



Lions Clubs International British Isles District 105CE

At the heart of your community

Lincolnshire, Nottinghamshire, Cambridgeshire, Norfolk, Suffolk & Essex



MONTHLY NEWS DECEMBER 2020

It has been a pleasure to go online meetings with the Clubs and Zones and see that the Lions, despite the difficulties, were planning and making Seasonal preparations. It is heartening to see that Clubs are showing their presence in their community, taking their floats through the streets and also having static Santa Stations. It is important that the communities see the Lions at this festive time, especially the Children, and get into the Seasonal Spirit. Lions are responsible, and I am sure they will always take the restrictions and rules into account.

The International Team have had meetings with Lions from Romania, Germany and the Netherlands, all getting to know each other, and the Malawi project is already in progress.

I have been involved in the MD Convention preparations. This event will take place virtually on the 1st May 2021. It will be interesting to meet Guests virtually who can't attend normal Conventions.

Our own CE Convention is being organised for March 12-14 to take place in Peterborough. This is only if the rules allow; the Team is looking at this carefully and you will hear more about it in the New Year. Please make your bookings as normal, come and have fun. If the Convention takes place virtually your money is safe and refunds will be made. Keeping Safe is uppermost in our mind.

The Symposium took place in November 20th-21st. District CE candidates shone through with their ability, enthusiasm and in numbers too. Well Done to all who took part, and I am asking all the New Members who have joined recently to keep a lookout and attend the Symposium next year, you are our future Leaders.

The Peace Poster competition was won by Josh Fiford who was put forward by Romford Lions Club; the entry has been forwarded to MD for the next stage.

The Young Ambassadors Final took place on Sunday 29th November; a high standard was shown by all who took part, the winner was Ellie- May Banks of EA New Century Lions Club.

I would like to thank the organisers, Judges and all who took part in the above events; Congratulations to the winners, Keep Going everyone.



Manjit has started her journey, the equivalent of walking from Lands' End to John O'Groats for her appeal for Diabetes. She has walked over 60 Miles to date and is growing by the day, we will keep you updated of her progress. Please remember her appeal and contribute when you can either as an individual or a club. We realise in these unusual times that funds are short and there are many good causes also appealing for help, but every little helps to swell the appeal total.

We have just come out of the Lock Down, please keep safe whilst you prepare for the Festive Season, have fun and enjoy yourselves with your families.

Keep Safe,

DG Ujjal



‘Just a Bit of Fun’The webmaster Paul, and his assistant Nick, have been scattering Christmas images throughout our district website. See if you can find them all and email me with what you think is the correct number of images added to the website. The name(s) of the Lion(s) who gets closest to the correct number will be posted in January's edition. Good hunting”

First of Kind - Lions Digital ROAR2020 Finals **with 7BillionIdeas – 9th December 2020**



PDG Steve Scall, IPDG Guch Manku, 2VDG Chris Hibbert and Lions Sue Denton at the Judging Session.

This year, on **December 9th**, the Lions ROAR2020 were held live on Zoom and in addition to the contestants, many Lions Clubs and UK primary schools also joined in to watch. The Lions ROAR education programme, in its fourth year is run by 7BillionIdeas, an award-winning education company, in conjunction with Lions Clubs in the UK. The programme encourages children to 'think big and dream big', whilst generating brilliant 'world changing' ideas.

ROAR is innovative, ROAR is exciting, and ROAR is FUN.

This year 65 primary schools entered the ROAR programme from 4 Lions Districts and engaged some 10,000 children. It has been an interesting year due to COVID; the team has had to be innovative to succeed. The programme was a great success with over 25 schools represented in the finals, a great outcome.

Especially for the 105CE finalists

The winners were:-

First Place – **Lowes Wong School** with **‘Wasteless for Less Waste App’** (Southwell Lions)

Second Place – **West Butterwick School** with **‘OXYGENTO’** (Isle of Axholme)

Third Place – **Haxey School** with **‘H2O On The Go’** (Isle of Axholme)

Best Model – **Wroot Travis School** (Isle of Axholme)

Best Poster – **Lowes Wong School** (Southwell Lions)

Best Jingle – **West Butterwick School** (Isle of Axholme)

Congratulations to all the schools and the supporting Lions and Lions Clubs. And of course, a big thanks to the 105CE RAOR team led by PDG Steve Scall and the judges: IPDG Guch Manku, 2VDG Chris Hibbert and Lion Sue Denton from 105CN.

Learn more about ROAR at: -

<https://lionsclubs.co/MemberArea/knowledge/latest-roar-2020-lions-and-7billionideas/> and

<https://www.lions-roar.com/>

We strongly encourage you to sponsor a school for ROAR2021, just contact PDG Steve Scall 105CE ROAR Officer and get started.



25 Schools at the Finals Day



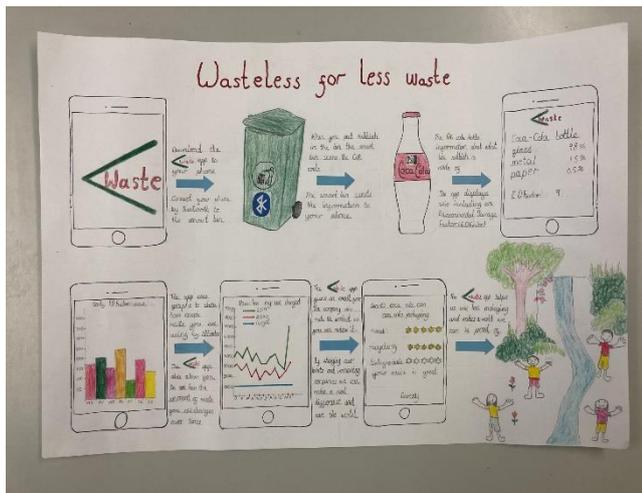
Excellent time had by all at the Finals Day



PDG Steve Scall - 105CE ROAR Leader



David Harkin - CEO 7BillionIdeas



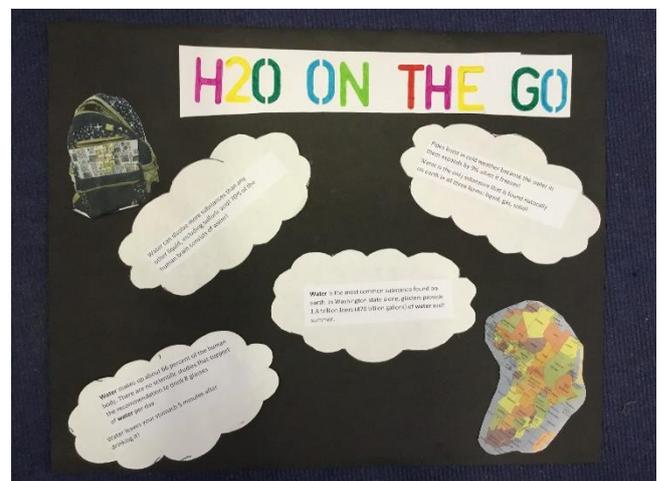
First Place / Best Poster - The Wasteless App by Lowes Wong



Second Place / Best Jingle - OXYGENTO by Haxev School



Best Model (Furtastic Floors) by Wroot Travis



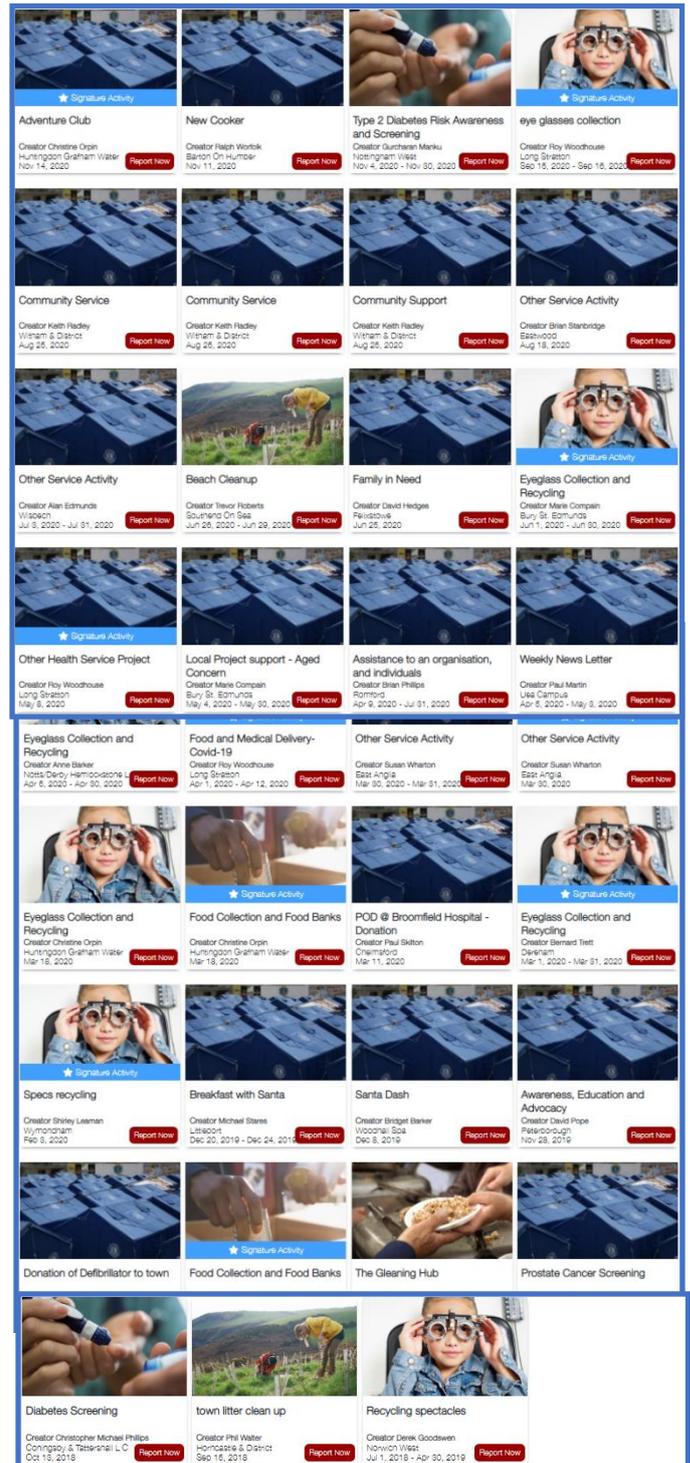
Third Place - H2O ON THE GO by Haxey School

Did you forget to press that **REPORT** button?

Hello fellow Lions, thank you for all your hard work on the numerous service projects completed, despite the pandemic. I hope you are doing well, it is great to see that so many clubs are very active with service activities, we must however just go that extra mile and press the button on reporting the hard work!!

For example, currently we have some 35 activities saved on the MyLion reporting system that are complete but are not yet fully reported!! This happens if you have just saved the report and not pressed that **REPORT** button. Please check and press that button.

See below, 35 excellent activities that are on the LCI system but not yet reported. Why not check out your club activities and ensure that you have pressed that **REPORT** button!!



All you need to do is get on to **MyLion**, search **Past Activities**, filter on **Service Activity**, then filter on **Draft** and **Unreported**.

Hey presto... there is a your list of activities done but not reported. Then press that **REPORT** button!!

Go On,
Click Me,

<https://app.mylion.org/>

REPORT NOW!!

IPDG Gurcharan Manku,
105CE GST Lead



Littleport Lions Club



As COVID 19 put paid to the fundraising for the Club, and their planned 'Breakfast with Santa' had to be cancelled for the first time in 30 years, the club came up with an idea for the presents they had already bought.

We decided to donate the presents to organisations who could benefit and use the presents, so we contacted The Salvation Army in Chatteris, Littleport Foodbank, Timebank Littleport and Waitrose and donated the presents to them.

With better news on the horizon we will start planning our events for next year and hopefully Breakfast with Santa will happen again, although the venues may be different. Littleport Lions Vice President Jenny Ellis delivering the presents to Ann Matthews manager of the Salvation Army charity shop Chatteris.

Wisbech Lions Club



Members recently voted to recognise a number of people or groups, who they considered had volunteered their services to the local community throughout these difficult times, on behalf of all club members, Club President, Lion Alan Edmunds awarded certificates of appreciation to Wisbech In Bloom; Wisbech Street Pride; 50 Backpacks; Bygones; Geoffrey Norris BEM (Asda) and to Wisbech Tweet (an online supporter of local businesses).



Wisbech In Bloom has continued to provide the town with fine flower displays to cheer



us up. Wisbech Street Pride has supported many individual members who have continued to engage in litter picks. Spike and the team at 50 Backpacks have supported older people over 70 with delivered food parcels and supporting rough sleepers. Andy Maul and Vikki Holmes at Bygones have been ensuring that many vulnerable people get meals delivered, partly funded by Wisbech Lions. Geoffrey Norris and team have been helping older people who were unable to get food deliveries in the normal way. Wisbech Tweet, an online Facebook page has for many years helped to promote the local businesses in Wisbech, all in a volunteer capacity.



We recently celebrated the arrival of a new club member, Lion Alex Warren. Lion Alex will bring fresh ideas and he will be a great asset to the club. At the same time, Lions Clubs International and Wisbech Lions Club recognised the 25 years of service given by Lion Barry Diggle.

We provided copies of four of the Wild Tribe Heroes books to schools in the area and they have been well received. As a club they have non-Lions Club followers on social media and one or two have read stories on- line for them. Mel Stewart-Proffit is a young mother of twins who is always very keen to help.

The writer of the Wild Tribe Heroes books, Ellie Jackson was contacted after District Officer Graham Venables was notified. Ellie was pleased to give copyright permission for a spoken word version of one of her books. Ellie mentioned that she wrote the book when she lived in Queensland, Australia and where her illustrator still lives. She went on to mention that the latest book to be released will be about the plight of Koala Bears, another Australia connection. Ellie was put in touch with Club President Lion Gael Harvey in Australia and the scene has been set for some twinning activity. Then, in conversation with 2nd Vice District Governor Chris Hibbert it was suggested Ellie might engage an even more professional reader such as Sir David Attenborough. She accepted that advice and it appears Sir David is already a supporter of her work.



Mel has recorded the book 'Nelson's Last Dive' and uploaded it to You Tube and it can be seen via Wisbech Lions Facebook page. Ellie, a former secondary school teacher wrote 'Mel did a fantastic job. I loved her beginning and ending bits. She took longer than me but, I think she read it better than me, much more expressive and interesting'. The Club President is also responsible for the development of the Facebook/ Instagram pages and during lockdown set up a club members private page on Facebook to give members their own space. The members page was also opened to all members of Rye Lions Club Victoria, Australia with whom Wisbech twinned on 1st July 2020. Rye Lions have set the environment as their key global cause this year.

Gleaning Update

Please see the link to Gusto Snacks LinkedIn post about their products making snacks from wonky fruit. You might recognise some people! This was shot on our glean in Southwell in September.

https://www.linkedin.com/posts/g%C3%BCsto_at-g%C3%BCsto-snacks-we-believe-that-real-fruit-activity-6739197589356331009-7Pf4

EDWINSTOWE & THE DUKERIES LIONS CLUB (CIO)

The women & men's refuge centre in our locality are desperate for all items of food, bedding etc. and we have managed to help them in a big way and a step further we have teamed up with Nina a local lady who has started the ROPE Project (Reaching out to People Escaping)

Nina helps their move out of the refuge centre to a more permanent accommodation and supplies anything from a cup and saucer to a washing machine or cooker and all types of essential household items. We the Lions have asked our local community for help for anything and we have been overwhelmed by people's generosity. ROPE also support homeless people with sleeping bags and warm clothing. Photograph showing Lions Jon Yarwood and John Whitlam delivering much needed goods to the local Refuge



The Edwinstowe local Council asked the Lions for help in their lights switch on which was not made public and a video was made of Santa and it is now available to watch on social media for all local folks. We gladly accommodated them by supplying Santa and his sleigh (aka Lion Adam Murphy and Lion John Whitlam).

The District Finals for the Young Ambassador of the Year competition was held 29th November and we the Edwinstowe & Dukeries Lions were proud to nominate Rylie Gretton. Rylie has had a tough time since being diagnosed with Crohn's disease in 2015 and he has missed a lot of education and social activity with

persons his own age group but this has not stopped him organising raffles, non uniform days and lots of other fund raising ideas and next year will be decorating his own Sheffield Bear with the theme of Robin Hood and in total has raised over £1700 for the Sheffield Hospital where he was and still is being treated and as I write this he is now in hospital as he has had a setback with his new medication. Rylie is a credit to what can be achieved and his family and us Lions are proud of him. Although he didn't win the competition he is a winner to us and will be keeping in touch with him. We would like to thank Lion Reg. Hunt, MJF Young Ambassador Officer - District 105CE for his hospitality and all the judges in the finals for their understanding of Rylie's needs and capabilities. Recently we donated to the Edwinstowe Church rooms for the refurbishment of their kitchen as it was in dire need of replacing. Other local groups donated including the local CO-OP and although we have not yet seen the finished kitchen, but we are sure it will be excellent. We supplied the manpower to demolish the old kitchen units.



Community Contribution Award (CCA)

Reminder – You have till end December to enter your candidates for the Community Contribution Award.



programme could net you and your 'local hero' £250 each, so read on and act NOW!!

The Community Contribution Award (CCA)

Do you know someone who is worthy of recognition for the work they do for their local community?

Lions Clubs throughout the district are looking to recognise and support local volunteers who have made an outstanding contribution to their local community or cause.

You or your Lions Clubs can nominate a candidate for a Community Contribution Award and show them that you appreciate all their hard work and commitment.

Who will you nominate?

 WWW.Lions105ce.org

Southwell & District Lions Club(CIO)

SOUTHWELL & DISTRICT LIONS CLUB (CIO)

Southwell Renaissance Singers



CAROLS BY SOUTHWELL RENAISSANCE SINGERS

If anyone would like to listen to, or download, their Carols from the Chapter House CD for Christmas they are welcome to do so from the Southwell & District Lions club website at the following link. <https://www.southwell-lions.org/carols-for-everyone-2020.html> The club are trying to raise money for 2 very worthwhile charities, Reach Learning Disability and the Southwell Live at Home Scheme. If you would like to offer a donation in return for the CD of carols you can do so from the same linked page”

For many years, Southwell & District Lions have organised a Christmas party for the town's 'Westgate Group', a long established self help group for families in the Southwell area caring for a child or adult with special needs, which includes a special visit by Father Christmas and the Southwell Lion, when they hand out Christmas presents to all the group's members. Obviously, it wasn't possible to hold a party this year but that didn't stop Southwell Lions, not wanting the young people to miss out, from contacting Father Christmas and asking him to make a special tour of the town, with The Southwell Lion, to deliver gifts in person to members at their own homes (all socially distanced, of course). Hardly had Father Christmas sped off back to the North Pole to continue his Christmas planning than the following message was received from one of the Westgate Group organisers: "I've already had positive feedback from some folk so sounds like you got things just right! Thank you and all the Lions for your tireless support for Westgate Group. Let's hope that next Christmas, we'll be back to normal again!"



Swaffham & District Lions Club



We were pleased to support the new Men's Shed in Swaffham with a donation of £500. Howard Cardus, from the Men's Shed, said that their aims were, to reduce the social isolation and loss of purpose that can be experienced particularly, but not exclusively, by older men on retirement, redundancy, increasing disability or ending of a partnership and thus alleviate many of the adverse health consequences linked to these major life changes. We consider this particularly important with the isolation and loneliness caused by the restrictions in meetings and movement by the COVID-19 pandemic. We aim to do this through the provision of a social venue (a Shed) where men can participate in a range of creative and practical activities or just meet and have a cuppa and a chat.

Following the success of the Lions Sunday food collection the Iceland food store have asked if they can join forces with the Lions in collecting food donated by their customers. The food will be collected with the Sunday Collection and transported to Dereham by the Lions, where it will be sorted and made into food boxes for families or individuals which are then returned to Swaffham.



With the Pandemic causing most of the school and village fetes to be cancelled this summer, Eileen Childs who runs a charity fun stall at these events had a large number of toys left over. She contacted Swaffham Lions to see if she could donate them to good causes. Lions welfare chairman, Tony Lakey and his team set up a viewing for local Charities who are involved with children and families. Local charities including Home-Start, Family Action, Tennie Icen, Icen Partnership, together with local families all benefitted from over 300 items. Andrew Francis, Funeral Directors have supported, Operation Christmas Child, which is run by Samaritan's Purse, a Christian international relief organisation who provide toys and other items for shoe boxes which are sent around the world. They were able to fill a couple of boxes for this worthy cause.

March Lions Club

Early in the COVID pandemic, March Lions, with the help of a grant from MD, were able to provide a sizeable donation to the March Food Bank which enabled them to purchase numerous essential items. Obviously, our ability to raise funds for good for good causes has been severely curtailed by the pandemic but we decided that when the schools returned in September we would provide them with the Wild Tribe sets of books we had purchased for them. We also wanted to help them support students who might be feeling anxious or experiencing difficulties, both social and academic, due to not having been in school for such a long period. We agreed to provide up to £200 of funding for each of the four Primary School within the town and asked them what they would like us to provide that would prove most beneficial for students.

Burrowmoor Primary School decided that, as they were developing a 'Buddy' system to support youngsters who were feeling anxious or concerned, they would like signage and labelling to help with the development of their 'Buddy' system. Westwood Primary School used the funding to help expand their YMCA programme that provides play therapy sessions on a one to one basis. All Saints Academy needed extra gardening tools so that they could expand their Gardening Club which provides relaxation and involvement with the environment for a wide range of students.



President Derek Rutter presents the tools to Headteacher Mark Millican and parents Cavalry Primary School needed a range of special, personal journals that could be used to help some of their students work through the issues and difficulties they had been experiencing.

President Derek Rutter presents the journals to Headteacher Fiona McCallum

All the Primary Schools are extremely grateful for the support of the Lions

which has further reinforced the strong links between the Club and our local schools.



Dereham Lions club



Charlie Sutton entered a competition to design a poster for environment organised by Lion Jenny Canham and Charlie was one of the winners he also won a book token, here he is presenting the Wild Tribe books to his School Headmistress of Dereham Church of England Junior Academy

Glanford and Lindsey Lions Club



In the March of 2019 President Chris Young-Woolley responded to a DIY-SOS The Big Build appeal asking for help for a family in Scunthorpe. There was a setting up day and 5 working days of the build. Lions Dinah, Sue, Alan, Dave Keith, Elaine and Stuart volunteered and willing to help. We were given guide lines on what we could post on social media at the time so basically no photo's that would give the game away and spoil the reveal to the family. We took the photographs during breaks and made sure every photo had us with a coffee or a bacon butty just to wind some of our members up that we were having a jolly.

Last Thursday BBC1 aired the programme and we at Glanford and Lindsey Lions are honoured to serve on this project for a very worthy family and hope our part will help them heal and move on with their lives.



Felixstowe Lions Club



Normally we organise a big 'Switch on' event with music, singing etc and crowds of people attending. Obviously this year, with Covid-19 restrictions, we could not support crowds gathering. The Lions Club erected the lights round the town centre this year, as usual, and last evening we had a very low key 'switch on' event attended by just a few members, socially dis-



tanced. The pictures show the President of Felixstowe Lions, Richard Woolnough, together with the Mayor of Felixstowe, Cllr Mark Jepson, doing a 'fist bump' after Mark had pressed the button and the town centre tree, also erected and decorated by the Lions. The Lions will be taking Santa round the town during the first couple of weeks of December, with all socially distanced rules in place, so children have a chance to at least wave to Santa.

We erected the Christmas tree in the middle of town, as we do every year. Unfortunately, this year the tree received a lot of bad press for not being considered in the best of condition. Even the National press had listed it as one of the worst in Britain. Very unfair! A local lady, Toni Lilley, was not happy about the unkind words about the tree and penned a lovely poem entitled The Little Christmas Tree. We were so pleased to hear this and had the poem printed out and displayed on the tree for all the town to see. To show our appreciation for Toni's kind efforts Felixstowe Lions have agreed to donate £100 to a local charity of her choice and the Mayor has agreed to match the donation. The photos shows our President, Lion Richard Woolnough, with Toni and the Town's Mayor, Cllr



Mark Jepson, together with a copy of Toni's poem.

The Deepings Lions Club

In 1991 the World Health Organisation and the International Diabetes Federation came together to introduce World Diabetes Day. This initiative resulted from the concern over the growing number of people diagnosed with the disease. The date of the 14th November was selected which marked the birthday of the scientist Sir Frederick Banting who discovered insulin. The event raises awareness of the disease as well as raising funds. Each year there is a theme which for 2020 was 'around the crucial role that nurses play supporting people living with diabetes'.

'To reduce the prevalence of diabetes and improve the quality of life for those diagnosed' is also one of Lions International Global Causes and local Lions Clubs throughout the world contribute to this aim. Lion Nicki Waldie, a member of The Deepings Lions, decided to challenge club members in response to a request from the UK Diabetes Association to join them by painting their nails blue for World Diabetes Day. She told members that for all those who had their nails painted (fingers, not toes!) and shared their photos she would donate five pounds. Some of the more flamboyant members jumped at the chance with Lion Dave Turner, a dedicated Blackburn Rovers fan, deciding to paint his nails in his team's blue and white colours. Even Rory, the club's mascot, got in on the act with his claws looking beautiful as they glistened in the sun. The result was a stunning display of blue nails on show. Lion Nicki said: "I was so pleased how many of the club decided to be such good sports and get involved and I must admit I was suitably impressed by the expertise of all that nail painting!"



DON'T FORGET TO SEND IN YOUR PHOTOS FOR THE FESTIVE SPECIAL EDITION BY DECEMBER 17TH.

Romford Lions Club



Childrens Hospital Pyjamas

6 Nov • 🌐

Another massive thank you goes out to the [Romford Lions Club](#) who donated £200 to our 2020 appeal to assist with the pyjama collection for Queens Hospital Romford. Thank you so much for your kindness. Our area coordinator has managed to fill some of the gaps in sizes she needed for this collection with your generous donation. We appreciate your support ❤️

[#spreadinglovethroughcomfort](#)



support worthwhile causes, and projects, within our community, and have been proud to show that, as Lions, "We Serve".

Nott's/ Derby's Hemlockstone Lions Club

A Quiet Christmas in Beeston!

For several years during the Christmas season, Hemlockstone Lions have supported children's charities in the local community, especially those supporting children suffering from cancer and their families. With the support of the Wollaton Singers, St. Mary's Church Choir, Attenborough and Tesco, we have sung Carols and collected for three charities – PASIC, Rainbows Hospice and The Brain Tumour Research Department at Nottingham University. This year – **all is quiet** in Tesco and with a diminishing bank account, the Club was only able to donate £100 each to **PASIC**, **Rainbows** and this year a donation to **Forget - me – Notts** – who support families in the community many of whom have been affected by the pandemic.

Since paediatric cancer and research are one of the signature projects of Lions Clubs International, it is good to be able to support the work being undertaken in our local area. If you feel you could help with a donation please feel free to donate directly or via us.



The Lions Club of Romford have recently been pleased to make several donations to worthwhile causes.

One of our members was recently contacted by a local organisation who provide "Christmas" pyjamas for children who have, unfortunately, to remain in hospital over the Christmas period. The hospital involved, as far as our own Club is concerned, is Queen's Hospital, in Romford. Accordingly, we were delighted to be able to respond, and have received a lovely message of thanks, and which also incorporates the "LIONS" logo, which was requested by the organisers, in order that their thanks could be shared on Facebook. A most worthwhile venture which, as their motto states:- "spreading love through comfort".

We were also delighted to respond with a donation to LCIF in respect of Marathon Runner, Siddesha, as part of funds raised towards Campaign 100.

As with so many Clubs, we are not permitted to undertake our Christmas collections this year. We look forward to the time when we can safely recommence both meetings and fundraising. However, throughout the many months of both Tiers and lockdown, we have continued to assist and support