

# The Lions Bulletin



LIONS DISTRICT 105CE

W/B 8th March 2021

## DG UJJAL'S MESSAGE:

Our District Convention is almost upon us on Saturday 13th.

The Tech Team along with everyone else involved is putting things together; as you know this is our first Digital Convention so there is plenty to do.

We have had several meetings towards Convention on various matters, scripts, slides, speakers are only a few to mention. It's going to be a Great Day full of fun; if you haven't booked do it now.

There was a practice session run for opa-voting for the delegates, alternates and all who were interested, the sessions went well with good attendance, the presenters did a wonderful job. Just to make sure, a second session will be run, all concerned will be contacted.

I am delighted to say that our 3rd Vice International President, Lion Dr Patti Hill will join us at Convention; please come along and meet her and listen to what she has to say. This week I had a meeting with my DG group, with whom I trained in Chicago.

2nd Vice IP Brian Sheehan was also in attendance. It was interesting to find out how Lions Districts in other parts of the world dealt with the pandemic and the membership situation. Far Eastern Countries have gained members, with one District gaining 1,500 members in South India.

I attended the District A Convention in support and also took relevant notes for our Convention. It was a very enjoyable, finishing with cocktails at the end of the day, virtually.

I also attended a webinar, Foundation Fridays: supporting your communities through Disaster Relief and Humanitarian Efforts; there is always something to learn and how much more we can do if we had more membership.

I still have a massive amount of Convention co-ordination before Saturday, seems endless. I will see you at Convention, until then keep going and keep safe.

DG Ujjal





## Lions Clubs International District 105CE Digital Convention - 13 March 2021

- District Convention is in just 6 Days, opens at 9:45 for a 10:00 start
- To book go to <https://www.lions105ce.org/booking-form-convention-2021.html> Note: password is 'dgujjal'
- We look forward to seeing you on Saturday 13th March at 10:00



[District Convention 2021 Booking Form](#)

## Lowestoft Lions



Add Over 10,000 Covid jabs given with a little help from Lowestoft Lions and friends

Lowestoft Lions reported in January that they have come together with two Beccles Lions and other local volunteers to provide car park stewards at Kirkley Mill Health hub in south Lowestoft during the Covid vaccination rollout.

Since the start of the club's involvement on January 5th 2021 they are now delighted to announce that over 10,000 patients have been given a Pfizer jab at the health centre.

Despite a variety of weather conditions, volunteers have helped to maintain the flow of vehicles to parking spaces and guide vaccine recipients into the building. Many of the stewards are local volunteers who have come forward and offered their services alongside club members for their two-hour shifts - and coordinated by the Lions.

However, there always seems to be something out of the ordinary to report after each day of car park marshalling duties. From clearing snow and ice to calling the Fire Service when thick and choking smoke drifted across the car park from a sofa being burnt in a nearby back garden. Other incidents have included reuniting a brand new iPhone with its owner, after it had been dropped in a nearby road and was fortunately spotted by the eagle eyed Lions and on another occasion when a police incident at a property on the access road to the site brought temporary traffic problems as two of their vans blocked the road - fortunately this was soon resolved.

Other unusual 'duties' have included dog minding, bump starting a car, valet parking mobility scooters, reuniting lost relatives and minor accident management.

Lowestoft Lions & the volunteers got a mention on BBC Radio Suffolk when Lucie Barker, Lowestoft Primary Care Network Clinical Director was being interviewed. She specifically mentioned 'a little army' of volunteers who were providing 'a very professional service'. Previously Lion Michael Cook had also been interviewed by BBC Radio Norfolk to describe the role of the club as volunteer car parking marshals.

But the rewards for their combined efforts are the many 'thanks' and friendly waves given as the public leave the site and the many messages of praise and support posted on social media.

The medical staff and volunteers inside the health hub are drawn from many surgeries around the town and Lowestoft Lions are pleased to be supporting them in providing a vital service.

## **District Convention – Message Board for DG Ujjal**

We invite you all to leave a message for District Governor Ujjal Kular on Kudoboard in celebration of Lions 105CE District Convention 2021. Convention is on 13th March and you can book via:

<https://www.lions105ce.org/booking-form-convention-2021.html> The password is 'dgujjal'

In the meantime, leave your messages, pictures, and videos on Kudoboard at:

<https://www.kudoboard.com/boards/jCbJMbpX>





## Swaffham Lions

Another good week at the Sunday Food Collection, thanks to Peter (beautiful table presentation) 29kg food donated, 6 people visited. and £1.61 collected Iceland collection 19.5kg

## Youth Projects

Why should my club get involved with Youth Projects?

What benefits will getting involved with Youth Projects give my club?

What Youth Projects are there?

How much will it cost?

Please register for a session on Saturday 27th March, starting at about 10.30am, when members of the Youth team will be on line to explain their projects, and what you may get out of them to you.

Please contact District GLT Coordinator Lions Derek Rutter to register.  
[derek@rutter.force9.co.uk](mailto:derek@rutter.force9.co.uk)





I'm getting in touch to see if your clubs would be interested in a virtual talk on East Anglia's Children's Hospices (EACH)? We care for children and young people with life threatening conditions in Cambridgeshire, Essex, Norfolk and Suffolk.

In the talk, we provide an overview of the care we offer at three hospices, Milton (Cambridge), The Nook (Norfolk), and The Treehouse (Suffolk), in the home and in the community. We also share anecdotes of families who have benefited from our services and demonstrate how we are adapting to and overcoming this turbulent period. Our hospices aren't just about end of life care; they're often very happy and fun places, where young people can live life to their full potential. They are places where families feel safe, at home and where they can spend quality time together; enabling parents to be parents not caregivers. We are recognised as leaders in our field and would appreciate the opportunity to share our work with you.

We would be delighted to book a talk at each club's convenience. If you were able to share this invitation amongst your regions, we would be most grateful. Please also share my contact details which are provided at the bottom of this email.

If a group is interested in fundraising for EACH, we would also like to direct them to our Home Fundraising Ideas. With monthly updates, this page offers suggestions on how a group can come together and support EACH in fun and creative ways. Head to <https://www.each.org.uk/get-involved/fundraising-ideas>.

Thank you so much for taking the time to look at our request, and please don't hesitate to get in touch with any questions.

With kind regards,

Tina Burdett  
Community Fundraiser  
East Anglia's Children's Hospices  
07738 327774/[tina.burdett@each.org.uk](mailto:tina.burdett@each.org.uk)

AMBASSADOR OF THE 21ST CENTURY  
**District 105CE Final and MD Final Winner 2020-2021**



ELLIE-MAE BANKS

Ellie-May was tracked down as a candidate for YA by East Anglia New Century Club, specifically by District Officer Lion Melanie Godefroy, and then cared for by District Officer Lion Sue Hibbert.

My thanks to them for their support before, during, and after the District and MD Finals

So who, might you ask, is this fabulous and caring young supporter of community service. Well in her own words: -

I am Ellie-Mae Banks, 17 years old and in year 13 at Suffolk One Sixth form College. I am studying Human Biology, Health and Social care, and English Language for my A-Levels. I have applied to university to study Children's Nursing and hope to train to become a Paediatric Oncology Nurse and later, to specialise in haematology to treat children with blood cancers.

I am a Leading Cadet in St John Ambulance and am soon hoping to transfer to become an adult volunteer when I turn 18, and also to carry this on at university.

My project means a great amount to me as it is something that happens very close to my home, but affects so many young people, their families, and their friends across the nation and I would like to be able to help as many people as possible in that situation.

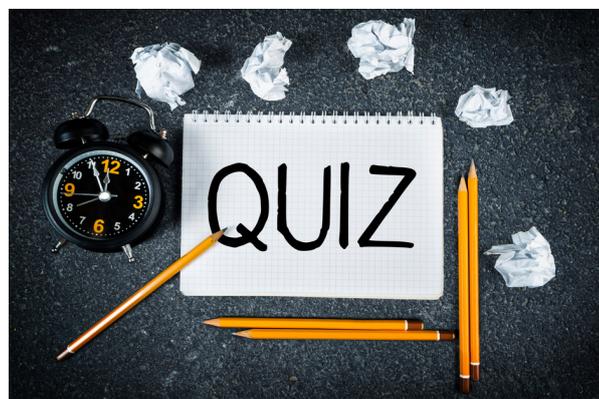
Ellie-Mae's project, which was triggered by an incident close to her home, is directed at the impact of knife crime within the young population, namely eleven to eighteen year olds. She is like all young people of today a whizz kid on social media and intends to use that as the main medium of communication and thus direct their attention to how they could instead become involved in community projects and help others. She will include information about and contact details for other organisations that could help them. A website is to also be created and later she intends to have a regular podcast that will be continually updated with the most current information to assist these young people. Finally, she is talking with St John's Ambulance to introduce training courses for cadets which are specifically directed at how to deal with knife crime injuries and the mental stress impacting the victims.

Ellie-Mae has already done many other events and activities for her local community, examples being: midnight walks and bridge walks for two hospices, a skydive for a local charity supporting young with emotional problems, and she already trains other SJA cadets. She is a student ambassador at her college, enjoys competing in various athletic events and at a more serious level is keen on medical research, with a view to a possible post graduate degree in nursing research.

And we think we are busy . . . . what can I say!      THANK YOU . . . . Ellie-May  
Banks

## Monthly Quiz

How much do you know about Lions? There are no prizes, just the self satisfaction of knowing about the great organisation of which you are a member.



1. Where is it planned to hold the 2022 International Convention?
2. In District CE, approximately what percentage of members are female - 20%, 30% 40%?
3. How much is registration for 2021 Virtual International Convention (until 31st March)?
4. Who has just been elected as Chairman of Council for MD105 for 2021 - 22?
5. With which Dutch District did District 105CE Twin in January 2021?
6. There is a photograph of a real Lion on the MD105 Website welcome page. True or False?
7. Who is the candidate for 105CE 2nd Vice District Governor for 2021 - 2022?
8. What is this year's Peace Poster theme?
9. Who in 105CE do you need to contact for Peace Poster Packs?
10. The new Lions Challenge Badge for Scouts has what words spelled out in Morse Code?

"It ties in brilliantly with our PSHE curriculum, it gave the children an opportunity to see a project through from start to finish so it was a really good chance for them to develop some of the skills they'll need in the world of work."

Sara  
Deputy Headteacher

"All of the children were so excited about getting involved in the project. We spent at least 5 sessions working together, building the models, coming up with the ideas."

Holly  
Class Teacher



# CHANGE THE WORLD!

THINK BIG, DREAM BIG

## WHAT IS ROAR?

A UK-wide competition for primary schools aiming to unlock the creative spirit in every child, by giving them the time to imagine and develop ideas that could change the world!

## WHY GET INVOLVED?

ROAR 2021 is teacher friendly with fully prepared lesson plans that cover a number of different areas of the curriculum, including literacy, maths, science, DT, citizenship and PSHE. Inspire your students to think big and dream big!

## WHO ARE LIONS?

Lions are ordinary people who do extraordinary things to help others. Globally we have more volunteers in more places than any other service club organisation.



TO BE INVOLVED IN  
ROAR 2021, PLEASE  
CONTACT THE LION  
WHO SHARED THIS  
WITH YOU OR YOUR  
LOCAL LIONS CLUB

# Upcoming Online drop-in Sessions and Meetings

## Social Media Drop in



On behalf of the PR and Communications team, I will host a monthly PR and Comms drop-in. This will be held on the **1st Tuesday of every month, at 8 pm.** To book, Lions should contact Fiona Reid, to be sent the zoom invite for the forthcoming session.

## The Lions Club International Foundation

We have produced a webinar presentation on LCIF which is in the member's area on the website under International/LCIF



Please follow the link below and ask to be added to District 105CE Facebook Group.

<https://www.facebook.com/groups/262327261535199>

