

The Bulletin

October 10th 2022



A word from the Vice District Governor, Paul Southerton.

LIONS DISTRICT 105CE

DG Dr Chris Hibbert

2022 – 2023

My role as VDG so far has been very interesting and enjoyable meeting our wonderful Twinning partners, meeting different Lions on club visits, plus attending the council of governors meeting. This is far more of a learning curve than last year with plenty of training both by zoom meetings and face to face meetings and I have met some wonderful Lions from around the world.

My ambitions for the remainder of this lionistic year is to continue learning about the role of District Governor and to help D.G. Chris as much as I can and support the 2nd VDG where possible.

With the help of IPDG David and the current DG team fresh ideas are coming out for the benefit of all our members, and these will become more apparent as the year progresses, but we start off with the upcoming Winter forum later this month with some of the great service activities that our clubs have done.

LIONS DEVELOPMENT OPPORTUNITIES

There are many opportunities available to Lions to develop their knowledge of the organisation and their own skills. The role of the Global Leadership officer is to make members aware of these opportunities and to offer guidance.

There is a wide range of online material available to all Lions which can be accessed in the Learn section of My Lion for which all members can register. Additionally, at District level, we aim to provide further opportunities. Below are the proposed development events

Planned Events

October My Lion Faculty Development Institute
November Club Quality Initiative Leadership Development Symposium
January Potential Club Officers
February Developing new members
March Certified Guiding Lion Regional Lions Leadership Institute
April Potential Cabinet Officers
May Club Officers
June Advanced Lions Leadership Institute Incoming Cabinet Officers

Please watch the Monthly News and Bulletins for further details.

It is likely that more will be added, and we are always prepared to receive requests to cover topics that members feel they would like to discuss/learn more about. If you have any areas you would like covered please contact Lion Graham Venables, GLT lead, on gmals@lions105ce.org.uk



LEADERSHIP SYMPOSIUM

This event will take place on 26 and 27 November 2022 at The Chesford Grange Hotel, Kenilworth. It is an opportunity for members with less than five years' service to learn a great deal about the wider world of Lions and to meet with members who are at the same stage in their Lionistic development.

There are initially five places available to each District and applications must be submitted by 10 October 2022. 5 CANDIDATES ARE NEEDED SO APPLY NOW.

Purpose:

The main aim is to bring together younger/younger in-service members for a wide-ranging discussion, encourage lateral thinking, to obtain the views of the next generation of leaders within MD105, and to inform our thinking for the next 5 to 10 years.

We need to ensure that what we do in our Multi District is relevant to today's society.

This may be first entry level experience of leadership topics and for many, club level responsibility may be the next step. Depending on length of service a District role may be more appropriate and will be very much down to every individual, local needs, and development opportunities. The Symposium will run from 10.00 on Saturday through to 15.30 on Sunday. Attendees will be expected to attend all sessions including evening dinner. MD105 will be providing accommodation, meals, and refreshments for the duration of the Symposium only. Arrival on Friday night can be arranged directly with the hotel and details will be part of the confirmation letter to all attendees. This will be personal choice, and many will arrive on Saturday.

There is no formal agenda as the programme is very much driven by the needs of the attendees.

If you qualify and are interested in attending, please contact Lion Graham Venables (Global Leadership Training Support) gmals@lions105ce.org.uk

URGENT! URGENT! URGENT!

Youth Officer needed for our District.

We Currently don't have an officer for Youth Exchange. As we are now in a post pandemic era the world is opening up, and Youth Exchange is again on the agenda. 2023 is the 60th Year so there are big plans in place.

What is YCE?

The YCE program is comprised of two major parts: international exchanges and international camps. Exchanges typically last for 4-6 weeks with the help of host families (Lions or non-Lions), sponsor clubs and host clubs. Camps last for 1-2 weeks and are operated voluntarily by the hosting Lions club. Sound interesting? Did you know the YCE program has been a part of Lions International for 60 years?

If you would like to know more, please visit the MD website:-

[Youth Camps and Exchange \(YCE\) | Lions Clubs International](#) and then contact me.

Sue Hibbert

Lion podcast, Step Forward and Volunteer

Step Forward and Volunteer is a monthly podcast from Lions Clubs British Isles, featuring stories, information, and discussion about local community volunteering. Through conversations with inspirational guests, Step Forward and Volunteer celebrates the positive difference volunteering makes to communities across the British Isles and beyond.

In this episode, we welcome:

- Andy Ansell – Head of Estates, and Mark Ellis – Head of Visitor Experience from the National Memorial Arboretum in Staffordshire. They tell us about what makes it a special place to visit.
- Next, we hear from Annie Vickers, a member of Basingstoke Lions about the club's mascot. Annie explains how Lennie the Lion has become so popular that the club regularly receives requests for guest appearances.

All eight episodes of the LION Podcast, 'Step Forward and Volunteer' can be listened to and/or downloaded from Podbean, Spotify, Apple Podcasts and Google Podcasts.

You can hear the full LION Podcast 'Step Forward and Volunteer' through the following link <https://lionsclubs.co/Public/lion-podcast/>

Young Ambassador of the 21st Century

As part of the aims of Lions Clubs International, we endeavour to support those young people who are involved in projects which support others. In this programme we are looking for those who are between the ages 15 to 19 years, are playing a leading and guiding role in a project and are looking to expand this service. They may be in organisations like St John Ambulance, Scouts, or volunteer at a temple. Or they may have an individual project close to their heart.

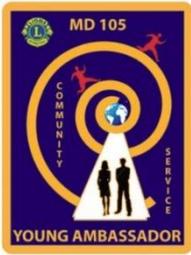
The previous 2 district winners have been very different. 2020 winner Ellie Mae was contacted via St John ambulance and was their county Cadet of the Year. Whereas the 2021 winner, Destiny, was found giving service through her own charity Sonny's Army, via social media. Many young people give of their time to serve others – we just need to use all our contacts, social media, eyes, and ears to find them.

This year the district event will be held in November. I have not fixed a venue as I will match it to best suit where we have candidates. I would like to challenge you all to unseat New Century as the District winners. I'd like to challenge you to REWARD young people for their service to the community.

As District YA Officer and a member of the Club who has discovered the winner for the past 2 years, I would encourage all clubs to look out for these fantastic individuals. Our Club has learnt so much more about how young people serve. We are also proud to say that we gained 2 young members. But this was not the incentive, this was the bonus.

If you would like any help seeking out potential Young Ambassadors or need advice on how to prepare them for the competition, then please contact me.

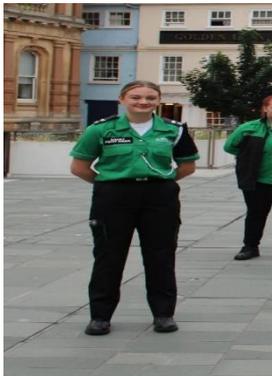
Lion Sue Hibbert
District Officer for Young Ambassador
Youth Lead



The Young Ambassador Competition is designed to recognise the amazing work done by 15 - 19-year-olds in your local community. So why not get involved this year?

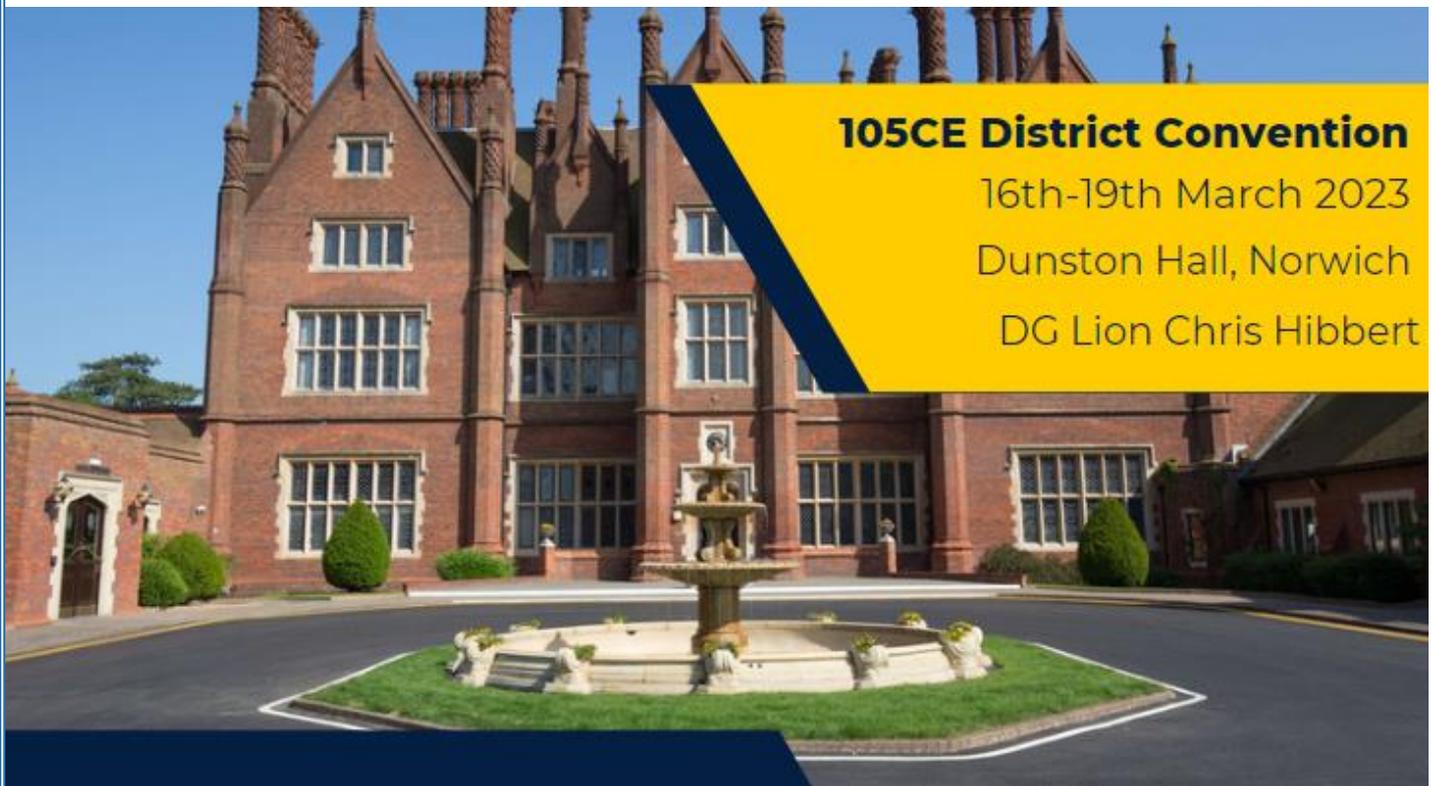
But where do I find them?

Look on local social media sites. This is how we found the 2021 winner Destiny. Fundraising for the charity she founded, Sonny's Army.



Contact Scouts/Guides/Cadets/ St John Ambulance. This is how we found the 2020 winner Ellie Mae. She was the SJA Cadet of the Year for Suffolk.

This year the district competition will be held in November. I have not fixed a venue as I will match it to best suit where we have candidates. I would like to challenge you all to unseat New Century as the District winners. I'd like to challenge you to REWARD young people for their service to the community



105CE District Convention

16th-19th March 2023

Dunston Hall, Norwich

DG Lion Chris Hibbert



SEE OUR PROMOTIONAL
VIDEO ON THE LIONS 105CE
WEBSITE & BOOK NOW!

Facilities
Swimming pool
Golf Course
Spa/Gym
Gardens

District 105CE Convention 2023

I am PDG David Merchant, currently President of Swaffham and District Lions Club, having been a Lion since 1981. I have held most Club roles, many, and various District roles [including that of CNRO] culminating in being elected District Governor of 105D for 2013-14, and have held several MD roles, most recently GLT Coordinator.

Currently, I am the Constitution, Nominations and Resolutions Officer [CNRO] for CE and I see the role as being one of ensuring individual Lions, Clubs and the District conform to the requirements and expectations as detailed in the District Constitution, namely:

- Cabinet operates as per current regulations
- All necessary preparation for Nominations and Resolutions for District Convention is carried out in a timely fashion
- Correct procedures are carried out during our District Convention
- To offer advice and support to individual Lions, Clubs, and the District as and when required

This lionistic year our District Convention will be at Dunston Hall Hotel from 16 th to 19 th March 2023, with the Business Sessions on Saturday 18 th March. All Clubs have been circulated with a Timetable of dates and the Calling Notice for Convention seeking Resolutions for debate, Nominations for the District Governor Team [DGT] and seeking offers to host the District Conventions of 2024 and 2025.

If you are interested in hosting a future District Convention please consult John Potter, District Convention Officer, via conventionoff@lions105ce.org.uk

If you are planning to submit a proposed Resolution and need help in wording same, then please contact me via consnoms@lions105ce.org.uk I am also here to offer any individual Lion or Club with help or advice on any Constitutional concerns.

WHY A LEO CLUB



Fellow Lions, I am Lesley Clarke and have recently transferred to Attleborough 2013 Lions Club in District 105CE from Truro in 105SW where I was the District Treasurer. I joined Lions in 2008 when I became a charter member of Newquay Towan Blystra Lions, although had been connected to Lions since 1988 when my late husband joined Thetford Breckland Lions. DG Chris Hibbert has asked me to become the Leo Officer for 105CE for his year.

I believe that Leos are the Lions of the future. Leo clubs provide the young people of our community with an opportunity for personal development and contribution – individually and collectively – as responsible members of our local, national and international communities.

I was instrumental in setting up a successful Leo club within our Lions Club which was community based. I am asking all clubs in 105CE to look at the possibility of sponsoring a Leo Club. Through Leo clubs, young people will have a positive influence – helping them to become better citizens. Energise your Lions Club by sponsoring a Leo club, through involvement with a Leo club you can energise your Lions Club and inspire your members.

If your club is interested in setting up a Leo Club please contact me for assistance.

Email: leosandcampus@lions105ce.org.uk





Lions Clubs International

British Isles District 105CE

At the heart of your community

Lincolnshire, Nottinghamshire, Cambridgeshire, Norfolk, Suffolk & Essex



Convention booking form

16-19 March 2023

Dunston Hall, Ipswich Rd,

Norwich NR14 8PQ

Please complete **all sections** of this form and return to the Convention 2023 Booking Secretary:

By post: With your cheque (which will be received by email unless you enclose an SAE) to:
Lion Kelly-Marie Thompson, 85 London Rd South, Lowestoft, Suffolk, NR33 0AS. (07969 848238)

Or email: Send form, with online payment confirmation, to LionKellyMarieT@gmail.com

NOTE: Your booking will be confirmed by email on receipt of the form and appropriate payment

ATTENDEE DETAILS: *Please attach additional form(s) if booking for more than two people.*

First person:	Title:		Second person:	Title:	
Last name:			Last name:		
First name:			First name:		
Lions title:			Lions title:		
Lions club:			Lions club:		
Address:			Address:		
Home phone:			Home phone:		
Mobile:			Mobile:		
Email:			Email:		
Special requirements (eg disability, dietary, allergies):					

BOOKING DETAILS: *All prices inclusive of VAT.*

Hotel:	Date:	Thu 16	Fri 17	Sat 18	Total rooms/night	Total payment
Room rate per night room & breakfast	Single (@ £99)				@ £99.00	£
	Double (@ £109)				@ £109.00	£
Event	Prices per person	Total places				
Thu 16	Evening dinner (@ £30.00)				@ £30.00	£
Fri 17	Cabinet lunch (@ £16.50)				@ £16.50	£
	Host Night (@ £29.00)				@ £29.00	£
Sat 18	Business session: must be booked to attend.					
	A minibus will be available					
	Convention lunch: sandwiches, chips & soup (@ £13.50)				@ £13.50	£
	DG's Banquet & Ball: complete menu choice on page 2 (@ £43.00 a cheese platter is one of the desserts)				@ £43.00	£
Other:	Convention pin (@ £3.50 each)				@ £3.50	£
Payment method: [Note: if not paid in full when booking, balance is due 01/02/23]					Total amount:	£
Cheque payable to: L.C.I. District 105CE Convention			Bank transfer to: Convention Account: 30-95-05 01075004			
	Enclosed payment in full		Payment transferred in full			
	Enclosed 50% deposit (balance due by: 01/02/23)		Monthly transfer (divide total by # months to 01/02/23)			
Additional notes:						

Name: _____ Signature: _____ Date: _____

Further details & updates on Lions District 105CE 2023 Convention: <https://www.lions105ce.org/district-convention/2023>

Lions MD105 Convention 2023

Hi all, a quick update on Convention 2023, another great opportunity to meet with your fellow Lions and experience wonderful city of Newcastle too. We have a great line up with the Host Night on the Friday, the AGM on the Saturday, followed by the Gala Dinner and the spectacular DG Elect Walk-Ins on the Sunday morning. More details are to follow, as many of you have been asking about room rates and booking, here is all you need to know:

Time: Friday 5th to Sunday 7th May 2023

Venue: The former Marriott - Grand Hotel Gosforth Park, High Gosforth Park, Newcastle, NE3 5HN

Room Rate: A brilliant £60 b&b single occupancy and £70 b&b double occupancy, £20 extra to upgrade to superior rooms, and £50 extra to upgrade to suites (very limited number)

Booking Accommodation: To make a reservation please either

email: groups760@theelitevenueselection.co.uk with your details and they will call you or

telephone: 01912 364 111 taking option 2, the hotel sales team are available Monday to Friday 9.00 am-5.30pm.

Cancellation policy allows cancellations 48 hours prior to arrival date.

Host Night tickets will be £25.00, and the Gala Night tickets will be £37.50, a fantastic deal for all you Conventioneers planning to have a fun weekend, so if you plan to go to MD105CON23, book your hotel rooms now, the Lions Convention Booking System will go live in early September. If you're doing some research, check out

<https://www.maldronhotelnewcastle.com/blog/12-facts-you-didnt-know-about-newcastle/>

WE STILL NEED A YOUTH EXCHANGE OFFICER!

WHY NOT STEP UP AND VOLUNTEER IF YOU ARE INTERESTED IN YOUTH PROJECTS.

CONTACT SUE HIBBERT FOR MORE DETAILS OR JUST TO HELP.



Leadership
Experience
Opportunity



Let's
Enjoy
Ourselves

What do Leos do?

Fundraising such as raffles, sponsored walks or triathlons and cake sales. The only limit is your imagination!

Giving service such as building an eco greenhouse for a local primary school, conservation projects, collecting for food banks and the Christmas shoe box appeal.



Why become a Leo?

Be part of a worldwide organisation with over 200,000 other Leos in 140 countries

Meet like-minded people aged 12-18

Help others and make a difference

Develop personal skills such as communication, planning, team-working to add to your CV or university application

SATURDAY
5th NOVEMBER

11_{am} - 4_{pm}

FEEDING THE 5000

THE CORNHILL
LINCOLN



@LIONSF5K



JOIN US
FOR FREE
FOOD!

FREE FOOD FOR THOUSANDS, MADE FROM TOP QUALITY PRODUCE THAT WOULD HAVE OTHERWISE BEEN WASTED. ENJOY A BITE TO EAT WHILE FINDING OUT MORE ABOUT LIONS CLUBS INTERNATIONAL & HOW YOU CAN HELP YOUR LOCAL COMMUNITY.

DISCOVER MORE ABOUT OUR WORK IN THE FOLLOWING AREAS:
CHILDHOOD CANCER – DIABETES – SIGHT – HUNGER – ENVIRONMENT



Lincoln BIG
Business Improvement Group



VOLUNTER FOR FEED THE 5000?

Following on from the success of the 2018 Feeding the 5000 event in Leicester, and the 2021 event in Colchester, we are organising a similar day in Lincoln to educate the public on the problem of food waste and elevate the conversation around food and sustainability policy. A third of the world's food is wasted every year, enough to feed 3 billion people (the equivalent of around 45 times the population of the UK) so the event will give the public an opportunity to celebrate the easy, fun, and tasty solutions that exist to tackle this global problem.

The event will take place on the Cornhill, Lincoln on Saturday 4th November between 11am and 4pm. The aim is to feed thousands of members of the public during this time using food that would otherwise be wasted. This will be done with the assistance of Lincoln College who will be preparing and cooking the taster food dishes that will be served to the public using locally gleaned food produce like pumpkins.

We will also use this opportunity to allow the public to learn more about the valuable voluntary work that Lions Clubs International do in their local communities. District Officers will be on hand throughout the day promoting their Global Cause portfolios with market stall pitches that will allow the focus on:

1. Hunger & Gleaning,
2. The Environment
3. Vision (with possible demos on the camera to be used in the Child Vision Screening initiative),
4. A GMT stand for Recruitment & Publicity
5. A fundraiser stall for Brain Tumour Research
6. The opportunity to have a Diabetes Awareness risk assessment.

The day itself, from setup to breakdown, will run from 8am to 6pm and volunteers would be very much appreciated. An example of the roles includes stall helpers, food servers and general hands on with setup etc. If you would like to help on the day, even if it's only for a couple of hours then please contact PDG Lion Elaine Kitchen on kitchene52@gmail.com using the attached Volunteer Form.

If you would like an additional stand to the ones listed, can you please also confirm with Elaine.

Name:	Tel:
Club:	Email:

Role:	AM *	PM*
Food Server 1		
Food Server 2		
Food Server 3		
Diabetes stand		
Hunger stand		
Environment stand		
Cancer stand		
Vision stand		
Membership stand		
Set up from 8am		
Tear down from 4pm		
General		



**EDWINSTOWE & THE DUKERIES
LIONS CLUB
CHARTER DINNER for our 43rd
ANNIVERSARY**

South Forest Leisure Complex, Robin Hood Crossroads, Clipstone Rd,
Edwinstowe, Mansfield NG21 9JA
Saturday 29th October 2022 - 7.00pm for 7.30pm

Dress: Formal

STARTERS

A	<i>Leek and potato soup (V)</i>
B	<i>Chicken liver pate</i>
C	<i>Plaice goujons & tartar sauce</i>

MAIN COURSE

D	<i>Roast beef & Yorkshire pudding</i>
E	<i>Darne of salmon with watercress sauce</i>
F	<i>Breast of chicken wrapped in bacon</i>
G	<i>Parsnip and butternut squash parcel (V)</i>

All served with seasonal vegetables.

DESSERT

H	<i>Sticky toffee pudding with custard or cream</i>
I	<i>Cheesecake & lemon drizzle (V)</i>
J	<i>Eaton mess</i>

Followed by tea and coffee.

Name		Choices	
Name		Choices	

The meal is £28.50 a head and can be paid on the night.

Please send replies to Adam Murphy adammurphy857@gmail.com 07968436310 or

Jon Yarwood jon.c.yarwood@gmail.com 07581265531

**YOU COULD BE ADVERTISING YOUR
FORTHCOMING EVENTS OR CHARTER
CELEBRATIONS HERE FOR FREE!**

Reepham Lions Club Charter Lunch 2022

Date: Sunday 6th November 2022, 12 o'clock for 1 o'clock lunch

Venue: Stower Grange, School Road, Drayton, NR8 6EF

Tickets: £28 for 2 courses, £32 for 3 courses, per person

Dress Code: Smart Casual

Reepham Lions are delighted to invite you to our 2022 Charter Lunch. To order your tickets, please complete and return the order form below and overleaf. If you would like to sit near other specific ticket purchasers, please let us know. Tickets will only be issued on receipt of menu choices and payment.

Ticket Order Form

Name:

Address:

.....

.....

Telephone: Email:

Number of Tickets @ £28 each: Number of tickets @ £32 each

Total amount enclosed: Cheque? BACS?

Lions Club if applicable:

Menu

Starters

- A: (Vegan) Tomato and basil soup, croutons
- B: (V) Grilled Goats cheese salad, pickled beetroot, balsamic reduction
- C: Chicken liver parfait, homemade chutney, crostini, dressed leaves
- D: Traditional prawn cocktail, lemon wedge, marie rose sauce, tomato concasse

Main Course

- A: Roast sirloin of Norfolk beef, Yorkshire pudding, roast potatoes, pan jus
- B: Roast loin of Blythburgh pork, crackling, apple sauce, roast potatoes, pan jus
- C: Oven baked breast of chicken, fondant potato, mushroom and bacon sauce
- D: Pan fried sea bass fillet, saffron sauce, crushed chive new potatoes
- E: (V) Wild mushroom pancakes topped with Binham blue, sautéed potatoes, mixed leaves
- F: (Vegan) Butternut squash and rosemary risotto, rocket, toasted pumpkin seeds

All served with a selection of seasonal vegetables

Dessert

- A: Apple crumble crème brûlée
- B: White chocolate brownie, raspberry coulis, vanilla ice cream
- C: Sticky toffee pudding, butterscotch sauce, clotted cream ice cream
- D: Selection of cheese and biscuits, homemade chutney, celery and grapes

Coffee and Petits Fours

V=Vegetarian

Clacton on Sea Lions Club (CIO)

CHARTER MENU 2022

Starters

Homemade Cream of Tomato Soup, served with a crusty bread roll (A)

Smoked Scottish Salmon & Prawn Cocktail, served with granary bread
(B)

Chicken Liver Pate, served with warm toast (C)

Fresh Garlic Mushrooms, served on crusty bread (D)

Melon & Parma Ham (E)

Main Courses

Chicken Chasseur (F)

Roast Pork, served with Apple Sauce (G)

Roast Topside of Beef, served with Yorkshire Pudding and
Horseradish Sauce (H)

Traditional Roast Norfolk Turkey, served with Stuffing Ball, 'Pig
in Blanket' and Cranberry Sauce (J)

Grilled Fillet of Salmon, served with Hollandaise Sauce (K)

Homemade Vegetable Lasagne, served with Mediterranean
Vegetables (L)

All served with roast potatoes and seasonal vegetables

Desserts

White Chocolate & Raspberry Cheesecake served with whipped cream
(M)

Lemon Meringue Pie served with whipped cream (N)

Warm Apple Flan served with ice cream (O)

Cream Filled Profiteroles topped with Chocolate Sauce (P)

Coffee and Mints

LIONS CLUB OF CLACTON ON SEA (CIO)

43rd CHARTER ANNIVERSARY
12th November 2022

Please reserve places

Cheque enclosed for £

Please indicate Full Names and (Lions) titles of those attending and the code letters for their menu choices:

Title	Name	Starter	Main Course	Dessert

Signed

Lions Club

Please reply to:

Lion Ben Carroll 69 York Road Clacton on Sea Essex CO15 5NW

Deadline for receipt of booking is Saturday 5th November 2022

Please send payment with booking making your cheque payable to "Clacton on Sea Lions Club (CIO) Administration Account"



NEW CENTURY LIONS CLUB OF EA CHARTER BOOKING FORM 2022

Contact Name: _____

Address: _____

Postcode: _____

Telephone: _____ Club: _____

E-mail: _____

	Qty	Total
Quiz Night @ £5 per head	___	___

Charter Night @ £35 per head	___	___
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Indicate below names of everyone included in this booking and their menu choices

Name (Inc. Lion Title)	Lions Club	Starter	Main	Dessert

Specific requests. E.g. Dietary requirements, prefer to share a table with...

**A minimum of a £10 deposit per person is required at time of booking.
Full balance payable by: Friday 4th November 2022**

I enclose £ _____ cash/cheque (payable to 'New Century Lions Club of East Anglia')

I have paid £ _____ via online banking to the NCLCEA Admin Account
Account Number: 51410318 Sort Code: 40-30-28

Signed: _____ Date: _____

Dear Fellow Members of the Lions Family and Friends.

The members of the New Century Lions Club of East Anglia would like to invite you to join them to celebrate their **Twenty First** Charter Anniversary.

Friday 18th November 2022

Quiz Night at 7.30pm
Sandown Suite of the Imperial Hotel
Tickets are £5 per head (maximum of 6 per team)

Saturday 19th November 2022

Charter Dinner & Dance at 7.00pm for 7.30pm
Sandown Suite of the Imperial Hotel
Tickets are £35 per head and include a three-course meal and dancing until 2
Dress for the evening will be formal.

Please see menu on the reverse of this page.
Please use the form opposite to clearly indicate your choices.

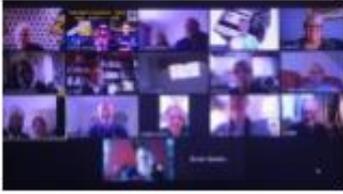
Accommodation for the weekend is available at a cost of £45.50 per person per night based on 2 people sharing a room inclusive of full English breakfast.

Limited single rooms are available at the same rate.
Double rooms for single occupancy have a supplement of £23.00 per night.

Book directly with the Imperial Hotel on 01493 842000 stating
New Century Lions Club of East Anglia when booking.
Accommodation will be allocated on a first come, first served basis.

A limited number of rooms are available for those wishing to stay an

Membership Matters Drop-in



Membership Matters Drop-In is on now on the 3rd Monday of the month see Zoom Meeting invitation below.

Alan Hall is inviting you to a scheduled Zoom meeting.

Topic: Membership Matters Meeting

Time: This is a recurring meeting Meet anytime

Join Zoom Meeting

<https://us02web.zoom.us/j/85043286442?pwd=d1hLWjRtM0ptd1hhT3M0aTZ6bHhLdz09>

Meeting ID: 850 4328 6442

Passcode: 018483



The Lions Clubs International Foundation (LCIF)



Want to know more about how you can support and benefit from The Lions Clubs International Foundation? Check out the webinar presentation on LCIF in the Member's area of the District Website under [International/LCIF](#)

Please follow the link below and ask to be added to District 105CE Facebook Group.

<https://www.facebook.com/groups/262327261535199>

PR & Social Media Drop-in



On behalf of the PR and Communications team, Fiona Reid, District Social Media Officer & Webmaster will host a monthly PR and Comms drop-in session to help to improve positive impact from use of Social Media, websites and PR Tools. This will be held on the 1st Tuesday of every month, at 8 pm. To book, contact [Fiona Reid](#), for the zoom invite for the forthcoming session.

**Follow us on Instagram, Twitter, Facebook,
and our District Website, see links below:**



**ALWAYS SPACE TO ADVERTISE A LIONS' EVENT FREE HERE IN THE BULLETIN.
JUST SEND IT IN TO THE ADDRESS itcbulletin@lions105ce.org.uk**

**HAVE NEWS ABOUT A SUCCESSFUL EVENT WHY NOT SEND A REPORT AND PICTURES
FOR THE NEWSLETTER TO itcnewsletter@lions105ce.org.uk**