The Bulletin

April 20th 2024



THE LATEST FROM THE

LIONS DISTRICT 105CE DISTRICT GOVERNOR. DG Paul Southerton 2023 - 2024 The District Governor's team would be grateful for any

Lion in our District who is interested, and wants to take part in the Child Sight UK programme. Please contact DG Paul by email as soon as possible at:- paulsoutherton@lionsclubs.co.uk

Yours in Lionism,

Paul.

Are you following us on these social media channels, if not, why not? Please do follow us, join in and let's get social...







DID YOU FILL IN THE 0-5 SURVEY?

There is still time, May 1st is the deadline.

Everyone's opinions are welcomed.

No individual details will be disclosed but, EVERYONE will get the evaluation of this important survey.

Follow the link below to download the survey. https://www.lions105ce.org/membership-tools.html

APPEALS.



Taipei Earthquake Appeal



7.4 magnitude quake struck Taipei. Lions Clubs of the British Isles launch an appeal to assist Lions members providing relief within communities in the affected areas.

Lions Clubs provide vital assistance where it is needed.

#StepForward #JoinUs #LionsGetInvolved #LCIFLions

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Lions Clubs International

SKOIT - CHARACTER LINE

MD105 British Isles Registered Office Lions Clubs British Isles 257 Alcester Road South Kings Heath Birmingham B14 6NU

'A Gift for Living' Proposal

A sponsorship programme to support children in an Orphanage in Jinja, Uganda, providing each child with food, shelter, medication, clothes, and education.

To protect the safety and wellbeing of children in the care of the orphanage. Through your charity, Lions Clubs International – 'A Gift for Living' we would receive donations and administer the sponsorship programme. Whilst it would be a new route for A Gift for Living, the Trustees have the necessary skills, experience, and knowledge to successfully deliver.

Background

Many may remember, the Malawi children's education sponsorship programme from some years ago. It was well organised but unfortunately supported only by a few local administrators and sadly there was insufficient succession planning. Having recently concluded a visit to witness at first hand, PID Phil Nathan has seen and been emotionally touched by the needs of the children in an Orphanage in Jinja, Uganda. There is currently a Trust operating, (Shield of Faith Community Empowerment Organisation), in the area that was set up by a totally dedicated young Lion who was himself an orphan and adopted. There are currently 40 children aged 4-16 years who are cared for by the Trust and volunteers. These young adults are educated and taught a trade, until age 16.

The critical need

The current Trust is struggling financially and has a number of requirements to continue to operate. There are also complexities of Ugandan rules and regulations. If it closes, the children are likely to end up on the street. The consequences of this would likely lead to trafficking and probable prostitution. It is our hope that through A Gift for Living we can step in to support these children and to encourage the global Lions community to sponsor these children.

Costs

The cost per child per year is \$480 (approx. £390) and over the ten-year sponsorship programme the cost is \$4,800 (approx £3,900).

No allowance for inflation or exchange rate fluctuations during the proposed ten-year period are included in the above figures.

This will provide each child with food, shelter, medication, clothes, and education.

This project has received full support of MD105 Council of Governors who would ask that you consider :-

Gift for Living website is on the following link https://www.lionsclubsinternational-agiftforliving.org.uk Contact Lions Clubs National HQ on Tel: 0345 833 9502 or Email: nationalheadquarters@lionsclubs.co.uk



257 Alcester Road South, Kings Heath Birmingham, B14 6DT T 0121 4414544 W www.lionsclubs.co.uk

MIFRNAT

Dear Fellow Lions

Lions Support for Activity Alliance (formerly EFDS)

It is important that disabled athletes have equal access to all sports as other athletes do.

Activity Alliance, (www.activityalliance.org.uk), are a national body which has the vision "that disabled people are active in sporting and physical activities so they can achieve their full potential." Activity Alliance are reliant on donations to enable them to hold sporting activities. We wish to continue to support them during 2024 to hold further events, for this we need your financial support.

Activity Alliance run Regional Games and hold their Annual National Junior Championship Games the first weekend in July. At these events disabled athletes participate in a variety of track and field events. The 2023 Games were a great success with more athletes participating than the previous year. These events are also an incredible hands on volunteering opportunity for Lions to help, the days are really rewarding and definitely live up to the message "Where there is a need, there is a Lion." The 2024 Annual National Junior Championship Games are to take place on the 6th and 7th July in Coventry. If you would like to come and help contact me by email on pennytregillus@lionsclubs.co.uk

For this valuable work to continue can your Lions Club help Activity Alliance by making a donation ?

Please make your donation through your District Treasurer.

If paying electronically the reference will be your Club name and Activity Alliance. If paying by cheque make it payable to Lions Clubs International and endorse Activity Alliance on the reverse of the cheque.

Thank you, in anticipation, for your donation.

Yours in Lionism,

Penny

Lion Penny Tregillus MD Activity Alliance Liaison and Promotion Officer

#LionsGetInvolved





LIONS BRAIN TUMOUR RESEARCH APPEAL

AROUND GB IN 10 DAYS ONLINE VIRTUAL BALLOON RACE

Guide to purchasing a balloon or balloons.

CLICK link or **SCAN** QR code on poster, Facebook Page, or Website.

ENTER

Your name

e Contact email Nickname for your balloon.

CHOOSE BALLOON COLOUR from dropdown box.

Continue to scroll down this list to **CHOOSE** a shape of your balloon.

ADD a message or dedication.

CLICK CREATE BALLOON

You can register more than one balloon before paying.

Pay with Card

Enter Card number MM/YY

MM/YY CVC number from back of card.

DO NOT FORGET TO PUT IN **POST CODE** AFTER CVC, or payment will not be taken from your

bank. THANK YOU AND

GOOD LUCK





LIONS CLUBS INTERNATIONAL MD105 INVITE YOU TO TAKE PART IN THEIR ONLINE

AROUND GREAT BRITAIN IN 10 DAYS BALLOON RACE RACE

TO RAISE FUNDS FOR THE LIONS BRAIN TUMOUR RESEARCH APPEAL

£5 PER BALLOON WWW.BALLOONRACE.NET/LIONS

1ST PRIZE £100 2ND PRIZE £50 3RD PRIZE £30 + 7 RUNNERS UP PRIZES

Race launches at MD Convention on Sunday 5th May and ends on Wednesday 15th May





Charity number 1181428

EVENTS

Men United Charity Concert

Friday 10th May at 7.30pm

Southwell Minster NG25 OHD

The Men United Choir

- Cantamus Girls Choir
 - Radcliffe on Trent Male Voice Choir

Tickets £15 (£10 restricted view) Free U16





TicketSource or scan this Cathedral Shop 01636 812933 Paper Kisses, 6 King St 01636 814829 menunitednotts@gmail.com Malcolm 07950 098 936



Prostate Cancer UK Registered Charity: 1005541 RoTMVC Registered Charity: 1059527

Book your team into the Lions Spring Quiz!

Spring is here...so it must be time for our Spring Quiz! Our 25th Spring Quiz takes place on Friday, 10th May, at 7.30pm (though it's best to get there around 7.00pm) at The Minster School. Tickets are still only £7.50 each, payable in advance, from Steve Scall stevescall@gmail.com / 07779 338 887 or Ian Gillings gillings7@hotmail.co.uk / 07795 176105. Teams of six, though you can bring as many as you like! Bring your own food, but there is a licensed bar.





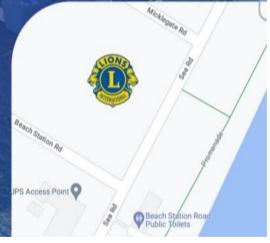
Carboot sales 2024

Every Saturday (from 8 am till 1 pm) from 6th April to 30th September 2024*

At the Old Cavendish Site, Sea Road, Felixstowe Opposite Beach Street

Cost £6 per pitch

Proceeds are for the Lions Club of Felixstowe charity account, who helps local people and groups



* Will not operate on 27th July

Interested in social media? Expertise in IT? THEN THERE IS A PLACE FOR YOU ON THE DISTRICT TEAM.

Leigh on Sea Lions Club, 18th & 19th May.

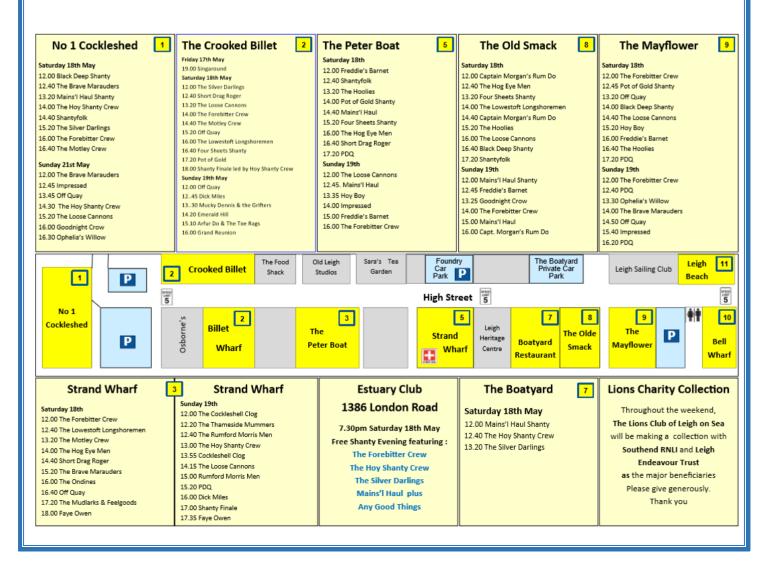
Scores of shanty crews and folk musicians will be congregating in the atmospheric fishing village of Old Leigh to give the locals a taste of sea shanty music at its very best. The crews will be coming from all corners of the kingdom as well as Ireland and Holland and will be performing free of charge to enable the Lions Club of Leigh on Sea to make a charitable collection for local good causes, Southend RNLI and Leigh Endeavour Trust.

The festival stage will be sited on Strand Wharf with supporting events taking place over two days at the Mayflower, the Old Smack, the Boatyard Restaurant, The Peter Boat, the Crooked Billet and No 1 The Cockle sheds.

The community event is free to attendees and is being sponsored by Priority Management to celebrate their 35 years serving the community.









Lincoln Lions are holding their Annual Quiz night in aid of Local Dementia Charities On Friday 17th May 2024 at 7:30pm At the Castle Ward Club Lincoln (LN1 3JN) £5 per person (max 6 per team)

As a private members club we will need names and addresses

of all persons attending on the night.



Please email the details to Paula by the 12th May 2024 on paulamellows@hotmail.com





BER FED UP AND BARBECUE SATURDAY 25th MAY, 8.00 to 11.00 p.m. **PLUS FAMILY FUN DAY** SUNDAY 26th MAY, 2024 from 12.00 noon until late at The Bull Hotel, Horncastle

HORNCASTLE

LIONS CLUB

(HOLIDAY WEEK

by kind permission of the management Featuring local and regional beers, Barbecue, Ice Creams, Childrens Rides, Entertainment, Live Bands

> Plus a Flypast by the Battle of Britain Memorial Flight Sunday afternoon (subject to available aircraft and weather conditions)

All profits for local Lions Charities

ERNATION

EE ADMISSION

Please note this is a cash only event, sorry no card sales

HORNCASTLE LIONS CLUB WOULD LIKE TO GIVE A BIG THANK YOU TO OUR SPONSORS FOR THIS EVENT: POLYPIPE CIVILS LTD., STRATTON HORNCASTLE, HILLTOP HENS, THERMOGREEN, BALCAN LIGHTING, BUSH TYRES, H RAMSDALE & SON, LAURELS SERVICE STATION, MORTONS OF HORNCASTLE, SJG HOMES LTD., I WILL MOVE IT, JAY DEE TRANSPORT, THE BULL HOTEL, SPRINT SIGNS





Dereham Lions will be commemorating the 80th anniversary of D Day With A Vintage Afternoon Tea

Toftwood Scout Hut, NR19 1PU

Sunday 9th June 1 – 4 pm – (1.30 start)-

£6a ticket

Food, fun, laughter, raffle, & Entertainment

Tel: Alan 01362 637285/Jenny 854452

Event sponsored by Breckland Council



D°DAY80

CHARTER INVITES.



WE SERVE

LIONS CLUB OF BILLERICAY

District 105 CE

On behalf of Billericay Lion President Ian Armstrong, I would like to invite you and your guests to our **45th Charter Anniversary Celebration on Sunday 28th April,** 12-30pm for 1.00pm lunch at Stock Brook Manor Golf Club, Queens Park Avenue, Billericay, Essex, CM12 0SP.

The Celebration Lunch will be smart Casual dress, priced at £42.00 pp. Please make cheques payable to Lions Club of Billericay or by Electronic Transfer to our Social Account, Sort Code; 60-02-30 Account number: 69221774.

The menu is as follows -

Starters -

Chicken Liver Pate with Chutney, Grilled Brioche & Micro Leaves (GF)

Butternut Squash Soup with Sage Crisps & Olive Oil to finish (V, VG, GF)

Ham Hock Terrine with Piccalilli Relish & Cauliflower Textures (GF, DF)

Prawn & Crayfish Cocktail, Gem Lettuce, Pickled Cucumber & Marie Rose Dressing (GF)

Carvery Mains -

Roast Loin of Pork, Crackling, Apple Sauce & Stuffing (GF)

Roast Turkey, Stuffing, Pigs in Blankets & Cranberry Sauce (GF)

All Served with Roast Potatoes, Glazed Carrots, Parsnips, Cauliflower Cheese & Broccoli.

Dietary - Vegetable Wellington (V)

Dietary - Garlic & Thyme Grilled Butternut Squash Steak, Creamy Pomme Puree, Bouquet of Roasted Fine Green Beans finished with a Red Wine Jus (V, VG, GF, DF).

Desserts -

Trio of Desserts -

(Chocolate Brownie with Chocolate Sauce & Ice Cream, Baked Cheesecake with Raspberry Gel & Lemon Tart with Berries).

Ice Cream.

Dietary - Chocolate Tart (V, VG, GF, DF).

Tea or Coffee and mints

Please advise me of the names of the people in your party attending by Sunday 31st March.

Also advise me of your Menu choices for Starters and desserts or other dietary requirements at the same time.

We look forward to you being able to join us.

Yours in Lions Fellowship, John Swaysland (Social Chairman) Email: swayse1961@gmail.com 01277 632274 Mob: 07712152101 Loughborough Lions Club is a Registered Charity No. 1188675 District 105CE.



LOUGHBOROUGH LIONS CLUB CIO 53 rd CHARTER ANNIVERSARY TO BE HELD AT LONGCLIFFE GOLF CLUB, LE11 3YA



SUNDAY 28th APRIL 2024

AT 12 NOON FOR 12.30 PM

Lion President Nick Buckeridge and Members of Loughborough Lions Club CIO extend a very. warm welcome to yourself and members of your Club to attend our 53rd Charter Anniversary Lunch to be held on Sunday 28th April 2024 at Longcliffe Golf Club at 12 noon for 12.30 pm.

You will see on the menu attached that we have again managed to negotiate the very.

reasonable price of £25 for a 4 Choice 3 Course Menu Options which will include Tea or Coffee and Chocolates.

Dress code for the event is Lounge Suit or Smart Casual.

We would be delighted to see you at our event and all enquiries/bookings should be made to:

Lion Joan Cheetham, 15 Herrick Road, Loughborough, LE11 2BP

Tele: 01509 556452. Email: cheetham.j57@gmail.com

CHARTER MENU FOR SUNDAY 28/4/24

STARTERS

A Homemade Tomato and Basil Soup

B Duck Liver Pate Melba Toast and Homemade Red Onion Chutney C Poached Salmon and Prawn Marie Rose Salad

D Tomato and Mozzarella Bruschetta with Balsamic Glazed Salad

MAIN COURSE

E Slow Braised Beef Steak in a red wine and Jus

F Chicken Fillet wrapped in Bacon served with a White Wine Sauce

G Baked Cod with a Bacon and Pea Cream Sauce

H Mushroom and Stilton Wellington Garlic and Herb Cream Sauce

All Served with a Selection of Roasted Potatoes and Vegetables

DESSERTS

I Apple Cinnamon Sultana Crumble and Custard

J Brandied Cherries and Ice Cream

K Mixed Berry Eton Mess

L White Chocolate and Raspberry Ganache Tart

SERVED WITH TEA OR COFFEE AND CHOCOLATES



55[™] Charter Anniversary Dinner

Lion President Fred Helsdon MJF cordially invites you to join Beccles and District Lions Club in the Celebration of our 55th Charter Anniversary. at The Masonic Lodge, 101 The Avenue, Lowestoft, NR33 7LJ - this year on **Saturday 11th May 2024**. Dinner at &7.30 pm will follow pre-dinner drinks from 7.00pm.

Following a delicious, mouth-watering menu and the customary Charter formalities, there will be a Grand Raffle and of course, a guarantee of the good company of fellow Lions and our Honoured Guests.

Dress - formal: Dinner or Lounge Suits. The cost will be **£36.00** per person.

The Menu and Booking Form are below, and we would be grateful for replies by Friday 19th April 2024.

All the Members of the Beccles & District Lions Club are looking forward to welcoming you to join us

Yours sincerely,

Lion Chris Eglington, Charter Co-ordinator

Replies to:Lion Chris Eglington, 60 Merrifield Rd, Lowestoft, Suffolk, NR33 7HBTel: 01502 531044Mob: 07454 212036 e-mail: cd eglington@btinternet.com

Starters		Mains		Desserts		
A	Chicken Liver Pate With Suffolk chutney & toasted bread	1	Slow braised Belly of Pork In rich red wine gravy	D	Dark Chocolate Brownie With vanilla ice cream	
В	Roasted Tomato & Red Pepper Soup With crusty bread & butter	2	Chicken Supreme With wholegrain mustard sauce	Е	Sticky Toffee Pudding With vanilla ice cream	
С	Prawn Cocktail With lettuce, cherry tomatoes, bread & butter	3	Grilled Plaice With caper butter	F	Black current & Prosecco Cheesecake With vanilla ice cream	
		4	Vegan Wellington (VG) In rich red wine gravy	G	Cheese & Biscuits With chutney	
		All served with fondant potatoes and seasonal vegetables				
Tea or Coffee						

Meal Order Form

From:

Name and Title	Starter	Main	Dessert

Please make payments by cheque to: Beccles and District Lions Club. Reference: Beccles Lions Charter Dinner

BACS pay to: Payee- Beccles Lions Club: Account No - 13485234: Sort Code - 20-16-12: Ref: - Charter 2024



WEST NORWICH LIONS CLUB



On behalf of West Norwich Lion President, Steve Moore, I would like to invite you, your family and friends to the West Norwich Lions Club's 36th Charter Lunch on Saturday 11th May, 2024.

Venue is Stower Grange Hotel, School Road. Drayton. Norwich NR8 6EF and 12.30pm for 1.00pm prompt. Dress code is Lounge Suits/Smart Casual.

We have a great menu for you to choose from at £35.00 per head.

The menu is as follows:-

Starters

Tomato and Basil Soup with croutons (V)

Goats Cheese and Balsamic Red Onion Tartlet with Balsamic Dressed Leaves (V)

Truffle Poached Chicken, Celeriac Remoulade and Rocket

Smoked Mackerel Pate, Crispy Capers and Toasted Sourdough Crostini

Main Course

Roast Sirloin of Norfolk Beef, Yorkshire Pudding, Roast Potatoes, Pan Jus.

Harissa Marinated Chicken Breast, Butternut Squash and Apricot Tagine. Moroccan Cous Cous

Pan Fried Fillet of Sea Bream, Leek and Potato Gratin

Wild Mushroom and Tarragon Pancakes, topped with Binham Blue Cheese. Saute Potatoes. (V)

Thai Green Vegetable Curry, Sticky Coconut Rice (V)

Desserts

Raspberry Crème Brulee, Fresh Raspberries.

Dark Chocolate Mousse with Peanut Brittle

Sticky Toffee Pudding, Butterscotch Sauce, Vanilla Seed Ice Cream.

Selection of Cheese and Biscuits, Homemade Chutney, Celery and Grapes

Coffee and Petit Fours will be served at the end of the meal.

When booking please reply with the names of your group along with all the menu choices and any dietary requirements by **Monday 29th April**. Please make all payments via bank transfer to West Norwich Lions Club Sort Code 60-15-31 Account Number 20807813 with the reference Charter Lunch 24.

We look forward to all of you being able to join us

Lion Carole Sewell Ist Vice President

Email:-carolesewell2020@gmail.com

Mobile:-07899970536

Sleaford & District Lions Club 50th Charter Celebration

On behalf of Lion President Paul Sharpe and members of Sleaford & District Lions Club, I invite you and your partners and friends to our Club's 50th Charter Anniverary Celebration Lunch to be held on Sunday, May 12th 2024.

The cost is £35 per person. Cheques made payable to Lions Club of Sleaford & District or direct to bank account – Sort Code 30-97-70 – Acc Number 00128339.

The venue is The Solo Bistro Bar and Hotel, 6, Market Street, Sleaford, NG34 7SF.

Charter time is 12.30pm for 1pm.

Please reply to me by or before Wednesday, 24th April 2024 with the names of diners and individual menu choices and notify me of any special dietary requirements.

We all look forward to your company at our Charter Lunch.

All replies should be addressed to:-

Lion Carol Coxhead at 17, Kirkdale Close, Leasingham, Sleaford, NG34 8NN

E-Mail – <u>Coxhead1946@gmail.com</u> - Tele – 01529 304602 or 07510 222656

MENU CHOICES

Starters

- a. Tomato and Red Pepper Soup served with homemade focaccia.
- b. Prawn Martini with Marie Rose Sauce.
- c. Chicken Liver Parfait with spiced pear chutney & toasted focaccia.

Main Course

- d. Roast Sirloin of Beef Served pink or well done Please specify.
- e. Chicken Breast Roast Dinner.

Both served with roast potatoes, seasonal vegetables & Yorkshire Pudding.

- f. Pan-Fried Sea Bass with new potatoes, hollandaise sauce & vegetables.
- g. Mushroom Risotto Served with poached egg and rocket.

<u>Desserts</u>

- h. Sticky Toffee Pudding with vanilla ice-cream.
- i. Ice cream with homemade shortbread.
- j. Cheese Board with Tuxford Blue and Lincolnshire Poacher & crackers.

Tea and Coffee



CITY OF SOUTHEND ON SEA LIONS CLUB CARTER LUNCH 12th May 2024



President Dave Tame wishes to cordially invite you and your members to join with him in the celebration of 54 years of lionism in the Bough of Southend on Sea.

It will be held at the Chalkwell Park Rooms Sunday May 12th 2024, 1pm start **Address** Chalkwell Park Rooms Chalkwell Park London Road A13 Southend on sea Essex SS0 8NB.

Venue phone number 01702 555154 If Lost.

~~~~~ *MENU* ~~~~~~ STARTERS

Tomato and Basil Soup King Prawn and Smoked Salmon Salad Fans of Seasonal Melon with Forest Fruits

MAINS

Roast English Beef with Yorkshire Pudding Sauté Chicken Breast wrapped with Brie and Bacon Sundried Tomato sauce. Poached Salmon with creamy Mash and a Warm Butter Sauce Ratatouille stuffed peppers topped with cheese or vegan cheese.

#### DESSERT

Apple and Cinnamon Crumble and Custard Eton Mess English Cheeseboard Freshly Brewed Tea and Coffee

Price per Head £26:50 (Drinks not included)

Dress Code Smart Casual For booking contact Lion Roger Fuller E. <u>fullerroger@yahoo.co.uk</u> Lion Bill White E. <u>williamgwhite@gmail.com</u>



Lincoln Lions Club 54<sup>th</sup> Charter Anniversary Lunch on the 12<sup>th</sup> May 2024



On behalf of the members of Lincoln Lions Club I am pleased to extend an invitation to you, your members, partners and guests to our 54<sup>th</sup> Charter Anniversary Celebrations.

Following the success of previous years, we are again celebrating the event by having a Sunday Lunch.

The lunch will be held on Sunday 12<sup>th</sup> May 2024 at the Bentley Hotel, Newark Road, South Hykeham, Lincoln LN6 9NH at 12:30 for 1pm and the dress code is lounge suits.

The cost of the lunch will be £28 per person.

As the venue requires menu choices in advance, I would ask you to please reply using the attached booking form before 1<sup>st</sup> May 2024. To assist our Treasurer, we would also appreciate payment with your booking, cheques should be made payable to Lincoln Lions Club or alternatively you can send it electronically to 089032 50428564 the account is in the name of Lincoln Lions Club.

All of us at Lincoln Lions Club are looking forward to renewing old friendships and making new.

I look forward to hearing from you. paulamellows@hotmail.com

Yours in Lionism

Paula



President Lion Nicola Claxton and the

Swaffham and District Lions Club

Invite you to our

**Ruby** Anniversary 40th Charter Dinner To be held on Saturday 25th May 2024 7 for 7.30pm At

The Pedlar Suite, The George Hotel, Swaffham PE37 7LJ

Dancing

Dress code- Black tie or lounge suit, and please consider wearing

Raffle

something red!  $\blacklozenge$ Menu

Starters:

Prawn Cocktail with chiffonade of Iceberg lettuce Caramelised Onion and Goat's cheese tartlet with baby spinach Port and stilton mushrooms in cream sauce with garlic and herbs Mains:

Roast Beef with Yorkshire pudding and gravy. Baked Salmon fillet, Dill hollandaise, asparagus and new potatoes. Vegetable Ratatouille Crepinette glazed with cheese.

(-All served with fresh vegetables-)

**Desserts:** 

Strawberries and cream

Chocolate and Orange Cheesecake

Lemon Meringue pie

Cost £35

Please book by 7<sup>th</sup> May to Lion Nicola Claxton, 64 Longfields, Swaffham, Norfolk, PE37 7RJ with menu choices and payment. Cheques payable to Swaffham & District Lions Club (CIO), or email Nicola.claxton@hotmail.co.uk Bank Transfer details: bank code 40-20-08 Acc no. 81525735





## Lions Club of Leigh on Sea

Lions Club of Leigh on Sea

On behalf of the Lion President Eileen and members of Leigh-on-Sea Club you, your members partners and friends are cordially invited to join us in celebrating our 33rd Charter anniversary lunch to be held on Sunday 2nd June 2024 at Saxon Hall, Aviation Way, Southend-on-Sea. SS2 6UN.

The lunch will follow the traditional format with reception at 12.30pm for 1.00pm

To book contact PDG Lion George Harris PMJF at george.eileenharris@sky.com

When booking please indicate menu choices by number. The Menu for this year is below and I should be grateful if you would let me have your choices together with your payment by the 12th of May. For your convenience you may send your payment direct into our bank account 37154648 sort code 543060.

Starters

- Menu Details
- 1. Deep Fried Garlic Mushrooms with spicy dipping sauce.
- 2. Beef Tomato Mozzarella and Basil salad.

Main course

- 3. Chicken Supreme in a white wine and mushroom sauce.
- 4. Chefs Homemade Creamy Mixed Fish Pie.
- 5. Roasted Mediterranean Vegetable Lasagne.

All main courses served with a selection of seasonal vegetables and potatoes. Crusty roll and butter.

Desserts

- 6. Sticky Toffee Pudding & Custard.
- 7. Fresh Fruit Salad and Rossi's Ice Cream.
- 8. Cheese and Biscuits (Supplement £4.30)

Freshly Brewed Tea or Coffee and Mints.

#### Any dietary requirements please let me know.

The cost for the afternoon is £30.00 per person.

All our members look forward to your company at our Charter Lunch

PDG Lion George Harris Secretary Lions Club of Leigh on Sea

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