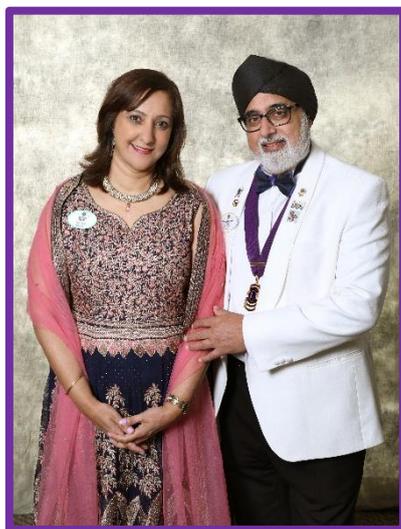




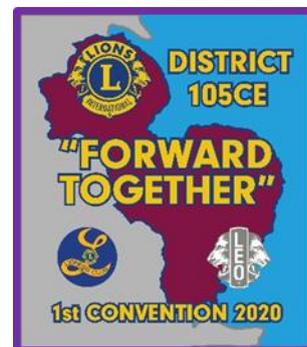
Lions Clubs International
 British Isles District 105CE
At the heart of your community
 Lincolnshire, Nottinghamshire, Cambridgeshire, Norfolk, Suffolk & Essex



March 2020, just over 3 months to go....



Well, what great **Inaugural District Convention**. We all had a fantastic time over the weekend. A big thanks to the Planning Committee, the Cabinet, our visiting executives and **all of you** for making it such a delight. We certainly moved **'Forward Together'**.



Given the fast-changing Coronavirus (COVID-19) situation, Lion Ravinder and I wish you all the very best for the coming months. Your MD Organisation and your District will be doing all we can to help you. Please see the articles later in this issue of the Monthly Newsletter.

Once again, a big thank you to our Convention Team, very ably managed by Lions John Potter and Gaby Sharman. The hard work put in by all the team is greatly appreciated and we all benefited from their excellent teamwork in creating a very special occasion for us all to enjoy.



A big thanks also to our International Director (and good friend) Lion Geoff Leeder and the lovely Lion May all the way from Luton Lions Club. They delighted us with their attendance and much candour from Lion Geoff, we have a way to with our Service Reporting, more on this in the next few weeks, we still have time get all our Service Projects reported.

For me and Lion Ravinder, this has been an amazing year and our Convention has added many more lovely memories. Your friendship and support, the many service projects and the thousands of pounds of donations you have made, **almost £700K thus far**, shows just how much you all care. We Lions really do **make the world a better place**. For Ravinder, your donations for her Air Ambulance Charities have been greatly received. Cheques should be made payable to Lions District 105CE, with DG Wife's Appeal on the reverse.



Till the next time.

Best Regards, Guch

Downham Market Lions and Lioness Club spread the word.



Downham Market Lions Club and Lioness Club were both invited to support the provision of some new School Dictionaries for a section of Hillcrest School, in the town. The two Clubs agreed to purchase the dictionaries and these were presented to the School recently.

Downham Market Lionesses were pleased to present a cheque for £211 to our District Nurses based in the town. The money was raised at our last quiz event held regularly to raise funds for local and national charities and good causes. It is hoped that the money raised will go towards helping our local community in some way.

Deeping Lions help save the Library

Wow! What an amazing time we have had delivering our sets of “Wild Tribe Heroes” books. The Deepings Lions club decided to purchase 7 sets of books for all of our local primary schools as well as our Community Library, which was threatened with closure and is now run very successfully by volunteers. We have attended several ‘celebration assemblies’ with our book sets, which gave us the opportunity to talk about Lions and what we do locally, as a result we have had a picture and related article in the local paper and one of the schools’ weekly newsletters. The result of the library donation an article in a local free magazine which is delivered to every house in the Deepings. Result!



Mersea Island lions Club cheque presentation and thank-you evening,

This is the evening when we make donations to local charities and deserving causes. It is also the occasion when we are able to publicly thank our volunteers and those who sponsor our fund-raising events. We call them S.M.I.L.E.s – **S**upporting **M**ersea **I**sland **L**ions **E**fforts. Our President, Lion Sandra Bird, led the proceedings and introduced our distinguished guests Lions International 105CE District Governor Lion Guch Manku and his wife Lion Ravinder Manku , Region Chairman Lion Paul Skilton, the West Mersea Town Council Mayor Cllr. Carl Powling and Mayoress Haley Powling, Deputy Mayor Cllr. Bob Jenkins and his wife Sue, and members of the Lions Club. Donations given to charities and deserving causes during the past year was over £10,000. Donations were also made to clubs and individuals during the past year when the Club had been asked for financial help. Once more we are most grateful to David Lord of Waldegrave’s Holiday and Leisure Park for enabling us to hold this annual event in the Wheatshaf. We are particularly indebted to Chris Parsons and Glen Pacey and all their staff who do so much to make the evening such a huge success. We were especially delighted to receive a donation of £1,000 from Waldegrave’s Holiday and Leisure Park to “kick start” our fund-raising for this coming year.



Coningsby and Tattershall Lions and Leos Drama

We held a very successful Panto weekend at Tattershall Village Hall, raising £977 for charity. ‘Oh yes we did!’ Snow White, an original script loosely based on the fairy tale, was written, produced and performed by pride of intrepid Lions ably assisted by our wonderful Leo club.



Important Information & Action Resulting from COVID-19 Outbreak

For 105CE Convention Attendees:

This message is intended for all those that attended the 105CE District Convention this past weekend (12th to 15th March). MDHQ has been advised that one of the attendees at the recent Lions UN Day (Tuesday 10th March) was sent home from work to self-isolate. They had a dry continuous cough, no fever or cold symptoms, but they must follow the national guidelines to self-isolate. It must be stressed that Covid-19 infection was not confirmed, nor is it known if the individual might have been infectious when attending the Lions UN Day last Tuesday.

Several of the attendees that were at the Lions UN Day were also at our 105CE Convention, we must make all Convention attendees aware of this fact so that they can monitor their own health and take appropriate action if they develop any of the specific symptoms.

A high temperature – you feel hot to touch on your chest or back, a new, continuous cough – this means you've started coughing repeatedly

We also ask that, if anyone does develop the specific symptoms, that they advise MDHQ so that they may monitor members welfare. Notify by eMail to mdhq@lionsclubs.co.uk

For those booked at MD Convention – Now Postponed:

At an online Meeting with the Council of Governors on 15th March it was agreed to Postpone the MD105 Convention which was due to take place 1-3 May 2020 in Birmingham. This decision was not made lightly but in view of the current COVID-19 situation this was the most sensible course of action. The Council will be Meeting again next weekend to work on alternative proposals for holding a Convention perhaps online and updates on this will follow.

The welfare of our Members and Guests must be our priority. All payments for events over the weekend which have been made will be refunded in due course but please be patient as this will take some time to be done your MDHQ Team.

MDHQ also have a good relationship with the hotel and at this stage if you have reserved accommodation then please again contact MDHQ so that they can liaise with the hotel on your behalf.

For all Members & Clubs:

If your club is planning on holding any public events between now and 31st of May 2020, we would strongly suggest that you postpone them, especially given the latest government announcements, until later into the Summer of 2020.

Public Gatherings are an area of concern for health officials as COVID-19 is a respiratory virus and transmitted through the air. This will help to protect the communities we engage with and will be a proactive and responsible step by Lions for the public.

Your Club, Your Way means that you need to decide what is best for your club members, if you have a proportion of your club who are in the high risk categories (Those over the age of 70, Those with underlying medical conditions) it would be prudent to cancel face to face Business Meetings to end May.

Advice and Guidance from Central Government, the Department of Health and the devolved powers will change as the current situation moves forward. MD105 British Isles will endeavour to develop our guidance as we move through this pandemic however Lions at a local level must keep up to date from national and local information and make decisions that are in the best interest of their club members and the public we serve. Please take this advice and share it with all Members of your Club.

Please also note the following advice from the NHS:

How to avoid catching or spreading coronavirus (COVID-19)

Wash your hands with soap and water often – do this for at least 20 seconds. Always wash your hands when you get home or into work. Use hand sanitiser gel if soap and water are not available. Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze. Put used tissues in the bin immediately and wash your hands afterwards. Try to avoid close contact with people who are unwell

Do not touch your eyes, nose or mouth if your hands are not clean. For further information go to the NHS website for advice. <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Take care and please take care of your health and well-being.

SOME IDEA OF WHAT WENT ON AT CONVENTION - WE HAD FUN!



FRIDAY WAS ALL WORK!!!



District 105CE Convention 2020
Introduction of Convention Guests
District Governor
Lion Gurcharan (Guch) Manku
(Nottingham West Lions Club)





As you can see lots of work and presentations, then we all dressed up and pretended to be sophisticated.



This lot are in charge for the next three years, what have we done!

Clacton on Sea Lions Club, Cheque presentation evening.



The visit by our DG Gurcharan Manku and PDG Mandy Hawksley coincided with our presentation evening. Cheques totalling over £7,250 were given out to various organisations and charities. Clacton on Sea RNLI station were the main recipients, whilst the Essex and Herts Air Ambulance also received a cheque. The various store nominated Charities were also given money. Awards were also given to Paige Mitchell and Tendring Technical College received the Les Ellis Memorial Trophy. Paige was Clacton Lions chosen entrant for the Lions Peace Poster competition. The evening ended with a large cheque being presented to DG Gurcharan for £1,000, to go to the LCIF Australian Bushfire Fund.

The first 2020 consignment of spectacles made their way to Chichester at the start of February. 80 mobile phones and around 100 ink cartridges were sent to EACH, (East Anglian Children's Hospice). The continuing distribution of MIB's around the district for last month was 483.

Swaffham & District Lions



Following a request for funding, members from the Icen Youth Group gave a short presentation to the Lions on the benefits the group would gain from a visit to the Spring Fair being held at the Norfolk Show Ground. Lion President, John Collins, handed over a £335 cheque to the group to cover the cost of the trip.

Alistair Cairns, from the Pedlars Hall Café in Swaffham, generously started a raffle in aid of Swaffham Lions. Following a trial period which raised over £100 for the Lions, Alistair on a monthly basis. Lion David Elsom thanked the café for their support.



We held our annual Pancake Races outside the Swaffham Assembly Rooms, with sixteen teams. The atmosphere was electric. The eventual winners, after a very close three race final, were Matilda Ahrenfelt and Rosabel Pickard from the Sacred Heart School. One spectator said that it's about keeping traditions going and creating memories for years to come. We attended a charity walk in aid of a youngster battling with cancer. A total of £1000 was raised. The Swaffham Lions mascot turned up for the walk and was arrested by the police in a light-hearted moment



An inspiration in dedication and service



In late 1969 David Lilly was asked by his then boss (a Rotarian) if he would consider joining a new Lions Club to be formed in Peterborough. David agreed to give it a try and here we are today, 50 years on. David was signed up as a 'Lion' and a Charter member of Peterborough Lions Club, with initial meetings taking place in his home. Promotion took him to Northampton, transferring to an existing large and busy Club in that town. He wore several hats over that period, principally on the activities and fund-raising committees, and a happy year as president of that Club.

In 1988 his job took him back to his roots at Wisbech Lions Club, where he found his niche as variously treasurer, secretary and a welfare member over the last twenty-six years, eventually combining all three roles. Not satisfied with giving his time at Wisbech, he also joined the (now closed) Lions Club at East Elloe in a neighbouring Lions District. All achieved with the support of his patient wife. What kept him going all those years, we asked? "Companionship and doing something useful in the community" was the answer. His advice for members and prospective members "Be prepared to get out into the community and help people less fortunate than you". At a recent Wisbech Lions meeting David was presented with a 50-year appreciation certificate by Lion David Pope, 2nd Vice District Governor of District 105CE. A special cake was made in celebration by one of the club's most recent Lions, June Whichello. Well that was much better than a gold watch!



Well fifty years with Lions and time well spent! Thanks to Lions like David, Wisbech is well served and long may that continue.

Beccles & District Lions Club Postpone Fun Run 2020



After 2 previously successful Fun Run events Beccles and District Lions Club, along with the Beccles Community were looking forward to another great event. Unfortunately, due to the uncertain situation that has been caused by the COVID-19 virus the organising committee have decided that the risk is too high to continue with the planning of this year's event.

We would like to thank those who were already lined up to support us during this year's event and we hope they can continue to support the event which we hope will be able to take place on a similar date in 2021. A lot of planning goes into organising dates so this cannot yet be confirmed and also means it will not be possible to move the event to a date later in the year as is being done with a number of other events.

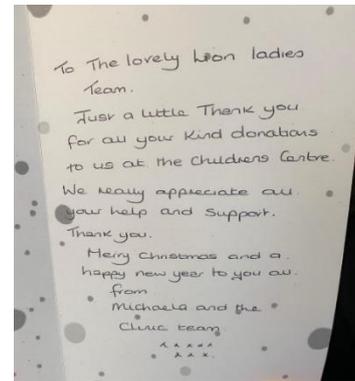
Beccles and District Lions Club would also like to thank all those who have attended in the past and hope you will consider taking part again in the future. The new date will be communicated as soon as possible but this will probably be January 2021 at the earliest.

Southwell Lions support school children in Uganda.

Southwell Lions' annual Carols for Everyone concert at the iconic Southwell Minster on 14th December, a popular event in Southwell's Christmas calendar for 19 years raised just over £3,000 for Keframa School Build in Uganda. For the first time since becoming a CIO at the end of 2019, Southwell Lions were able to claim Gift Aid on the closing collection, which will add several hundred pounds more for the school. In total, we have raised over £73,000 for good causes locally and overseas, but with a local connection, over those 19 years Keframa School Build was set up by a group of friends from across Nottinghamshire and Lincolnshire to bring education, hope and a future – three things that every Ugandan wants. We were delighted to present Ian and Shelagh Baird-Smith with a cheque for £3,000 for the Keframa School Build in Uganda. A further sum will be handed over when the Gift Aid is confirmed.



Back in December..... Nottingham West Pride Club Branch – XMAS Present Drop



Lion Ravinder Manku, Lion President Sumita Bhambi, Lion Nina Viridi and Lion Jit Osaan. Excellent teamwork by Nottingham West Lions Pride Club Branch – At their annual Christmas present drop, making that day a little extra special at both the QMC and City Hospital in Nottingham.

CHARTER NIGHT CELEBRATIONS

<u>DATE</u>	<u>CLUB</u>	<u>TIME</u>	<u>CONTACT</u>
<u>March</u>			
29 th	Castle Point Lions 41 st	2.00pm	lionkenm@yahoo.co.uk
<u>April</u>			
18 th	Saffron Walden Lioness 29 th	7.30pm	Angela Howard on 01799 526846
25 th	Wymondham Lions 50 th	7.30pm	jamwilde@hotmail.com
<u>May</u>			
3 rd	Whittlesea & District Lions	1.00pm	Barker.691@btinternet.com
9 th	Spalding Lions Club	7.30pm	prtecs@sky.com
16 th	Beccles and District	7.30pm	louisewhitehead38@btinternet.com
16 th	Billericay Lions 41 st	7.30pm	mike.booknook@sky.com
16 th	Lincoln Lions 50 th	7.30pm	Theresa Walker on 0773557570
24 th	Norwich Lions 32 nd	1.00pm	goodswend@yahoo.co.uk
<u>June</u>			
13 th	Southend on Sea 50 th		
19 th	Retford Lions Club	7.30pm	lioncgv@gmail.com
20 th	Nottingham West Lions 26 th	6.30pm	davindervirdi@Hotmail.com
27 th	Southwell & District Lions	7.30pm	fozzie149@yahoo.co.uk

IF YOU WOULD LIKE YOUR CHARTER CELEBRATIONS IN THIS MONTHLY NEWSLETTER PLEASE SEND DIRECT TO verduncw3542@gmail.com TO ENSURE THE DETAILS ARE HERE, AS WELL AS POSTING ON THE DISTRICT WEBSITE.

SERVICE REPORTS

Service reporting is the key to Lions Clubs International success. It shows just how much we do and let the world know how the Lions make the world a better place. Please get your Service Reporting Co-ordinator ready for training on how to add all your past service activities to your reports. Currently only 21% of our district fill in the reports. Let's get 105CE into the 80% brocket and show just how much we do.

HAS YOUR CLUB BEEN SEEN IN THE MONTHLY NEWSLETTER? If not why not?

The more we let each other know what service we are doing, preferably in pictures rather than words. The more we learn from each other without having to 'recreate the wheel', the better we can serve our communities. It may be 'old hat' to you but a new idea for others. People know we raise and give money, but we do lots more than that, so send in your story.

Anyone want to organise a duck race, there are about 2000 available, going cheap!



LIONS CLUB OF BILLERICAY

LION PRESIDENT JOHN BELLRINGER
CORDIALLY INVITES YOU TO OUR

41st CHARTER ANNIVERSARY
CELEBRATION

7 for 7.30PM on SATURDAY 16TH MAY 2020

GREAT BURSTEAD GOLF CLUB

TYE COMMON RD, LITTLE BURSTEAD.

CM12 9SS

Celebration evening is a black-tie event
consisting of 3 course meal, music & dancing
Tickets priced at £35.00

We look forward to you being able to join us.

Please contact me for further details, your Menu
choices or any other dietary requirements.

Yours in Lions Fellowship,
Mike Conway



Southwell & District
Lions Club

Photo competition 2020



The competition theme this year is
"Looking through..."

£5 per photo. Enter as many photos as you like.
Cash prizes for 1st, 2nd & 3rd places.

The competition is open to all age groups
It opens on 1st Jan and closes on 15th April
Full details are on our website

<https://www.southwell-lions.org>