

# The Bulletin

March 20th 2024



## THE LATEST FROM THE DISTRICT GOVERNOR.

**LIONS DISTRICT 105CE**

**DG Paul Southerton**

**2023 – 2024**

This has been a great, exciting week, starting with the Lions UN day at the Palace of Westminster where we heard about Lions involvement with the United Nations and the connections between UN and LCI and the joint objectives.

Then there was the renewal of agreement with the Lions Activity Partnership. Following this was a presentation of Peace Poster and Peace essay awards. Some of our youngsters are truly inspirational.

After this was a short presentation by Lion Stu Young on the launch of the Lions Eye Camera.

Last Wednesday at Lyons Hall School in Braintree 10 Lions including myself and 3<sup>rd</sup> Vice International President Lion Mark Lyon, along with the Head Teacher, used the spot camera to screen 309 children aged between 6yrs and 9yrs and 34 members of staff from the school. This was probably one of the best days so far in 30 years with my involvement with Lions. What a great service activity. Two members of staff were badged up as Lions so welcome to both of you to the Lions family.

Thursday, I headed off to Dunston Hall Norwich for our Annual 5<sup>th</sup> Convention and met our International Guest Lion Dr Gary Anderson and his wife Vice District Governor Cheryl. Both were very friendly and helpful.

Friday, we had a cabinet meeting followed by the flag raising ceremony. After lunch we had a series of workshops including Bleed Kits, Deaf awareness, Sip n paint, and social media.

In the evening the theme was cops and robbers. What a fantastic evening. Lots of fun and games. Brilliant.

Saturday was Convention Day, as well as Lion Dr G. Anderson our special guest we were joined by our Twinning guests from France and Ireland along with PDG's from France, Belgium, and DG Lesley from 105A.

After a shaky start a great day and evening followed.

New Century Lions certainly know how to arrange and have a good party.

Sunday morning, we had a video on recycling glasses and the role of Lions in this process followed by a good Q & A session. Then it was time to leave and return home.

**Watch out for reports and pictures in the Newsletter to see what you did or missed!**

DG Paul.

**Hi all, I have made an updated video on Service Activity Reporting, shorter than the previous one, see attached, feel free to share. Guch Manku.**

<https://youtu.be/lpkUiNoK7m4>

# Lions Clubs International

**MD105 British Isles** Registered Office Lions Clubs British Isles 257 Alcester Road South Kings Heath Birmingham B14 6NU



## 'A Gift for Living' Proposal

A sponsorship programme to support children in an Orphanage in Jinja, Uganda, providing each child with food, shelter, medication, clothes, and education.

To protect the safety and wellbeing of children in the care of the orphanage. Through your charity, Lions Clubs International – 'A Gift for Living' we would receive donations and administer the sponsorship programme. Whilst it would be a new route for A Gift for Living, the Trustees have the necessary skills, experience, and knowledge to successfully deliver.

### Background

Many may remember, the Malawi children's education sponsorship programme from some years ago. It was well organised but unfortunately supported only by a few local administrators and sadly there was insufficient succession planning. Having recently concluded a visit to witness at first hand, PID Phil Nathan has seen and been emotionally touched by the needs of the children in an Orphanage in Jinja, Uganda. There is currently a Trust operating, (Shield of Faith Community Empowerment Organisation), in the area that was set up by a totally dedicated young Lion who was himself an orphan and adopted. There are currently 40 children aged 4-16 years who are cared for by the Trust and volunteers. These young adults are educated and taught a trade, until age 16.

### The critical need

The current Trust is struggling financially and has a number of requirements to continue to operate. There are also complexities of Ugandan rules and regulations. If it closes, the children are likely to end up on the street. The consequences of this would likely lead to trafficking and probable prostitution. It is our hope that through A Gift for Living we can step in to support these children and to encourage the global Lions community to sponsor these children.

### Costs

The cost per child per year is \$480 (approx. £390) and over the ten-year sponsorship programme the cost is \$4,800 (approx £3,900).

No allowance for inflation or exchange rate fluctuations during the proposed ten-year period are included in the above figures.

This will provide each child with food, shelter, medication, clothes, and education.

This project has received full support of MD105 Council of Governors who would ask that you consider :-

## Who else wants to come to the German Multiple District Convention in Hanover 9th – 12th May?

There are already a few of us from District CE going to the German MD Convention, and there is a special offer from our Twin District (which includes Hanover) that 2 or 3 couples can stay with fellow Lions during the Convention.

Flights are still relatively cheap, direct from Heathrow to Hanover multiple times per day, and with this hosting offer, a weekend meeting and getting to know Lions from not only our Twin District 111NH, but all over Germany and beyond, is very affordable.

The official program for the weekend includes: -

**Friday 10th May:** Welcome to Hanover, Workshops and seminars (approx a dozen), Panel Discussion, Music Competition, Young Ambassador Competition, with a "Get Together" in the evening. NB some of these are on at the same time, but you can choose which, if any, you want to attend.

**Saturday 11th May:** Ceremony, Multiple District Convention plenary session, Gala Evening and then Leos disco from 11pm (if you can stand the pace)

**Sunday 12th May:** Religious Service, Farewell

In addition, there are all sorts of other events for visitors, including various walks through the city, sightseeing in a vintage bus, visit to the Herrenhäuser baroque gardens that won the European Garden Prize in 2015, various Art Museums (Sprengel Museum "Pablo Picasso/Max Beckmann" and "Wilhelm Busch Museum"), open air Jazz, a visit to the Zoo and a tour of a wine (Sekt – like champagne, but German) cellar, with tasting. And there are lots of bars for you to relax in and mix with Lions from all over Germany and the rest of the world.

There may also be opportunities to provide service during your visit or stay for a few days before or after the weekend, probably in a hotel, but up to you and your hosts to decide.

There is even a 2-day travel pass on all public transport for only €8.

And if all the hosting places are gone, hotel rooms start at €70 per night. That's where I have booked, so I'll see you there.

And don't forget your Duty Free on the way home!

In addition, there is the Franch Convention from the 5th to the 7<sup>th</sup> of April, and the Netherlands Convention from the 1st to the 2nd of June.

So, there you have plenty of chances to join in our twinning events in the not-too-distant future.

**EVERYONE WELCOME TO JOIN IN THE CELEBRATIONS!**

## **FRENCH TRIP.**

The French are now asking for numbers so that they can book the hotel.

We are using Peterborough's bus which holds 16 plus the driver. So those interested in going on this trip could please let me know ASAP so Jean Luc can book the rooms. I will let you know the cost as soon as I know the price of the ferry and hotel rooms.

[twinning@lions105ce.org.uk](mailto:twinning@lions105ce.org.uk)

*Lion Theresa Walker  
Twinning Officer*

## **THE ITC TEAM IS STILL LOOKING FOR VOLUNTEERS**

If you're a social media user of Facebook, X, Instagram, or TikTok, we invite you to contribute to the growth of our district's online presence. Your help in shaping our digital landscape is invaluable, and the best part is, you don't need to attend cabinet meetings or write reports – just lend your expertise where it matters.

If you're excited about helping to take our social media game to the next level, please reach out to Lion Chris at [lionchris@myyahoo.com](mailto:lionchris@myyahoo.com)

New Lions especially welcome, **YOU** can make a difference. Together, let's create an even stronger and more vibrant online presence.

Fancy being a Webmaster, IT Resources Manager, or just a team member?

**WE NEED **YOU** TO JOIN OUR TEAM.**

Contact:- [ictandcommslead@lions105ce.org.uk](mailto:ictandcommslead@lions105ce.org.uk)

## **Diabetes Diary Dates for 2024**

Living with diabetes day - Norwich

Diabetes UK together with Norfolk and Waveney Integrated care board welcomes you to join us for an education and awareness day.

By Diabetes UK and Norfolk & Waveney ICB

Date and time

Tue, 16 Apr 2024 10:00 - 16:30 BST

The Nest

Holt Road Horsford NR10 3AQ

<https://norwichdiabetesukevent.eventbrite.co.uk/>

Dates for your diary.

- 10<sup>th</sup> to 16<sup>th</sup> June 2024. World Diabetes Week.
- 7<sup>th</sup> to 13<sup>th</sup> October 2024. Hypo Awareness Week.

For further information please email on [gstdiabetes@lions105ce.org](mailto:gstdiabetes@lions105ce.org)

Or go to [Diabetes UK - Know diabetes. Fight diabetes. | Diabetes UK](https://www.diabetes.org.uk)



# LIONS BRAIN TUMOUR RESEARCH APPEAL AROUND GB IN 10 DAYS ONLINE VIRTUAL BALLOON RACE

## Guide to purchasing a balloon or balloons.

**CLICK** link or **SCAN** QR code on poster, Facebook Page, or Website.

### ENTER

Your name

Contact email

Nickname for your balloon.

**CHOOSE BALLOON COLOUR** from dropdown box.

Continue to scroll down this list to **CHOOSE** a shape of your balloon.

**ADD** a message or dedication.

**CLICK CREATE BALLOON**

You can register more than one balloon before paying.

### Pay with Card

Enter Card number    MM/YY    CVC number from back of card.

DO NOT FORGET TO PUT IN **POST CODE** AFTER CVC, or payment will not be taken from your

bank. **THANK YOU AND**

**GOOD LUCK**



LIONS CLUBS INTERNATIONAL  
MD105 INVITE YOU TO TAKE PART  
IN THEIR ONLINE

**AROUND GREAT  
BRITAIN IN 10 DAYS  
BALLOON  
RACE**

**VIRTUAL RACE =  
ENVIRONMENTALLY  
FRIENDLY!**

TO RAISE FUNDS FOR THE LIONS  
BRAIN TUMOUR RESEARCH APPEAL

**£5 PER BALLOON**

**[WWW.BALLOONRACE.NET/LIONS](http://WWW.BALLOONRACE.NET/LIONS)**

**1ST PRIZE £100 2ND PRIZE £50  
3RD PRIZE £30 + 7 RUNNERS UP PRIZES**

Race launches at MD Convention on Sunday 5th  
May and ends on Wednesday 15th May



SCAN ME

Find us on 



Charity number 1181428



# Lions Clubs International

MD105 British Isles

257 Alcester Road South, Kings Heath  
Birmingham, B14 6DT  
T 0121 4414544  
W [www.lionsclubs.co.uk](http://www.lionsclubs.co.uk)

Dear Fellow Lions

## Lions Support for Activity Alliance (formerly EFDS)

It is important that disabled athletes have equal access to all sports as other athletes do.

Activity Alliance, ([www.activityalliance.org.uk](http://www.activityalliance.org.uk)), are a national body which has the vision "that disabled people are active in sporting and physical activities so they can achieve their full potential." Activity Alliance are reliant on donations to enable them to hold sporting activities. We wish to continue to support them during 2024 to hold further events, for this we need your financial support.

Activity Alliance run Regional Games and hold their Annual National Junior Championship Games the first weekend in July. At these events disabled athletes participate in a variety of track and field events. The 2023 Games were a great success with more athletes participating than the previous year. These events are also an incredible hands on volunteering opportunity for Lions to help, the days are really rewarding and definitely live up to the message "Where there is a need, there is a Lion." The 2024 Annual National Junior Championship Games are to take place on the 6th and 7th July in Coventry. If you would like to come and help contact me by email on [pennytregillus@lionsclubs.co.uk](mailto:pennytregillus@lionsclubs.co.uk)

For this valuable work to continue can your Lions Club help Activity Alliance by making a donation ?

Please make your donation through your District Treasurer.

If paying electronically the reference will be your Club name and Activity Alliance. If paying by cheque make it payable to Lions Clubs International and endorse Activity Alliance on the reverse of the cheque.

Thank you, in anticipation, for your donation.

Yours in Lionism,

*Penny*

Lion Penny Tregillus  
MD Activity Alliance Liaison and Promotion Officer

**#LionsGetInvolved**



# **CHARITY QUIZ NIGHT**

**BULPHAN VILLAGE HALL**

**Saturday 23rd March**

**starts at 7.30pm – 10.30pm**

**£12.00 PER PERSON**

**tables maximum of 8**

**bring your own snacks and drinks**

**Reservations with Colin**

**07720 974 520**

**Romford Lions Club**





# Chelmsford Lions Club



# QUIZ NIGHT

**Saturday 6th April 2024**

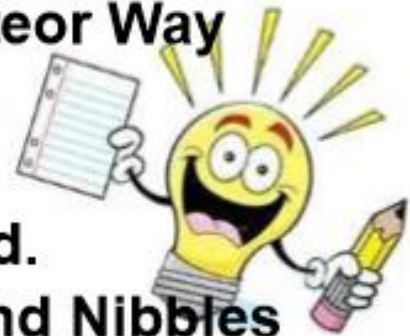
7.00 for 7:30pm

**CYGAMS Building, Meteor Way  
Chelmsford**

**£10-00p per head.**

**Bring your own Drinks and Nibbles**

**Teams of 4 - 8 people**



To book in call:- Bob - 01245 473997  
Or email: [robert.page94@yahoo.co.uk](mailto:robert.page94@yahoo.co.uk)

**Proceeds to Motor Neurone Disease**



By popular demand, another

# **EASTWOOD LIONS CHARITY QUIZ**

**FRIDAY 19th April 2024 at the  
Eastwood Community Centre,  
Western Approaches, SS2 6XY  
£5/person Tables of 6**

**Win your nominated Charity up to  
£100 plus other prizes.**

**PROMPT START at 7.30 pm  
'til 9.30 pm**

**QUIZ TIME!**

**Bring your own drinks  
& nibbles.**

**REGISTER BY – BY FRIDAY 11th April 2024:  
Brian on 01268 782113 or 07850 396502 or  
Eric on 01702 522436 or 07711 459100  
NOMINATE YOUR CHARITY at the start**

# Car boot sales 2024



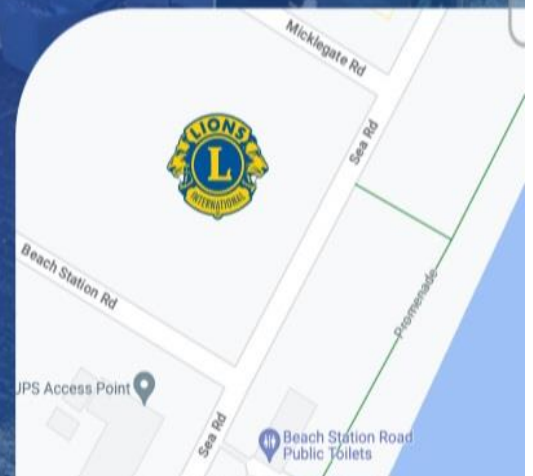
**Every Saturday** (from 8 am till 1 pm)  
from 6<sup>th</sup> April to 30<sup>th</sup> September 2024\*

At the Old Cavendish Site, Sea Road, Felixstowe  
Opposite Beach Street

Cost £6 per pitch

Proceeds are for the Lions Club of Felixstowe  
charity account, who helps local people and  
groups

\* Will not operate on 27th July



**Are you following us on these social media channels, if not, why not? Please do follow us, join in and let's get social...**



The Lions Club Of Felixstowe

# Family Fun Dog Show



**Sunday 19th May 2024**



**1pm - 5pm**

**Trimley Sports & Social Club**

IP11 0RJ

Fun & Games for all the family  
Refreshments / BBQ / Stalls



CELEBRATE YOUR BEST FRIEND

For more info / register your dog

Call : 07484317753 / 07570110660



# CHARTER INVITES.

## Glanford and Lindsey Lions Charter Dinner and Dance

**Saturday 20<sup>th</sup> April 2024**

Lion President Barbara Walker cordially invites you, your family, and friends to the Club's 33rd Charter Anniversary

The venue is [Hemswell Court, Lancaster Green, Hemswell Cliff, DN21 5TQ.](#)

Dress code: Smart / Formal. Black tie / Evening dress.

Start Time will be 7.00 for 7.30pm prompt as we shall be having Introductions and Speeches before Dinner as is our usual tradition.

Once again, we have a great menu for you to choose from at **£35.00** per person.

After dinner entertainment will be provided by the very talented solo artist Smudge. Carriages at 12.00 midnight.

Rooms are available for guests at a discounted rate of **£135.00** per double or

Single room, at **£120.00** including full Lincolnshire breakfast.

Please advise on your return form if accommodation is required.

President Barbara looks forward to welcoming you on the night, to help celebrate

Glanford & Lindsey Lions Club's 33rd Charter Anniversary dinner.

Please reply by completing your choices on the booking form and making your payment,

**by latest MONDAY 1<sup>ST</sup> April 2024.** To Lion Tom Laking via Post or e-mail as below.

Please make Cheques Payable to: Glanford and Lindsey Lions

or Electronic Bank Transfers to: Glanford and Lindsey Lions, **Sort Code: 20-76-14**

**Account Number: 90405183. Please reference any payment with your name & CH24**

### Menu

**(A)** Halloumi Fries with Cider Vinegar, Smoked Sea Salt with Chilli Jam

**(B)** Spiced Cauliflower Soup with Truffle Oil and Croutons

**(C)** Oak Smoked Salmon with Avocado Mousse, Pumpernickel Bread and Pepper Pearls

**(D)** Mature Lincolnshire Sirloin of Beef served medium rare **(DA)** or well done **(DB)**, with Red Wine,

Mushroom and Shallot Sauce and Roast Fondant Potato

**(E)** Baked Loin of Cod with Herb Crust finished with a rustic Tomato Sauce

**(F)** Fillet of Free-Range Chicken stuffed with Herb Stuffing, wrapped with Pancetta with a Golden Cranberry and Herb Gravy

**(G)** Roast Chestnut, Sweet Potato and Butternut Squash Loaf with Roasted Red Onion Gravy

**(H)** Belgian White Chocolate and Raspberry Cheesecake finished with Amaretto Cream

**(I)** Bramley Apple and Sultana Tart topped with Strudel and Served with Vanilla Pod Ice Cream

**(J)** Fresh Lemon Posset with Buttered Shortbread and Fresh Mint

**(K)** Selection of Lincolnshire Cheese from Local Farms served with Plum Bread, Savoury Biscuits and fresh market Fruit

Coffee and Chocolates



# ATTLEBOROUGH LIONS (2013)

Lion President Sue Cowie and the members cordially invite you to attend their 10<sup>th</sup> Charter Anniversary Lunch on Sunday 21<sup>st</sup> April 2024 at: -

The Bell Hotel, King Street, Thetford IP24 2AZ      12.00 for 12.30

Dress Code: Lounge Suits and Smart Casual

The cost will be £25.00 per person payable with the booking.

Free Car parking on site but remember to log registration number at Reception desk.

## **MENU**

**Main:**            A Roast Sirloin of Beef, B Roast Pork Loin, C Nut Wellington

**Desserts:** D Bramley Apple & Blackberry Crumble Tart served with custard or cream

E Triple Chocolate Brownie with ice cream, F Bakewell Tart with Raspberry coulis s with custard or cream

## **Tea or Coffee**

### **ATTLEBOROUGH LIONS (2013) 10<sup>th</sup> Charter Lunch Sunday 21<sup>st</sup> April 2024.**

**FROM:.....Club**

<b>Name</b>	<b>Lion Position</b>	<b>Main</b>	<b>Dessert</b>	<b>Any Food Allergies etc</b>

Please return menu with your cheque payable to Attleborough Lions (2013) to the Secretary

PDG Lesley Clarke 68 Castle Street, Thetford, IP24 2DP [theclarkes44@btinternet.com](mailto:theclarkes44@btinternet.com)

07977 517848

Or by BACS Sort Code: 30 96 26    A/C No: 16386360

Please ensure bookings are returned by 14<sup>th</sup> April 2024

# Lions Clubs International

District 105ce

## Coningsby & Tattershall Lions Club

Registered Charity Number: 1183298



Lion Anne Simons MBE

57 Park Lane,

Coningsby,

Lincolnshire,

LN4 4SW

01526 344594

annesimons@talktalk.net



10th January 2024

Dear Lion President,

Lion President Neil MBE and members of Coningsby & Tattershall Lions Club, extend a warm invitation to you, your members, family & friends to join us in celebrating our 27th Charter Anniversary on Sunday 14th April 2024.

## Afternoon Tea with bubbles

Venue:

Tattershall Village Hall

Lodge Road, Tattershall, LN4 4UL

Time:

2:30pm for 3pm

Dress Code:

Sunday Best

Cost:

£15pp

I enclose the menu for your attention.

If you have any other special dietary requirements please let me know.

Please reply by Friday 5th April 2024.

Thank you!

President Neil and Coningsby & Tattershall Lions look forward to sharing an afternoon of fun, friendship and fellowship in your company.

Yours sincerely

ASIMONS



Coningsby & Tattershall Lions Club



Registered Charity Number: 1183298



[www.lions105ce.org.uk](http://www.lions105ce.org.uk) [www.coningsby-tattershall-lions.club](http://www.coningsby-tattershall-lions.club) [www.lionsmd105.org](http://www.lionsmd105.org)

Lion. We are. LIONS

# Lions Clubs International

District 105ce

## Coningsby & Tattershall Lions Club

Registered Charity Number: 1183298



## Menu



### *Sandwiches*

Smoked salmon & cream cheese

Ham

Egg mayonnaise & cress

Turkey

Cream cheese & cucumber

*A potpourri of sumptuous  
cakes and pastries*

Trifle

Prosecco

Tea and Coffee



Coningsby & Tattershall Lions Club



Registered Charity Number: 1183298



[www.lions105ce.org.uk](http://www.lions105ce.org.uk) [www.coningsby-tattershall-lions.club](http://www.coningsby-tattershall-lions.club) [www.lionsmd105.org](http://www.lionsmd105.org)

I am. We are. LIONS





**WE SERVE**

# **LIONS CLUB OF BILLERICAY**

**District 105 CE**

On behalf of Billericay Lion President Ian Armstrong, I would like to invite you and your guests to our **45th Charter Anniversary Celebration on Sunday 28th April**, 12-30pm for 1.00pm lunch at Stock Brook Manor Golf Club, Queens Park Avenue, Billericay, Essex, CM12 0SP.

The Celebration Lunch will be smart Casual dress, priced at £42.00 pp.

Please make cheques payable to Lions Club of Billericay or by Electronic Transfer to our Social Account, Sort Code; 60-02-30 Account number: 69221774.

The menu is as follows -

## **Starters -**

Chicken Liver Pate with Chutney, Grilled Brioche & Micro Leaves (GF)

Butternut Squash Soup with Sage Crisps & Olive Oil to finish (V, VG, GF)

Ham Hock Terrine with Piccalilli Relish & Cauliflower Textures (GF, DF)

Prawn & Crayfish Cocktail, Gem Lettuce, Pickled Cucumber & Marie Rose Dressing (GF)

## **Carvery Mains -**

Roast Loin of Pork, Crackling, Apple Sauce & Stuffing (GF)

Roast Turkey, Stuffing, Pigs in Blankets & Cranberry Sauce (GF)

All Served with Roast Potatoes, Glazed Carrots, Parsnips, Cauliflower Cheese & Broccoli.

Dietary - Vegetable Wellington (V)

Dietary - Garlic & Thyme Grilled Butternut Squash Steak, Creamy Pomme Puree, Bouquet of Roasted Fine Green Beans finished with a Red Wine Jus (V, VG, GF, DF).

## **Desserts -**

Trio of Desserts -

(Chocolate Brownie with Chocolate Sauce & Ice Cream, Baked Cheesecake with Raspberry Gel & Lemon Tart with Berries).

Ice Cream.

Dietary - Chocolate Tart (V, VG, GF, DF).

## **Tea or Coffee and mints**

**Please advise me of the names of the people in your party attending by Sunday 31st March.**

Also advise me of your Menu choices for Starters and desserts or other dietary requirements at the same time.

We look forward to you being able to join us.

Yours in Lions Fellowship,  
John Swaysland (Social Chairman)  
Email: swayse1961@gmail.com  
01277 632274  
Mob: 07712152101



## LOUGHBOROUGH LIONS CLUB CIO

### 53 rd CHARTER ANNIVERSARY

**TO BE HELD AT LONGCLIFFE GOLF CLUB, LE11  
3YA**



**SUNDAY 28 th APRIL 2024**

**AT 12 NOON FOR 12.30 PM**

Lion President Nick Buckeridge and Members of Loughborough Lions Club CIO extend a very warm welcome to yourself and members of your Club to attend our 53rd Charter Anniversary Lunch to be held on Sunday 28th April 2024 at Longcliffe Golf Club at 12 noon for 12.30 pm.

You will see on the menu attached that we have again managed to negotiate the very reasonable price of £25 for a 4 Choice 3 Course Menu Options which will include Tea or Coffee and Chocolates.

Dress code for the event is Lounge Suit or Smart Casual.

We would be delighted to see you at our event and all enquiries/bookings should be made to:

Lion Joan Cheetham, 15 Herrick Road, Loughborough, LE11 2BP

Tele: 01509 556452. Email: [cheetham.j57@gmail.com](mailto:cheetham.j57@gmail.com)

### **CHARTER MENU FOR SUNDAY 28/4/24**

#### **STARTERS**

- A Homemade Tomato and Basil Soup
- B Duck Liver Pate Melba Toast and Homemade Red Onion Chutney
- C Poached Salmon and Prawn Marie Rose Salad
- D Tomato and Mozzarella Bruschetta with Balsamic Glazed Salad

#### **MAIN COURSE**

- E Slow Braised Beef Steak in a red wine and Jus
  - F Chicken Fillet wrapped in Bacon served with a White Wine Sauce
  - G Baked Cod with a Bacon and Pea Cream Sauce
  - H Mushroom and Stilton Wellington Garlic and Herb Cream Sauce
- All Served with a Selection of Roasted Potatoes and Vegetables

#### **DESSERTS**

- I Apple Cinnamon Sultana Crumble and Custard
- J Brandied Cherries and Ice Cream
- K Mixed Berry Eton Mess
- L White Chocolate and Raspberry Ganache Tart

**SERVED WITH TEA OR COFFEE AND CHOCOLATES**



# WEST NORWICH LIONS CLUB



On behalf of West Norwich Lion President, Steve Moore, I would like to invite you, your family and friends to the West Norwich Lions Club's 36th Charter Lunch on Saturday 11<sup>th</sup> May, 2024.

Venue is Stower Grange Hotel, School Road. Drayton. Norwich NR8 6EF and 12.30pm for 1.00pm prompt. Dress code is Lounge Suits/Smart Casual.

We have a great menu for you to choose from at £35.00 per head.

The menu is as follows:-

## **Starters**

Tomato and Basil Soup with croutons (V)

Goats Cheese and Balsamic Red Onion Tartlet with Balsamic Dressed Leaves (V)

Truffle Poached Chicken, Celeriac Remoulade and Rocket

Smoked Mackerel Pate, Crispy Capers and Toasted Sourdough Crostini

## **Main Course**

Roast Sirloin of Norfolk Beef, Yorkshire Pudding, Roast Potatoes, Pan Jus.

Harissa Marinated Chicken Breast, Butternut Squash and Apricot Tagine. Moroccan Cous Cous

Pan Fried Fillet of Sea Bream, Leek and Potato Gratin

Wild Mushroom and Tarragon Pancakes, topped with Binham Blue Cheese. Saute Potatoes. (V)

Thai Green Vegetable Curry, Sticky Coconut Rice (V)

## **Desserts**

Raspberry Crème Brulee, Fresh Raspberries.

Dark Chocolate Mousse with Peanut Brittle

Sticky Toffee Pudding, Butterscotch Sauce, Vanilla Seed Ice Cream.

Selection of Cheese and Biscuits, Homemade Chutney, Celery and Grapes

Coffee and Petit Fours will be served at the end of the meal.

When booking please reply with the names of your group along with all the menu choices and any dietary requirements by **Monday 29<sup>th</sup> April**. Please make all payments via bank transfer to West Norwich Lions Club Sort Code 60-15-31 Account Number 20807813 with the reference Charter Lunch 24.

We look forward to all of you being able to join us

Lion Carole Sewell 1st Vice President

Email:-[carolesewell2020@gmail.com](mailto:carolesewell2020@gmail.com)

Mobile:-07899970536

# Sleaford & District Lions Club 50<sup>th</sup> Charter Celebration

On behalf of Lion President Paul Sharpe and members of Sleaford & District Lions Club, I invite you and your partners and friends to our Club's 50<sup>th</sup> Charter Anniversary Celebration Lunch to be held on Sunday, May 12<sup>th</sup> 2024.

The cost is £35 per person. Cheques made payable to Lions Club of Sleaford & District or direct to bank account – Sort Code 30-97-70 – Acc Number 00128339.

The venue is The Solo Bistro Bar and Hotel, 6, Market Street, Sleaford, NG34 7SF.

Charter time is 12.30pm for 1pm.

Please reply to me by or before Wednesday, 24<sup>th</sup> April 2024 with the names of diners and individual menu choices and notify me of any special dietary requirements.

We all look forward to your company at our Charter Lunch.

All replies should be addressed to:-

Lion Carol Coxhead at 17, Kirkdale Close, Leasingham, Sleaford, NG34 8NN

E-Mail – [Coxhead1946@gmail.com](mailto:Coxhead1946@gmail.com) - Tele – 01529 304602 or 07510 222656

## **MENU CHOICES**

### **Starters**

- a. Tomato and Red Pepper Soup served with homemade focaccia.
- b. Prawn Martini with Marie Rose Sauce.
- c. Chicken Liver Parfait with spiced pear chutney & toasted focaccia.

### **Main Course**

- d. Roast Sirloin of Beef – Served pink or well done – Please specify.
- e. Chicken Breast Roast Dinner.  
Both served with roast potatoes, seasonal vegetables & Yorkshire Pudding.
- f. Pan-Fried Sea Bass with new potatoes, hollandaise sauce & vegetables.
- g. Mushroom Risotto – Served with poached egg and rocket.

### **Desserts**

- h. Sticky Toffee Pudding with vanilla ice-cream.
- i. Ice cream with homemade shortbread.
- j. Cheese Board – with Tuxford Blue and Lincolnshire Poacher & crackers.

### **Tea and Coffee**



## CITY OF SOUTHEND ON SEA LIONS CLUB

### CARTER LUNCH 12<sup>th</sup> May 2024



President Dave Tame wishes to cordially invite you and your members to join with him in the celebration of 54 years of lionism in the Bough of Southend on Sea,

It will be held at the Chalkwell Park Rooms Sunday May 12<sup>th</sup> 2024, 1pm start

**Address** Chalkwell Park Rooms Chalkwell Park London Road A13 Southend on sea Essex SS0 8NB.

Venue phone number 01702 555154 If Lost.

#### ~~~~~ **MENU** ~~~~~

##### **STARTERS**

Tomato and Basil Soup  
King Prawn and Smoked Salmon Salad  
Fans of Seasonal Melon with Forest Fruits

##### **MAINS**

Roast English Beef with Yorkshire Pudding  
Sauté Chicken Breast wrapped with Brie and Bacon Sundried Tomato sauce.  
Poached Salmon with creamy Mash and a Warm Butter Sauce  
Ratatouille stuffed peppers topped with cheese or vegan cheese.

##### **DESSERT**

Apple and Cinnamon Crumble and Custard  
Eton Mess  
English Cheeseboard  
Freshly Brewed Tea and Coffee

Price per Head £26:50 (Drinks not included)

Dress Code Smart Casual

For booking contact Lion Roger Fuller E. [fullerroger@yahoo.co.uk](mailto:fullerroger@yahoo.co.uk)

Lion Bill White E. [williamgwhite@gmail.com](mailto:williamgwhite@gmail.com)



## Lincoln Lions Club 54<sup>th</sup> Charter Anniversary Lunch on the 12<sup>th</sup> May 2024



On behalf of the members of Lincoln Lions Club I am pleased to extend an invitation to you, your members, partners and guests to our 54<sup>th</sup> Charter Anniversary Celebrations.

Following the success of previous years, we are again celebrating the event by having a Sunday Lunch.

The lunch will be held on Sunday 12<sup>th</sup> May 2024 at the Bentley Hotel, Newark Road, South Hykeham, Lincoln LN6 9NH at 12:30 for 1pm and the dress code is lounge suits.

The cost of the lunch will be £28 per person.

As the venue requires menu choices in advance, I would ask you to please reply using the attached booking form before 1<sup>st</sup> May 2024. To assist our Treasurer, we would also appreciate payment with your booking, cheques should be made payable to Lincoln Lions Club or alternatively you can send it electronically to 089032 50428564 the account is in the name of Lincoln Lions Club.

All of us at Lincoln Lions Club are looking forward to renewing old friendships and making new.

I look forward to hearing from you. [paulamellows@hotmail.com](mailto:paulamellows@hotmail.com)

Yours in Lionism

Paula



# Lions Club of Leigh on Sea



Lions Club of Leigh on Sea

On behalf of the Lion President Eileen and members of Leigh-on-Sea Club you, your members partners and friends are cordially invited to join us in celebrating our 33rd Charter anniversary lunch to be held on Sunday 2nd June 2024 at Saxon Hall, Aviation Way, Southend-on-Sea. SS2 6UN.

The lunch will follow the traditional format with reception at 12.30pm for 1.00pm

To book contact PDG Lion George Harris PMJF at [george.eileenharris@sky.com](mailto:george.eileenharris@sky.com)

When booking please indicate menu choices by number. The Menu for this year is below and I should be grateful if you would let me have your choices together with your payment by the 12th of May. For your convenience you may send your payment direct into our bank account 37154648 sort code 543060.

## Menu Details

### Starters

1. Deep Fried Garlic Mushrooms with spicy dipping sauce.
2. Beef Tomato Mozzarella and Basil salad.

### Main course

3. Chicken Supreme in a white wine and mushroom sauce.
4. Chefs Homemade Creamy Mixed Fish Pie.
5. Roasted Mediterranean Vegetable Lasagne.

All main courses served with a selection of seasonal vegetables and potatoes.  
Crusty roll and butter.

### Desserts

6. Sticky Toffee Pudding & Custard.
7. Fresh Fruit Salad and Rossi's Ice Cream.
8. Cheese and Biscuits (Supplement £4.30)

Freshly Brewed Tea or Coffee and Mints.

**Any dietary requirements please let me know.**

The cost for the afternoon is £30.00 per person.

All our members look forward to your company at our Charter Lunch

PDG Lion George Harris  
Secretary  
Lions Club of Leigh on Sea

*The Internet is not 100% secure. If you are not the intended recipient, please notify the sender and then delete all copies. All reasonable security measures are in place. Any personal data/special category data herein are processed in accordance with UK data protection legislation. Further details are available in our Privacy Notice.*