



105CE May 2023 Newsletter

Diary of a DG - April 2023 – Month 10



2nd April. After a lovely day on the Settle to Carlisle Railway with friends (a rare occasion this year) we travelled from Wakefield to Scunthorpe for their Charter Lunch to celebrate 59 incredible years of service. Whilst researching what the club has been up to, I came across a post stating that the club had raised over £1,000,000 over the life of the club. It is amazing when clubs can reflect on how much they have achieved throughout their proud history. Talking of proud history, I also had the privilege to present not one but two Bert Mason Lions Humanitarian Awards to Lion

Bob Hall with 53 years' service and Lion John Sennitt with 52 years' service. I also recognised those newer members who will hopefully help to see this club reach even higher milestones.

Another busy month of charters, club visits, club branch development and District and Multiple District meetings. Even managed to spend some quality time with my own club.

4th April Sue and I spent a fabulous day travelling to London to attend our first Lions Day with the United Nations (LDUN) which was held in the prestigious Palace of Westminster.

The event was presided over by PDG Neil Martin, and we were treated to inspirational presentations by CC Alastair Joel, PID Phil Nathan and of course the amazing Lion David Evangelista. However, the highlight was being entertained throughout by one of David's adorable children, sketching all the way through his dad's speech. The event was concluded by a vote of thanks by our very own CC elect David Pope.



6th April. Start of a long weekend of Lionism in Cambridgeshire. Sue and I joined Zone Chair David Broadley and Lion Richard Morris to visit Newmarket Lions Club. We all attended to show support for this long serving club who are currently struggling due to a variety of issues. We were met by three lovely Lions, who shared some of the great service projects currently being undertaken. We helped judge one of these, which is a drawing competition for three age groups,

each receiving an Easter Egg for their efforts. It is with great sadness that I report that the members of this club are planning to close at the end of the year.

7th April. Back with ZC David again we visited a care home in Cambridge (very nice but none of us can afford to move in!). We were meeting with their business development manager about his interest in becoming a Lion and how we can work together to help the residents access the community and the community use the care home facilities. Lots of great ideas and we invited Scott and his wife and children to join members of New Century for a social walk in Cambridge the following morning.



11th April. Visit to Southwell Lions Club to present long service chevrons to Lions Verdun Webley, Mike Broadly and Richard Woodward. Great to see Lion Dee back at the meeting all the way from South Africa. Great meeting and always nice to hear the goings on of a busy club.

13th April. Having agreed to return to the role of National Hunger Officer, I held a quick zoom meeting for District Hunger Officers. This was great to hear the various projects going on across the MD and we have started to discuss how we can work together over the

next Lionistic year to support our clubs in this essential service area.

15th April. Multiple District Global Service Team meeting at National Headquarters. Wonderful to see our District is represented with four Lions from CE in the room and a fifth attending virtually. Thanks to Lions Ian Constable, and Verdun Webley for their attendance and contribution, Council Chair Elect David Pope for attending virtually and of course PID Phil for chairing this extraordinary meeting. One of the most inspirational meetings I attend.



Later that day a quick change, collect Sue and back in the car to drive across to Peterborough for their Charter. Such a fun evening shared with friends and the surprise presentation of a Melvin Jones Fellowship to President Bill Peacock.

18th April. Day off work to drive to Benfleet to attend Castlepoint Lions lunchtime meeting. This may be a small club, but like so many they punch way above their weight. It was really eye opening to hear what they get up to now, but also interesting to hear some of the stories of old. No names will be mentioned! The homemade bread pudding was well worth the long drive.

19th April. Strategic Planning meeting and I am very pleased to share (pun intended) that we have agreement to fund the Lions Share folders. We hope to have these ready for our next cabinet meeting on May 21st for onwards distribution to clubs via their Zone and Region Chairs.

21st April. Global Membership Approach (New Clubs) meeting. Exciting to hear how things are progressing towards the formation of club branches in Cambridge and Newark, with others in the pipeline. A meeting is arranged for those clubs who have expressed their support for forming Club Branches on the 2nd of May. Speak to ZC David Broadley if you are interested.



22nd April. Back with the club for a well-deserved social. Started with a Sip and Paint session, with seven of us attempting to paint a lake scene with dragon flies. To say I was pleasantly surprised at the outcome of all our pictures is an understatement. It was such fun, and we will be back again soon. This was followed by a fab Thai meal at the local pub.

23rd April. Travelled across to Lowestoft for a lovely afternoon at Beccles Charter. Really pleasant afternoon with good food and great company, with President Chris doing his pantomime dame impressions!!



24th April. Worked from home so I could get a quick start on my drive to Coningsby and Tattershall Lions Club. I have looked forward to visiting this club for a while as they are prolific service reporters with a wide range of projects but also as Sue and I were both keen to hear more about their Leo club. Had an informative meeting in the Lions Den,

with tea and biscuits. Very friendly and fun club. Even had the privilege of badging up Lion Tracey Firth.



29th – 30th April. Bungay Vintage Car Rally. Travelling over on Saturday morning to spend the afternoon helping to set up the field, then back again at 7am to start marshalling the car park and main field. New Century Lions with help from our friends ran the car park, allowing Bungay Lions to concentrate on the main event.



We also had great help from some of our wonderful Leos from Great Yarmouth and Bungay. Together we can. Alone we cannot.

Coningsby & Tattershall Lions



Coningsby & Tattershall Lions are egg-stremely delighted to announce that their Easter Egg Competition raised £911 for charity. They are grateful to all the local businesses who sold squares and to everyone who purchased one.

Coningsby & Tattershall Lions are also pleased to present the latest member to the pride: Lion Tracey Firth who will be a ROARSOME asset!!

Photo includes Lion President Peter, Lion Tracey, and District Governor Dr Chris Hibbert who with his wife, Lion Sue, attended our April business meeting.



The Deepings Lions Club

The Deepings Lions Club celebrated their 43rd Charter Anniversary on Saturday 22nd April. Those present at the event included representatives from Market Deeping Town Council, Deepings St James Parish Council, The Deepings Rotary Club, Round Table, Freemasons seven Lions clubs, friends, and family.



Deepings Lions President Lynne Roberts said that she was so pleased that the event had been so well attended and announced that over £4000 has been raised by the Club for Lions Brain Tumour Research Appeal from June last year. She thanked everyone in Deepings and surrounding villages who had supported the various fund-raising activities for this and other good causes.

Deepings Lions Esther Graham and Dave Coombs were presented with the highest Lions achievement award: 'The Melvin Jones Fellowship Award'. The awards were presented by Past District Governor Lion Steve Scall following the proposal of President Lion Lynne Roberts

Dereham Lions Club

Dereham Lions receive a cheque from TESCO to help with their local service.



'Together We Can' – 'Lions is Life Changing'



Diabetes



Environment



Hunger Relief



Childhood Cancer



Vision



Dementia



Youth



Humanitarian



Appeal for Child's Motorised Wheelchair

Isle of Axholme Lions

Isle of Axholme Lions in North Lincolnshire were very keen to help when a request came last year from a local family to help a Ukrainian Refugee boy of 4 who has severe mobility problems.

They were able to provide Dimitro with a special trike thanks to North Notts Lions having just such a trike in storage. Lion David took it to AJ's Cycle Shack in Epworth, and they spruced it up and gave it a good service to make it ready for action.

Dimitro and his Mum took delivery, and it has been used constantly around the town.

Dimitro has now started at one of our local Primary Schools and is doing well apart from his mobility.



We were talking with the school's Head, Sean Woolley, and he said he was desperate to get a motorised chair for Dimitro and could Isle Lions assist in any way. Having helped Dimitro already we are obviously keen to continue our support, if at all possible.

We are wondering if any club in the District happens to have such a chair available for a growing 5 year old, controlled by a joystick and suitable for a school environment? Or do they know where a 2nd hand one could be sourced?

This is the style of chair needed and it would make such a difference to this young lad's education chances, and it's always good to work hand in hand with our fellow Lions!

If you can help, please drop a line to sec@isle-lions.org.uk – and THANK YOU!



FOR SALE



I am the treasurer of Haverhill Lions, and we need to move on our beautiful ride-on train and carriages.

As a result of space and ageing members we feel it's now time for another club to have some fun at events whilst raising valuable funds.

We will supply details, but in short, the engine looks like 'Thomas' and the carriages seat 16. Everything loads neatly onto a twin axle

trailer.

Please let me know if you are interested as our free storage space has sadly come to an end.

Contact Haverhill Lions for details.

Clacton Lions Club

Easter Egg Hamper Draw 2023

Lion President Keith with Store Manager Dave picking the winning tickets for our recent Easter Egg Hamper Draw at Asda Clacton. It is a very popular raffle and was a sell-out with all 1,200 tickets being sold by 3.30pm on the Saturday. The first prize hamper went to a family in Clacton, the second prize went to a family in Wivenhoe and the third prize hamper was donated to Clacton Foodbank.



A first for Clacton Lions Club – A Fishing Competition



Lion President Keith was approached by Dean – the owner of Dean’s Fishing tackle Shop in Clacton about a new Fundraising event – a fishing competition. Dean would organise the event, all we needed to do was to sell the raffle tickets after the competition ended. The beaches at Clacton had 50 fishermen / ladies / youths taking part and after it finished, they all met up at the Lifeboat Pub which is a favourite with our members as they have real ale there – no problem in getting volunteers this

time! They were all friendly people who were interested in the work that we do (no prospective members though), and the raffle raised £354. Picture shows the competition winners (including Lion Presidents Keith’s Grandson Zane)

Donation to Sailship Training & Learning for Life



Last year, we visited the Sailship Training & learning for life project in Clacton and were so impressed with the work that they do, wanted to support this amazing charity. The aim of this charity is to champion work and life skills training for people living with a learning disability, offering support for improved mental health and well-being to people who may be recovering from injury/ illness and where appropriate, pathways back into employment. They gave us a ‘shopping list’ and we chose the pale green arbour, which has been



placed in a ‘quiet area’ so that the trainees can sit there when they need alone time. It was a big hit with them, and we were thanked repeatedly for providing them with it. A fantastic charity that I am sure we will be supporting again.

Our first Car Boot sale of the year

After the successes of the Car Boot sales last year, we placed a ‘car boot items wanted’ advert in the local newspaper and were overwhelmed by the response – our first Car Boot could not come fast enough, and after the non-stop rain in March our fingers were crossed for Saturday 8th April. The rain stopped and the car boot opened, and at 7am it was just 3 degrees – we must be mad!!! We had 4 carloads to sell, and we were kept so busy for the next 4 hours, did not have time to take any pictures during the event BUT raised a fantastic £733.00 (and only went back with half a car load full). We have enough donated items to do at least another 3 later in the year.



The Buskerteers Flash Choir supporting Clacton Lions

The Buskerteers Choir covers many areas in Essex, so when the Clacton branch approached Amy at Asda in Clacton to bring their choir instore, they wanted her to recommend a local charity to support. Amy recommended us, knowing that we were raising funds to purchase some more Message in a Bottle kits and on Saturday 15th April the choir took their places and entertained the shoppers for 30 minutes. In that short amount of time, they raised £75. Thank you Buskerteers.



Holland On Sea Garage Sale

Holland on Sea Residents Association hold a garage 'trail sale' each year, and one of our members was kind enough to 'loan' us his front garden for the 10am –



3pm event. Maps showing all the venues selling items can be purchased for 50p from local shops and serious buyers try to visit them all in one day. We loaded up 3 cars with items donated to us – thank you again generous Tendring residents – and kept our fingers crossed as the weather forecast was a bit varied. There was a steady stream of buyers throughout the day, and we were very surprised (and pleased) when we counted up at the end of the event – it raised a whopping £367.66.

Chelmsford Lion Club March and April news

Chelmsford Lions Club says a huge thank you to the people of Chelmsford for all their generous donations over the festive period, when Santa and his sleigh collected more than £12,000 for a range of local causes. To celebrate the achievement with all involved, the club held a social evening on 22nd March at their new meeting place of St Augustine's church in Springfield, attended by Deputy Mayor Bob Massey and Deputy Mayoress Ali Massey. Representatives of charities supported including Farleigh Hospice, Barrow Farm RDA, Helen Rollason, Families in Focus, Parkinson's, CHESS homeless, New City Girls WI and Havens Hospice, as well as to several of the drivers and volunteers who were involved with the collections.

Meanwhile, our ongoing activities have included spectacle collection, and raising funds through our Double Trouble quiz sheet; Marie Currie Daffodil Appeal Collections courtesy of the Newland Springs Morrisons Supermarket; plus, a very successful Easter Egg raffle organised in 6 local pubs by Lion Stanley Brown. Work also continued to create the sensory garden for Barrow Farm Riding for the Disabled at Highwood.



Chelmsford Lions' business meetings now take place at 8pm on the 2nd Wednesday of every month at St Augustine's church in Springfield. At our April meeting we recently agreed to make further donations from our charity fund to homeless charity Sanctus; the Wilderness Foundation which provides nature therapy to vulnerable people; District Governor's wife Sue Hibbert's appeal Magic Breakfast; and Brain tumour research.

Chelmsford Lions Club Cheque presentation evening to Local Charities.

Swaffham and District Lions Club



The Lioness Branch Club Easter Egg tombola stall was held in the Saturday indoor market, which at present is being held in the Methodist Church. Many thanks to all who supported this. The money raised will be donated to Muscular Distrophy.

The Lions PR stall was out again in the Market place on a Saturday. Although the weather wasn't great, we spoke to quite several people, giving out our information leaflets about our Club and

the Lions International organisation. We also handed out several of our free "Message in a Bottle" plastic bottles, which should be kept in the fridge, and contain all your relevant medical information, should a medical emergency arise at home.



FORTHCOMING EVENTS: -

We will be holding our popular Annual Lions Club WORLD QUIZ on FRIDAY 19th MAY, this time at Swaffham Conservative Club, teams of up to 6, starting at 7.30pm. Cost £5 per person. Please book your team with Lions on 01760 724304.

We are also doing a Sponsored Walk on May 20th in support of Magic Breakfast, a charity which provides free healthy school breakfasts to children at risk of hunger in disadvantaged areas of the UK. This will be a 5mile walk around the Ashill area, finishing with a well- deserved lunch at The White Hart, Ashill.

Meaningful May 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
1 Do something kind for someone you really care about	2 Focus on what you can do rather than what you can't do	3 Take a step towards an important goal, however small	4 Send your friend a photo from a time you enjoyed together	5 Let someone know how much they mean to you and why	6 Look for people doing good and reasons to be cheerful	7 Make a list of what matters most to you and why	
8 Set yourself a kindness mission to help others today	9 What values are important to you? Find ways to use them today	10 Be grateful for the little things, even in difficult times	11 Look around for things that bring you a sense of awe and wonder	12 Listen to a favourite piece of music and remember what it means to you	13 Find out about the values or traditions of another culture	14 Get outside and notice the beauty in nature	
15 Do something to contribute to your local community	16 Show your gratitude to people who are helping to make things better	17 Find a way to make what you do today meaningful	18 Send a hand-written note to someone you care about	19 Reflect on what makes you feel valued and purposeful	20 Share photos of 3 things you find meaningful or memorable	21 Look up at the sky. Remember we are all part of something bigger	
22 Find a way to help a project or charity you care about	23 Recall three things you've done that you are proud of	24 Make choices that have a positive impact for others today	25 Ask someone else what matters most to them and why	26 Remember an event in your life that was really meaningful	27 Focus on how your actions make a difference for others	28 Do something special and revisit it in your memory tonight	
29 Today do something to care for the natural world	30 Share a quote you find inspiring to give others a boost	31 Find three reasons to be hopeful about the future					

ACTION FOR HAPPINESS

Happier · Kinder · Together

LIONS CLUBS INTERNATIONAL
MD105 INVITE YOU TO TAKE PART
IN THEIR ONLINE

CORONATION BALLOON RACE

VIRTUAL RACE =
ENVIRONMENTALLY
FRIENDLY!

TO RAISE FUNDS FOR THE LIONS
BRAIN TUMOUR RESEARCH APPEAL

£5 PER BALLOON

WWW.BALLOONRACE.NET/LIONSMD105

**1ST PRIZE £100 2ND PRIZE £50
3RD PRIZE £30 + 7 RUNNERS UP PRIZES**

Race launches at MD Convention on
Sunday 7th May and ends on Sunday 14th May



SCAN ME

Find us on 



Charity number 1181428



Southwell & District Lions Club (CIO)

Registered Charity No. 1186703

Coronation Quiz

Raising funds to support our local community and overseas Lions appeals



Friday 12th May 7.00 for 7.45 start
MINSTER SCHOOL, SOUTHWELL

£7.50 per person. Bring your own food
Licensed bar. Teams of up to 6

Please book in advance as numbers are limited.
Contact Steve Scall on 07779 338 887
Or email stevescall@gmail.com
lionsouthwell@gmail.com



Patriotic Afternoon Tea Dance



Celebrating
the
Coronation of
King Charles III



Sing-a-long & Dance to Popular Songs
Including Last Night of the Proms Finale

Saturday 13 May 2023

at the Polish Community Centre

True Lovers Walk, Loughborough, LE11 3DB

2.00pm - 5.00pm



Tickets £8.00
Including Afternoon Tea



Suzanne Buckeridge 07754 799639

Sue James 07856 746461

Ann Parsons 07547 907414



Loughborough Lions registered CIO Charity No 1188675



CHARITY GOLF DAY

Generously sponsored by
Ridley Godfrey FOUNDATION

Thursday May 18th 2023

Raising funds for

**CANCER
RESEARCH**

UK



Haverhill Golf Club, Coupsals Rd. Haverhill CB9 7UW

£60 PER PARTICIPANT (Haverhill Golf Club members £32.50 per person)

Coffee & bacon roll, 18 holes, lunch, raffle and spot competitions.

More info & to book davidcancercancer@relayforlife.org or tel: 01440763134



Clacton on Sea Lions Club (CIO)



Charity Golf Day



Proceeds to "Sonny's Army"
Helping families in hospital with sick children since 2019

£45 per person

{£15 per person for members of Clacton Golf Club}



Format is Singles Stableford Rules

Prizes for longest drive and nearest the pin

Thursday 18th May

Coffee and Bacon Roll on arrival from 10 am

Ham, Egg and Chips from 3pm



First Tee Off at 11.02 am

More details and Entry Form available from
www.clactonlions.co.uk/golfday

Raffle

WHERE THERE'S A NEED THERE'S A LION

Clacton on Sea Lions Club (CIO) is a Charitable Incorporated Organisation
Registered No.: 1181486



Peterborough Lions Club
- and -
Lions Clubs International Foundation



#StandWithUkraine

Ukraine Fundraising Meal

Friday 19th May @ The Grange, Netherton

£30 per person

Includes £10 donation to support the work of St Olga Ukrainian Catholic Church, Woodston, and Lions on the ground in Ukraine, via LCIF.

3-Course Ukrainian Meal

Starter: Soup (Beetroot or Mushroom)

Main: Cabbage Rolls & Dumplings
(Meat or Vegetarian)

Dessert: Selection of Cakes



Давайте їсти!

Let's Eat!



For more information, and to book, visit
<https://pblions.uk/feedme>



Huge thanks to Ivan @Pierogarnia for catering and Abbie @The Grange for hosting the event

Haverhill Lions Club

QUIZ NIGHT

Gt. THURLOW VILLAGE HALL

SATURDAY MAY 20TH 7.30 p.m.

TEAMS OF UP TO 6 MEMBERS

£5 PER PERSON

Bring your own food and drink.

To book: carol_c54@hotmail.co.uk



Lions Club of Braintree &

NAMCO FUN SCAPE
(Braintree)

Charity No:
1058615

Present:
Charity Bowl 2023

Thursday 25th May

@

6.30pm - 7.00pm

Prizes to be won

DJ

Teams of 8
£80 per team
(2 games)

25% Off any food
ordered before 7.30pm

Payment when booking.

Contact: simonjc71@hotmail.com
or phone: 07484 076773

Southwold (Sole Bay) Lions

May Fete

Sunday 28th
May on
Southwold
Common

Craft, Charity and
Collectable stalls

Morris Dancers,
Ukulele Band

Dave Donut Magic
Show

Wrentham Town Band

Laser Maze, Archery,
Bouncy Castle

Official opening
by the Town
Mayor 10.30am

Food Stalls & BBQ

Meet your friends at the Lions Tea Tent
Come and enjoy a traditional day out,
something for all the family.

[email southwoldlionscharity@gmail.com](mailto:southwoldlionscharity@gmail.com) to book a stall