



PATIENT ACTIVITY PACKS

**PETERBOROUGH
AREA OF SERVICE:**



+ all inpatients



Project description

The idea for this project came from Ann Peacock (the wife of one of our Lions Bill Peacock) who works for the NHS at the Peterborough City Hospital.

At the very beginning of the first Covid lockdown, the patients were not allowed visitors and this had an impact on their mental health and wellbeing.

Ann made all the packs herself and had to comply with very strict Covid measures when assembling the packs.

Delivery was made easier by Ann having access to the departments within the hospital. Although lockdown has been lifted she is still making P.A.P. today.

We have been assisted by organizations such as Peterborough Reads who have donated books, comics, and other reading matters as well as pens and pencils.

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What went well?

- The PAP have been very well received and over a period of time have developed to include a wide range of items including, quiz sheets, puzzle books, colouring books, novels, pens, pencils, felt tips, tissues, local reading materials, and much more, all to suit different patients on different wards ie Macmillan Cancer Unit, Urgent Care Unit, Emergency Dept and the Childrens Emergency Dept.
- The need to help patients has continued despite the reduction in Covid cases requiring hospitalization.
- We are very pleased that a number of a clubs have copied this idea at their local Hospitals on hearing of the impact this has had on patients and families.
- PAP have been acknowledged by The Lord Lieutenancy of Cambridgeshire and by the late Queen Elizabeth II with an invite to Bill and Ann to attend the Royal Garden Party at Buckingham Palace in May this year.



Lessons learnt

Initially we paid for some of the items ourselves such as the quiz sheets. We then got involved with another local organization (Peterborough Reads) who were able to supply a quantity of books, comics, paper and crayons at no cost. The comics for example were surplus stock and would have gone for recycling.



1000+ people served



100+ volunteer hours