EASY COOK CLUB

LIONS SHARE

LOUTH & DISTRICT AREA OF SERVICE:

Project description

An easy cook club was set up by volunteers, supported by Lions in collaboration with Morrisons and Co-op community champions. The focus is learning to cook with basic ingredients like you may get from a food bank.

Louth Lions bought all the equipment and 4 table top cookers. Members help out at each session. The sessions are run weekly in 6 week blocks for adults invited by local schools, Sure Start and the local social work team.

15 people served

(ongoing)

35 volunteer hours

(ongoing)

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What went well?

The initial 6 week run was successful in supporting attendees learning not only to cook, but also great for the social aspect.

Success has lead to a further 6 week block and Barnardos asking for a group for youngsters leaving care which is now up and running.

A real confidence boost for attendees.

Lessons learnt

- How to find people in need
- Adapting for needs of different groups