

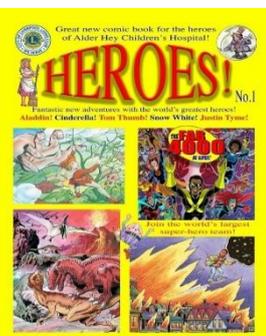
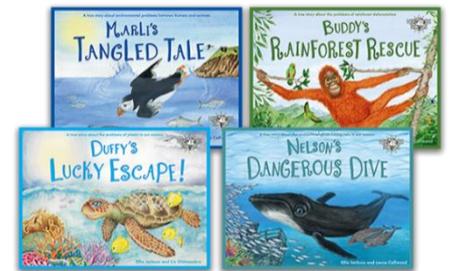


### CE Monthly News September 2019

Welcome to the September edition of our District Newsletter, and as usual there is plenty of information for you all digest and act up on. Please do continue to provide articles and feedback so we can improve this publication for you – after all it is here to help us all to move ‘Forward Together’ learning about and from each other.

We’re coming to the end of the holiday season and I am sure you are all getting stuck in to your regular fund raisers and service activities, not to mention planning for the not very far off busy Christmas season! Talking of service activities – service growth is key to our success and I’d like to remind you about some of our newest easy to get off the ground initiatives.

**Wild Tribe Heroes** – The beginning of school year is an ideal time to strike up relationships with local primary schools by providing excellent material which is very relevant to their curriculum. You will also be supporting our Environment Global Cause – take a look at <https://wildtribeheroes.com> to see these great books. Lions can provide a set of 4 books (with a personalised club message) for £20. This is a great way to get an inroad to primary schools in your catchment area. The best contact point for this project is Lion Graham Venables, Team Lead for Youth. Graham will be writing to you all in due course about this project.



**Heroes Comic** – The pilot edition of this brilliant comic (on left) was very successful and completely sold out! The First edition will be out in the autumn at a cost of £3. This is a fantastic give away to local hospitals and similar organisations. The comic is aimed at young readers – bringing a smile to their faces as they become members of the world’s biggest hero team ‘The Fab 4000’. Give it a go and get the comics to children in need. See <https://downthetubes.net/?p=105381> for more details. The best contact point for this project is Lion Sue Hibbert, Lead for New Generation Lions, Leos & Campus Clubs.

**#ROAR2019 with 7BillionIdeas** – Every single child has the ability to change the world, and now is the time to encourage those schools that have entered teams for #ROAR2019. The finals are in Nottingham on 4<sup>th</sup> December. Now is also the time to start your #ROAR2020 project. You need to consult with schools early in January so you can get them on board in time to run the programme between September and December 2020. In the meantime, take a look at the Teacher Introduction Video for #ROAR2019 <https://youtu.be/URjtPzp8nTk>. Get help form the best contact for this service activity IPDG Lion Steve Scall who will be delighted to help you plan your #ROAR2020 project.



I hope the above initiatives help you to grow your service projects, especially activities aimed at helping our future generations. Best of luck to all of you, feel free to contact Lions Graham, Sue and Steve.

Since my last newsletter, I am delighted to say that we had an excellent first Cabinet Meeting, minutes of which should be out by the time you read this. The fun part was inducting the new team so we can move ‘Forward Together’ and I am looking forward to seeing many of you at our forthcoming **District and Multiple District Conventions**, both on our patch!! See more detail later in this edition. Finally, Lion Ravinder has reminded me to thank those that have pledged funds for her Charity for this year.

Best Regards, Guch.

## District Governor's Partner's Appeal



Hi all, I am Lion Ravinder Manku (Nottingham West Pride Club Branch), the other half to our new DG Gurcharan (Guch) Manku, I am really looking forward to meeting many of you on my travels in the coming months.

When asked about my choice of Charity Appeal for the year, I considered several options dear to me and I have selected the fantastic **Helicopter Emergency Medical Services** that save lives every day in our new district.

Several years back my brother and his wife were involved in a very serious road accident, he had to be airlifted to hospital in an Air Ambulance and this helped him recover quickly from critical injuries. I am so grateful to have the opportunity to nominate the **Lincs and Notts Air Ambulance and also East Anglian Air Ambulance** as the beneficiaries of my appeal. They work hard and save lives every day. Since 1994 Lincs and Notts Air Ambulance have flown over 20,000 potentially life-saving missions and since its launch in 2000 East Anglian Air Ambulance have flown over 26,000 missions – providing pre-hospital critical care across our district.

Between the two of them they dispatch 6 to 8 missions every day and both services exist to save lives by delivering highly skilled doctors and critical care paramedics by air or car to seriously ill or injured people in our district. Amazingly, they transport the equivalent of an A&E department to people suffering from the most serious of illnesses and devastating injuries, providing the best possible treatment as quickly as possible.



They are not part of the NHS and are not funded by the Government. At a time when every second counts, the arrival of their iconic yellow helicopters really can mean the difference between life and death.



**They are both life-saving charities that are kept airborne thanks to incredible supporters such as yourselves. I hope that you can help me raise at least £10,000 towards this great cause and help those in their hour of need – in our own back yard.**

You can find out more about Lincs and Notts Air Ambulance @ <https://www.ambucopter.org.uk/> and more about East Anglian Air Ambulance @ <https://www.eaaa.org.uk/>

Thank you, Ravinder.

## 1st Vice District Governor confirmed.



I am delighted to inform you that I was re-installed as your 1<sup>st</sup> Vice District Governor at a meeting on the 21<sup>st</sup> July 2019. The meeting was chaired by ID Geoff Leeder, administered by Constitution & Nominations Officer PDG Derek Blow. Lions Clubs International has accepted this decision.

This was a special circumstance as I stood back, to allow a smooth merger of our former districts and our new District CE was formed. I re-applied and I am very pleased that my fellow Lions voted to re-install me as your 1<sup>st</sup> VDG. This has certainly created harmony in our merged district and I am proud to have been a part of the process.

I would like to thank ID Geoff Leeder, PDG Derek Blow and all who attended this meeting to make it a successful day. I would also like to thank DG Guch and members of the Nottingham West Lions Club who hosted this, a historic day for our district. A great amount of progress has been made by the Forward Planning Committee to launch the new District but the work goes on to progress further.

I look forward to work with the DG team and meet my fellow Lions in action in their Clubs.

Have a Great Year.

Lion Ujjal S Kular (1<sup>st</sup> Vice District Governor, District CE.)

## HEIDI TAKES THE CHALLENGE TO THE TOP.

For any of you who have ever seen the show "The Jersey Boys" you'll know it starts with saying that if you ask 4 people at the same event to tell you what happened you'll have 4 different versions!!! This is also true for our Charity expedition to climb Kilimanjaro. This however is my version.....others may differ as it's all about a person's perception.

Last year I was approached by a fellow Lion from Switzerland. She told me about a group of all female lions from different countries that had a dream to climb Kilimanjaro and raise monies for children in Africa.

At this time, it was 10 lady lions from 10 different countries attempting to raising \$100,000 for children in Africa. With having our first female president it seemed like an ideal time to do this project.

In January I was contacted again as they now had the 9th lady in the team. This gave me the kick I needed!! I didn't want to miss such an opportunity so I said Yes! I'm in. Somehow, I would get fit and raise the money.

My training began; I walk miles every day with my dogs so I started carrying a 7kg backpack. I did classes in Pilates, yoga, I swam, I went to the gym and started using leg weights! Everyday! Fund raising also started in earnest. I was very lucky, and am very grateful for the help from MD, various clubs and individuals, the support was overwhelming.



The International Convention in Milan took place and several of us met there for the very first time, luckily for me everyone spoke English! That was a real positive as my Russian, Polish, Swiss to mention a few is sadly lacking.

I spent months slowly buying my kit, as we approached the leaving date I looked at all my kit plus provisions; there was no way that was all going to fit in my kit bag and weigh 15kg. This indeed was a challenge and I think I must have packed, unpacked, cut back repacked and unpacked so many times I lost track, but at last it was all in the bag and about 15kg. I'd eat the extra chocolate bars if need be.

I travelled in my hiking boots. I'd been walking in them every day for 6 months and loved them even if they didn't look very attractive. Airport security was fun having to undo these on each change of flights (and there were 3), but I'd been warned that if my bag went missing on its journey I'd really suffer without my boots. Anything else I could beg borrow or hire, **but not** the boots - look after your feet.

I met up with our team leader Inna from Italy and her cousin Aksana in Dar Es Salaam and we flew to Kilimanjaro. That in itself was a story about tall people with long legs in a very small toilet but that's for another time!

Gradually we all started to arrive at Kilimanjaro and we were all met with such friendly hospitality from the local Lions. They were amazing and we all thank them for their kindness. The day before we were to climb, we took the opportunity to visit a local school arranged by the local Lions. The children were very excited to see us and took time out of their schooling to talk to us and one class sang and the children danced! This school is very close to the local Lion's hearts and each year they try to build an extra classroom which is then named after the District Governor. They still need another 16 class rooms to accommodate all the children so lots of ongoing work here!



Day 1 and we arrived at Machine Gate, located at the southern base of the mountain, and so did the rain! We all checked in, took photos, ate some lunch and watched the monkeys steal any left-over food. We then left such luxuries as a flushing toilet behind for a few days, and began our hike through the rain forest on a winding trail which quickly became muddy and slippery. Trekking poles are definitely needed. Up we went till we reached Machame Camp at 9,400ft. Day

2 we continued through the rain forest eventually leaving this behind and heading across steep rocky ridges covered with heather arriving at Shira Camp at 12,500ft. Day 3 we set off to Lava Tower and Baranco Camp, across the Shira Plateau towards the peak of Kibo and Lava Tower. Day 4 We had to tackle Baranco Wall - what fun that was! I was dreading it when I saw it the night before. In all honesty I had a mini melt down at this stage! I think the altitude had started to take effect on my body and I seriously doubted I could make the climb. I tackled it like a mountain goat and loved it!! Even when we had to hug the "kissing rock" and shuffled round it with a sheer drop below!

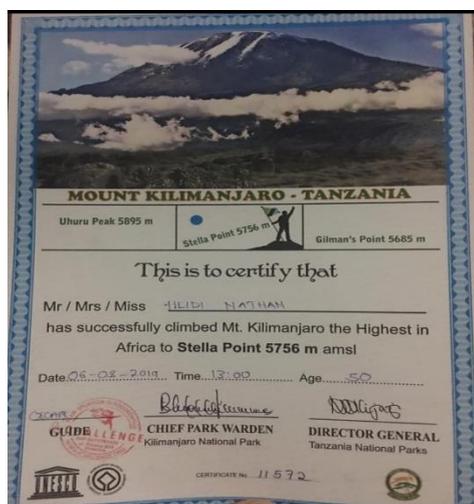
We chose to trek the Machame route as it exposes you to higher elevations fairly quickly (by day 3) which makes your body start adapting to the change in altitude quickly. We were supposed to tackle this route in 7 days, however the guide suggested we do the 6-day version makes this quite a difficult route. Day 4 is a full day hiking from Baranco to Barafu at 15,000ft, the last camp before summit. After dinner and a few very short hours of trying to sleep in freezing temperatures the very long and strenuous summit day began at 2am!

We set out between the Rebmann and Ratzel glaciers, trying to climb a very, very slippery type gravel, one step up one slide down!! This was the most mentally and physically challenging portion of the trek. For me the mountain just beat me. I managed to get to Stella Point at 18,600ft, but at that stage I could not continue to Uhuru peak. My breathing was like breathing in fire, my head hurt and my vision was becoming distorted. I made the decision to stop there rather than risk any further adverse health issues. The guides & porters showed their true skill - they each looped an arm through mine and practically skied me down the shingle quickly, the only way to deal with altitude sickness. So nearly 12 hours climbing up and down to Baranco camp in about 2 1/2!



Coming down the rest of Kilimanjaro was possibly harder than climbing it! The pressure on your knees and hips is immense, however I feel all my training with legs weights really paid off as at no time on the entire hike did I suffer with muscle pain in my legs, no blisters nothing!!! The only adverse effect I had was the altitude sickness, which sadly you can't really train for!

7 of the team reached the peak, which was really impressive, and took the Lions flag to the very top! The view from Stella Point was stunning. A further 139m elevation must have been even better, but I feel proud of what I accomplished. Our goal was to climb the mountain and raise money to help children in Africa. I feel we can certainly tick both of those boxes!



During our training months we had been looking at different projects. We decided on a project at the Amrita Centre in Kenya. The project is to raise \$100,000 to build 4 classrooms, an admin room and a toilet block to allow the centre to set up classes for nursery age children at the centre this includes the orphans along with children who live in the local slums surrounding the centre. I would like to thank LCIF who have shown such great interest in this project from the beginning.



We are hoping that they may be able to partner us in this appeal. I feel very proud to have been a part of this challenge. Each of us within the group have struggled with one aspect or more of this whole adventure. Whilst I may have struggled with the altitude, I have been very lucky and very well supported by everyone with my fundraising having

raised in excess of \$18,000. Don't despair if you didn't sponsor me!! There's still time if you would like to. I would really like to reach \$20,000 and am working on other ideas to raise this extra \$2,000 including doing a wing walk! If you would like to support me and make a donation please contact me on [heidisami@yahoo.co.uk](mailto:heidisami@yahoo.co.uk) and I can provide full details.

We are also producing a Lions Calendar for 2020 with amazing photos from our adventures. All monies from the calendar will be going to LCIF for this project. If you are interested in purchasing any of these please contact me on the above email address and I will supply you with details when they are available.

Finally, I would like to express my sincere gratitude to everyone who has already supported me, without you I could not have achieved this.

Lion Heidi Nathan.

### **Guess What? 105CE has two Conventions on our patch in 2020....**

We are honoured to have the Multiple District Convention as well as our own District Convention on our territory in 2020. So, for you 'Conventionistas', you get twice the fun without having to travel to one of the other 7 Districts.

I look forward to meeting many of you at our **District Convention** in Peterborough between 12<sup>th</sup> and 15<sup>th</sup> March 2020. The Convention will be held at the Holiday Inn West, Peterborough and we hope to have Dr. Patti Hill, International 3<sup>rd</sup> Vice President as our International Guest. We have a great agenda lined up for you, fun and business included. Please register as early as you can so we can ensure you all have the best time possible. You can get registration forms at <https://www.lions105ce.org.uk/district-convention/>



The **MD105 Convention** will be held near enough in the middle of our District at Stoke Rochford Hall, Grantham between 1<sup>st</sup> and 3<sup>rd</sup> May 2020. This will be a once in a lifetime event as it is very unlikely to come back to CE territory for a long while. Let's take advantage of the proximity and show the Multiple District how have some fun. Check out <https://lionsclubs.co/MemberArea/conventions/> for more details.

### **How can the Global Leadership Team help me, and what is available to me through these resources?**



At a club level we can help you access information to help you fulfil your club role more effectively, either through an Incoming Officer's Day, where you will also meet other Lions doing similar roles throughout the District, or directing you to the resources available on the "International" website. If you wish to pursue further roles within Lions Clubs International at District Level we can advise what qualities we are looking for, Through personal training, or by directing you to the Leadership Resources available on the International website, we can prepare you to fulfil roles such as Zone and Region Chairmen, or other Cabinet positions. To this end the Multi District is looking to younger in tenure and/or age Lions to attend a funded Leadership Symposium between 29<sup>th</sup> November to 1<sup>st</sup> December 2019 near Warwick. If this is of interest contact me directly, with your President's backing, no later than the 13<sup>th</sup> September and I will put you forward for consideration.

Further up the tree LCI run some superb courses that will not only help you within Lions, but also in your career at work, this is particularly true of Advanced Lions Leadership Institute (ALLI) and, after you have completed an ALLI, the Faculty Development Institute, both these courses are excellent. How much does it cost, well, once you have been accepted on the course, you have to get there (they are placed all over Europe) and for the FDI you also have to contribute \$150 towards course expenses. Your hotel accommodation will be provided.

<https://lionsclubs.org>resources-for-members>resources-centre> is where to find the information or contact me,

Lion Derek Rutter (Global Leadership Team, District Coordinator)



## Lions with a Zest for life and a challenge many would hesitate to try.



At 29 years of age, Zara was working as a scuba-diving instructor on the island of Grand Cayman in the Caribbean. She had her whole life to look forward to. While driving she experienced a random seizure and crashed her car into a concrete wall resulting in six bleeds on her brain, a traumatic brain injury (TBI), a broken neck and full paralysis down her right side. She was left unable to talk, swallow and with nerve damage to her eyes. She was airlifted to Miami by emergency medical Lear jet where her family in the UK were told to meet her and partner, Ian, and to expect the worst as she was not expected to survive. A month later after responding well to treatment, Zara was able to safely fly back to the UK where she underwent more intensive neuro rehabilitation and surprised medical staff, family, and friends with a remarkable recovery. 18 months later, in 2018, Zara took her first solo steps with walking poles.



This major achievement spurred Zara and Ian to set themselves the challenge to raise awareness of brain injury by walking the length of the UK from John O'Groats to Land's End (JOGLE). With the expected recovery of a TBI to be a minimum of 5 years, Zara thought why not take it on the-road and walk the length of country where they could see new places and spread awareness about brain injury rather than continuously walking around her home village. Although there are no official JOGLE routes, there are generally accepted routes that walkers would typically complete anywhere between 17 - 25 miles a day. This would obviously be beyond Zara's ability due to her limitations with balance, coordination and stamina. So, after many long nights a plan was formulated to make Zara's dream come true. It was decided that walking an average of 10 miles a day, between 4.5 and 6.5 hours depending on terrain with a rest day every 3 to 4 days would be within Zara's capabilities. The couple are staying in a self-contained motorhome that also acts as their support vehicle. With the help of Lions Clubs, Zones, District Governors and occasionally public transport to enable them to get them to their start point each day. Please help us to reach our £20,000 target to buy the equipment desperately needed for brain injury survivors to regain seemingly simple skills such as walking and talking. This will help them to regain their independence and restore a quality of life that they may not have otherwise been able to achieve. Visit our website [www.3millionsteps.org](http://www.3millionsteps.org) where you can find more information on Zara and Ian's story, how to donate, what the donations are going towards and where we are if you would like to join us for some walking. We would love to see you! Contact: Website - [www.3millionsteps.org](http://www.3millionsteps.org) Email - [info@3millionsteps.com](mailto:info@3millionsteps.com) Phone - 07491 826684



With the help of Lions Clubs, Zones, District Governors and occasionally public transport to enable them to get them to their start point each day. Please help us to reach our £20,000 target to buy the equipment desperately needed for brain injury survivors to regain seemingly simple skills such as walking and talking. This will help them to regain their independence and restore a quality of life that they may not have otherwise been able to achieve. Visit our website [www.3millionsteps.org](http://www.3millionsteps.org) where you can find more information on Zara and Ian's story, how to donate, what the donations are going towards and where we are if you would like to join us for some walking. We would love to see you! Contact: Website - [www.3millionsteps.org](http://www.3millionsteps.org) Email - [info@3millionsteps.com](mailto:info@3millionsteps.com) Phone - 07491 826684

### Challenge update



Disabled Lion Zara Dyer and Lion Ian Brown, from the Bungay Area Lions Club, have now been walking for 112 days, covered 852 miles (26.8.19), 1.98 million steps. With only 28 walking days left and about 185 miles to go, please visit their web site and face book pages, like and share their posts to give them the extra boost to complete this 5-month mammoth Charity Walk [www.3millionsteps.org.uk](http://www.3millionsteps.org.uk).

When full details are confirmed Lions Ian and Zara will be appearing on National Television programme and will have an article in this week's Chat magazine.

Lion Peter Dyer - Lowestoft Lions Club



## District Competitions Up-Date



With the merging of the 2 Old Districts into the New CE District I have been tasked with collating All the current Competitions to take forward for the future.

As the current Competitions being run by the old Districts are mid-term it was agreed at the recent Cabinet Meeting that they would continue until the end of the year and Presentations would be made at Convention 2020 accordingly.

Please continue to submit returns at the moment as you have done in the past.

I am currently compiling from both old Districts a report on what competitions are active and will be shortly requesting All Clubs to return a short survey on their interest in the current ones to enable the District in deciding what to continue with in the future and also any suggestions as to New ones of interest.

Please support this questionnaire when available as Cabinet can only act on Members requests and suggestions.

I would be only too pleased to receive suggestions or discuss the subject if you so wish to contact me either via e-mail on [tmick1@talktalk.net](mailto:tmick1@talktalk.net) or Tel: 01652 654536

Many Thanks

D.O Lion Tom Laking

## Swaffham & District Lions



Following a very successful Brecks to Broads play, put on by Three Company on behalf of Swaffham Lions, the Lions have donated £500, the proceeds from the play, to Norfolk Blood Bikes, a charity they have supported in the past and is run by local volunteers,

Norfolk Blood Bikes transport blood, plasma, platelets, samples, vaccines, donor breast milk and any other urgently required medical items to hospitals in Norfolk as well as to the East Anglian Air Ambulance. At no cost to the NHS, Norfolk Blood Bikes rely entirely on donations to keep them on the road.

## Swaffham & District Lions



Swaffham Lions were only too pleased to help and support the Esme Mega Fun Day at Swaffham Rugby ground, by manning the gate and bringing their famous pig race game to entertain the public. Two-year-old Esme, who has been having treatment for a brain tumour, was the star of the event and made great friends with Swaffham Lions lion.

A party of sixty Swaffham Lions and friends enjoyed a break with a boat trip on the Broads. Setting off from

Swaffham in a coach to catch the boat at Horning, where the Lions enjoyed the scenery and dancing to a jazz band during their two-hour tour.



**Lions Club of Romford Provide £1,000 boost for Home-Start** Following a presentation by two representatives from their local branch of Home-Start, it was agreed to donate £1,000 to assist this much needed organisation. Home-Start is an organisation who arranges the front-line Case Workers for broken families that are in desperate need of support. Various financial cuts back have created greater demand for funding from groups such as Lions.

A cheque gratefully being received by Lorraine from Lion President Brian at the Romford Office

## Ivan Holmes Community Award Presentation – 2019

The fourth annual Ivan Holmes Community Award was presented to Joyce Wilson by Mandy Holmes at the May Centre Anniversary Lunch in Beccles.

Joyce Wilson has worked tirelessly for the May Centre in Beccles and has been the Manager for the past 7 years. Joyce has expanded her volunteer role to much more than just managing the day to day running of the Centre, she has become a valued member of the team.

In recognition of this sterling work undertaken over these many years, she received the 2019 Ivan Holmes Community Award and Certificate. In addition to this Beccles Lions also presented her with a cheque for £250 to be donated to her nominated charity – which of course was the May Centre.

Lion President Chris Lambert said “This annual award is in memory of our late colleague Lion Ivan Holmes MJF, who was a member of the Beccles and District Lions Club for over 35 years. Throughout that time Ivan was an ever-present figure within the Beccles Community, and, through this award Beccles Lions wanted to recognise those people who, like Joyce, tirelessly serve their community by helping to improve the lives of others.

Before presenting the award to Joyce, Mandy said “The intention of this award is to act as an inspirational and motivational legacy, to continue Ivan’s good work and Joyce has clearly demonstrated this with all the caring and kindness she shows to others within our community. I know the club receives lots of nominations each year, and I would therefore like to acknowledge this by thanking every other nominee for the work they do within the local area, which of course is all voluntary. So, to all the volunteers, whether clubs, societies or individuals that help to improve our community - thank you.”



From Left to Right – Mandy Holmes, Beccles Lions Welfare Officer Dermot Wesley-Smith, Joyce Wilson 2019 Ivan Holmes Community Award recipient, Club President Lion Chris Lambert.

In response Joyce said “I would like to thank Mandy and Beccles and District Lions Club for this lovely award. It is completely unexpected and I feel very honoured and moved to be receiving it. To even be considered for the award was a surprise, and in addition to be recognised by others for doing things that one enjoys is a great privilege and honour, which I really do appreciate it. There are so many dedicated volunteers in the community and without those who are committed to the May Centre I would not be able to manage the centre and provide our members with such a valuable resource. I will always treasure this award. Thank you.

The Ivan Holmes Community Award is an annual award presented by the Lions Club of Beccles and we are always pleased to receive nominations. If you know of any individual, club, society, or group of people who you believe deserves recognition of this kind please don’t hesitate to let us know.

### Clacton have been busy again.

Sshh!! Don’t shout, but make a quiet bid for an old traditional Red Telephone kiosk. That was one of over 100 items up for auction at a local garden show held recently. The Palmer-Tomkinson family opened their grounds for the Waterways and Gardens Charity Gala weekend at Little Bentley. **Clacton on Sea Lions** members, assisted Rotary club members from Tiptree and Kelvedon. Clacton Lions P.P. Liz Godden (MJF) had been asked to assist with organising and running the Silent Auction. Amongst the lots were, a holiday in Spain for 6 persons, 2 rounds of Golf for four players, A guided tour of the Houses of Parliament, Cream Teas at the infamous Wilkins Jam Factory in Tiptree, and a flight over the Tendring Coastal area with the Chairman of Tendring Council, Mark Platt at the controls. Fortunately, the weather stayed dry for both days and attracted crowds in their thousands. The Palmer-Tompkinson family hold this event bi-annually at Lt Bentley Hall. Around £75,000 was raised during the weekend, over £13,000 raised from the silent auction alone, so well-done Liz and her team. The Telephone Kiosk went for £3,100. This completed the end of almost 9 months’ work, for Liz, requesting donations and then organising the delivery of items to the winning bidders. For all her efforts the club were handed a cheque for £5,000.





**Clacton on Sea Lions** as usual, have been busy throughout President Jim Goddens year. The welfare chairman, lion Andrew Johnson, announced at the clubs last meeting, final re-cycling figures for the year. It amounted to some 28,000 spectacles being sent to Chichester, 140 hearing aids, 402 mobile phones and 2,870 inkjet cartridges. As well as distributing a further 497 MIB's in May, this made the total to almost 5,000 bottles. The local Community Police have asked for a supply of Plugsters, they will have the Lions logo but with a Police emergency contact number. It was the Community Police bringing awareness to MIB and Plugsters, at the local shopping village that led to membership enquiries. Lion Peter Luckhurst, at his usual pit stop Costa's was on hand to give detailed information about **Clacton on Sea Lions Club** activities. This led to membership enquiries from Dave and Brenda, a couple new to the area, recently moved from Norfolk. **Clacton on Sea Lions Club** serve the whole district to the NE of Colchester, covering 130sq. miles. We have local towns of Manningtree, Harwich, Frinton, Walton and Brightlingsea where there is a total of 29 various collection points for all our re-cycling. Almost every doctor's surgery, in the area have a distribution point for MIB's.

### **SO WHAT ELSE IS GOING ON YOU MAY BE INTERESTED IN?**



#### **Region 5 Zone B chair Lion Sue Carter tells us.**



Glanford and Lindsey Lions are holding a Quiz Night at The Holme Hall Golf Club Scunthorpe on the 10th October 2019 there will be a £10 pp entry fee to include a light meal. Light meal is likely to be sandwiches, sausage rolls, and chips. Quiz start time probably around 7:30.

We are raising money for Headway the brain injury association on this night. Teams of 4 to 6 people.

We would very much enjoy the company of your club at this event and would invite you to enter one or two teams or even more as it is not a Lions exclusive event as you can invite your family or friends to make it a fun evening. The address for this event is Holme Hall Golf Club, Holme Ln, Scunthorpe DN16 3RF and can you email your response to me at [davidd.carter@yahoo.co.uk](mailto:davidd.carter@yahoo.co.uk) by the 2nd October.

### **HORNCASTLE LIGHTS**

Every Christmas in Horncastle by the traffic lights on the A153, at its junction with North Street, a Christmas Tree is illuminated with an array of white bulbs, this tree is known as the 'Tree of Light'.

The purpose of this tree is to allow the residents of Horncastle and surrounding villages to sponsor a bulb in memory of a lost loved one and at the same time raise money for charity. The names of those who the bulbs are in memory of are displayed on a board in front of the tree. At a given date in December there is an official switching on ceremony to which these sponsors are invited and during this ceremony the names of those lost are read out this is followed by a moment of silence and prayer.

All monies raised from The Tree of Light are donated to local Hospices. The opportunity to sponsor a bulb for this year's event will be open later this year via. <http://www.horncastletreeoflight.co.uk/>

This is a joint venture between Horncastle District Lions and The Rotary Club of Horncastle.

# Bourne Lions

Bourne Lions Charity Trust Fund. Registered Charity No. 1077290

## Family Fun Day

 **Sunday**   
**15<sup>th</sup> September 2019**

**11am - 5pm**

**Recreation Ground  
Recreation Road, Bourne**

Music by Local Groups, Junior Football Competition, Children's Amusements, Dog Show, Refreshments, Displays, Craft & Charity Stalls, Licensed Bar Car Boot, Dakota Fly-Past & Much More

**Free Admission**



### A SPECIAL CHARTER CELEBRATION

**Chelmsford Lions 50th Charter and joint Lioness Certification evening.**

**Saturday 26th October**

The venue is the County Hotel, Chelmsford

Cost will be around £32. Further details confirmed soon.

### SPALDING LIONS INVITES

**60's & 70's Night**

**28<sup>th</sup> September 2019**

**Race Night**

**28<sup>th</sup> February 2020**

**Charter Night**

**9<sup>th</sup> May 2020**

**Contact Number 01775 760383**



September

**27<sup>th</sup>  
Friday**



## **SCUNTHORPE LIONS CEILIDH DANCE**

**Demeter House School DN20 8EF**  
**Start - 19:00**  
**End - 23:30**  
**Food served - 20:30**

Cost £15 per person. Includes pie, chips peas. Bring your own alcohol. Join us for a night of fantastic entertainment by the New Fox Ceilidh Band in order to raise funds for the local community. To book your table please contact Lion Phillip Beisty - 07851694344 / phillipbeisty@gmail.com

### **Nottingham West Pride Club Branch**

in conjunction with award winning **Cumin Restaurant** invite you to join us

for a

### **Dhamaka Charity Extravaganza**

For a mere £30 you gain access to this fantastic event on Sunday 17th November: 16.00 till 21:00

Price includes; reception drink and canapes on arrival, a full three course meal (Veg and Non-Veg) by award winning **Cumin Restaurant** and soft drinks throughout the event

We also have Bollywood music & dance entertainment for your enjoyment, a full pay bar plus free parking at a great City Centre venue – Crown Plaza, Nottingham

**All funds raised go to Charitable Causes**

**For further details contact Lion Jaz Virdi at, [jasvindervirdi@msn.com](mailto:jasvindervirdi@msn.com)**