

The Bulletin

November 20 2023



Spalding Lions Club

LIONS DISTRICT 105CE

DG Paul Southerton

2023 – 2024

At our recent business meeting, two of our Lion members were presented with length of service awards by our President Lion Stuart East.

Lion Eileen Robson was presented with her chevrons for 20 years' service to Spalding Lions and Lion John Steel with his 40 years chevrons. John was also given an engraved commemorative glass together with a bottle of his favourite tippie.



Lion President Stuart congratulated and thanked them for their commitment and service to Spalding Lions Club.

John's wife Sue was asked to join the presentation and was presented with some flowers to thank her for her support.

On Saturday 7th October, Spalding Lions attended the annual Spalding Pumpkin Festival.

We sponsored the 'Fancy Dress Competition' and our 'Lion' aka Lion President Stuart and

Lion Eileen helped to choose the winners. We had our stall with tombola, various games, and free balloons for the visitors to the event.

On what was a warm early Autumn Day, we engaged with the hundreds of visitors and had a successful day raising funds.



Swaffham and District Lions Club



On Saturday 28th October our Lions Zone hosted a Social Evening at Great Dunham Village Hall, with a Beetle Drive and Hot supper. Local clubs competed for the "A47 Trophy", which was won by the Norwich North Alpha Lions, and David Bloomfield won the Individual prize for the best score. The event raised £260 for the District Governor's Lady's charity appeal, Cardiomyopathy.

The Lioness Branch Club held another Pudsey's Pudding Quiz in November, another fun quiz with lots of delicious puddings being served at the interval. This has made around £300 to go to Children in Need. The Lions are also collecting for Children in Need at Tesco, along with promoting our Diabetes Awareness stand.

We took part in the Health Promotion Day at the Assembly Rooms organised by the Campingland Surgery, where we ran our "Message in a Bottle" stall, giving away a number of our plastic bottles which store one's medical information in case of an emergency. We have recently helped with the Poppy collections and laid our Lions and Lioness wreaths at the War Memorial on Remembrance Sunday. We will be collecting in Tesco for the Foodbank at the beginning of December.

Looking forward to Christmas, we will have our Christmas Tree in the Church Tree Festival, will be running our Christmas Tombola stall in the Assembly Rooms, and also preparing for the usual Pensioners Christmas Party at The Nicholas Hamond Academy. Our "Santa" charity collections will be taking place at both Tesco and Waitrose in the run up to Christmas. Season's Greetings to you all.

Wisbech Lions Club

Bonkers for Conkers 2023!

What a great night of fun and laughter. Thank you to everyone that helped to make it a successful evening, everyone who attended, including the reigning World Champion Ady Hurrell, and to our hosts for the evening, Bygones Andy, Vicki & Staff. This year the funds raised will go towards getting Hunter some special gifts whilst he spends several months in hospital receiving treatment for Lymphoma. Hunter is a local 6 Yr old who loves his football. It's a very difficult time for Hunter and his family. If you would also like to help you can donate using the link below. <https://gofund.me/fffe33e0>

Congratulations to all of our conker champions. 🏆 🙌 🙌



Are you interested in a QUIZ SHEET FUNDRAISER with no outlay, no risk, and hardly any effort?

Once again Peterborough Lions Club are offering our quiz sheets on a 50:50 basis. **At £2/ea that means you keep £1 from each one sold**, sending the other £1 to us. **We cover the printing costs, the prize costs, even the distribution costs** – and that's after we've put all the time into compiling and designing the quiz in the first place!

Why would we do this? Because **"We Serve"**. Assisting your fundraising efforts means that additional funds are brought back into the community for the good works that Lions do all across the country. Once the hard work has been done to create the quiz, printing some extra copies costs peanuts. And even after taking out costs from our 50% there's still a decent contribution to our fundraising efforts, including for this year's President's Project supporting the homeless around Peterborough. It's the perfect "win-win"!



So, why wouldn't you take part? **We'll have "starter packs" of 25 sheets at Lions Share on 7th October – take a look at them, judge them for yourself.** If you think you can sell more than 25 let's talk – some clubs already sell hundreds. We take the risk, you only owe us £1 for each one you sell, and you have until the end of the year (the quiz closes on 13th January, and many people buy them as stocking fillers).

The Peterborough Lions Quiz has been running for decades (started by Lion John Cheetham) and selling on a 50:50 basis has been a huge part of their success over that time. **Come and say "hi" at Lions Share, or contact Mark Rogers directly at mark@peterboroughlions.org.uk, 07740195046**

Finally, if you're already doing something similar that we could sell on a 50:50 basis, tell us more!





Lions Clubs International

New Voices



KILI FOR KIDS CHARITY EXPEDITION

FOR THE CORE RENOVATION OF MWERENI SCHOOL FOR VISUALLY IMPAIRED

Climbing for a Cause: Kili4Kids Takes on Mount Kenya to Empower and Protect Children with Albinism

Kili4Kids 10 Lady Lions 10 different countries - what made us do it ?

In 2019 the Kili4kids team climbed Mount Kilimanjaro to raise monies for children in Africa. When we went to do the climb we were met and hosted by Lions from Tanzania as Mount Kenya spans the border. They took us to visit local schools and at a School for the visually impaired we noted just how many albinos there were.

We did our climb of Kilimanjaro and raised over \$100,000. In fact we raised \$104,000 and we wanted to donate some of the monies to the school that the Tanzania Lions had taken us to see as a thank you for hosting. However we were not allowed to do this as we had pledged our money to the Amrita Centre in Kenya.

Covid struck and it has taken till now for the school of 4 classrooms, dining hall and kitchen to be built. We were delighted to go for the opening ceremony. Then we had a thought, we are flying all that way... let's climb another mountain and this time for the Albino children...



In some parts of Africa, kids with albinism are being hunted and their limbs sold in the belief the body parts bring wealth, happiness and good luck. Lions International, a renowned non-profit organisation, dedicated to humanitarian causes, announces its latest endeavour.

The climb took place on August 28 to September 2, 2023, during which a team of 17 brave and passionate women from all around the world embarked on the journey of a lifetime. Mount Kenya, Africa's second highest peak, is a symbol of strength, perseverance, and this project showed the power of collective action.



Why did we do it?

- To build one new dormitory so as to enroll 80 more albino children who lack access to education.
- To improve the water infrastructure and storage facilities network by connecting water to the new dormitory.
- To advocate for the needs of albino kids so as to motivate other organisations to support the children living with albinism.
- To establish and nurture stronger co-operation and collaboration between Mwereni School and other organisations supporting children in vulnerable conditions.



Lions Clubs International Foundation (LCIF). By focusing on education and healthcare, the organisation strives to break the cycle of poverty and create a brighter future for these young minds. The funds raised from the Kili4Kids campaign will go directly towards creating the school, providing educational ensuring resources, and ensuring access to proper healthcare.

#LionsGetInvolved





Lions Clubs International

New Voices



KILI FOR KIDS CHARITY EXPEDITION

FOR THE CORE RENOVATION OF MWERENI SCHOOL FOR VISUALLY IMPAIRED



The climb was steeper and steady. No 5-star facilities that's for sure - weeing in a bush takes practice not to wee on your boots!! The food tent was always buzzing with so many people. As we got higher and colder altitude sickness hit several of us. We left camp at 1am to get to the summit. Headaches, vomiting and nose bleeds were common. We hit Simba Tarn at sunrise and took amazing pictures at 4,600m. Those of us with altitude sickness then cut across the mount to get down to Shipton Camp to relieve the symptoms. 9 carried on the extra 200m to peak Lenana. We then had a full days trek to get to the next camp. I reached our night camp at 7.15pm - 17 hours trekking!!!! Needless to say I slept well that night and by morning as we were at a much lower altitude my headache had finally gone!!!! We all made it down safely with no major damage despite my climbing against advice with a torn tendon in my ankle. The aches and pains all seem to disappear as you see the monies coming in and we have to hit our target of \$100,000 to build a safe place for these children.

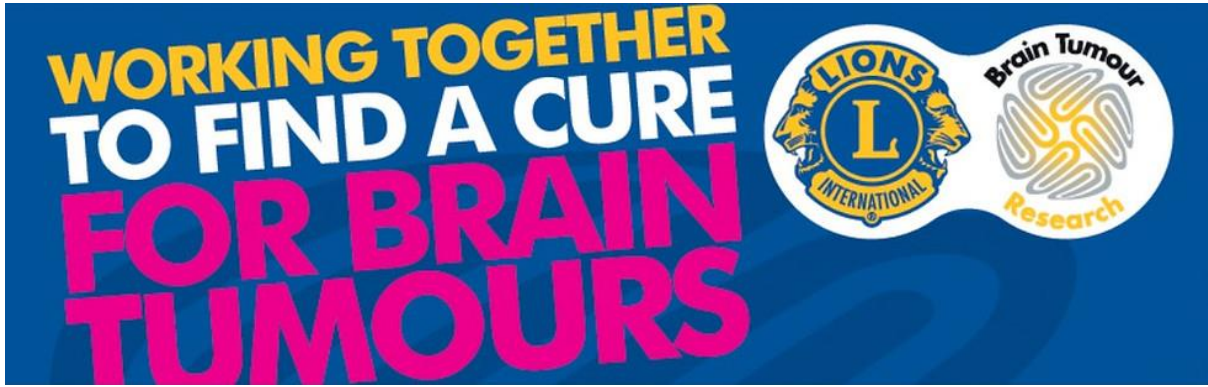


I would like to take this opportunity to thank everyone for their support both financially and emotionally. All the good wishes certainly helped.
Heidi Ann Nathan (Helen Keller Internet Lions Club)

Calendar for Kili4Kids will soon be available to purchase



YOU CAN STILL DONATE
Anyone who would like to donate to this wonderful service project can still do so via Helen Keller Internet Lions Club
HSBC Bank Sort Code 40-37-25 Account No. 23898067



Lions 105 Brain Tumour Research Appeal Updates

Fellow Lions of MD105,

All the Trustees of your MD105 Brain Tumour & Paediatric Cancer Foundation would like to say a big thank you to all the Lions and Clubs for all your support and donations to our Foundation over the last couple of years.

You made it happen! To date you have through your ingenuity and tenacity for fundraising contributed over a quarter of the one-million-pound target.

How have you done it? Skydiving; Sport Challenges; Mermaid Hill Climbs; Fashion Shows; Wellbeing Events; Virtual Balloon Races and Rallies; Charity Bucket Collections; Crazy Hat Days; Stalls; Walks and donations just to name a few.



However, we know that you are not done with achieving your target of one million pounds. We are a quarter of the way there and would appeal to you all again to give generously to help vital research funding this year. Every penny count's, every pound even better, your help is vital. It is unfair to die young when what is required is sustained in depth research and treatments to eradicate this disease. You can begin today by joining **The 250 Club** to raise funds and win! The draw takes place once a month and one number in the draw costs as little as £2.50 per month which equates to £0.08 pence per day – not much to find a cure for this dreadful disease

You may wish to see your balloon/s fly virtually across the skies.



Once again, we will be racing virtual balloons for our Multiple District Convention in 2024. Let's see how many we can race across the skies. More details to be released shortly.

The funding for Brain Tumours in the UK needs all our help to progress. Over recent years progress is being made but there is still much to do. Modern medical A.I. (We hear much about in News), is helping speed up accurate research as well; All thanks to your support for this cause, that is dear to so many of us and we are pleased that the funds raised from the Lions Brain Tumour Appeal is going to good use!

An automated pipetting robot was urgently needed to free up group members from extended periods of laborious and repetitive pipetting (higher probability of mistakes occur during repetitive tasks). The time saved will allow other tasks to run in parallel, significantly accelerating capacity.

It was your donations and support of this cause, which is dear to so many of us and are pleased that the funds raised from the Lions Brain Tumour Appeal and a matching grant from LCIF has been able to purchase the automated pipetting robot.

Your provision of this equipment is having a tremendous impact on the speed and accuracy of the investigations being carried out. Which ensures identification of the different types of brain tumours which enables patients to directly benefit from treatments that are targeted to the tumour type and is less invasive and offers more positive outcomes.



In the following months your Foundation, Multiple District & District Officers will be organising many events with your help as Lions, Clubs and Districts to achieve your goal of one million.

“Where there is a need there is a Lion” and the need is no more so, than now, so please ALL LIONS AND LIONS’ CLUBS help us all achieve your goal. Let us support your MD105 Brain Tumour Foundation and help science achieve progress towards the causes and cures.

Thank you to All the Lions, Clubs & Districts of MD105.

For and on behalf of the Lions MD105 Brain Tumour Research & Paediatric Cancer Foundation Appeal Team.

Signed: Lion *Mary Ann Woodman*

For and on behalf of
MD105 Brain Tumour & Paediatric Cancer Foundation





Lions Clubs UK Charity Foundation

LCI MD 105 FOUNDATION (CIO) Registered Charity Number 1164711

UK FLOOD GRANTS

BACKGROUND

During the last two weeks we have seen unprecedented rainfall and consequent flooding in parts of the British Isles so the opportunity and need for local Lions to support their own communities is crucial.

Providing help to those affected by flooding is both immediate and longer term, meaning that there are opportunities for clubs and their members to come to the aid of those in their area.

HOW THE MD105 FOUNDATION CAN HELP YOUR CLUB

The MD Foundation wants to offer its support to clubs and invites applications to the MD105 Foundation Disaster Fund to help with suitable projects and initiatives. Grant applications of up to £5000.00 will be considered subject to the availability of funds.

The Foundation encourages applications where some matched funding/commitment is already in place so that we are working in partnership with Clubs and/or Zones.

If you wish to apply as either a Club or Zone please contact the Foundation's Secretary, Lion David Atkins, for an application form. Once completed return the form by e-mail to the Foundation's Secretary - davidatkins@lionsclubs.co.uk

The Trustees are very conscious of the potential urgency of the situation and will give as swift a response as is possible.

HOW TO SUPPORT THE FOUNDATION

The Foundation has reasonable funds in the MD Disaster Fund but these could quite easily be granted to suitable projects over the coming weeks so any donation to the Fund would be most welcome.

Donations can be made via your District Treasurer, clearly stating that you wish them to go to LCI MD105 Foundation Disaster Fund.

If ever there was a time when we need to show Acts of Kindness it is now!

Lion David Atkins Secretary
H 01458 443055 M 07785 900682
On behalf of the Trustees of the MD105 Foundation

17th November 2023





Louth and District Lions Club

55th Charter Anniversary Dinner

The Brackenborough Hotel

Cordeaux Corner

Louth

LN11 0SZ

Lion President Andrew Mackenzie and the members of Louth and District Lions Club would like to extend a warm invitation to your members to join us in the celebration of our 55th Anniversary Charter Dinner. The event will be held at the Brackenborough Hotel on Saturday 24th February 2024.

Details as follows:

Assemble: 7.00 for 7.30, Carriages: Midnight, Dress Code: Black Tie.

Dance Music: Ricky Lee, Ticket price: £35.00pp. (Payable with booking please)

BACS Account Number: 00245742. Sort Code: 30-95-22. Ref: Charter

Payment by cheque: Please make payable to Louth and District Lions Club

Kindly let Lion Christine know if you are able to attend and inform her of your menu choices.

Contact Lion Christine at cmvickers@hotmail.co.uk OR on 01507 604151 OR 07718 172942

Sleaford and District Lions Club will be celebrating their 50th Charter Anniversary in 2024.

The Charter will be held at the Solo Bar and Restaurant, Market Place, Sleaford on Sunday, 12th May 2024. It will be a celebration lunch commencing at 12.30 pm for



1pm.

Further details at to menu choices and cost will be distributed at a date nearer the event.

This hopefully serves as a Save the Date entry in your diaries.

The members would love to see you there to celebrate the half century.

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