SENSORY GARDEN

EAST ANGLIA NEW CENTURY AREA OF SERVICE:

+ wellbeing

LIONS SHARE

Project description

This project was raised by one of our members at the home where she worked, for adults with brain injuries, and was spearheaded by two of our more practical members, to transform their outdoor space at the back of the home into a sensory garden for the residents.

The leads on the project (and many other members from our club and other Lions clubs) transformed the garden over the course of a year, installing four raised beds, an arbour with a custom bench, a mural on the outside of their art workshop, fully landscaping the garden borders and clearing/trimming the trees to the side of the house in the area near the hydrotherapy pool to enable better wheelchair access.

With the help of one of the members of Chelmsford Lions, who is a gardener by trade herself, we selected particular plants for the feel of the leaves or the smell, but also made sure they were as low maintenance as possible, and hung wind chimes and other decorations around the garden to enhance the sensory experience for the residents.

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What went well?

- The club worked together and used the different strengths and skills of our members.

Lessons learnt

- Working with other clubs was great fun and ensured the success of our project.
- Ensure you have the right team with the skills and tools to complete the project.
- Consider realistically the amount of time a large project like this takes.

7+ people served

(the home has 7 residents at a time)

700 volunteer hours