



Forward Together



1st edition July 2019

CE Monthly Newsletter.

Welcome from our District Governor

Hello Fellow Lions,

A big hearty welcome to our new consolidated district, **District 105CE**. It is indeed a great honour for me to serve you as your first District Governor and I truly look forward to making a real positive difference to yourselves and the communities we serve.

As you read this, I will probably be on my way home from the International Convention in Milan, where no doubt with my 700+ fellow District Governors we will all have had a great time sharing ideas and having a bit of fun along the way. We will also have heard our International President Lion Dr Jung-Yul Choi speak about his theme – **‘Diversity’**. Diversity in the way we serve as well as those we serve. I am sure we all look forward to a little diversity as we move forward together in our new District.

My theme is ‘Forward Together’. And to this end, my vision is that we all work together; to better serve our communities by focussing on our Global Causes as well as local needs, to extend our reach as Lions, Lionesses and Leos, to add real value to each other, share ideas and the way we work, to better utilise technology, communications and marketing, especially social media, and finally to drive membership as a result of the way we serve and the service we deliver. We have a great opportunity and we will achieve great things by moving **Forward Together**.

We have had glimpse of what is coming, looking back over the last year or so, I am delighted with the work we have completed to set up District 105CE, we have made a fantastic start and this is all down to you and to my executive team that have gone above and beyond to bring together the life and souls of Districts 105E and 105EA. My thanks to PDG Steve Scall, PDG Mandy Hawksley and the 105CE Steering Group that has brought us to where we are today and I look forward to their counsel as the newly formed **‘Strategic Planning Team’** that will help plan our future for the next few years.

For me and for you Service comes first and foremost, diversifying and reaching out is important too. Luckily, we have a number of new service opportunities that I’d like you all to consider as you pull your plans together. These will help us to reach out to new communities, enable us to make a difference and support our Global Causes. They are; #ROAR 2020 with 7 billionideas, Heroes Comic distribution, Vision Screening Programmes and Brain Tumour Research. More details later in this issue.

Now that you know a little about what I’d like to achieve, let me help you get to know me a little better too. Last year, as well as turning 60, after some 36 years, I also retired from a global IT and Consulting Company – do not miss it one little bit. Also for the last 36 years, I have been married to Ravinder (who is a Lion) and we have three wonderful children, one is married and we recently became grandparents to a little baby boy. In my spare time I hack around a golf course and I am also trying to spend more time in the garden. Lions Clubs International has most of my attention and after 25+ years in Nottingham West Lions Club, I hope that with my team I will serve you all well as we move **Forward Together**.



District Governor's Partner's Appeal

Hi all, I am Lion Ravinder Manku (Nottingham West Pride Club Branch), the other half to our new DG and I am really looking forward to meeting many of you on my travels in the coming months.

When asked about my choice of Charity Appeal for the year, I considered several options dear to me and I have selected the fantastic Helicopter Emergency Medical Services that save lives every day in our new district.

Several years back my brother and his wife were involved in a very serious road accident, he had to be airlifted to hospital in an Air Ambulance and this helped him recover quickly from critical injuries. I will be so grateful to have Lincs and Notts Air Ambulance and East Anglian Air Ambulance become beneficiaries of my Appeal. They work hard and save lives every day!



Since 1994 Lincs and Notts Air Ambulance have flown over 20,000 potentially life-saving missions and since its launch in 2000 East Anglian Air Ambulance have flown over 26,000 missions, providing pre-hospital critical care across our district.

Between the two of them they dispatch 6 to 8 missions every day and both services exist to save lives by delivering highly skilled doctors and critical care paramedics by air or car to seriously ill or injured people in our district. Amazingly, they transport the equivalent of an A&E department to people suffering from the most serious of illnesses and devastating injuries, providing the best possible treatment as quickly as possible.

They are not part of the NHS and are not funded by the Government. At a time when every second counts, the arrival of their iconic yellow helicopter really can mean the difference between life and death.

They are both life-saving charities that are only kept airborne thanks to incredible supporters such as yourselves. I do hope that you can help me raise at least £10,000 towards this great cause and help those in their hour of need in our own back yard.

You can find out more about Lincs and Notts Air Ambulance @ <https://www.ambucopter.org.uk/> and more about East Anglian Air Ambulance @ <https://www.eaaa.org.uk/>

Thank you.



WATCH OUT FOR THE QUESTIONS! IT'S YOUR CHANCE TO INFLUENCE THE MONTHLY NEWSLETTER

MESSAGES FROM PDG MANDY HAWKSLEY AND PDG STEVE SCALL.

As we enter a new chapter in our Lionistic lives, I would like to wish DG Guch and his team the best for the coming year. It has been a pleasure to work with all those involved in amalgamating the two Districts into 105CE. I am looking forward to working with all the Clubs in 105CE as I take on the lead of the Global Service Team for the District.



We have some amazing projects to take forward, including Spot Cameras, Heroes Comic, and Brain Tumour Research to name but three. My hope for the coming year is to hear about the service projects your Club is doing. Most of these already come under one of our Global causes, hunger, environment, childhood cancer, diabetes and sight, and you are making a difference within your community. We have District officers for each of these, they are there to help and offer advice, but that advice is two way. We want to hear from you as to how your projects worked, or what the pitfalls were, so we can take the best forward, and not keep making the same mistakes.

Service is the core of what Lions are, so lets make 105CE the District with service as its heart.

PDG Mandy.

The district newsletter is one of several ways for members to communicate with other members, clubs, zones and districts; to share ideas and showcase our successes. Good communication is essential in any walk of life. At this time of transition within our organisation it is vital we use all communication platforms to get our message heard. 'Many Lions Make Light Work' was my theme as DG and Guch this year year is 'Forward Together', which is a great theme, and good communication will obviously help in making our district stronger and enable us to give more service to our communities. Every member, club and zone can contribute to our new newsletter.



The editor, Lion Verdun Webley, is a dedicated Lion and will be doing all he can to make the newsletter enjoyable and relevant. He needs your help! Send your news and stories to Verdun, keep him up to date with what you are doing with vibrant photos of your activities and share your ideas.

A number of fantastic youth initiatives have been launched.

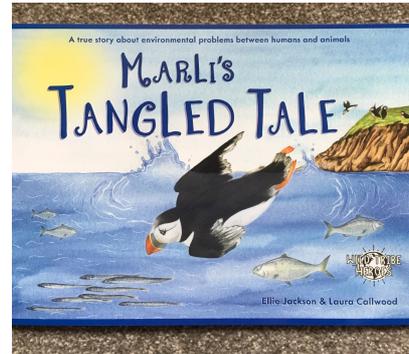
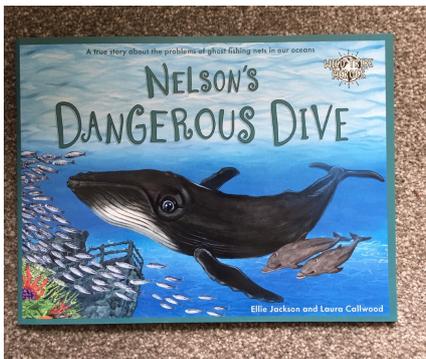
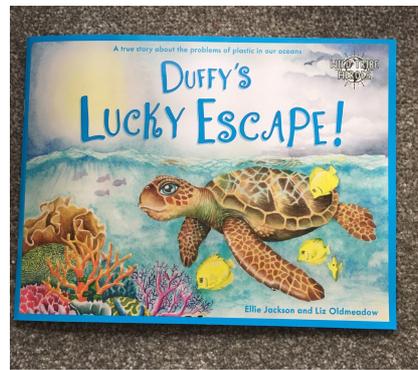
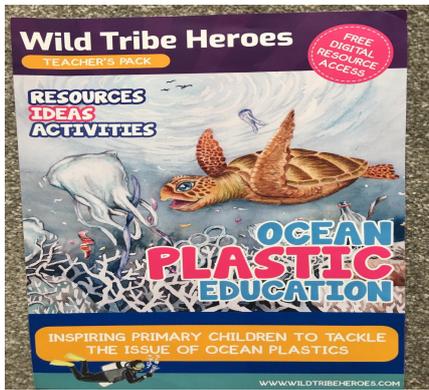
ROAR 2018 was a huge success, ROAR 2019 has inspired twice as many schools to take part, let us try to make ROAR 2020 double again and involve the young.

Brain Tumour Research is in need of money. This insidious disease kills more young people than any other form of cancer, but receives only 1% of the cancer research pot. As a multi District we are trying to raise £1 million, we need your help to do this.

The **Lions Challenge Badge** called 'Life Skills' launched by Southwell and District Lions is proving a great success, making a connection between Scouts and Lions. The pilot has been completed and is expanding throughout Nottinghamshire and other areas. It will spread around the country if we give it the publicity it deserves.

Wild Tribe Heroes are making an impact. These are fantastic children's stories that entertain and educate primary school children about the dangers of plastic in our oceans. The author Ellie Jackson has received letters of congratulation from Prince Charles and Sir David Attenborough for reaching 500,000 children around the UK. Let us help Ellie get these books into every primary school in our district, £20 per school for a full set and with teaching aids is a small sum to pay.

PDG Steve



CABINET MEMBER GRAHAM

My name is Graham Venables and I am the leader of the 105CE Youth Team. I am a member of Retford Lions and have been District Secretary of 105E for the past five years. Prior to that I led the youth team in the District and ran the Young Ambassador Competition at MD level for four years.

I see our role in the youth team as having two elements. Firstly, promoting Lions activities for youth – Young Ambassador, Peace Poster, Youth Exchange, ROAR, Scouts Lifeskills. Secondly I think we have a role to encourage clubs to become involved with schools and community youth groups to encourage them to develop into outward looking citizens who will serve their communities and hopefully develop into the Lions of tomorrow.



RECOGNITION FOR FELIXSTOWE LION DAVID WEBB



On Wednesday 8th May, Lion David Webb was presented with a Mayor's Civic Award by the Mayor of Felixstowe, Cllr Graham Newman. This was in recognition of David's role as a founder and continuing member of the Lions Club of Felixstowe. Alongside numerous activities David has held almost every position in the Lions Club of Felixstowe, chairing various committees, being Secretary, filling the role of President on 3 occasions and spending 20 years as Treasurer. Not content with these local roles, for 10 years David held a number of Lions roles across East Anglia. In 2016 David's work was recognised by Lions Clubs International when he received the Melvin Jones Fellowship Award - the highest honour that a Lion can receive.



SOUTHEND'S NEWEST MJF

Lion President Carole Of Southend Lions Club presenting a Melvin Jones Fellowship award to Lion Trevor Roberts, also in the photo Lion Pam Roberts.

The Melvin Jones Fellowship is the highest award Lions International give.



BECCLES LIONS CLUB'S NEWEST MJF

From Left to Right – Lion Keith Moore receiving the Melvin Jones Fellowship from Lion President Chris Lambert at the club's 50th anniversary charter celebrations.



BOURNE LIONS PRIDE GROWS

Daryn Wright has been a friend of Bourne Lions for a number of years having helped out at numerous past events from Fun Day to Santa's Sleigh,

Daryn is the 5th new member to be badged up within the last couple of months.

Left – Right: Vice President Lion Jon Chudley, Daryn Wright, Lion Graham Crane (Sponsor)

SOUTHWELL MAKES IT 6 THIS YEAR

Lion president Verdun Webley congratulates the newest club member Roger Vaughan with his sponsor Roger Easty. Now known as Roger 1 and Roger 2.



VISIT THE DISTRICT WEBSITE FOR THE QUESTIONS.

lions@district105ce.org.uk

LIONS HAVING FUN AND RAISING MONEY.

SAUSAGE WIN



Swaffham Lions held a sausage quiz night at the Station Pub in Swaffham. The unusual quiz devised by Lions David and Bobbie Elsom involved tasting twenty one different sausages and recording what their composition was on a score sheet. The sausages were supplied by Johnsons of Oldhurst in Huntingdon and were cooked by Jim Luff, the landlord of The Station. The sausages had a variety of ingredients, besides the pork; they ranged from Guinness to chillies and Marmite to black pudding. The winners of the quiz were Rod and Eileen Goddard with eight correct answers; they were awarded a beautiful golden sausage trophy.

SOUTHEND LIONS NEW EYESIGHT TEST



Lion Ashley trying to knock down skittles. The tights were clean! I wonder how many points he scored? Anyway lots of fun for all whether as competitor or spectator.

WHO NEEDS A RIVER, JUST DO A DUCK PLUCK!



All lined up and ready, then checked by our chief duck, alias 'the president'.

False smiles or lunch? No just the human fruit machine in action and a winner

BECCLES GIVES IT AWAY AS WELL



Mrs Sue Foster on the Bakare Bed surrounded by representatives from Beccles Lions Club, Beccles Diamond Jubilee in Sickness Fund, Beccles Helping Hands and Beccles Townlands Charity who together provided it.

Nottingham West Lions Club Charity Golf Day = £1,600

Another year over and another Golf Day completed. NWLC just completed their 19th Golf Day and despite the rain, with the 40 golfers, Ruddington Grange Golf Club and their sponsors they raised £1,600 for good causes. NWLC wish to thank all that took part, especially their sponsors:

1. Blueleaf Consultants Ltd
2. The Cumin Indian Restaurant
3. Simba Union - Leeds
4. The Maharaja's Retreat Indian Restaurant
5. Karma IT Solutions
6. Innovations Design & Build



FORTHCOMING EVENTS

- 13th July March Lions Club 43rd Charter Celebrations, Oliver Cromwell Hotel, March, PE15 9LH
27th July South Essex Lions Club Disabled Day, King John School, Thundersley, SS7 1RQ
18th Aug' Lioness Lions Club of East Anglia, Vintage Tea Party, Seward End Village Hall, CB10 2LG
1st Sept' District Fun Day Out, Great Yarmouth Race Course, NR30 4AU
7th/8th Sept' EA Centennial 100 Champions Event, Holliday Inn, Peterborough West, PE3 6SG
9th Sept' Clacton-On-Sea Lions Club 40th Charter Celebrations, Clacton Golf Club, CO15 1AJ
4th Oct' Bourne Lions Club Charter Celebrations, Corn Exchange, Bourne, PE10 9EF
26th Oct' North Notts Lions Club 50th Charter Celebrations, Weston Rooms, Gainsborough, DN21 2DZ
2nd Nov' Edwinstowe & Dukeries Lions Club Charter Celebrations, South Forest Complex, NG21 9JA
16th/17th Nov' New Century Lions Club of East Anglia Event, Imperial Hotel, Great Yarmouth, NR30 1EQ
30th Nov' Vale of Belvoir Lions Club 40th Charter Celebrations, Olde Barn Hotel, Marton, NG32 2GH
2020
20th March Glandford & Lindsey Lions Club Charter, Hemswell Court, Gainsborough, DN21 5DQ

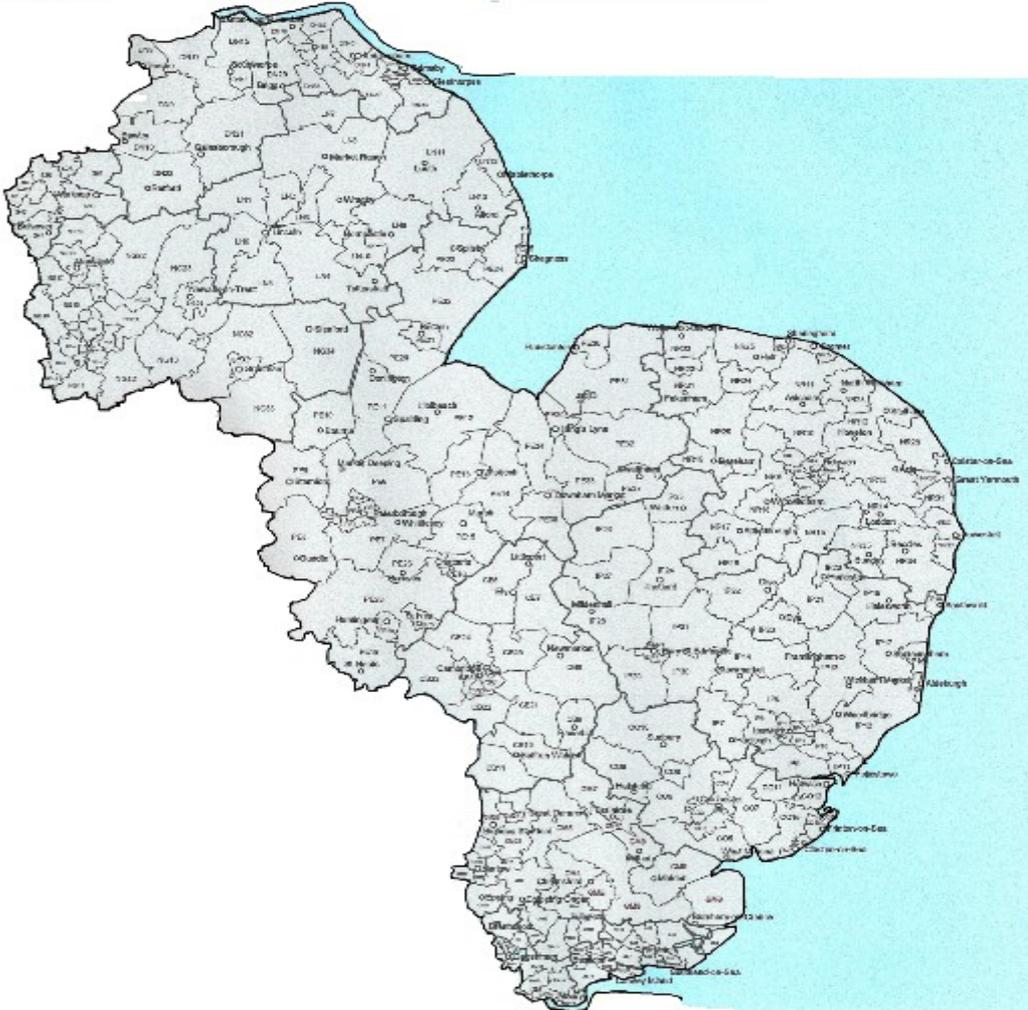
For further details contact the clubs, or visit ions@105ce.org.uk

- 21st July District Governors Homecoming, Haveli Fine Dining, Chilwell, Nottingham, NG95JW
3rd/6th Oct' Europa Forum, Tallinn, Estonia.
12th/15th Mar' District 105CE Convention, Holiday Inn, Peterborough West, PE3 6SG
1st/3rd May Multi District Convention, Stoke Rochford Hall, Grantham. NG33 5EJ

LIONS DISTRICT 105CE MAP

I hope you enjoy travelling! In the 19th Century to travel from the top to the bottom of the district would have taken 5 days; aren't you glad for modern transport systems!

Modern communications is key for interaction and involvement, to ensure we move **Forward Together** and make 105CE the best we can.



BRINGING TOGETHER SIX COUNTIES

CAMBRIDGESHIRE
ESSEX
LINCOLNSHIRE
NORFOLK
NOTTINGHAMSHIRE
SUFFOLK



105CE - FORWARD TOGETHER
2019 - WE SERVE - 2020



www.lions105ce.org.uk

A LIST OF CLUBS CAN BE FOUND IN THE APPENDIX.

Help get District 105CE off to a fast start.....

As a joint executive team we have been working hard to get our operating model and infrastructure in place so we get off to a fast start and as part of this work, Help me achieve my goals for the year, they are aimed at helping us all to work together to a common end; serving those in need. Please take a look at the goals below, feel free to get in touch with specialist officers to help you help our District get off to that fast start.

DRIVE SERVICE GROWTH



- THROUGH PEOPLE SERVED:** Aim to serve, on average 3,000 people per club during 2019-2020, have at least 15% of these be under 18 Years of age.
- THROUGH SERVICE ACTIVITIES:** Aim to complete, on average 5 service activities per club during 2019-20. Take look at the projects such as; #ROAR 2020 with 7 Billion ideas, Heroes Comic distribution, Vision Screening Programmes and Brain Tumour Research, Scouts Challenge.
- THROUGH SERVICE ACTIVITY REPORTING:** Yes you got it... we need to report what we do, this helps me and our team to share the great work done by you all, please report all service projects via MyLion Web or MyLCI. Ask for help, if you need any guidance.
- Contact PDG Mandy Hawkesly Team Leader – Global Service Team for further information and assistance.**

PRIORITISE Lions Clubs International Foundation (LCIF)

Derbyshire, Leicestershire & Rutland Air Ambulance
Benefit From LCIF Grant



**Lions Clubs International
FOUNDATION**



- THROUGH PARTICIPATION:** LCIF is a two way street, our donations to LCIF make it possible for Lions to support recovery from major disasters worldwide. LCIF also helps with joint funding of projects, local and international. Why not learn about LCIF, how we can help and also how we can benefit locally from the funds available – go for a big project and ask for joint funding! Consider how you can support LCIF throughout the year, all donations will make a big difference.
- MELVIN JONES FELLOWSHIP (MJF):** Did you know we have found that we have some 400 MJFs in the bank. These awards are as result of previous donation to LCIF and can be awarded to Lions, deserving members of the public or members of partner organisations – why not check how many your club has in the bank and make an award or two.
Contact PDG Alan Hall, Team Leader – Global Member Team for further information and assistance.

DRIVE LEADERSHIP



- a) **THROUGH OFFICER TRAINING:** Leadership is about applying knowledge that benefits those we serve and learning how we can do even better. I recommend that you all, especially incoming Club Officers attend one of the Club Officer / Region & Zone Chair training days.
- b) **THROUGH PROVIDING LEARNING FOR EVERY LION:** Lions Clubs International have a number of Leadership courses and I would like you all to have an opportunity to benefit. During the 2019-2020 fiscal year, the district will encourage candidates to apply for local and International sponsored courses in our area.

Contact Derek Rutter, Team Leader – Global Leadership Team for further information and assistance.

DRIVE MEMBERSHIP



- a) **THROUGH MEMBER RETENTION:** It is easier to keep members from leaving than adding new members, please look to those that may be considering leaving and work with them as a priority, we have much to offer as Lions, let us not lose friends with whom we serve. Think about affiliate and privileged lion status.
- b) **THROUGH NEW MEMBERS:** If each club aims to add two new members to its ranks through the year we will have made a great inroad to our membership growth. Let's get our plans in place and let us also aim to recruit younger Lions than ourselves. Your public relations officer is essential here.
- c) **THROUGH NEW CLUB DEVELOPMENT:** Getting a new club off the ground is hard work, getting a Club Branch off the ground is easier - have you looked at creating a Club Branch? Learn about Club Branch programmes and get the DG team in to help.

Contact PDG Alan Hall, Team Leader – Global Member Team for further information and assistance.

GROWTH THROUGH THE EFFECTIVE USE OF MARKETING, COMMUNICATIONS and ICT



Diabetes



Environment



Hunger



Vision



Childhood
Cancer



Young People



Respond to
humanitarian crises

- a) Lions need to become leaders in marketing and communications, it is the way of the world and for us to succeed, we need to be brilliant at letting others know what we do and the benefits we bring to those that we serve.
- b) Information & Communications Technology (ICT) is a cornerstone of most organisations and Lions is no exception, we all need to learn how to better use ICT for our own personal lives as well as our Lions lives. This will not be a quick fix, but we will have a District plan soon that we can then implement to better serve you all. **Do you have any ideas that will help? Let us know.**
- c) **FOR THE TIME BEING:** I urge you all to see how you can help your club look its best on the web. Improve your clubs use social media to spread the word.
[Contact Adrian Robinson, Team Leader – ICT/Communications for further information and assistance.](#)

I trust the above gives you a feel for how the District will work towards its goals, your District team will be delighted to help you all to better serve, please use the team to help you succeed.

District Governor
 Gurcharan (Guch) Manku MJF



Derbyshire, Leicestershire & Rutland Air Ambulance Benefit From LCIF Grant

Back in January 2016 an application was made to LCIF for matched funding to provide an Oxylog 3000+ Ventilator, associated suction equipment and consumables for The Air Ambulance Service – Derbyshire, Leicestershire & Rutland Air Ambulance.

In June 2016 the grant was signed off and US\$18,070 was approved by the LCIF Board, this was matched by donations made by local Lions Clubs in the Derbyshire, Leicestershire and Rutland area. Under the guidance of PDG Lion Robin Duke of Loughborough Lions Club, via the Air Ambulance Service and NHS a Ventilator was purchased at a cost of £24,953.67 to be used on the Derbyshire, Leicestershire & Rutland Air Ambulance.

The Air Ambulance Service (TAAS) provides the best possible pre-hospital care in the Derbyshire, Leicestershire & Rutland counties of the East Midlands by using the latest medical techniques and the most qualified pre-hospital Doctors and critical care paramedics. TAAS attends on average 1000 missions every year, with the helicopter being available 365 days a year.

Developing and extending the coverage for the East Midlands does not come without cost and the cost is not all met from government funding, 100% of their funding is dependant on voluntary donations. One of the most vital pieces of equipment used in the care of critically injured patients, from both trauma incidents and medically related cardiac arrests, is a ventilator. This vital piece of equipment effectively replaces and supports the normal automatic action of the body for breathing and without this basic function, the human body cannot sustain life.

The ventilator on the aircraft is of the highest quality and specification that can be utilised in the pre-hospital environment. It allows the clinicians to control and improve breathing in the critically ill patients. Simply the Oxylog 3000+ ventilator it is the best ventilator for the job. The ability to monitor capnography functions of the body using this ventilator, enables the clinicians to essentially have a “window” into the critically ill patient’s brain function, critically intervening early so as to improve the survivor outcomes.

Individual Lions Clubs in Derbyshire, Leicestershire and Rutland held fundraising events to raise monies to fund this project, this included golf days, raffles, publicity and collections at local shows, proceeds from 10k running events, auctions and sponsored challenges.

The community benefitted from participating in these events, understanding more about the Air Ambulance and its objectives and how the purchase of this equipment would make a real difference to the community.

During 2018, 141 patients had the ventilator applied to them and it is used every time a patient has to be anaesthetised (for 2019 so far the figure is currently 68 patients). This will definitely have a long-term impact in the community. The grant funding allowed the Air Ambulance to purchase the ventilator which has impacted on 100s of lives, and also 1000s of wider family members.

Alan Hall.



APPENDIX

<u>Club</u>	<u>Region</u>	<u>Zone</u>
DOWNHAM MARKET	Region 1	Zone A
DOWNHAM MARKET LIONESSE CLUB	Region 1	Zone A
HUNSTANTON	Region 1	Zone A
KING'S LYNN	Region 1	Zone A
SWAFFHAM & DIST	Region 1	Zone A
SWAFFHAM & DIST LIONESSE CLUB	Region 1	Zone A
WELLS NEXT THE SEA	Region 1	Zone A
HUNTINGDON GRAFHAM WATER MARCH	Region 1	Zone B
PETERBOROUGH	Region 1	Zone B
WHITTLESEY	Region 1	Zone B
WISBECH	Region 1	Zone B
EA CENTENIAL100 CHAMPIONS	Region 1	Zone C
EAST ANGLIA HELEN KELLER INTERNET	Region 1	Zone C
EAST ANGLIA LIONESSE LIONS	Region 1	Zone C
EAST ANGLIA NEW CENTURY	Region 1	Zone C
UEA CAMPUS	Region 1	Zone C
CLACTON-ON-SEA	Region 2	Zone A
WITHAM & DISTRICT	Region 2	Zone A
WITHAM & DISTRICT LIONESSE CLUB	Region 2	Zone A
BRAINTREE	Region 2	Zone A
CHELMSFORD	Region 2	Zone A
CHELMSFORD LIONESSE CLUB	Region 2	Zone A
MERSEA ISLAND	Region 2	Zone A
CASTLE POINT	Region 2	Zone B
EASTWOOD	Region 2	Zone B
LEIGH ON SEA	Region 2	Zone B

RAYLEIGH	Region 2	Zone B
SOUTHEND ON SEA	Region 2	Zone B
BASILDON & WICKFORD	Region 2	Zone C
BILLERICAY	Region 2	Zone C
BRENTWOOD	Region 2	Zone C
HARLOW	Region 2	Zone C
ROMFORD	Region 2	Zone C
THURROCK	Region 2	Zone C
ACLE & BRUNDALL	Region 3	Zone A
GREAT YARMOUTH	Region 3	Zone A
NORFOLK BROADS	Region 3	Zone A
WROXHAM & HOVETON	Region 3	Zone A
DEREHAM	Region 3	Zone B
NORWICH CITY OF	Region 3	Zone B
NORWICH NORTH ALPHA	Region 3	Zone B
NORWICH WEST	Region 3	Zone B
REEPHAM	Region 3	Zone B
SHERINGHAM & CROMER	Region 3	Zone B
TAVERHAM & DISTRICT	Region 3	Zone B
ATTLEBOROUGH	Region 3	Zone C
HETHERSETT DISTRICT	Region 3	Zone C
LONG STRATTON	Region 3	Zone C
THETFORD BRECKLAND	Region 3	Zone C
WYMONDHAM	Region 3	Zone C
BURY ST. EDMUNDS	Region 4	Zone A
FELIXSTOWE	Region 4	Zone A
FELIXSTOWE LIONESSE CLUB	Region 4	Zone A
IPSWICH	Region 4	Zone A
STOWMARKET & DISTRICT	Region 4	Zone A
WOODBIDGE & DISTRICT	Region 4	Zone A
CAMBRIDGE	Region 4	Zone B
HAVERHILL	Region 4	Zone B
LITTLEPORT	Region 4	Zone B
NEWMARKET	Region 4	Zone B
SAFFRON WALDEN	Region 4	Zone B
SAFFRON WALDEN LIONESSE CLUB	Region 4	Zone B
BECCLES	Region 4	Zone C
BUNGAY AREA	Region 4	Zone C
HALESWORTH	Region 4	Zone C
LOWESTOFT	Region 4	Zone C
SOUTHWOLD SOLE BAY	Region 4	Zone C
BARTON ON HUMBER	Region 5	Zone: A
BRIGG DISTRICT L C	Region 5	Zone: A
CAISTOR & DIST	Region 5	Zone: A

GRIMSBY CLEETHORPES	Region 5	Zone: A
HUMBERSTON NORTH SEA	Region 5	Zone: A
MARKET RASEN	Region 5	Zone: A
GAINSBOROUGH	Region 5	Zone: B
GLANFORD & LINDSEY L C	Region 5	Zone: B
HYKEHAM	Region 5	Zone: B
ISLE OF AXHOLME L C	Region 5	Zone: B
LINCOLN	Region 5	Zone: B
SCUNTHORPE	Region 5	Zone: B
WINTERTON-NO LINCOLNSHIRE LC	Region 5	Zone: B
EDWINSTOWE & THE DUKERIES	Region 5	Zone: C
NORTH NOTTS L C	Region 5	Zone: C
NOTTINGHAM WEST	Region 5	Zone: C
NOTTS/DERBY HEMLOCKSTONE L C	Region 5	Zone: C
RETFORD	Region 5	Zone: C
SOUTHWELL & DISTRICT L C	Region 5	Zone: C
WORKSOP	Region 5	Zone: C
BOSTON	Region 6	Zone: A
CONINGSBY & TATTERSHALL L C	Region 6	Zone: A
HORNCASTLE & DISTRICT	Region 6	Zone: A
LOUTH DISTRICT L C	Region 6	Zone: A
MABLETHORPE SUTTON & DIST	Region 6	Zone: A
SKEGNESS	Region 6	Zone: A
WOODHALL SPA	Region 6	Zone: A
BOURNE	Region 6	Zone: B
CROWLAND	Region 6	Zone: B
GRANTHAM	Region 6	Zone: B
SLEAFORD & DISTRICT	Region 6	Zone: B
SLEAFORD & DISTRICT LIONESS CLUB	Region 6	Zone: B
SPALDING	Region 6	Zone: B
STAMFORD & DISTRICT	Region 6	Zone: B
THE DEEPINGS L C	Region 6	Zone: B
VALE OF BELVOIR L C	Region 6	Zone: B

**FOR INFORMATION AND HELP ON C.I.O. STATUS FOR CLUBS
CONTACT THE DISTRICT TREASURE treasurer@lions105ce.org.uk**

Thank you for your taking the time to plough through this first edition, but there was so much information we needed to convey. Thank you in advance for your feedback, This is what will move us forward and keep us connected.

Lion Verdun Webley MJF

DEADLINE FOR NEXT MONTHS ISSUE 20TH JULY 2019

QUESTIONNAIRE [CLICK Here](#)