

The Bulletin

February 10th 2024



LIONS DISTRICT 105CE

DG Paul Southerton

2023 – 2024

The latest from the District Governor.

On Monday the 5th of February I was at the Scunthorpe club meeting and presented a 15year certificate and chevron to Lion Jim Harding and Melissa Marris with a 5-year certificate. There is a possibility that in the near future there will be two new members. A great meeting with lots of positive work being done.

Tuesday I was at Lowestoft club meeting again an excellent meeting with a vast amount of work being done. It was an honour to present to the club a 60-year Certificate of appreciation, to PDG Ian Fox a 55-year certificate and chevron, to Lion Derek Yellowy a 50-year chevron and certificate, Lion President Michael Cook received a 45-year chevron and Lion Trevor Waters a 30year chevron.

Lions Peter Knight and Glyn Page received 5- and 3-year certificates respectively. This was an extremely horrible night for travelling due to inclement weather conditions.

Wednesday was the usual child-minding day with the grandchildren which is always a pleasure.

Thursday I was at King's Lynn lions for their club meeting and presented Lion Andrew Clark with a 15-year chevron and certificate. A new member is to be badged up at the next club meeting. A small number of members with a few activities planned.

Friday, I spent some time getting ready for the District Cabinet meeting this Sunday.

Just a normal week as a District Governor!

Saturday out with two of our grandchildren for a lovely day hopefully.

Looking forward to meeting many of you at our District Convention in March.

Stay at the Heart of your Community.

Paul.



OUR SPECIAL INTERNATIONAL GUEST AT THIS YEAR'S DISTRICT CONVENTION.

DR. GARY ANDERSON **PAST INTERNATIONAL DIRECTOR**

Dr Gary Anderson, from Grand Rapids, Michigan, USA, was elected to serve a two-year term as a director of Lions Clubs International at the association's 93rd International Convention, held in Sydney, Australia, June 28 through July 2, 2010.

Past Director Anderson is a Doctor of Optometry in private practice for 45 years.

A member of the Grand Rapids Lions Club since 1979, he has held many offices within the association, including club president, district governor and council chairperson. He also served as CSFII district coordinator, host committee chairman of the 2007 USA/Canada Forum in Grand Rapids, a member of the USA/Canada Forum planning committee 8 years, culminating in being the General Chairperson for the 2016 USA/Canada Lions Leadership Forum in Omaha. Past Director Anderson was a DGE Group leader at the International Conventions in Hamburg and Montreal and has led or participated in 42 Lions vision missions to Mexico, the Caribbean, Central and South America, Kenya, and Suriname. PID Anderson is also a board member of Lions KidSight USA and served as a Board Appointee 2021-2022 for LCI President Douglas X. Alexander.



In recognition of his service to the association, he has received numerous awards including the Henry Voet Grand Rapids Lifetime Achievement Award, the Lions of Michigan Foundation Humanitarian Award, the Grandville and Betty Cutler Leadership Award, the S.A. Dodge MD-11 Distinguished Service Award, the Lions of Michigan Hall of Fame, one International President's Leadership Award, ten International President's Medals and the Ambassador of Good Will Award, the highest honour the association bestows upon its members. He is also a Progressive Melvin Jones Fellow and a Major Donor for Campaign 100.



In addition to his Lions activities, Past Director Anderson is active in numerous professional and community organizations, including the American Optometric Association and the Michigan Optometric Association. He has also served as a member of the Michigan Eye Bank board and as Board President of the Association for the Blind and Visually Impaired.

Past Director Anderson and his wife, Cheryl, also a Lion and a Progressive Melvin Jones Fellow, have one son and two daughters, all of whom are Lions and whose spouses are Lions. They have three grandsons and four granddaughters who are all future Lions.





105CE District Convention

14th-17th March 2024

Dunston Hall, Norwich

DG Paul Southerton



GET YOUR BOOKING FORM
NOW FROM THE LIONS 105CE
WEBSITE!

Facilities
Swimming pool
Golf Course
Spa/Gym
Gardens

LIONS
THE GREAT
INTERNATIONAL

Competition date: 16 March 2024
at Dist' 105CE convention
Dunston Hall, Norwich, Norfolk.

Sweet & Savoury Home Bakes
BAKEOFF

Entries will be judged & then sold off for donation to LCIF
For full details & Entry Form contact us on
COMPETITIONS@LIONS105CE.ORG.UK

The Great Lions Bake Off 2024

The amazing TV Chef Galton Blackiston will be joining us as a guest judge!



Get ready for a baking adventure like never before! Convention is cooking!

CERTIFIED GUIDING LION COURSE.

As you may be aware there is a planned Certified Guiding Lion (CGL) course, programmed for the Friday afternoon of this year's District Convention.

A CGL is appointed by the District Governor when a new club is being formed or if a club needs to be restructured. The course takes about 2 hours 30 minutes and is an extremely useful tool for Region Chairs, Zone Chairs and also for ordinary club members.

The presentation is quite interactive, and many interesting ideas come out of each course. If you feel that your club could benefit from some restructuring, then you should perhaps think of attending.

There is a little bit of homework to do prior to the course so if you are thinking of taking part, please contact Lion Graham Venables gms@lions105ce.org.uk

The certification for a CGL lasts three years.



There are spaces available for the upcoming New Voices Workshop which will be held in Dudley on 17-18th February.

This is a free workshop and is a great way to share with likeminded Lions.

New Voices doesn't just mean new Lions, it's a programme to help people to find and use their voice in Lionism.

If you are Interested in attending, please email jai@cdsign.co.uk

Calling All Social Media Wizards

We believe in the power of collective expertise, and that's where you come in. If you're a social media whiz with a flair for Facebook, X, Instagram, or TikTok, we invite you to contribute to the growth of our district's online presence. Your help in shaping our digital landscape is invaluable, and the best part is, you don't need to attend cabinet meetings or write reports – just lend your expertise where it matters.

Interested in Making a Difference?

If you're excited about helping us take our social media game to the next level, please reach out to Lion Chris at lionchris@myyahoo.com. Your passion and skills can make a significant impact, and we can't wait to welcome you to the team!

Thank you for being an essential part of District 105CE. Together, let's create an even stronger and more vibrant online community.

PEACE POSTER COMPETITION.

Each year Lions clubs across the world proudly sponsor the Lions club international peace poster art contest in local schools and youth groups.

This Years theme is Peace Without Limits. Kits cost £14 each which consists of rules, sticker, and certificate. Kits can be ordered by contacting peace poster officer Mel Godefroy, please order by middle of February so posters can be delivered to convention for collection. Invoices will be sent to clubs after this date posters can be ordered from Birmingham HQ until 1st oct, but this will incur extra cost for postage and packaging. Winning posters must be returned to Mel in good time preferably by Monday 11th November or if you attend new century charter the 15th, November so they can be judged on the 16th, November 2024.

Artwork must be no smaller than 13x20 inches(33cmx50cm), and no bigger than 20x24 inches (50x60 cm). A2 paper is ideal, no frames or any framework permitted. The contest is open for 11 to 13 years of age only. Nothing may be glued, stapled, or attached to artwork. The use of lettering or numbering on the front of the poster, in any language, is not allowed.

Finally, each poster is judged on originality, artistic merit, and expression of the theme. We also have a special needs category. Order your packs now.

Diabetes Diary Dates for 2024

Living with diabetes day - Norwich

Diabetes UK together with Norfolk and Waveney Integrated care board welcomes you to join us for an education and awareness day.

By Diabetes UK and Norfolk & Waveney ICB

Date and time

Tue, 16 Apr 2024 10:00 - 16:30 BST

Venue

The Nest

Holt Road Horsford NR10 3AQ

<https://norwichdiabetesukevent.eventbrite.co.uk/>

Dates for your diary.

- 10th to 16th June 2024. World Diabetes Week.
- 7th to 13th October 2024. Hypo Awareness Week.

For further information please email on gstdiabetes@lions105ce.org

**Or go to [Diabetes UK - Know diabetes. Fight diabetes. | Diabetes UK](#)
[Learn more Learning Zone - Discover more about your diabetes. | Learning Zone](#)**



ROAR 2024 LAUNCH



#lionsandkidzroar

- 134 Schools entered ROAR last year with 66 Lions Clubs involved
- 100,000 children have been engaged with the Lions ROAR Competition
- Have you seen the trailer? Visit www.lions-roar.com/lions-clubs



You can be part of ROAR 2024, an exciting, innovative ideas competition for primary schools. It's an inspirational and fun learning experience for children aged 7 to 11, encouraging them to use their imagination to create 'world changing ideas', it helps them to 'think big and dream big'.

Be part of the growing number of Lions Clubs who have discovered how rewarding the ROAR programme is. Join Steve Scall and Viv Diggins on Zoom on the following dates:
District Governors, Multiple District Officers and the ROAR Team - 7 February
Club members - 12, 13, 20 and 21 February
Zoom meetings - 7.15 pm for a 7.30 pm start - finishing at 8.30 pm

If you're able to attend, please send confirmation to Steve Scall stevescall@gmail.com or Viv Diggins diggins2000@hotmail.com

Join through the Zoom link below:

<https://us06web.zoom.us/j/8293744613?pwd=NC9KQIR3ZkZBRmZDa0NQQWVlelpQZz09&omn=88599298774>

Meeting ID: 829 374 4613

Passcode: 154509

CHARITY WINE TASTING EVENING

BULPHAN PARISH ROOM

Thursday 15th February

Commencing at 7.30pm

£15 per person

**Selection of wines, plus food,
mini quiz**

**Limited to 30 persons
to reserve a place telephone**

Colin:

07720 974 520

**(reservations on a 1st come
1st served basis)**

Romford Lions Club





BOURNE LIONS CLUB



BOURNE LIONS CLUB CHARITABLE TRUST FUND REGISTERED CHARITY NO. 1077290

SPONSORED BY **IMPERIUM** 
AUTOMOTIVE

1950-60'S EVENING



LIVE ENTERTAINMENT

BY KELLY ANN



**TICKETS £10 PER PERSON
WHICH INCLUDES LIGHT REFRESHMENTS.**

7.30PM

**SATURDAY
24th
FEBRUARY**

2024

**PLEASE PURCHASE TICKETS IN ADVANCE FROM
HARRISON & DUNN (NORTH STREET BOURNE)
OR CONTACT GAIL JOSH TEL: 07944655639**

**BOURNE CORN
EXCHANGE.**



Nottingham West Lions Pride Club Branch

Celebrating Jit Osaan



Come along and celebrate the life of our founding Member and Past President Jit Osaan, on Sunday 25 February 2024 from 3:00pm to 6:00pm with a 3 course buffet lunch and live Bollywood music by Bhagwati Makwana.

Bring along your family and friends, indulge in the mouthwatering cuisine, listen to your favourite songs and at the same time let's remember Jit and raise funds for the Nottingham Renal Unit.

Many Thanks to Bhagwati, Tony and all the staff at Laguna for always supporting Lions Clubs International...

February 25 2024, 3:00pm to 6:00pm

Laguna Tandoori Restaurant
43 Mount Street, Nottingham NG1 6HE

Discounted parking at NCP Mount St.



Live singing by
Bhagwati ❀ ❀



NWLPCB
Reg Charity No. 1188304

Tickets:

Adults - £22.50

Children under 12 - £15



RAFFLE

For Bookings & Details Contact:

Ravinder Manku: 07859 937282

Sumita Bhambi: 07949 131751

Nina Viridi: 07944 051187



Billericay Lions

A TASTE OF GREECE

Saturday 9th March 2024
7.00 for 7.30 pm

Emmanuel Church Hall
Laindon Road, Billericay

Tickets £22.00

For tickets please call 0345 833 9849

Visit our bookstall outside Poundland
on Saturday mornings

or email greece@billericaylions.com



All profits go to Lions Charities

Billericay Lions is a Registered Charity – No. 1008040

CHARITY QUIZ NIGHT

BULPHAN VILLAGE HALL

Saturday 23rd March

starts at 7.30pm – 10.30pm

£12.00 PER PERSON

tables maximum of 8

bring your own snacks and drinks

Reservations with Colin

07720 974 520

Romford Lions Club



The Lions Club Of Felixstowe

Family Fun Dog Show



Sunday 19th May 2024



1pm - 5pm

Trimley Sports & Social Club

IP11 0RJ

Fun & Games for all the family
Refreshments / BBQ / Stalls



CELEBRATE YOUR BEST FRIEND

For more info / register your dog

Call : 07484317753 / 07570110660



CHARTER INVITES.

Glanford and Lindsey Lions Charter Dinner and Dance

Saturday 20th April 2024

Lion President Barbara Walker cordially invites you, your family, and friends to the Club's 33rd Charter Anniversary

The venue is [Hemswell Court, Lancaster Green, Hemswell Cliff, DN21 5TQ.](#)

Dress code: Smart / Formal. Black tie / Evening dress.

Start Time will be 7.00 for 7.30pm prompt as we shall be having Introductions and Speeches before Dinner as is our usual tradition.

Once again, we have a great menu for you to choose from at **£35.00** per person.

After dinner entertainment will be provided by the very talented solo artist Smudge. Carriages at 12.00 midnight.

Rooms are available for guests at a discounted rate of **£135.00** per double or

Single room, at **£120.00** including full Lincolnshire breakfast.

Please advise on your return form if accommodation is required.

President Barbara looks forward to welcoming you on the night, to help celebrate

Glanford & Lindsey Lions Club's 33rd Charter Anniversary dinner.

Please reply by completing your choices on the booking form and making your payment,

by latest MONDAY 1ST April 2024. To Lion Tom Laking via Post or e-mail as below.

Please make Cheques Payable to: Glanford and Lindsey Lions

or Electronic Bank Transfers to: Glanford and Lindsey Lions, **Sort Code: 20-76-14**

Account Number: 90405183. Please reference any payment with your name & CH24

Menu

(A) Halloumi Fries with Cider Vinegar, Smoked Sea Salt with Chilli Jam

(B) Spiced Cauliflower Soup with Truffle Oil and Croutons

(C) Oak Smoked Salmon with Avocado Mousse, Pumpernickel Bread and Pepper Pearls

(D) Mature Lincolnshire Sirloin of Beef served medium rare **(DA)** or well done **(DB)**, with Red Wine, Mushroom and Shallot Sauce and Roast Fondant Potato

(E) Baked Loin of Cod with Herb Crust finished with a rustic Tomato Sauce

(F) Fillet of Free-Range Chicken stuffed with Herb Stuffing, wrapped with Pancetta with a Golden Cranberry and Herb Gravy

(G) Roast Chestnut, Sweet Potato and Butternut Squash Loaf with Roasted Red Onion Gravy

(H) Belgian White Chocolate and Raspberry Cheesecake finished with Amaretto Cream

(I) Bramley Apple and Sultana Tart topped with Strudel and Served with Vanilla Pod Ice Cream

(J) Fresh Lemon Posset with Buttered Shortbread and Fresh Mint

(K) Selection of Lincolnshire Cheese from Local Farms served with Plum Bread, Savoury Biscuits and fresh market Fruit

Coffee and Chocolates

Menu Choices and Return

Please Indicate if Accommodation Required:

From Club:

| | |
|-------------|-----------|
| Double Room | @ £135.00 |
| Single Room | @ £120.00 |

| Title | Name | A | B | C | DA | DB | E | F | G | H | I | J | K |
|-------|------|---|---|---|----|----|---|---|---|---|---|---|---|
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |

Sleaford and District Lions Club will be celebrating their 50th Charter Anniversary in 2024.



The Charter will be held at the Solo Bar and Restaurant, Marketplace, Sleaford on Sunday, 12th May 2024. It will be a celebration lunch commencing at 12.30 pm for 1pm.

Further details at to menu choices and cost will be distributed at a date nearer the event.

This hopefully serves as a Save the Date entry in your diaries.

The members would love to see you there to celebrate the half century.

Lions Club of Billericay

Please save the date in your diaries!

The Lions Club of Billericay will be celebrating their 45th Charter Anniversary on the 28th of April 2024.

The Charter will be held at Stock Brook Manor golf club, Queens Park Avenue Billericay Essex CM12 OSP.

The event will be a Sunday Lunch commencing at 12:30 for 1pm.

Further details with menu choices will be announced soon.

On behalf of Lions President Ian Armstrong and members of Billericay Lions we would love to see you there at our Charter celebrations.



Mablethorpe, Sutton District Lions Club

Lion Stephen Holland, LEXHAM, Seaholme Road,
Mablethorpe, Lincolnshire, LN12 2EF.
saholland1950@gmail.com

Dear Fellow Lions,

On behalf of Lion President Stephen Holland, his Consort Valerie Corkell and members of Mablethorpe, Sutton District Lions Club. I am writing to invite you, your partners and friends to our clubs 48th Charter Anniversary Celebration, to be held on Saturday 17th February 2024.

The cost: £35.00 Per Person. Cheques made payable to "Mablethorpe Sutton District Lions Club" or direct to "Lion Paul Denton, Bank acct: 04231627 Sort Code: 55 – 50 - 09.

Charter Venue: The Bacchus Hotel, 17 High Street, Sutton-On-Sea LN12 2EY

Charter Time: 07:00 pm for 07:30 pm

Charter Dress Code: Black Tie or Dark Lounge Suits (Something extravagant for the Ladies).

After Dinner Entertainment: To be arranged.

Please reply to me by or before 17th January 2024, with the names of diners and their individual choices and notifying me of any special dietary requirements.

We all look forward to your company at our Charter dinner.

MENU CHOICES

Starters:

Soup of the Day

Pate with Melba Toast

Prawn Cocktail

Melon

Main Courses:

Steak and Guinness Pie

Salmon Fillet with a Culie Sauce

Pork in Apple Brandy Sauce

Desserts:

Apple Pie with Custard/Cream/Ice Cream

All Cheese Cakes



Louth and District Lions Club

55th Charter Anniversary Dinner

The Brackenborough Hotel

Cordeaux, Louth. LN11 0SZ.

Lion President Andrew Mackenzie and the members of Louth and District Lions Club would like to extend a warm invitation to your members to join us in the celebration of our 55th Anniversary Charter Dinner. The event will be held at the Brackenborough Hotel on Saturday 24th February 2024.

Details as follows:

Assemble: 7.00 for 7.30, Carriages: Midnight, Dress Code: Black Tie.

Dance Music: Ricky Lee, Ticket price: £35.00pp. (Payable with booking please)

BACS Account Number: 00245742. Sort Code: 30-95-22. Ref: Charter

Payment by cheque: Please make payable to Louth and District Lions Club

Kindly let Lion Christine know if you are able to attend and inform her of your menu choices.

Contact Lion Christine at cmvickers@hotmail.co.uk OR on 01507 604151 OR 07718 172942



ATTLEBOROUGH LIONS (2013)

Lion President Sue Cowie and the members cordially invite you to attend their 10th Charter Anniversary Lunch on Sunday 21st April 2024 at:-

The Bell Hotel, King Street, Thetford IP24 2AZ 12.00 for 12.30

Dress Code: Lounge Suits and Smart Casual

The cost will be £25.00 per person payable with the booking.

Free Car parking on site but remember to log registration number at Reception desk.

MENU

Main: A Roast Sirloin of Beef, B Roast Pork Loin, C Nut Wellington

Desserts: D Bramley Apple & Blackberry Crumble Tart served with custard or cream

E Triple Chocolate Brownie with ice cream, F Bakewell Tart with Raspberry coulis s with custard or cream

Tea or Coffee

ATTLEBOROUGH LIONS (2013) 10th Charter Lunch Sunday 21st April 2024.

FROM:.....Club

| Name | Lion Position | Main | Dessert | Any Food Allergies etc |
|-------------|----------------------|-------------|----------------|-------------------------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Please return menu with your cheque payable to Attleborough Lions (2013) to the Secretary

PDG Lesley Clarke 68 Castle Street, Thetford, IP24 2DP theclarkes44@btinternet.com

07977 517848

Or by BACS Sort Code: 30 96 26 A/C No: 16386360

Please ensure bookings are returned by 14th April 2024

Eastwood Lions Club 8th Charter Anniversary Celebration Lunch.

On behalf of Lion President Eric Hoile MJF & his Good Lady Lion Linda Hoile and members of our club cordially invite you, your partners and friends to our 8th Charter Anniversary Celebration Lunch, to be held on Sunday 10th March 2024.

The Time: 12.30 pm for 1.00pm sit down.

The Venue: The Chalkwell Park Rooms, London Road (A13), Westcliff on Sea, Essex.

The cost: £27.50 Per Person.

To book: Contact PDG Lion Brian Stanbridge MJF: E-mail: brianstanbridge@gmail.com or phone 01268 782113. [Leave a message if no reply] or Text 07850 396502, or

Lion President Eric Hoile MJF E-mail: eric@ehoile.co.uk

Dress Code: Smart comfortable (No Jeans)

To Pay: Cheques payable to Eastwood Lions Club, or BACS: Account Number 67666027
Sort Code: 55-50-28

Menu details.

To Start:

Oak Smoked Scottish Salmon and King Prawn Salad *[bound with lemon Mayonnaise and sun-dried tomato's served in a bed of mixed Lettuce leaves]*

Warm Tartlet of Roast Tomato, Basil and Mature Cheddar *[served on crisp Salad with a home-made Onion Chutney]*

Casserole of Woodland Mushrooms *[in a garlic cream sauce served on toasted rosemary ciabatta (v)]*

To Excite:

Baked Chicken Supreme *[filled with a creamy Dorset Brie cheese and wrapped with Pancetta served with a tomato and sweet basil sauce]*

Poached Fillet of Scottish Salmon topped with a Paprika and Rock Salt Rub *[served on a bed of Sweet Potato and Potato Mash and lemon warm butter sauce]*

Stuffed Roasted Red Peppers *[filled with a fine Ratatouille topped with Cheddar and Mozzarella (v)]*

All Main Courses served with a Selection of Vegetables and Potatoes,
Crusty Roll and Butter.

Extravagance:

Summer fruit cheesecake *[served with forest fruits a rich dollop of Vanilla Cream]*

Individual 'Bread and Butter Pudding' *[with creamy custard sauce]*

Summer Eton Mess *[A tall glass filled with layers of Meringue, rich Summer Fruits, Vanilla Ice Cream, Vanilla Cream and Raspberry Coulis]*

English Cheeseboard Selection *[served with home-made chutney and water biscuits]*

Freshly Brewed Tea or Coffee & Milk Chocolate

Any special dietary requirements please let me know.

We all look forward to your company at our Charter Lunch.

Lions Clubs International

District 105ce

Coningsby & Tattershall Lions Club

Registered Charity Number: 1183298



Lion Anne Simons MBE

57 Park Lane,

Coningsby,

Lincolnshire,

LN4 4SW

01526 344594

annesimons@talktalk.net



10th January 2024

Dear Lion President,

Lion President Neil MBE and members of Coningsby & Tattershall Lions Club, extend a warm invitation to you, your members, family & friends to join us in celebrating our 27th Charter Anniversary on Sunday 14th April 2024.

Afternoon Tea with bubbles

Venue:

Tattershall Village Hall

Lodge Road, Tattershall, LN4 4UJ

Time:

2:30pm for 3pm

Dress Code:

Sunday Best

Cost:

£15pp

I enclose the menu for your attention.

If you have any other special dietary requirements please let me know.

Please reply by Friday 5th April 2024.

Thank you!

President Neil and Coningsby & Tattershall Lions look forward to sharing an afternoon of fun, friendship and fellowship in your company.

Yours sincerely

ASIMONS



Coningsby & Tattershall Lions Club



Registered Charity Number: 1183298



www.lions105ce.org.uk www.coningsby-tattershall-lions.club www.lionsmd105.org

Lion. We are. LIONS

Lions Clubs International

District 105ce

Coningsby & Tattershall Lions Club

Registered Charity Number: 1183298



Menu



Sandwiches

Smoked salmon & cream cheese

Ham

Egg mayonnaise & cress

Turkey

Cream cheese & cucumber

*A potpourri of sumptuous
cakes and pastries*

Trifle

Prosecco

Tea and Coffee



Coningsby & Tattershall Lions Club



Registered Charity Number: 1183298



www.lions105ce.org.uk www.coningsby-tattershall-lions.club www.lionsmd105.org

I am. We are. LIONS

The Internet is not 100% secure. If you are not the intended recipient, please notify the sender and then delete all copies. All reasonable security measures are in place. Any personal data/special category data herein are processed in accordance with UK data protection legislation. Further details are available in our Privacy Notice.