

# The Lions Bulletin

LIONS DISTRICT 105CE

W/E 5 July 2020



## DG UJJAL'S MESSAGE:

My Lions Family, Welcome to our New Lions Year. I hope you and your loved ones are Well and Safe in these unprecedented times.

I am looking forward to working with you and to serving our District 105CE as your District Governor.

This year is the beginning of times to come, we have new challenges and new ways of working to deliver Service to our Communities. We have learnt a lot and there is more to learn. We will do it together because `Kindness Matters`.

I want to thank you for your selflessness and delivering Service to your communities; medicines, food parcels, PPE, donations and holding your Club meetings and elections during this Covid19 situation. I am looking forward to get back our freedom and meet our families and then do what we do best, `To Serve`.





Diabetes



Environment



Hunger Relief



Childhood Cancer



Vision



## Lion Matthew Bungard



### MIAB

Details on a form inside the bottle stored in the fridge door  
Costs £25 for a box quantity of 90 plus delivery



### MedicAlert

Details engraved on jewellery worn around your neck or wrist.  
Yearly membership £32 plus jewellery plus delivery



### Plugstar

A plastic strip that wraps around a plug making it easier to remove for people who cannot pull a plug out  
£10.50 for quantity of 50 plus delivery



### Message In A Wallet

A plastic wallet with a piece of paper inside with your details 10p each plus delivery.

## **APP THE WEEK**

*Easy and free to use for uploading photos to social media*

Great to add shape and format to boring pictures, do it on your phone and then upload to your favourite SM Site.



**PIC•COLLAGE**

# Beccles and District Lions



*Beccles Primary Academy –  
From Left to Right  
Academy Head Teacher,  
Heather Thorne; Club President  
Lion Chris Eglington;  
Immediate Past President Lion  
Chris Lambert: Welfare Officer  
Lion Sandy Barr.*

## ***Gift Card donated to help the Beccles Primary Academy Shop***

Despite the Covid-19 Pandemic Beccles and District Lions Club has been able to help the Beccles Primary Academy by donating £250 so they could restock their 'Shop,' Their unique shop has been operating for the past 12 months.

The idea for the shop was to re-distribute food, household, clothing and stationery items that has been donated to the School. Over 30 local families have benefited from this valuable local Community Service.

However since the Covid-19 Pandemic the donations to the school shop has naturally dwindled. Because the school has been closed due to the lockdown and with restrictions in place stocks eventually ran out causing the loss of this vital local Community Service.



## Lions Family Quiz

By Derek Prior

**How much do you know about Lions?** There are no prizes (so please don't write in), just the self satisfaction of knowing about the great organisation of which you are a member. (Answers will be published next week).

- 1 Who is the District Governor of CE for 2020 -2021?
- 2 Who was the first woman International President of Lions Clubs International?
- 3 Who was the first District Governor of District 105CE?
- 4 In District CE, what do the letters NSL stand for?
- 5 Who is the Data Compliance Officer for District CE?
- 6 What new club competition was introduced by Resolution 18 at District CE Convention in 2020?
- 7 Who is the new District CE Marketing, Public Relations Lead?
- 8 With which Districts is District 105CE twinned? (hint - there are 2 of them)
- 9 Who is the District Constitution, Nominations & Resolutions Officer?
- 10 What is the brand new url (website address) for District 105CE?

# East & Midlands Phoenix Club

Let me ask you, have you been isolating because of your vulnerability or have you been working in the community, delivering food parcels, meals, prescriptions, knitting hearts, making phone calls to vulnerable people who are isolated in their homes?

In doing this did you meet people who were doing the same, without being part of a club or group? They just did it out of kindness of their own hearts to help their neighbours and friends.

What about asking these people if they would like to join Lions? Not everyone wants to go out at night to meetings as they feel vulnerable and don't want to enter their home in the late evening on their own.

Why not ask them if they would like to join the Phoenix Internet Club who meet on Zoom on the first Monday of each month? Each of the members then work within their own community in one capacity or another to support vulnerable individuals and families.

Come on Lions, this is a perfect opportunity to get new members, by talking to all the selfless people who have worked so hard during this COVID-19 epidemic, to harness their enthusiasm towards Lions activities.

The Internet Club is the best platform for busy working people and for people who are housebound for various reasons i.e. disability / parents of small children / looking after elderly family members. I am sure that they enjoyed all the interaction with the people they met and will be lost when it all finishes.

Well, what are you waiting for..... Contact me on the above numbers or by email to find out more.

# PHOTO OF THE WEEK



## Spalding Lions Club

During the Pandemic one of our Spalding Lions, Lion Eileen Robson met Robert on her daily exercise of walking round the Park. Robert was collecting the rubbish which was strewn around to try to make it tidier he told her. Every day he was there with his bag and gloves (supervised by his Mum). He told Lion Eileen it was soon his Birthday and he really wanted and hoped he would get a litter picker. Lion Eileen was so impressed by his determination to clean the Park she suggested that Spalding Lions gave him his own litter picker for all his hard work in the Community. Robert was so pleased to receive this today.

Well done Robert!



# FROM YOUR EDITOR



We are putting together a handover special in our Monthly News and would love to see your **Handover Pictures**.

Please send your Handover photos to Verdun at **The Monthly News**.

If you would like to contribute, the Lions Bulletin will feature the following:

- DG Update, just quick notes about what they have been up to.
- Announcements, Births, Marriages, Anniversaries, and other Milestones. Sad News will be sent by separate copy.
- Last Minute Changes to Diary Dates only.
- Events happening this week with Hyperlink to Webpage.
- Photo of the week...Chosen from Social Media Uploads or submitted via Email.
- App or software of the week
- Weekly Suggestion Box (please feel free to suggest things)

The deadline for each week's copy is 12 Noon on Saturdays, for Sunday evening delivery. Please send your contribution to **Lion Kelly-Marie**.