



Lions Clubs International
British Isles District 105CE
At the heart of your community
 Lincolnshire, Nottinghamshire, Cambridgeshire, Norfolk, Suffolk & Essex



MONTHLY NEWS JUNE 2020.

My Fellow Lions, well what a year, and how quickly it has gone by, did I say that already, and how quickly it has gone by. A big thanks to all that made it possible, especially my wife Lion Ravinder.

I know only too well that this is a team effort and without the previous DG Team, the current DG Team, the Strategic Planning Team, Cabinet and of course you, we would not have moved **'Forward Together'** as well as we have over the past year. I hope like me and my team, you are all pleased with the excellent progress we have made in building our new District. I for one, am looking forward to our DGE Lion Ujjal Kular taking the helm, best of luck to DGE Ujjal and his wife Manjit for a great year ahead.



Our journey began way back in September 2018 with the EGM that began to bring together 105E and 105EA, where new friendships were made. Then, in February 2019, it was great to go over to a very cold St Charles, Illinois for incoming DG Training where more friendships were forged, especially with my fellow MD105 DGs (above left). And then June 2019 there was the excitement of International Convention in Milan, you guessed it more new friendships and great fun had by all.

But the most fun and best experiences were had right here in the 6 counties of Nottinghamshire, Lincolnshire, Norfolk, Suffolk, Cambridgeshire, and Essex of our very own District 105CE. Ravinder and I were made extremely welcome by so many more new friends, more relationships made and friendships forged. Thank you to all those wonderful Lions in wonderful Clubs that are serving the less fortunate.



As I look back over the year and review the 'aspirations' we had I am very pleased with; our drive to deliver Services, our journey to better use Technology, our outcome with Membership, we managed a net new Club as we improved retention in these hard times. We also wanted to better utilise LCIF, to give more but to also apply for more funding too. This was driven hard at Club, MD Level and International levels with a big share in over £300,000 disbursed by MD105 in the last few months; £140,000 in special COVID-19 Club Grants and over £160,000 to fund PPE for 18 Air Ambulance services, three of which are in our District (more on this later in this issue).

Given the challenges we are all facing with COVID-19 and the expected growing pains in launching a new District, all in all, I hope that you have all managed to have as much fun along the way that Ravinder and I have. And final word from Lion Ravinder, 'Thank you ever so much to all the clubs that have so generously donated to my Air Ambulance Charities, it has been lovely to meet you all'.

For The Last Time
 Best Regards, Guch



Lions Clubs of British Isles donate £160,000 for Air Ambulance Services

We are delighted to announce that Air Ambulances across the British Isles will receive vital equipment for use in their battle against COVID-19; thanks to a generous £160,000 donation from the [Lions Clubs International Foundation \(LCIF\)](#).

With over £140,000 recently dispersed through the local British Isles Lions Foundation, that makes it over £300,000 going out help our communities in just a few months on top of the £Millions disbursed each year through [Lions Clubs of the British Isles](#).

The #LCIF Lions grant provides immediate support for this emergency service that touches lives in all our communities.

Equipment and supplies were identified by Air Ambulance charities themselves. The total £161,468 (covered by the grant) includes separation screens, isolation and decontamination equipment as well as PPE and other supplies.

Research by @LionsClubsBritishIsles and @airambulancesuk revealed the adverse impact of #COVID-19 on Air Ambulance charities meant considerable extra - unbudgeted - day to day costs alongside reduction in fund-raising.

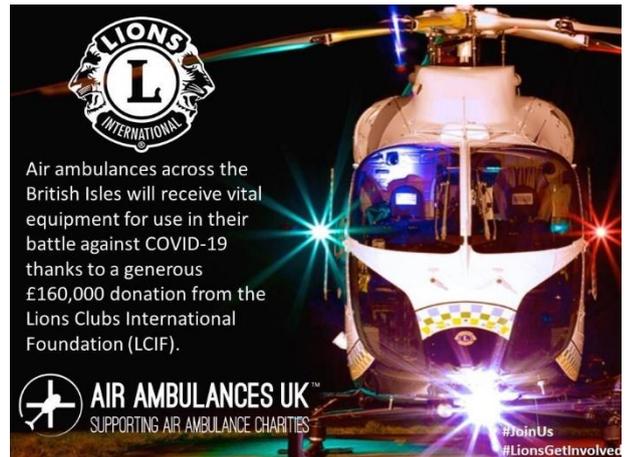
Local #Lions clubs have continued to support their communities facing difficulties due to COVID-19. This latest boost for air ambulance charities comes on top of £140,000 awarded in grants to foodbanks and other causes.

If a quote is required by press or radio Station, use following as the basis:

“We know that air ambulance charities have been busier than ever during the coronavirus pandemic. They have faced considerable extra, unbudgeted - day to day costs – at the same time, lockdown has adversely affected fund-raising. Now, thanks to an emergency COVID-19 relief grant from the Lions Clubs International Foundation in the US, Lions Clubs of British Isles can provide immediate support for this emergency service that touches lives in all our local communities.”

We are set to receive an incredible £4,000 to help with our response to the Covid-19 outbreak.

A huge thank you to [Lions Clubs International](#), who are donating to air ambulances across Britain to assist with their life-saving work during the pandemic. This generous donation will help to pay for Personal Protective Equipment (PPE) for our crew including suits, goggles and masks. 🇬🇧



Service Reporting:

A big thanks to clubs using Service Activity Reporting. We continue to make progress, getting valuable information to fellow members, we still have a way to go with only around 60% of clubs reporting activity! Let us continue to share the great work we do; you know the mantra, service leads to membership and that will make us stronger to serve even more of those in need. If you need guidance, just go to [SAR105CE](#), if asked for a password, use SAR@105CE.

District 105CE as at 7th June 2020

People Served	276,379
Service Activities Completed	1,564
Volunteer Hours	68,018
Funds Donated	\$319,004

Caistor and District Lions – In action.



This picture shows Lion Tilly Clifton and Lion Nick Clifton with a volunteer at Caistor's food store. This was set up to provide food boxes for vulnerable people during the current crisis. At present thirty boxes are distributed weekly. Donations have come from far and wide and Lions Nick and Tilly along with amazing volunteers have managed the store remarkably.

The photograph shows Lion President Andy Gutherson presenting a cheque, adhering to social distancing rules to Town Councillor Steve Critten for £750.



The money was donated by Caistor and District Lions and the Multiple District Grant.

Do Not Forget to claim your £££ benefits of becoming a CIO – We got £2,572.

Back in January 2019 – as Club Treasurer of Peterborough Lions Club I started the application for CIO status, collected the required data, held a couple of Club Trustee (Directors) meetings, documented everything and submitted the papers to our CIO Mentor in early February 2019. This was quickly processed, submitted to the Charity Commission and on the 19th February 2019, we were awarded CIO status. After 3 months, I started the Gift Aid registration – fortunately a lot of the documentation is a duplicate of the CIO application and we were awarded Gift Aid status by HMRC – including a letter that has been framed stating that they consider me to be a "fit and proper person" never had one of those before!!

Fast forward to a few weeks ago – I started the Gift Aid claim that covered the just over a month to 6 April 2019 and the full year to 6 April 2020. I only submitted our claim on Friday 5 June, it covered our personal donations including subs paid by our members and our Gift Aid Small Donations Scheme (GASDS) claim - this covered all non-receipted small donations; we received from our Xmas Carol Float, various bucket collections and other donations during the year – up to £30 per individual at a time.

On Wednesday 10 June – our club received a bank transfer from **HMRC of £2,572**. What a result. Well worth getting out of bed for and putting a bit of effort in, if you want further information on becoming a CIO or the Gift Aid process please contact District Treasurer Lion Paula Mellows.

Lion David Pope MJF

1st Vice District Governor-elect & District Secretary for District 105CE

Thank you for being part of our ‘Forward Together’ journey...

It's been a great ride, here are some of the highlights, many through a selfie or two; I'd encourage anyone interested in a senior leadership role to get in touch with the leadership team, it really is a great experience, making many new friends and having fun along the way.

MD105 Convention – May 2018

Council of Governors – June 2018



EGM, Peterborough – September 2018



DGE Schooling, QCenter – St Charles, Illinois – February 2019



Final 105EA Convention, Ipswich – March 2019



Final 105E Convention, Eastwood – March 2019



MD105 Convention, Swansea – May 2019



International Convention, Milan – July 2019



DG's Home Coming, Nottingham – July 2019



105CE Inaugural Convention, Peterborough – March 2020



Wisbech Lions Club - Down but not out!

There we were with our thinking caps on wondering what we could do to remain in the public eye, while all our members were unable to serve in the usual sense. Then thanks to our long-standing friendship with Lion President Gael Harvey, Rye Lions Victoria, Australia we heard of an interesting idea that originated in Wisconsin, US. Such is the wonder of Lions.

We played around with the original idea and came up with our '3 in 3' project. Over many years we have been aided and supported by local business so this idea aims to help them in troubled times. We selected a list of restaurants, bars and bakeries that were offering to do home delivery. We then added an entry to our Facebook prize draw. The idea is for the public to buy from three of the outlets over three weeks and send us three redacted receipts as proof. We will then enter them in the draw for a £25 voucher. So far it is going well.



We then got in touch with Lion Jack Connor and his wife Lion Marilyn. Jack is our very popular Santa. He purchased a Christmas backdrop from E Bay, dusted off his suit and well the beard is natural. Lion Marilyn devised a script that was designed to give children the chance to see Santa explaining how he is in lock-down just like them. No elves ... you get the message. The Facebook page reached 7000 in days. So many of our known followers are mums with children. The local newspaper Editor loved the concept and printed it with a link to the video.

We gave some funds to a local group called 50 Backpacks. The group were out every day providing food to over 70s. The local food bank was running short of food and funds, so they got a little help from their Lion friends. An Art competition with small prizes, came hard on the heels of these other ideas. We set a project to children under 5, 5 to 10 and 11 to 16 to draw or paint "Through the Window". This has proved popular with a school head who gave it as homework and other local people. We have often tried to engage with Lithuanian people in our community and lo and behold we got multiple entries from such a group. The art competition will run every few weeks with new themes.

The lessons for us are that Lions is truly worldwide and despite being a local club with local priorities we can still engage and share with the rest of the world. Social media is more important now than ever. Two years ago, we began to embrace it with 50 followers. Today we have 1070. Knowing our audience helps us know what to do better.

Chelmsford Lions Club - react to COVID-19.

We submitted a proposal and bid to the MD105 Foundation Trustees to enable us to offer much needed assistance to our local community during the COVID-19 crisis. Our proposal was to increase the amount we received by offering £25 to individuals to use in a way which would increase that amount by at least double, and enable us to donate a larger sum to the charities that are currently under pressure due to not being able to hold their usual events. Individuals would be able to use the money in any way they chose to increase the £25. We were fortunate to receive £250, however we realised that the charities had an immediate need for the funding and couldn't afford for us to wait for this scheme to

come to fruition. We therefore decided to use funds that we had raised with our Christmas Sleigh and some funding that we'd reserved for emergencies, we concluded that the Covid-19 pandemic met our emergency criteria. In total we have donated £2,200 and have plans for further donations.

We were due to receive from £432 Farleigh Hospice, our share of the Santa Sleigh house-to-house collection monies, in light of the coronavirus pandemic the club decided we wouldn't require this payment and that we would also donate £500 to both Helen Rollason and J's Hospice. We had previously agreed to donate £300 to Chelmsford Community Transport, we decided to increase this amount to £500. British Red Cross and St John Ambulance are also to receive £500 each as they are actively supporting residents within the Chelmsford area, and are also supporting the NHS.

The annual quiz that we were due to hold in March for MND was postponed, we decided to donate an interim figure of £200 now, with additional funds to be donated once we hold the quiz later in the year. Another £500 is being donated to a local domestic abuse charity, as we are aware that the incidents of domestic abuse are on the increase during this lockdown period. We are also intending to support a mental health charity as there will be an increased need for these services also.

We are looking forward to launching our 'double your money' challenge once the lockdown is over and things begin to return to normal, which we hope will be in the near future.



Who are The Lioness Lions Club of East Anglia?



This is a question I often get asked. Are you a Lioness or a Lions Club? We chartered as a Lions Club in August 2016 and are an internet-based Club. We are fully paid up members of Lions Club International and our membership is mostly based in East Anglia, but we do have two members who in Germany. We meet on a quarterly basis, have monthly newsletter to keep members involved in what is going on and meet socially once or twice a year.

We have a regular Lions Club pin, but on the bottom is a very small Lioness logo. Most of our members have been Lionesses in the past, but wanted to get more involved and be fully paid up members of the Lions family.

Due to the geographical spread of our members, we do not hold large fundraising events, but raise our money for charity by getting involved with other Lions Clubs and helping with their events, e.g. Bungay Car Rally and Ipswich Bike Show.

Our main aim is to help within our communities. Our biggest project is providing emergency toiletry bags for Ipswich Hospital. This started off very small 3 years ago by putting a few items in a polythene bag with one of our Club leaflets and asking if they would be of any use within the hospital community. This has now mushroomed and we now have a dedicated cupboard at the hospital where staff can access these bags when needed. The toiletries are very kindly donated by members, fellow Lions and members of the public. I have a fantastic contact in Felixstowe who constantly provides me with items, plus she makes the bags out of shower curtains. She has now roped in her friends into providing items for the bags! The bags are delivered to the hospital and then distributed to the various wards and departments. I am pleased that recently we are now helping the Children's department and also a specialized ward in the Maternity Unit. Last week I was able to deliver 70 bags to the hospital, plus I provided 12 bags for the local homeless shelter.

We are also involved in volunteering with our local Children's Centre, knitting for charity and collect spectacles for Chichester Lions.

Recently we have been sewing items for the NHS working in collaboration with the New Century Lions Club. Another project the Club is also involved in is knitting for the Warm Baby Project based in East Anglia.

If any Club would like to donate toiletries to help us with this project, we normally use smaller toiletries for the bags, but we also take larger bottles which can be used in other departments of the hospital. These can also be distributed to the homeless shelters. If you would like to know more about this project, please do not hesitate to contact me at whartonsusan3@gmail.com

Lion Sue Wharton

President Lioness Lions Club of East Anglia

LION, LIONESS AND LEOS FORWARD TOGETHER





MAY 2020 | ISSUE 1



SEASONAL

A Quarterly Newsletter by The Lions Gleaning Hub



For the full details follow the links below. It's well worth reading.

Before July 1st:-

<http://lions105ce.org.uk/2020/06/lions-help-reduce-food-wastage>

After 1st July:-

<http://lions105ce.org/hunger.html>

Gleaning Update

Using the lockdown period to approach farmers

During these unprecedented times when many of us are locked down, our farmers are still carrying on as normally as possible. However, many are having difficulties getting sufficient labour to harvest and package their crops. There are opportunities to sign up to work on farms to help fill this gap, which in turn reduces the possibility of waste and increases the volume of food reaching our supermarket shelves.

As for our Gleaning Hub we are using this time to approach prospective farmers to discuss opportunities for us and our volunteers to get onto their farms to rescue and redistribute surplus produce. We are currently developing two good prospects, one where we are trying to alleviate their concerns over access, safety etc. We have a call scheduled for September when their crops of carrots, parsnips and potatoes will be reaching their harvest dates. Our second new prospect is another pick your own farm in Leicestershire who grow a variety of produce from strawberries to pumpkins.

Finally, we are keeping in contact with our 2019 farmers to remind them of our willingness to return in 2020.



The Lions Gleaning Hub is a project of Lions Clubs International, District 105CE

A 'bulletin' from the DG...

DGE Lion Ujjal has been working hard on his new team for next year, and we get a new Comms and PR Team from 1st July. They are keen and have already been working hard behind the scenes to deliver a new image for our Comms and PR.

The Weekly News is to become The Lions Bulletin – watch this space for a spruce up in style and content.

A big thanks to this year's team, and a very big welcome to next year's team, led by Lion Kelly-Marie Thompson.

Best Regards,

Quck

The Lions Bulletin

LIONS DISTRICT 105CE



OUR WEEKLY NEWSLETTER IS CHANGING

Thanks to feedback we have been busy behind the scenes working on a new format and with features for your weekly Lions News.

Look out for the first Bulletin coming to your mail box on June 14 by it's new editor Lion Kelly from NCLCEA.



Newmarket Lions Club

Flower of Hope Competition 2020



Runs from 22nd April until Saturday 15th August for ALL categories

3 flower categories

The Tallest Flower *** The Prettiest Flower *** The best drawing / painting of a flower

3 children age groups + 1 adult group

5 years and under *** 6 – 10 years *** 11 – 17 years *** 18 years and over

TO ENTER JUST PLACE YOUR INITIAL 'SOWING'* AND 'IN PROGRESS'* PHOTOS ON the 'Newmarket Lions Club Flower of Hope Competition' FACEBOOK PAGE – LINK BELOW



*Rules and requirements can be found on [Newmarket Lions Club Flower of Hope Competition Facebook page](#)

Kindly sponsored by

LA HOGUE

[Farm shop and Cafe](#)



Southwell & District Lions Club (CIO)

Registered Charity No. 1186703



Bob's Big Quiz

Sunday 21st June 7.30 pm

It's easy to join in. No need to pre-register. Go to

www.southwell-lions.org/21st-june-bobs-big-quiz.html

Questions will be on screen from 7.30pm to 9.30 pm, with a space to enter your answers.

Answers will be posted on line at 9.45 pm so you can check how you've done.

Email us with your score for the leader board...

Email for bob.callow@btinternet.com

more info. lionsouthwell@gmail.com

Any Club can advertise For Sale or Wanted items here.

SOUTHWELL AND DISTRICT LIONS CLUB.

Approximately 2,000 plastic ducks for running a 'Duck Race. Available for a donation.

Also available is a Canoe, to chase them and collect those trying to escape! Available separately.

Contact club secretary Lion Ian Robinson, email iwrobbo50@gmail.com

