up to.

Made a Bucket Collection at Applegate Services Fete.

Sold 77 '50 Club' memberships and are receiving donations from the 'Magpie Sales'.

Attended a Poppy sewing event at Crowland Abbey.

Selling quiz sheets on behalf of Peterborough Lions Club, (did you miss the advert earlier in the newsletter?).

Participating in the Starlight Walk on behalf of Sue Rider.

Gleaning Pumpkins.

Having a social at the Tulip Queens Restaurant, plus other social meetings.

Set up Facebook and Instagram accounts and are setting up a website for their club.

Purchasing 2 pull up banners for the club.

Attending other clubs' events to support them and also attending other club's Charter Celebrations.

Phew and they have only been going since July! **Just watch them go!**

## Wroxham & Overton

The Club have been pleased to support brothers Eddie and Garry by providing them with wheelie bins and carrier to assist them with their litter clearing, in and around the Horning area. They have been undertaking this work entirely voluntarily and the equipment will enable them to do this more efficiently and allow them to extend their area of operations.

Do they qualify as Wombles?



## Eastwood Lions Club



Eastwood Lions were delighted to have the City of Southend Mayor, Cllr Stephen Habermel together with Anna Firth MP on Friday September 15<sup>th</sup>, to unveil a community bench at the Eastwood Community Centre (ECCA).

The bench was donated by Eastwood Lions and included a plaque in memory of our late Lions Mike Grimwade and Graham Longley.

In the photograph with the Mayor, Cllr Stephen and MP Anna are Eastwood

Lion President Eric, Lions Brian, Jean, and Jan; together with some ECCA Trustees Verina, Paul and Roger.

A small celebration was held in the Community Centre kindly provided by the ECCA trustees through Centre Manager Verina Weaver.



## Southwell & District Lions Club

Southwell and District Lions were happily engaged raising money for the McMillan Coffee morning.

Plenty of people enjoyed the coffee and cakes, as well as buying jigsaws and participating in a raffle. The result was that in excess of £1500 was raised at the event. Of course, that involved work, fun, banter, and plenty of washing up, it's great to be a Lion!



## Southport Lions Club

Ecology and fundraising by Southport Lions.



**Wrinkly Rockers**  
 Appearing At  
**Castle Ward Club**  
**Friday 27th October**

Admission **£8**

1950s & 1960s theme

**A Super night of nostalgia**  
 KINGSLEY ST, LINCOLN LN1 3JN  
**DOORS OPEN 7.00PM - 11.30PM**  
**In aid of Lincoln Lions**

To book tickets call Dave Langlands 01522 753053  
 Charity No Theresa Walker 07735 575707  
 1178270 or Castle Ward Club 01522 567175



Sue Ryder's Starlight Hike  
 Ferry Meadows Country Park, Peterborough  
 Looking for volunteers for the evening of Saturday 7<sup>th</sup> October.

Sue Ryder are looking for marshals around the course and for car parking.

Approximate timings are 6pm till 10.30pm for marshals and 5pm till 9pm for car parking.

Members from Peterborough Lions Clubs and Trinty Lions Club Branch will be supporting this event, please join us.

**If you are interested in helping, please contact Tori directly [tori.ablard@sueryder-care.org](mailto:tori.ablard@sueryder-care.org)**

 **Southwell & District Lions Club (CIO)**  
 Registered Charity No. 1186703

**November Charity Quiz**  
 Raising funds to support our local community and overseas Lions appeals



**Friday 10<sup>th</sup> November : 7.00 for 7.45 start**  
**MINSTER SCHOOL, SOUTHWELL**

£7.50 per person. Bring your own food  
 Licensed bar. Teams of up to 6

**Please book in advance as numbers are limited.**  
**Contact Graham Coulson on 07777 635833**  
**Or email [grcoulson64@live.co.uk](mailto:grcoulson64@live.co.uk)**  
**[lionsouthwell@gmail.com](mailto:lionsouthwell@gmail.com)**

 **BRIGG DISTRICT LIONS CLUB**   
*invite you to*

**A 1960's EVENING**  
 with  
**3 course meal**  
 &  
**1960's music**



In The Jolly Miller, Wrawby  
 Friday 6<sup>th</sup> October 2023  
 7.00pm for 7.30pm  
 Tickets £30 per person  
 from "The Jolly Miller" or 07725 021725



# Optimistic October 2023



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- |   |   |   |   |   |   |  |
|---|---|---|---|---|---|--|
| 1 Write down three things you can look forward to this month          | 2 Find something to be optimistic about (even if it's a difficult time) | 3 Take a small step towards a goal that really matters to you             | 4 Start your day with the most important thing on your to-do list     | 5 Be a realistic optimist. See life as it is, but focus on what's good        | 6 Remind yourself that things can change for the better     | 7 Look for the good in people around you today                           |
| 8 Make some progress on a project or task you have been avoiding      | 9 Share an important goal with someone you trust                        | 10 Take time to reflect on what you have accomplished recently            | 11 Avoid blaming yourself or others. Find a helpful way forward       | 12 Look out for positive news and reasons to be cheerful today                | 13 Ask for help to overcome an obstacle you are facing      | 14 Do something constructive to improve a difficult situation            |
| 15 Thank yourself for achieving the things you often take for granted | 16 Put down your to-do list and do something fun or uplifting           | 17 Take a small step towards a positive change you want to see in society | 18 Set hopeful but realistic goals for the days ahead                 | 19 Identify one of your positive qualities that will be helpful in the future | 20 Find joy in tackling a task you've put off for some time | 21 Let go of the expectations of others and focus on what matters to you |
| 22 Share a hopeful quote, picture or video with a friend or colleague | 23 Recognise that you have a choice about what to prioritise            | 24 Write down three specific things that have gone well recently          | 25 You can't do everything! What are your three priorities right now? | 26 Find a new perspective on a problem you face                               | 27 Be kind to yourself today. Remember, progress takes time | 28 Ask yourself, will this still matter a year from now?                 |
| 29 Plan a fun or exciting activity to look forward to                 | 30 Identify three things that give you hope for the future              | 31 Set a goal that brings a sense of purpose for the coming month         |   |   |   |  |

ACTION FOR HAPPINESS

Happier · Kinder · Together

**THE SURVEY TEAM EAGERLY AWAITS YOUR REPLIES, SO HERE IS A SIMPLE WAY TO RESPOND FOR THOSE HAVING TROUBLE.**



1. Open the email previously sent to you as usual,
2. Click 'Reply'
3. Delete the email address in the 'To' box,
4. Scroll down to the questions and type in your replies,
5. Remember to delete any large spaces,
6. At the bottom highlight the email address shown,
7. 'Copy' and 'Paste' into the 'To' box, or simply type it into the 'To' box.
8. Send it.

**No personal information is used in the survey.**

**Many thanks to those who have already replied.**

**The Survey Team.**