

The Bulletin

January 10th 2024



LIONS DISTRICT 105CE
DG Paul Southerton
2023 – 2024

GREETING FROM THE DG.

Happy new year to everyone. Sue and I hope you all had a good but safe New Year's Eve and day.

We had a quiet one with a few friends and family and a bracing walk along the seafront on New Year's Day. All the decorations are down and safely stored away until November.

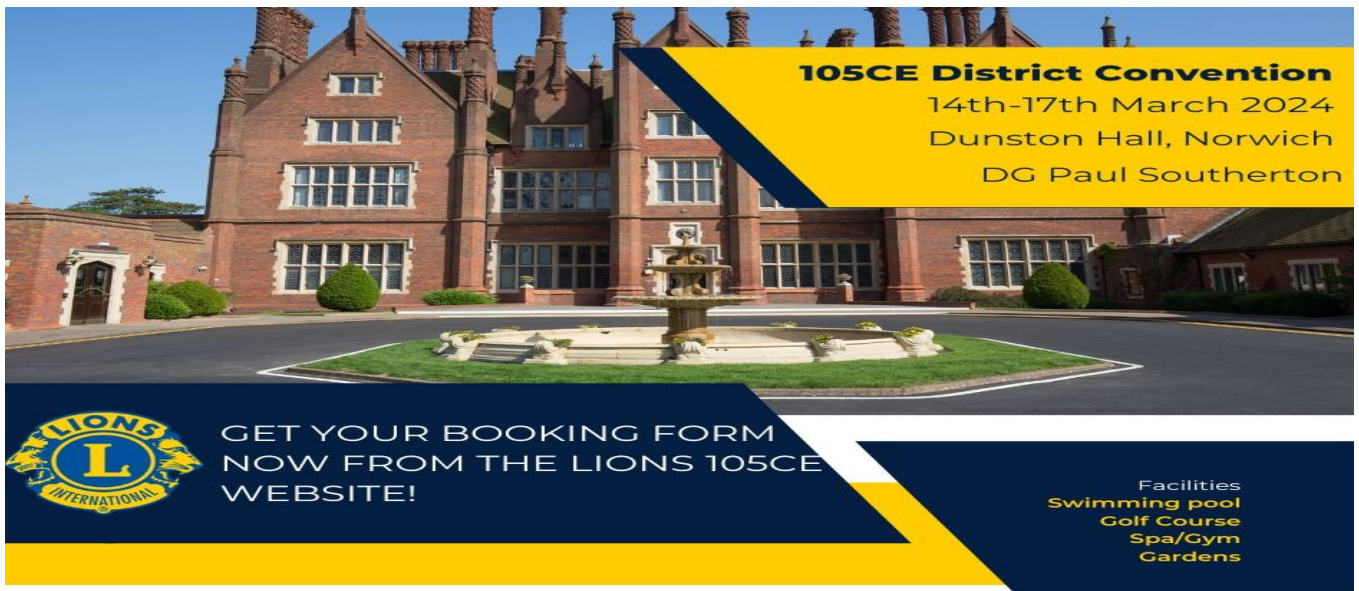
The 2nd of January it was our granddaughter's 4th birthday and we were out with her and her older sister and parents for a late afternoon meal. The party with 15 children came a few days later and I am glad her parents chose a soft paly area where we could stand and watch from a distance.

We are now into the second half of the year and plans are well under way for our Convention in March which promises to be with plenty of fun and friendship along with some inspirational speeches. **SO COME ALONG AND EJOY YOURSELVES.** The booking form is on our website.


The DG team have resumed club visits and of course attending Charters which are all year round. This is a great way to meet our members and find out what our clubs are up to.

Well done to 2nd VDG Chris for arranging and transporting another full van load of used spectacles from around our district to headquarters in Birmingham.

Paul.



105CE District Convention
14th-17th March 2024
Dunston Hall, Norwich
DG Paul Southerton

 GET YOUR BOOKING FORM NOW FROM THE LIONS 105CE WEBSITE!

Facilities
Swimming pool
Golf Course
Spa/Gym
Gardens

Get ready to join us for the 105CE District Convention! From 14th to 17th March 2024, we'll be gathering at Dunston Hall, Norwich for a time of celebration, learning, and fun. This convention is not just our district's Annual General Meeting, but also a chance to reflect on the past year's activities and plan for the future.

There'll be plenty of opportunities to welcome new members, catch up with old friends, and make new ones. You'll also get to participate in valuable learning sessions and have some relaxing fun. Plus, you'll get a chance to hear from district leaders about future plans and how you can contribute to your communities.

Here's a brief rundown of what to expect each day:

On Thursday, we'll kick things off with early arrivals and a dinner. Friday will be filled with registration, flag raising, a cabinet meeting, lunch, training, workshops, and a Host Night. On Saturday, we'll have more registration, business sessions, flag ceremony, convention lunch, and a grand Banquet & Ball. Sunday will wrap up the convention with an open forum with our International Guest.

We have a packed schedule with a range of workshops and sessions, including Deaf Awareness, Alzheimer's Awareness, Self-Advancement in Lions, Bleed Kits training, a fun Paint & Sip event, and so much more. We'll also have sessions on Youth Engagement, effective use of social media, and a Certified Guiding Lion Course.

On Saturday, we'll dive into business sessions and voting for resolutions and nominations. There will also be an opportunity to browse displays and stalls during breaks. In the evening, get ready for the District Governor's Banquet and Ball with entertainment by Sue's Acoustic and a charity raffle. Then on Sunday, meet our International Guest, PID Dr. Gary Anderson, in an open forum discussion.

We're thrilled to welcome Dr. Gary Anderson, a dedicated Lion from Grand Rapids, Michigan, USA. He's been a private practice optometrist for 44 years and has held many posts within the Lions Club, including club president, district governor, and council chairperson. Dr. Anderson has also led or participated in 40 Lions vision missions to Mexico, the Caribbean, Central and South America, and Kenya.

We can't wait to see you at the convention. For more information, please contact David at 07909 922077 or via email at Davidmufc@sky.com. You can also visit our website www.lions105ce.org.

Looking forward to a great time together,

Here are some highlights to look forward to:

Programme of Workshops - Friday Afternoon:

Enhance your Lions experience with our diverse range of workshops on Friday afternoon. The carefully curated program covers various topics to broaden your knowledge and skills, ensuring you leave the convention with valuable insights to apply in your local communities.

Weekend Events:

In addition to the exciting Friday workshops, the convention will feature the traditional events that make our gatherings truly special. Friday night is our host night with the theme of Cops and Robbers and our Gala Banquet will feature live entertainment from "Sue's Acoustic", who gave such an impressive performance last year at host night, that she will be performing a more upbeat set for Saturday Night

At Saturday's business session you can engage in meaningful discussions, network with fellow Lions, and celebrate the collective impact we've had over the past year.

Book Your Spot:

There is still time to secure your place at this year's convention. Don't miss out on the opportunity to connect with fellow Lions and be part of an event that will undoubtedly leave a lasting impression.

To book your spot, simply visit our registration portal [insert registration link] and follow the easy steps. We cannot guarantee the prices of accommodation after the deadline booking date of the 1st of February and therefore there will be additional room charges if booked this late.

Thank you for your ongoing commitment to the Lions cause. Your dedication to service is what makes our community strong, and we look forward to seeing you at Dunston Hall for the 105CE District Lions Convention.

CONVENTION 2024 PROGRAMME

Registration (Fulford Suite)

Friday: 11am to 5.30pm

Saturday: 8.00am to 12.30pm

Day	Time	Activity		Notes
Thurs	6.30 for 7pm	Evening Meal (La Fontaine)		
Fri	11am-12pm	Cabinet Meeting		
	12 noon	Flag raising (outside variable timing dependent on arrival of Int. Guest)		
	12.15 – 1pm	Lunch		Available to all Booking needed
		St Andrews Suite	Wentworth Suite	Booking form to be completed
	1pm – 1.45pm	Deaf Awareness Taster	Youth Engagement	
	1.45pm – 2.30pm	Alzheimer's Awareness	Social Media	
	2.30pm – 3.15pm	Self-Advancement in Lions	2.30 pm – 5pm Certified Guiding Lion Course	
	3.15pm-4pm	Bleed Kits		
	4pm-5pm	Sip N' Paint (£2 surcharge)		
	7pm for 7.30pm	Host Night (Sunningdale Suite) Cops & Robbers Theme with hot buffet food served from 7.30pm		
Sat	9am onwards	Business Meeting (Sunningdale Suite) Meeting starts at 10am prompt		Stalls for viewing
	11am	Coffee		Approx. timing
	12.30pm	Lunch (Restaurant)		Tickets in pack
	7pm for 7.30pm	Banquet and Ball (Sunningdale Suite) followed by music and dancing		Tickets in pack
Sun	10am	Open Forum including coffee (Fulford Suite)		
	11am	Flag Ceremony		

Your District Website Updates

We are pleased to announce that your website <https://www.lions105ce.org/> is being updated, one of the latest updates is about the current LCIF Appeals, why not visit <https://www.lions105ce.org/lcif-current-appeals.html> and get more information on the current appeals. You can also visit <https://www.lions105ce.org/lcif1.html> to find out more about our Lions Clubs International Foundation (LCIF), our very own charity arm.



Lions Clubs International
FOUNDATION

LCIF Current Appeals

LCIF appeals are key to getting support to those affected by major humanitarian disasters, some of our current appeals can be found below, we hope that you and your club can help towards these appeals.

- [Japan Earthquake - 02.01.24](#)
- [The Conflict in Gaza - 22.12.23](#)
- [Pacific Region Hurricane - 27.10.23](#)
- [Morocco Earthquake - 11.09.23](#)
- [Natural Disasters - 24.08.23](#)



LIONS CLUBS INTERNATIONAL FOUNDATION
Conflict in Gaza



Over the past few months, we've been busy enhancing our presence on Facebook to better serve and connect with our members, and we're thrilled to share some exciting updates with you.

Introducing Our New Facebook Offerings:

To foster collaboration and idea-sharing among Lions, we've established a Facebook group and page within the district:

1. ****District 105CE - District Lions and LEO Members****: Join this group to engage with fellow Lions, share inspiring ideas, and stay connected with the latest district happenings.
2. ****District 105CE – Lions International ****: Visit our public-facing page to discover and celebrate the outstanding posts from our members. Your contributions make our community stronger!

Social Media Workshop at Convention:

To ensure everyone is well-versed in the basics of social media, we're hosting an informative workshop on the Friday of the upcoming Convention. Be sure to secure your spot – it's a fantastic opportunity to enhance your social media skills. For those unable to attend in person, we'll be repeating the workshop on Zoom/Teams.

Calling All Social Media Wizards!

We believe in the power of collective expertise, and that's where you come in. If you're a social media whiz with a flair for Facebook, X, Instagram, or TikTok, we invite you to contribute to the growth of our district's online presence. Your help in shaping our digital landscape is invaluable, and the best part is, you don't need to attend cabinet meetings or write reports – just lend your expertise where it matters.

Interested in Making a Difference?

If you're excited about helping us take our social media game to the next level, please reach out to Lion Chris at lionchris@myyahoo.com. Your passion and skills can make a significant impact, and we can't wait to welcome you to the team!

Thank you for being an essential part of District 105CE. Together, let's create an even stronger and more vibrant online community.

Best regards,

Lion Chris Speed

LIONS ROAR 2024 - 9 YEARS IN THE MAKING

Every Lions Club can help support their local primary schools and inspire children.

Last year 134 Schools entered the programme, engaging some 20,000 children!! Since the start of the programme, Lions have engaged over 100,000 children, vastly enriching their learning, wouldn't you like to be part of this fantastic programme too?.

Have a look at what the programme offers by visiting <https://www.lions-roar.com/lions-clubs> and get inspired to sponsor a school or two...



with lions
ROAR



To get involved..

For Districts

105A, SC, SE, & SW

Please email Viv Diggins at
diggins2000@hotmail.com



For Districts

105CE, CW, CN & N

Please email Steve Scall at
stevescall@gmail.com

You can also find out more about ROAR at:

Lions Members Website: <https://lionsclubs.co/MemberArea/home/lions-roar/Lions>

Public Website: <https://www.lions-roar.com/lions-clubs>

Search Social Media Using: [#lionsandkidzroar](https://www.lions-roar.com/lions-clubs)

CHARTER INVITES.

Sleaford and District Lions Club will be celebrating their 50th Charter Anniversary in 2024.



The Charter will be held at the Solo Bar and Restaurant, Market Place, Sleaford on Sunday, 12th May 2024. It will be a celebration lunch commencing at 12.30 pm for 1pm.

Further details at to menu choices and cost will be distributed at a date nearer the event.

This hopefully serves as a Save the Date entry in your diaries.

The members would love to see you there to celebrate the half century.



Mablethorpe, Sutton District Lions Club

Lion Stephen Holland, LEXHAM, Seaholme Road,
Mablethorpe, Lincolnshire, LN12 2EF.
saholland1950@gmail.com

Dear Fellow Lions,

On behalf of Lion President Stephen Holland, his Consort Valerie Corkell and members of Mablethorpe, Sutton District Lions Club. I am writing to invite you, your partners and friends to our clubs 48th Charter Anniversary Celebration, to be held on Saturday 17th February 2024.

The cost: £35.00 Per Person. Cheques made payable to "Mablethorpe Sutton District Lions Club" or direct to "Lion Paul Denton, Bank acct: 04231627 Sort Code: 55 - 50 - 09.

Charter Venue: The Bacchus Hotel, 17 High Street, Sutton-On-Sea LN12 2EY

Charter Time: 07:00 pm for 07:30 pm

Charter Dress Code: Black Tie or Dark Lounge Suits (Something extravagant for the Ladies).

After Dinner Entertainment: To be arranged.

Please reply to me by or before 17th January 2024, with the names of diners and their individual choices and notifying me of any special dietary requirements.

We all look forward to your company at our Charter dinner.

MENU CHOICES

Starters:

Soup of the Day

Pate with Melba Toast

Prawn Cocktail

Melon

Main Courses:

Steak and Guinness Pie

Salmon Fillet with a Culie Sauce

Pork in Apple Brandy Sauce

Desserts:

Apple Pie with Custard/Cream/Ice Cream

All Cheese Cakes

WROXHAM AND HOVETON LIONS CLUB CIO

The President of Wroxham and Hoveton Lions Club and its members cordially invite you to their 48th Charter Lunch on Sunday 28th January 2024 at :-

The Old Rectory Hotel, Crostwick Lane, Crostwick, Norfolk, NR12 7BG.

12:30 for 13:00.

Dress:- Gentlemen Smart Casual, Ladies dress to impress.

The cost will be £31.50 per person. Cheques will not be cashed until on or around the due date. Those wishing to pay by BACS please let us know, and we will send you the relevant details.

MENU

Starters:

- A. Homemade Tomato and Roasted Red Pepper Soup, served with hot crusty bread(v).
- B. Prawn and Crayfish salad topped with a classic Marie Rose sauce and served with bread and butter.
- C. Farmhouse Pate' served with Apple and Real Ale Chutney and Melba Toast.

Main Course:

- D. Slow Roasted Salt and Peppered Topside of Beef served with homemade Yorkshire Puddings.
- E. Roast leg of pork served with crispy crackling, sage and onion stuffing and bacon wrapped sausage.
- F. Oven poached fillet of Salmon served with a hollandaise sauce and finished with fresh watercress.
- G. Parsnip, Chestnut, and Sweet Potato bake, topped with crispy sautéed potatoes and finished with melted cheddar (V) or (VG)

Dessert:

- H. Vanilla cheesecake topped with either fresh strawberries or raspberries and a red berry sauce.
- J. Homemade Bramley apple pie served with custard.
- K. Warm chocolate brownie served with vanilla ice cream and a warm chocolate sauce.
- L. Cheese and Biscuits (a £2.50 supplement will apply if ordered)

Fresh Ground Coffee or Tea and After Dinner Mints.

WROXHAM & HOVETON LIONS CLUB 48th CHARTER LUNCH

FROM.....CLUB

Name Lions Position Starter Mains Dessert Any food allergies etc

Name	Lions Position	Starter	Mains	Dessert	Any food allergies etc

Please return with your cheque, payable to WROXHAM & HOVETON LIONS CLUB to PDG Dennis Moxon, 133 Norwich Road, Wroxham Norwich NR12 8RY

Please ensure bookings are returned by Jan. 21st 2024 Cheques will not be presented until approx 1 week prior to the event



Louth and District Lions Club

55th Charter Anniversary Dinner

The Brackenborough Hotel

Cordeaux Corner

Louth

LN11 0SZ

Lion President Andrew Mackenzie and the members of Louth and District Lions Club would like to extend a warm invitation to your members to join us in the celebration of our 55th Anniversary Charter Dinner. The event will be held at the Brackenborough Hotel on Saturday 24th February 2024.

Details as follows:

Assemble: 7.00 for 7.30, Carriages: Midnight, Dress Code: Black Tie.

Dance Music: Ricky Lee, Ticket price: £35.00pp. (Payable with booking please)

BACS Account Number: 00245742. Sort Code: 30-95-22. Ref: Charter

Payment by cheque: Please make payable to Louth and District Lions Club

Kindly let Lion Christine know if you are able to attend and inform her of your menu choices.

Contact Lion Christine at cmvickers@hotmail.co.uk OR on 01507 604151 OR 07718 172942



BOURNE LIONS CLUB

BOURNE LIONS CLUB CHARITABLE TRUST FUND REGISTERED CHARITY NO. 1077290



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BY KELLY ANN**



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**PLEASE PURCHASE TICKETS IN ADVANCE FROM
HARRISON & DUNN (NORTH STREET BOURNE)
OR CONTACT GAIL JOSH TEL: 07944655639**

7.30PM

**SATURDAY
24th
FEBRUARY**

2024

**BOURNE CORN
EXCHANGE.**

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