



**Lions Clubs International**  
British Isles District 105CE  
*At the heart of your community*



## **MONTHLY NEWS November 2021**

My Dear fellow Lions & LEOs of District 105CE

Yet another busy 10 days, I had the privilege of attending PDG Lion Ajit Virdi's funeral, he was a very well-respected Leader in the Lions and member of the community, his funeral was really well attended demonstrating his popularity and support to his 3 boys & family who will miss him dearly.

I attended the Retford Lions Club meeting and had the pleasure of badging up 2 new members - welcome Karen & Maureen to the greatest Service Organisation in the world. Retford are also planning to plant a lot of trees in their local crematorium to contribute to the 70,000 Trees being planted to commemorate her majesty's Platinum Jubilee, have you any plans??

Your Convention committee have met to further plan our District Convention (10th - 13th March 2022), this will be an exciting weekend, a great opportunity to meet fellow Lions and find out what is happening in your District, it's also our AGM and your opportunity to influence what happens in your District. All you need to do is to book in! it's really easy - here is the link <https://www.lions105ce.org/district-convention-2022.html>

I look forward to welcoming you all at Convention.

Peterborough Lions had their 1st ever conker competition, ably organised by King Conker PDG Lion Kevin Rodgers, it was a great evening, it was staged managed so that there weren't any embarrassing moments by winning the trophy, I was knocked out in the 1st round! But still a great evening.

A date for your diary - Saturday 12th November, we are hosting a Feed the 5,000 event in Culver Square Colchester, a big area without a Lions Club, this is a great opportunity to demonstrate what we do SERVE, come along and support.

Missing People are running a few fund-raising events in our patch and need help from us to act as stewards at the following events:

23rd November - Ely

4th December - Peterborough

18th December - Bury St. Edmunds

22nd December - Norwich

If you are able to offer your help or want further information, the link below takes you straight through to their website

<https://www.missingpeople.org.uk/support-missing-people/volunteer>

As I write this message I am in the middle of the Council of Governors weekend, this is where the policy & strategy of our organisation is developed and tested and we review the great work being undertaken by our specialist officers, we have some great officers both at a National & District level, if you need advice / help or support, just ask one, all clubs will have received a copy of Lions Directory to help you all keep in touch.

Yours in Lionism

Lion David Pope **MJF**

District Governor for District 105CE covering the counties of – Cambridgeshire, Essex, Lincolnshire, Norfolk, Nottinghamshire, Suffolk and some adjacent areas.



## Hi, I'm Claire Pope the wife of DG David, my charity for the year is Young Carers.



All of us have had a childhood; imagine if you were the sole carer of your brother, sister, mum, or dad.

From working with young adults with special needs and primary school children I became increasingly aware of kids who have an extremely tough often chaotic childhood because they are caring for siblings or adults. These young carers are hidden and have had an extra hard time because support services stopped due to Covid.

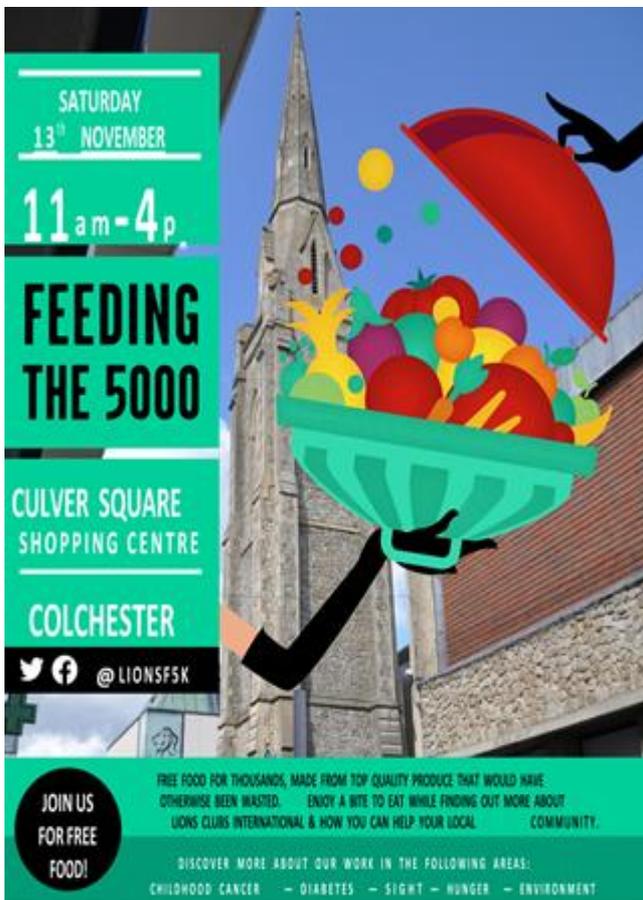
YOUNG  
CARERS

I caught Covid in December 2020 and have been diagnosed with having Long Covid. With the support of the Breathlessness Recovery Clinic, I am gradually building up my steps by 10% a week. I aim to walk around the district, so far since David became DG, I've walked 425 miles. I will keep walking to raise funds for 'Young Carers'.



Thank you very much for those who have already made donations.

### Feeding The 5000 Colchester - Update



Following on from the success of the 2018 Feeding The 5000 event in Leicester, we are organising a similar day but on a smaller scale to educate the public on the problem of food waste and elevate the conversation around food and sustainability policy. A third of the world's food is wasted every year, enough to feed 3 billion people (the equivalent of around 45 times the population of the UK) so the event will give the public an opportunity to celebrate the easy, fun and tasty solutions that exist to tackle this global problem.

The event will take place in the Culver Square Shopping Centre, Colchester on Saturday 13th November between 11am and 4pm. The aim is to feed thousands of members of the public during this time using food that would otherwise be wasted. This will be done with the assistance of the charity Food For All and the Colchester Institute who will be preparing and cooking the taster food dishes that will be served to the public using locally gleaned food produce like pumpkins, leeks and apples.

We will also use the opportunity allow others to learn more about the valuable voluntary work that Lions Clubs International do in their local communities. District Officers & GMT will be on hand throughout the day promoting their Global Cause portfolios with market stall pitches that will allow the focus on:

1. Hunger & Gleaning,
2. The Environment
3. Vision (with demos on the camera to be used in the Child Vision Screening initiative),
4. A GMT stand for Recruitment & Publicity
5. A fundraiser stall for Brain Tumour Research
6. The opportunity to have a Diabetes Awareness risk assessment.

The day itself, from setup to breakdown, will run from 8am to 6pm and volunteers would be very much appreciated. An example of the roles includes stall helpers, food servers and general hands on with setup etc. If you would like to help on the day, even if it's only for a couple of hours then please contact [sue.hibbert4@ntlworld.com](mailto:sue.hibbert4@ntlworld.com) using the attached Volunteer Form. Let's hope we can make this day a success, thank-you.

Name:		Tel:	
Club:		Email:	

Role:	AM *	PM*
Food Server 1		
Food Server 2		
Food Server 3		
Diabetes stand		
Hunger stand		
Environment stand		
Cancer stand		
Vision stand		
Membership stand		
Set up from 8am		
Tear down from 4pm		
General		

**\*Please indicate your preference and we will do our best to accommodate as many volunteers' choices as possible. Each role can be for 1 hour, 2 hours etc.\***



### **Lions your hungry community needs you!**

We have the opportunity to feed the hungry and redistribute several tonnes of waste food over the coming weeks.

We have permission to turn waste pumpkins into nutritious food. All we need is a little help for just a couple of hours.

If you are able to help at any of these sites on the days cited, please email [chris.hibbert4@ntlworld.com](mailto:chris.hibbert4@ntlworld.com). Details to follow.

6<sup>th</sup> November near March

TBA near Wellingborough

Thanks: VDG Chris Hibbert

### **Southwell & District Lions**



Lions Verdun Webley & Steve Scall met Lesley Marshall at the Newark Foodbank. Southwell & District Lions have been serving local communities for the past 40 years and none more so than now as families who have been greatly affected by the pandemic are delivered food donated by the good people of Newark and surrounding areas.

Thanks to all involved!!! Kindness Matters 



## **SAFFRON WALDEN LIONS CLUB**

To anyone living in or around Saffron Walden, the Saffron Walden Lions Club is synonymous with their Appliance Loan Scheme (ALS) which has been running from a store at Saffron Walden Community Hospital for at least the last 15 years.

This is a service where Lions provide mobility equipment such as wheelchairs, commodes, trolleys, rollators, toilet and bed raisers, walking frames etc on a short-term loan basis to members of the community, usually 2 months free of charge. All we ask is a donation if they can afford it which they can also gift aid if they are a UK taxpayer. This money then goes into our Charity Account.

Members of the local community benefit in two ways from this service. The first is the immediate help provided by the mobility item. The second is less obvious but just as important in that the money raised goes to support predominately local charities. A win/win situation for the local community.

To operate the scheme, members of Saffron Walden Lions Club take it in turns to man a weekly rota where they can take calls on a dedicated mobile phone and make appointments to meet the client at the store at a mutually convenient time to either borrow or return items of equipment. The Lion keeps a record of all donations received during the week. This is collected by the Treasurer at the end of each week. Donations can be paid in cash or by cheque or by Bank Transfer if desired.

Due partly to the Coronavirus and partly to building work taking place at the hospital, regrettably we had to close this much needed scheme for over a year. However, Lions were not idle in that time. A Coronavirus Risk Assessment was completed, and additional space was acquired from the hospital to provide a returns/cleaning area. A Safe System of Working was also agreed by members. The store was completely reorganised, everything was thoroughly cleaned and sanitised and, to create space, some overstocked items were sold for their scrap metal value and older wheelchairs were donated to the local Rotary Club who renovate them and send them to third world countries such as Africa. Another win/win situation as we are usually given the equipment free of charge in the first place.



If you would like to know more about the Appliance Loan Scheme so you too can adopt this scheme in your local area or indeed anything else we do which may be of interest to you, please do not hesitate to contact us either via our website



<https://saffronwaldenlions.org.uk> or by telephone on 0345 833 9546 or email at [saffronwaldenlions@gmail.com](mailto:saffronwaldenlions@gmail.com) and we will be only too pleased to help.

## **Stamford Lions**



On the evening of 11th November 2021 Lion Gill will be participating in an event in support of her nephew who is fighting Hodgkin Lymphoma  
On New Year's Eve 2020 her nephew, Kevin 22, was diagnosed with Hodgkin Lymphoma and has been undergoing treatment ever since. It was a devastating diagnosis for one so young with all his life ahead of him and his family. As Kevin lives in California it was not possible for the family to go over and support him due to the pandemic. Gill's Sister, Susan, came up with an idea of how to support him and vowed that if Kevin lost his hair, she would shave hers off in support. Fortunately for her he didn't lose his hair initially, but after starting a second round of Immunotherapy guess what, his hair fell out. So Susan, true to her word, said that she would shave her head and asked the rest of the family if they would join her, and they have all said yes.

The time has now come, and Susan has organised a charity dinner, near her hometown, where she will be the first to have her head shaved. As far as Kevin is aware it is only Susan and some friends/employees having their heads and beards shaved. Imagine his face when he sees, over live stream, his grandmother and other family members stepping up to be shaved.

Lion Gill is raising money for Brain Tumour Research, a charity that Lions are affiliated with, which is researching Brain Tumours in children. If you would like to support Gill raising money for this worthy cause in her nephew's name, please contact Stamford and District Lions for ways to donate.  
email [-Stamfordlions@outlook.com](mailto:-Stamfordlions@outlook.com)

## Swaffham & District Lions

Swaffham Lions held their annual Sight First awareness day in the Market Place supported by Vision Norfolk. Lions International have a major focus on vision and support eye hospitals around the world as well as giving grants for eye related disease. Swaffham Lions have worked with the guide dogs over the years raising their profile as well as fund raising. Swaffham Lions have collected over 100,000 spectacles over the years which have been sent to developing countries.

As part of the day, Swaffham's Mayor Judy Anscombe volunteered to walk around the town blindfold with Diane Stewart from Vision Norfolk acting as a guide. Following the walk Judy wrote to the Lions with her thoughts.



Thank you to the Swaffham Lions who invited me to take part in this morning's Guide Dogs Event, it was a very thought-provoking experience. My walk gave me a first-hand experience of 3 different eye conditions and demonstrated how daily life can be affected by the challenges they bring.

My guide, Diane from Vision Norfolk, took me around the Market Place and the obstacles as they presented themselves, such as A Boards and inconsiderately parked vehicles. Then wearing a blindfold, we visited the Indoor Market, where one's hearing and smell comes to the forefront within the buzz of activity. For a short time, it was an illustration of the difficulties experienced by the visually impaired in the community.



Following a very successful Coffee Morning, managed by Lion Pam Tallon, Swaffham Lions were able to hand over a cheque for £1150 to the Merle Boddy Centre. In receiving the cheque, Georgie Bell the centre manager, thanked the Lions for their support not only for the Centre but for their work in the community. Georgie also explained how the Centre managed their clients with different types of Dementia which required a high degree of skill and patience from her team.



In the Photo Lion President Tony Lakey, Lion Pam Tallon, Stephanie Harris-Doy deputy manager & Georgie Bell centre manager.

A big thank you to all who contributed to the Lions Sunday collection and Necton Co-op, we collected 34.96kg of food and household items. In the picture Nicola Claxton & Janet Bloomfield, we also collect ink cartridges and spectacles.



### District 105CE Competitions Up-Date October 2021



With the situation we have All been in over the past 18 months to 2 Years with the Pandemic and lock downs the District Competitions have taken a bit of a back seat. Some of you may remember with the cancellation of the Face-to-Face Convention last year Cabinet agreed to Postpone Competitions that had not taken place prior and to carry over any results to the following year.

As we are now returning to some sort of normality around the District I am receiving a small trickle of returns for Travelling Lion which is encouraging. Whilst we have had to endure the lock-downs some work has been carried out behind the scenes in reviewing the Competitions in particular to the Club Recognition Award. We have agreed to acknowledge Clubs who have or had in the Fiscal year a project that recognises the 5 Lions Global causes, and the winning entry will receive a Grant of £250.00 towards that cause. The Rules and conditions of Entry are now available, and it is hoped that in the very near future these will be available to view on the District web-site.

I would implore All Clubs and Members to view the District web-site and view the varying Competitions available for entry and join in the competitive spirit and camaraderie in making them worthwhile.

Remember that the results are collated over a 2-year period.

## **Bourne & District**



During the evening of Friday, 1<sup>st</sup> October, Bourne and District Lions Club, celebrated their 46<sup>th</sup> Charter Anniversary, held at the Bourne Corn Exchange.

The event was attended by 83 guests which included members of Bourne Lions, Bourne Town Mayor Councillor Paul Fellows, Mayor-ess Mrs Judith Fellows, Lions Vice District Governor Dr. Chris Hibbert.



Members of Edwin and the Dukeries Lions, Southwell & District Lions, Grantham Lions, Lincoln Lions, Louth & District Lions, New Century Lions, Peterborough Lions, Sleaford Lions, Spalding Lions, Deeping Lions and their guests.

Catering was by the Bourne Corn Exchange resident caterer, Andy Binder who provided a superb meal enjoyed by all. Saint Entertainment provided the music and our very own Lion, Shannon Mason entertained all, with songs from the 50s, 60s, and 70s, packing the dance floor with Rock and Roll to gentle Ballads.



During the evening Vice District Governor Lion Dr. Chris Hibbert presented a 45year certificate of appreciation to Lion Frank Reeves MJF. Frank is a Founder Charter and Life Member of Bourne Lions and has been heavily involved with the club, being Club President on 3 occasions.

Bourne Lions, Club Secretary, Stephen Smith MJF and Vice President Steve Wilson MJF were also presented with 30-year service pins by Vice District Governor Dr Chris Hibbert.



## **Felixstowe Lions Club.**

The second Antiques and Collectables sale on the Triangle in the town centre, held in September, raised the wonderful sum of £591.60. Once again, local company, John Good Group, has generously agreed to match fund half of the amount raised at the Antiques and Collectables sale and a cheque for £295.80 has been received.

The John Good Group runs a charitable fund called the Matthew Good Foundation. The foundation was set up by Tim Good, Director of John Good & Sons in the memory of his brother Matthew Good, who passed away in 2011 whilst taking part in a marathon for charity. He was the 6th generation to work in the family company which has been in business for over 185 years and is still family owned.

The family business donates money to the Matthew Good Foundation each year allowing the staff of John Good Group to apply for grants and support many charitable causes in the UK and around the world.

Felixstowe Lion, Dave Cole, who works for the group, was successful in applying for a grant to help support the charitable work the Lions carry out.



The photo shows Felixstowe Lion Dave Cole handing over the cheque to Lions President, Richard Woolnough.

Over the course of this year, the sum of £265 has been raised by the sale of Bug Hotels and Bird Boxes made by our President, Richard. These desirable residences have proved very popular with local 'bugs and birds'. A new line will be Hog Boxes for hedgehogs, and we are sure these will be equally as sought after.

The Car Boot sales held each Saturday over the summer months and organized by Lions have raised over £2000 so a big thank you to all buyers and sellers who took part to help raise this amount.

## The Deepings Lions Club Developing a Sensory Garden



Back in March The Deepings Lions formed a partnership with The Deepings Community Centre and Sense to develop sensory areas within the Centre's garden. Once the partnership had been formed the club's gardening team quickly swung into action clearing unwanted vegetation and other waste materials.

The partners agreed that the garden should be accessible and enjoyable for the whole community, with features that can be enjoyed specifically by people with complex disabilities and sensory loss, many of whom have felt more isolated after the restrictions due to the Covid pandemic.

The design, which has evolved over time, reflected this need and currently includes raised beds for fruit and vegetable growing, an activity play area, a quiet area and fun sensory garden creatures – a mole, a bee and a hedgehog made from unwanted compost bins!



Other items planned include a herb table, a wooden bench, a minion character, a massive frog painted on a garage door, musical percussion chimes and a solar/battery powered water feature.

In addition to the club's own donation and work many others in the community have contributed to the project. Donations have been received from members of the public, the Deepings Community Trust, South Kesteven District Council, Market Deeping Town Council, Deeping St James Parish Council, Deeping St James United Charities, Rotary and Round Table. Material donations have also been given: a skip (Mick George Company), fence postcrete (Jamie Brews Garden Services), bird nesting boxes (Rotarian Sue Titman and her husband Bob) and tyres and inner tubes (Towngate Tyres). With the support of the Deepings Youth Group a local artist Emily Bowers has kindly agreed to paint a summer scene mural on a newly installed fence



to accompany five large colourful flower chalk boards. The gardening team also received help with the work from members of from Deepings Round Table who built an arbor and raised beds and the Deepings Rotarians who helped to construct the play area.



Going forward the team plans to raise further funds to complete the garden by springtime and open it for everyone to enjoy by just booking with the Community Centre.

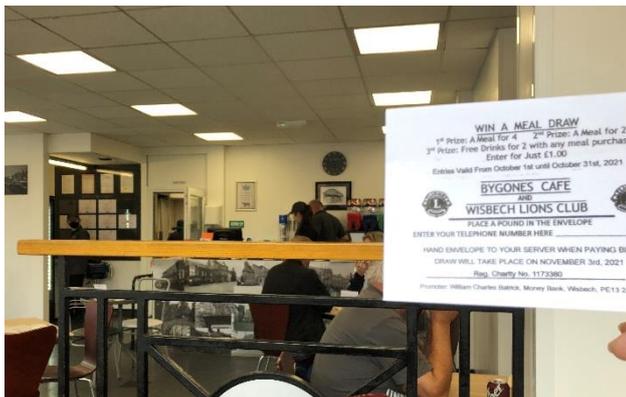
Anyone who wishes to help fund the completion of the sensory garden please send donations by bank transfer to: The Deepings Lions Club CIO, Sort Code: 20-63-28, Account No. 83634442 or by cheque payable to The Deepings Lions c/o The Deepings Community Centre, 2 Douglas Road, Market Deeping, PE6 8PA.

If you'd like to find out more about The Deepings Lions, please contact us via our Facebook Page. Described by the Fenland Citizen newspaper as a 'Suave night for James Bond fans at The Luxe Cinema', the Wisbech Lions Club hosted a fundraiser which was just that. In collaboration with Nathan Smith, the manager of The Luxe Cinema, and the agreement of Universal Studios, the second night showing of the film 'No Time To Die', was allocated to the Club to sell the tickets to raise funds, and of course to have a lot of fun. It was shown as Sold Out online and purchasers were directed to contact Lion Money Penny, aka Lion Caroline Edmunds to pay!

Scunthorpe Lions Club are pleased to announce that their 2022 Charter lunch will take place on Sunday 20th March 2022. This is a firm date for your diaries.

Details of confirmed venue and menus will be provided later.

## Wisbech Lions



Every year at about this time, local café owner and life-long Wisbech Lions Club supporter, Andy Maul, Bygones Café, holds a fundraiser on our behalf. For the month of October all his customers will be offered the chance to win meals in his café for a £1min donation in the provided envelope. This fundraiser often helps towards the cost of sweets for Santa to give away over the Christmas period. It has in past times, also led to potential members being identified, and later joining the Club.

The Club Activities Chair, Lion Maureen Smart said "Andy is a very kind-hearted person and great supporter of our Lions Club. This is just one of many things he does for us through the year. We also have our club meetings in his café where he stays open just for us, after a very long day."

The draw will take place at our next meeting on November 3<sup>rd</sup>.

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Inviting the Wisbech Town Mayor, Cllr Andrew Lynn and Deputy Mayor, Cllr Susan Wallwork to the 007 event proved a great success, as local photographer Adam Fairbrother was at hand to record the event for the local newspaper and increase awareness of our Lions Club.

69 tickets of the 78 available were sold ahead of the night. The Luxe has luxury leather armchair seat and also sofas. The usual charge is £5 per seat, and this was simply doubled to raise funds. The event was advertised on Facebook and shared by many followers and other clubs, and it became one of the most successful Facebook posts for the club. The call for help with raffle prizes went to members of the Friends of Wisbech Lions Club group and that call was answered.



We also found we had new friends just waiting in the wings as the club was supported by many small local businesses and a few larger ones too.



Most cinema fans answered the call for it to be a black-tie event and posh frocks and a fun time was had by all.

Nathan Smith ran the raffle with his staff on the night and sold all the raffle tickets for us so the club members could enjoy the night.

Club President Lion Alan Edmunds said "It was a jolly good evening and highlighted the good standing Wisbech Lions Club has in Wisbech. Members really rallied round to make sure attendance was good and were pleased to have visiting Lions too.



£503 was raised after expenses. In part the money will help a local group focussing on helping feed people in poor circumstances.

Wisbech Lions Club held our Bonkers for Conkers night at Oasis Centre on the evening of 8th October. As we missed this fundraiser last year due to the pandemic there was much excitement amongst the members. We had Lions teams from Wisbech, Whittlesey, Littleport, Huntingdon and Graffham Water including our Region Chair Lion Peter Wallwork, and many other friends.

We started the evening with a substantial supper prepared by our Social Committee, Lions Jacqui, Maureen, Avis, June and Ron. Many tempting desserts were made by Wisbech Lions members. The organising members, Lions Bill, Marilyn, and Chris put the fun night together, and trophies were presented to the winners.



Junior winner - Harriet Stares.  
 Ladies Champion - Julie Gray, playing for Wisbech Lions.  
 Men's Champion - Lion Goff Clarke of Littleport Lions.  
 Non-Lion Team winner - Stares to Success.  
 Lions Team winner - Littleport President's Team.

The evening was completed with a raffle, and we are most grateful to all who supplied the wonderful prizes. We would like to thank Photographer Adam Fairbrother who captured some interesting photos during the match. Also special thanks to Chris and team at Oasis for their continued support on this very enjoyable evening. Profit from this event will go to a local worthy cause.



One of our competitors, Ady Hurrell former World Champion 2007, was most pleased to let us know that 2 days after this event he became World Champion 2021.

This week Wisbech Lions Club members joined with Wisbech Rotary Club in response to the invitation by the International President to 'Celebrate Community' with another organisation.

Both spent £100 to provide food and other items for a group that helps rough sleepers, and others in need of a meal. 50/50 Vision, part of the Salvation Army feed rough sleepers, Monday – Saturday between 4pm and 7pm. A team of volunteers help cook food and serve to anyone who appears. Spike Crowson is the leader of 50/50 Vision and has made it his life work to help others like this. Spike is also a likely new Lions Club member.

Wisbech Lions Club approached a local butcher, Royal Blue Meat Company and purchased £100 in meat goods. The company sold their produce at cost price. Wisbech Rotary purchased other items from a variety of locations. Meat is a rarity in the usual weekly offering.



Each night members of both groups were inducted by Spike and given their instructions – some becoming instant chefs overnight! We were also joined by potential new members who got stuck in and thoroughly enjoyed the experience.

During the 6 nights, 225 hot meals with drinks and desserts were served. Spike does this 52 weeks a year! He gave out donated jackets, bedding, toiletries, clothing and tents for emergency shelter. One new home was found during the week for one person. We were all there for the less fortunate when they needed help. The rough sleepers were met with compassion, empathy, and non-judgemental outlooks. They responded with thanks and many members were almost overcome with the emotions of each night. Myths were dispelled.



We know the Wisbech Rotary members well and it was a great chance to work on a joint project. The spin-off will be the future joint meetings to review how we can help again.

This project has been recorded on MyLion as part of the Hunger Cause.



## Great Yarmouth Lions

Sonya Smith – Youth Officer of Great Yarmouth Lions Club said: This was just an idea I had while we were all in lockdown. The poster competition was arranged by Great Yarmouth Lions Club and First Eastern Counties before the summer. Over 300 amazing entries from children across Great Yarmouth. With two categories of entry, ages 5 to 11 and 12 - 16. The two winners were Bobbi from Ormiston Herman Academy and Ashnetha from Ormiston Venture Academy. Each of the winners have had their winning poster design put on the back of the bus and were presented with a £50 voucher and tub of sweets. Russ Smith – Operations manager of First Eastern Counties said: We have been working with the Lions now for several years and its always great to be part of their community projects. Judging the competition was hard as the entries were of such a high standard and very colourful.



## New Ways November 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Make a list of new things you want to do this month	2 Respond to a difficult situation in a different way	3 Get outside and observe the changes in nature around you	4 Sign up to join a new course, activity or online community	5 Change your normal routine today and notice how you feel	6 Try out a new way of being physically active	7 Be creative. Cook, draw, write, paint, make or inspire
8 Plan a new activity or idea you want to try out this week	9 When you feel you can't do something, add the word "yet!"	10 Be curious. Learn about a new topic or an inspiring idea	11 Choose a different route and see what you notice on the way	12 Find out something new about someone you care about	13 Do something playful outdoors - walk, run, explore, relax	14 Find a new way to help or support a cause you care about
15 Build on new ideas by thinking "Yes, and what if..."	16 Look at life through someone else's eyes and see their perspective	17 Try a new way to practice self-care and be kind to yourself	18 Connect with someone from a different generation	19 Broaden your perspective: read a different paper, magazine or site	20 Make a meal using a recipe or ingredient you've not tried before	21 Learn a new skill from a friend or share one of yours with them
22 Find a new way to tell someone you appreciate them	23 Set aside a regular time to pursue an activity you love	24 Share with a friend something helpful you learned recently	25 Use one of your strengths in a new or creative way	26 Try out a different radio station or new TV show	27 Join a friend doing their hobby and find out why they love it	28 Discover your artistic side. Design a friendly greeting card
29 Enjoy new music today. Play, sing, dance or listen	30 Look for new reasons to be hopeful, even in tough times					

ACTION FOR HAPPINESS

Happier · Kinder · Together

## An accidental meeting

Steve Scall and Lynne Roberts met downtown in Grantham to discuss a 'Virtual Balloon Race' for the district. They are trying to arrange this for Lions Brain Tumour Research appeal. To their surprise they bumped into these three lovely ladies. Lions Aileen Blow, Carol Coxhead, and Sue Whitworth.

Aileen and Carol had been abandoned by their husband's lion Derek and Bob, who had gone fishing the ladies collected Lion sue for shopping and lunch! Go ladies!

**Get ready to fly your balloon for Brain Tumour Research.**

**Or even 'Spin some Wheels' for them. Don't know what this is all about**

**then just get in touch with Lynne. [braintumour@lions105ce.org.uk](mailto:braintumour@lions105ce.org.uk)**



JOIN IN THE FUN!!  
GET INVOLVED IN THE



# SPINNING WHEELS CHALLENGE

Organise a:

- Go kart race
- Spin the Wheel party game
- Bike ride
- A trip on a Ferris wheel
- Car rally
- Trolley dash or
- A wheely big idea of your own!



How to donate monies raised from your wheels event to the **Lions Brain Tumour Research Appeal** - scan the code opposite or via [www.lionsbraintumourappeal.co.uk/donate](http://www.lionsbraintumourappeal.co.uk/donate)

Thank you for your donation, all monies raised will support the appeal.

Contact Trustee: Derek Reynolds [reynoldsderek48@gmail.com](mailto:reynoldsderek48@gmail.com)



## Clacton Lions



It's been 2 years since we last did a Charity Auction and it was a bit of a gamble as we weren't sure if the public were ready for an inside event, but there was no need for us to worry. We had 270 lots donated, ranging from golf sets to vintage metal airplanes and we were pleased to see our 'regular' buyers plus a lot of new faces turning up to support us. A big event like this was over 6 months in the

planning and 13 Lions and 13 volunteers (3 potential Lions) all volunteered to help on the day. It was fast and furious bidding from 10am and at 3pm the last lot had been sold and collected and we waited with bated breath for the total raised. A fantastic amount of £1,700 was raised from the day's sales, when combined with other items sold privately the grand total was £2,189.11 A great example of teamwork at its best - our next one will be in 2023.



Last year on Christmas Day - Clacton Lions Club and Clacton Veterans worked together to fund, cook, and deliver 235 Christmas meals to local residents. As well as having a good working relationship, we do get invited to attend their fundraising events - normally based around food. Lion President Alan and his wife Judith recently attended their Pie and Mash evening event, and Lion Jim - who served in the Merchant Marines - and wife Lion Liz accepted their invitation to attend one of their mega breakfast events.

There is a cross section of Veterans there from all of the services, who make us feel very welcome and share the same ethos as us Lions.



Clacton Lions Club meets up at the local indoor Bowls Club, which closed completely 18 months ago due to the pandemic. Like many other Clubs, Zoom meetings became 'the norm' but our members decided that in October, they would be comfortable enough to resume indoor meetings. It was a meeting with extra highlights - firstly we badged up a new member - Welcome Lion Iain McKenzie to the Lions family. Lion President Alan also revealed the Club's new design bannerette showing the 132 square mile area that our Club now covers - We don't just cover Clacton on Sea but the whole of Tendring.



Councillor Jayne Chapman - Mayor of Brightlingsea sent Clacton Lions an invitation requesting their company for the Re-dedication of their War Memorial and Gardens / celebrating 100 Years of the Royal British Legion on Sunday 17<sup>th</sup> October. 9



Lions and 2 prospective Lions were pleased to accept her invitation, so dressed in their Lions best - and Lion President Alan wearing his chain of office - they attended the ceremony taken by the local Rev. Caroline Beckett. Afterwards there was a reception at the Royal British Legion - and who are we to refuse free food!!! It was the perfect time to rekindle the friendships that we have with members of the Brightlingsea community, and we look forward to seeing them all again at their Remembrance Day service. And YES - the lady vicar has dreadlocks!!!



## Edwinstowe & The Dukeries

We have now got the ball rolling regards the specs project. Pictured is club President Rob Crampton with store director Nigel Davidson.



**YOUR CLUB COULD DO THE SAME, JUST GIVE IT A TRY.**

