



Forward Together



CE MONTHLY NEWS August 2019

WHAT A FIRST MONTH.

Well, that's the first month over and done with and we are just getting started. It has been a very busy time for both me and Ravinder with the International Convention in Milan (including the final day of training for both of us), planning for the Special Cabinet Meeting, our Home Coming and my own Club Handover. Luckily these were all done and dusted on the same day.

Milan was hot hot hot for several reasons, firstly the weather was a scorcher, then there was the learning about Lions, particularly about new LCIF Grants, there were excellent presentations from young persons that benefited from LCIF Grants and finally but not least there was an opportunity to meet with fellow District Governors from across the globe.



Take a look at the photo gallery from International Convention.

The Special Cabinet Meeting was held to select the 105CE First Vice District Governor and we had one excellent candidate, Lion Ujjal Kular of Taverham & District Lions, we were extremely pleased to have selected Lion Ujjal who was duly confirmed by Oak Brook as the 1VDG for 105CE. Congratulations to Lion Ujjal. It was also a pleasure to 'chain up' Lion David Pope as our 2VDG, congratulations to David. Between us, myself, Lions Ujjal and David we plan to visit all clubs in the District so watch out for the DG Team Visit!!

We have our first full Cabinet Meeting on 11th August and you should be reading this newsletter around about the same time. I look forward to hearing from the District Officers as to how they will help you to achieve your goals, to help you develop as members the world's largest service organisation and to help you continue to serve your communities. As you start to execute your plans for 2019-20, remember to keep in mind the 105CE District Goals and consider how you will support your club with:

1. Service growth
2. Lions Clubs International Foundation (LCIF) Projects & Fundraising
3. Leadership development
4. Membership retention & extension
5. Excelling in marketing, communications and ICT

By getting the right focus on the above, our District will be best placed serve both local and international communities, and after we are all about service!!

Talking about getting the right focus, let me remind you all that service reporting is now through MyLion, it is well worth spending a few minute reviewing the video links below to appraise yourselves how to add new and past Service Activities. <https://www.youtube.com/watch?v=npuTGERBctE&feature=youtu.be>
<https://www.youtube.com/watch?v=kP3498MrHxE&feature=youtu.be>

I look forward to meeting many of you through the year and hope to see a maximum turnout for our District Convention in Peterborough between 12th and 15th March 2020 and the MD Convention which will be near enough in the middle of our District at Stoke Rochford Hall, Grantham between 1st and 4th May 2020. More details of both will be on our District Website.

My final request to you this month is a simple one – **let me know what my team and I can do for you, we will be delighted to help.**

Milan - International Convention Update....

Lions Clubs International Convention was held in Milan, attended by 200 plus Lions from MD105 including your own DG Lion Guch Manku and 1VDG Lion Ujjal Kular. As the Immediate Past International President Lion Gudrun Yngvadottier (Iceland) handed over to incoming International President Jung-Yul Choi (South Korea), 750 new DGs from across the world were sworn in. Milan was great fun and hot hot hot!! Take a look at the picture gallery below of events surrounding the swearing in ceremony of DGs from MD105 (immediately below) and from across the globe. Great opportunity to make new friends as Lions from MD105 flew the flag on the International Parade.



As well as completing the final day of DG School, DG Guch and his counterparts made the most of the opportunity to network with Lions from across the globe.



NOT SO FAR AWAY, BUT OUR DISTRICT CONVENTION IS AT PETERBOROUGH, MARCH 12TH TO 15TH 2020.

1ST VICE DISTRICT GOVERNOR ELECTED.



It is with great delight that I can announce, Lion Ujjal S Kular of Taverham & District Lions has been formally accepted by Oakbrook as the 1st VDG for 105CE 2019-20, congratulations to the very first 1st VDG Lion Ujjal S Kular, looking forward to working with you as we gear up 105CE for a bright future - forward together'

PDG Lion Guch Manku and 1st VDG Lion Ujjal with his wife Manjit



MJF for Professor Harminder S Dua CBE FRCS

Nottingham West Lions' outgoing President, DG Guch's together with Charter President and PDG Lion Ajit Viridi had the great pleasure in awarding Professor Harminder S Dua CBE FRCS a Melvin Jones Fellowship (MJF) in recognition of Professor Dua's world renowned work in forefront of ophthalmology. Professor Dua, a past President of Royal College of Ophthalmologists was suitably surprised by the award and as a previous member of Nottingham West Lions was very thankful for his MJF and showed his appreciation for the great service and commitment shown by Lions Clubs International in the field of Vision, including Nottingham West Lion Club's generous donation to the Ocular Tissue Lab at the Queens Medical Center, Nottingham. Professor Dua also received DG Guch Manku's personal banner, Forward Together.

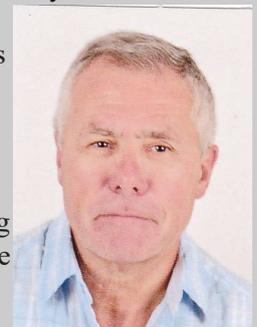


MARTIN WOOD ZONE 2A CHAIR

I have been a lion for 42 years, a Club President twice and Treasurer and Secretary on numerous occasions. In that time I have been a member of Beverley, Scunthorpe, Sheffield, Maldon, and my current club Chelmsford. This year however will be the first time I have served on Cabinet and look forward to the opportunity of being part of the District team.

I retired 5 years ago, after 40 years working in finance, including the last 5 in Ireland. Apart from my involvement with Lions, I am a trustee of Barrow Farm Riding for the Disabled, and in my spare time enjoy travel and have recently returned from a 2 month trip to Australia, where I was privileged to visit Lions Clubs in Brisbane, Maldon (Victoria) and Kuroit.

I am currently Vice President of my Club, chair the Hall and Twinning committees (we are twinned with Narbonne Lions), and I am actively involved in community service and the setting up of our Club CIO. I also actively support our Lioness club, and attended their MD Conference this year as well as our own District Conference.



My aims as Zone Chairman, are to continue to promote clubs working together, sharing best practice and supporting each other as together we are stronger. I also want to ensure there is good communication within the new enlarged District, and Clubs are aware of new initiatives and the support of District officers available to them, and finally to have fun and fellowship through a programme of social activities, whether that be the zone potty challenge or attending other clubs events.

LYNNE ROBERTS ZONE 6B CHAIR

My name is Lynne Roberts, a member of The Deepings Lions Club. I have been a Lions for 5 and a half years and a nurse in the NHS for 39 years. I was honoured to be put forward as the Zone chairperson for the new Zone 6b.

I was lucky enough to attend the Multiple District Convention this year at Swansea. Very apt for my first Multiple District Convention, as I was born in Swansea and grew up about 12 miles west of there, in a well-known Rugby town with two lots of LL's in its name! At the Convention I heard the first female International President Lion Gudrun Yngvadottir, give an inspiring speech about reaching Beyond the Horizons.



As Zone chairperson I would like to help and support the clubs in the zone to identify new ways of helping both the local and international communities, in new and interesting ways. To identify any strengths and gaps to help make their experience as a Lion fulfilling and fun, for new and existing Lions.

I look forward to hearing the new International Presidents vision for the coming year and to experience the coming together of the new district and supporting District Governor Guch and his Cabinet going forward, and also my new role. I am also looking forward to adding to DG Guch's portfolio of 'selfies'!

Bourne Lions
Bourne Lions Charity Trust Fund. Registered Charity No. 1077290

Family Fun Day

Sunday
15th September 2019
11am - 5pm
Recreation Ground
Recreation Road, Bourne

Music by Local Groups, Junior Football Competition, Children's Amusements, Dog Show, Refreshments, Displays, Craft & Charity Stalls, Licensed Bar Car Boot, Dakota Fly-Past & Much More

Free Admission



FORTHCOMING EVENTS

HORNCASTLE LIGHTS

Every Christmas in Horncastle by the traffic lights on the A153, at its junction with North Street, a Christmas Tree is illuminated with an array of white bulbs, this tree is known as the 'Tree of Light'.

The purpose of this tree is to allow the residents of Horncastle and surrounding villages to sponsor a bulb in memory of a lost loved one and at the same time raise money for charity. The names of those who the bulbs are in memory of are displayed on a board in front of the tree. At a given date in December there is an official switching on ceremony to which these sponsors are invited and during this ceremony the names of those lost are read out this is followed by a moment of silence and prayer.

All monies raised from The Tree of Light are donated to local Hospices.

The opportunity to sponsor a bulb for this year's event will be open later this year via.

<http://www.horncastletreeoflight.co.uk/>

This is a joint venture between Horncastle District Lions and The Rotary Club of Horncastle.

Lion David Pope

New Member for Billericay Lions

We inducted our second new member this year at our business meeting in April. VDG Ujjal Kular, visiting for that meeting, was able to welcome John Glover to Lions. In the picture are sponsor Richard Thurgood, John our new member, Lion President Mike Conway and VDG Ujjal. Membership of the club now stands at 27 and we look forward to receiving the Service Grant for new members.

(Oops wrong last month!!)



Busy time at Billericay Lions Club

Early summer is a busy time for us with two regular events taking some careful planning and organising and a lot of fun and involvement for our members.

Our 9th Billericay Beer Festival took place over the weekend of 28 – 30 June. A small committee organise the event led by two of our members one in particular heavily involved with CAMRA led festivals in the area. The whole club is involved in setting up and manning the event from Friday evening to Sunday late afternoon with some help from family and friends and other community groups we support. This event is our main summer fundraiser and, not without some risks attached, a good profit was made due to careful cost control and hard work in gaining sponsors for each beer barrel, accessories, programme and advertising leaflets.



A smaller commitment, but also needing careful planning, was our 'Day Out at Adventure Island Southend' on 4 July for children hosted by the local Chernobyl Childrens Lifeline group. Twelve children from Ukraine had the time of their lives chaperoned by a few of our members and all funded from our charity account. The stomach churning day of laughter and fun dismissed the language barrier between us and was finished off with a meal at Tomassi's restaurant in Southend, with free meals for the children donated by the Tomassi family.

The club takes a short break from activities in July to recharge our 'service' batteries.



REEPHAM LIONS SUPPORT REEPHAM'S OWN SECRET GARDEN

Next time you're in Reepham and have a few minutes to spare, venture into the garden behind the Bircham Centre (access via Pudding Pie Lane or Back Street). It is a little oasis of calm away from the bustle which is Reepham and the stresses and strains of everyday life.

As part of the Bircham Centre's Centenary Celebrations the garden is being transformed by a team of volunteers, led by Tom Martin from Eves Hill Veg Co (www.eveshillvegco.com). In the last year the volunteers, who come to the garden each Monday from 9.30 am to 1 pm, have transformed this space. Many have done so whilst completing a Level 1 Award in Gardening with Tom. If you come on a Monday morning, say Hello to the volunteers who will show you around.

There are often flowers and produce to take away as well. Reepham Lions has donated £100 towards the purchase of plants for the garden make-over. This has gone towards the purchase of plants, including a wisteria, hydrangea and lavenders, to create a legacy for the Centre.

Reepham Lions is also supporting Eves Hill Veg Co's Horticulture Apprenticeship Scheme which runs at their market garden in Booton. This is done through the purchase of numbers in EHVC's 100 Club Apprenticeship fundraiser. The Scheme is in its second year and the first apprentice, Izzy Filby, is now Assistant Gardener at Thornage Hall. This is a great achievement and testament to the work which is being done by the company and the apprentices engaged in the Scheme.

If you would like to support the Bircham Centre garden with a donation of plants or through volunteering, contact Tom Martin on info@eveshillveg.co.uk. For details of Eves Hill Veg Co's 100 Club Apprenticeship fundraiser see <https://eveshillvegco.com/100-club>.

For more information about Reepham Lions and their work supporting local good causes, please visit the website <https://reephamlions.co.uk>, email or come along to one of our meetings which are held on the first Tuesday of the month in Reepham Methodist Church, Station Road, Reepham, at 7.30 pm.
Liz Howes

Left to Right:-Jayne Brown (volunteer), Tom Martin (Eves Hill Veg Co), Gill Long (Reepham Lions), Mike Smith (volunteer), Liz Howes (Reepham Lions).



SOUTHWELL SCHOOLS CHALLENGE

The 2018/2019 Schools Challenge Awards ceremony was held in the Minster School Hall on the evening of 10 July 2019 and was attended by most of the children who came top in their year groups in each of the 3 parts of the competition, along with their parents, grandparents, teachers and judges. The evening was a great success and marked the end of three very successful competitions.



Five of the primary schools in our area were represented on the evening and certificates were awarded to each child who came top in their year group in each of the schools. With Years 3,4,5 & 6 taking part that meant 60 Certificates of Merit were awarded in total to the children for Art, Short Stories & Poetry.

The judges also selected the best entry from each year group among all the schools taking part and those children also won a cash prize of £25 for themselves and a further £125 prize for their school. Finally the Lions club members voted on their single favourite entry in each of the 3 competition parts and those children won a Lions' cash prize of £50. In all £1,950 in prizes were presented of which £1,500 went directly to the schools taking part.



Swaffham & District Lions at Meadow House.

Swaffham Lions were invited to an Open Day at Meadow House Care Home to see the facilities. With thirty eight rooms and seventy two staff, the residents of all ages who mainly suffer from MS, are well cared for. The Open Day included a display of the crafts that had been made by the residents, BBQ, cakes and drinks. The music was provided by Chris Wilson who had the residents rocking in their wheel chairs. It was uplifting to see so much joy being shared by residents and staff.



Lions Amy Star and Adrian Adcock at the event.



FESTIVAL AND SPORTS DAY SPECIAL

The Lions Clubs of South East Essex held their annual Sports Day and Fun Festival for the Disabled The King John School in Benfleet, Saturday 27 July 2019.

The festival was enjoyed by around 200 guests from 20 disabled clubs in south east England, and over a hundred carers and family members. The guests included 'standing' competitors, 'sight impaired' competitors and 'wheelchair users'.



Guests were hosted by a hundred Lions and their families together with representatives from The Art Ministry, Active Essex, Activ8 Fencing, Quest88 Tricycles, St John Ambulance, Southend Archery Club and Thundersley Air Cadets (1341 Squadron). The Yardarm Folk Orchestra and John & Barry provided musical entertainment, Activ8 did a fencing display and Castle Point Lions Club ran the raffle.

Teams came from the local area, including Phoenix Castle Point and Southend In Vision, and also from outside Essex, including Havering, Pinner and Aylesbury. Havering won the cup overall.

Around 250 gold, silver and bronze medals were awarded in six categories for Art, Archery, Basketball, Bags in Buckets, Bomber Darts, Table Cricket, Fencing, New Age Kurling, Shove H'Penny, Sticky Balls, Table Tennis and Target Golf. It wasn't possible to hold many of the other planned disciplines due to the bad weather.

The Sports Day and Fun Festival for Disabled People was run by the Lions Clubs of South East Essex from Castle Point, Eastwood, Leigh on Sea, Rayleigh and Southend on Sea. They were assisted by Lions Clubs from Newmarket, Clacton, Billericay, Basildon and Wickford, plus EA Centennial (the internet based Lions club). Internationally, over 1.3 million Lions clubs members in over 200 countries raise tens of millions of pounds for humanitarian causes across the world.



The Sports Day and Fun Festival for Disabled People has been well supported by The King John School who hosted for the eighth year. Local supermarkets Tesco, Morrisons and Co-op provided some of the food. St John Ambulance provided medical support.

Local MPs Rebecca Harris (Castle Point) and Sir David Amess (Southend West) were present, along with Mayors and Council Chairmen from Castle Point, Southend on Sea, Rayleigh and Rochford. Medals were presented to the many successful competitors in the various categories for each event.

Lions Clubs of South East Essex said, 'Despite terrible weather, and a reduced programme, our Sports Day and Fun Festival for Disabled People was a great success. A massive thank you to the many volunteers, competitors and carers who braved the rain and come together to make the day a great success. We hope that everyone enjoyed the day and we look forward to welcoming everyone again next year, hopefully in sunshine.'

For more details contact Dave Bodimeade, Rayleigh Lions Vice President & Press Officer
davesuncat@gmail.com 07798 618226

FROM THE EDITOR

cartoonfaces.net

**juSt wanted
tO say "Hi....."**



Thank you to those who took part in the survey in the last edition.

The result of the feedback is that hopefully we can make this monthly newsletter more interactive, and meet the needs of the district.

To ensure that articles and pictures sent in are relevant, it has been decided that in future editions the format will hopefully follow the pattern indicated below.

1. DG's updates and messages.
2. Global action, Leadership, Membership, Services
3. Meet the District Officers .
4. Diabetes, Childhood Cancer, Vision, Hunger, Environment, Youth and Humanitarian assistance.
5. Club reports, successes, sharing of ideas etc.
6. Club, Zone, Region, District events and adverts.
7. Appeals for help and equipment wanted or available.
8. District Secretary's notices.

WOULD YOU LIKE TO HAVE YOUR EVENTS HERE, THEN SEND THEM IN!

Quarter page size maximum, posters and photographs needing no work please, in jpeg format.

SHARE YOUR IDEAS WITH OTHERS, JUST EXPLAIN HOW THEY WORK, OR WHOM TO CONTACT.

EQUIPMENT TO LOAN, GIVE AWAY OR SELL? We would like to hear from you

OKAY FOLKS THAT'S WHAT YOU ASKED FOR, NOW PLEASE HELP ME HELP YOU AND SEND IN THE PHOTOS AND ARTICLES AS SOON AS POSSIBLE AND DON'T WAIT UNTIL THE DEADLINE DATE WHICH WILL BE FIXED AS THE 27TH OF EACH MONTH SO THAT WE CAN PUBLISH THE NEWSLETTER ON THE 9TH. Any later and it won't make that month.

[Send to monthlynews@lions105ce.org.uk](mailto:monthlynews@lions105ce.org.uk)

**LOOKING TO ATTEND OUR DISTRICT CONVENTION IN PETERBOROUGH,
MARCH 12th TO 15th 2020?**

You can find the enrolment for here, <https://www.lion105ce.org.uk/district-convention/>



E and EA moving forward together with their newborn 105CE